



CARMEL COLLEGE (AUTONOMOUS)

Re-Accredited by NAAC with 'A' grade(IV cycle)
Mala,Thrissur Kerala 680732

Department of Zoology

Cordially invites you to
Talk and Interactive session on
Biology Of Adolescence

Venue : Multipurpose Hall

Date : 29/08/2022

Time : 2:30 PM - 3:30 PM

Resource Person



Dr Eshal Reju BHMS
M.Sc Psychology
PGD(LD)

Staff Coordinators :
Ms.Needhu Das C D
Ms.Gopika V Menon
Ms.Ayrin Jose

Dr.Sr. Rini Raphael
HOD

Dr.Sr. Catherine CMC
Principal

**CARMEL COLLEGE (AUTONOMOUS),MALA
DEPARTMENT OF ZOOLOGY**

TALK AND INTERACTIVE SESSION

Date& Time: 29/09/2022, 2:30pm

Venue: Multipurpose hall.

Topic: Biology of Adolescence.

Resource Person: Dr.Eshal Reju

Department of Zoology has conducted a talk and interactive session on the topic “Biology of Adolescence” on 29th August, 2022. The resource person was Dr.Eshal Reju, BHMS, M.Sc. Psychology, PGD(LD) during 2:30 pm-3:30 pm in the Multipurpose hall. Prayer was sung by Drishya of II DC Zoology and welcome speech was given by Ms.Needhu Das, Assistant Professor. The resource person, Dr.Eshal Reju discussed about mental health and its significance and psychological issues of adolescents citing examples from real life, which students could relate to and also about menstrual health, usage of menstrual cups, mood swings during periods etc. There were 56 participants from various departments. They participated actively and cleared their doubts. It was really an interesting and useful session. Vote of thanks was given by Nesni P.J., Association secretary.

OUTCOME

- Students were able to understand teenage issues and also how to control it.
- Students were able to understand that the most important task in adolescence is the search for identity along with the struggle for independence.
- They were able to clear their personal doubts too with the resource person.





R. Reju
Head of the Department
Dept. of Zoology
Carmel College
Mala, Thrissur



GPS Map Camera

College
(omous)



Mala, Kerala, India
67VF+G78, Mala, Kerala 680732, India
Lat 10.244068°
Long 76.272924°
29/08/22 03:21 PM

CARMEL COLLEGE (AUTONOMOUS), MALA

DEPARTMENT OF ZOOLOGY

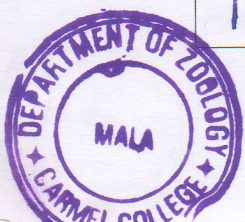
TALK AND INTERACTIVE SESSION

Date :

Venue:

Time :

Sl. No	Name	Department	Signature
1	Parvathy.P	I Bsc. Botany	<u>Parvathy</u>
2	Vandha Ramesh	II Bsc Botany	<u>Vandha</u>
3	Suvarna.M.S	"	<u>Suvarna</u>
4	Devika sadanandan	"	<u>Devika</u>
5	Anjaly Paul	IBSC. Chemistry	<u>Anjaly</u>
6	Carmel Lorane Simethy	I BSc. Chemistry	<u>Carmel</u>
7	Jeni. Rajappan	2 nd Bsc. Botany	<u>Jeni</u>
8	Aswathy PA	"	<u>Aswathy</u>
9	keesthuna K.B	I BSC. chemistry	<u>Keesthuna</u>
10	Anishma M.S	"	<u>Anishma</u>
11	Visniya Wilson	"	<u>Visniya</u>
12	Vyshnavi K.A	"	<u>Vyshnavi</u>
13	Anjali janeesh	"	<u>Anjali</u>
14	Melna Varghese	"	<u>Melna</u>
15	Laya.K.B	"	<u>Laya</u>
16	Riya Fathima TA	"	<u>Riya</u>
17	Devika Dinesh P	Bsc Maths	<u>Devika</u>
18	Lissiya Michael	"	<u>Lissiya</u>



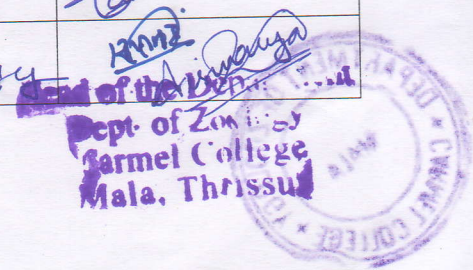
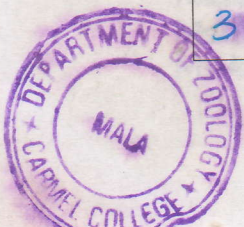
CARMEL COLLEGE (AUTONOMOUS), MALA
DEPARTMENT OF ZOOLOGY
TALK AND INTERACTIVE SESSION

Date :

Venue:

Time :

Sl. No	Name	Department	Signature
19	Amstina Sojan	B.Sc. Maths	Amstina Sojan
20	Drishya M	B.Sc Zoology	Drishya
21	Fathima Shemil P	"	Fathima
23	Nesni PJ	"	Nesni
24	Aashi Maria Babu	"	Aashi
25	Sona Sunny	"	Sona
26	Gopika O G	Bsc. Botany	Gopika
27	Ashna V. N	"	Ashna
28	Aryasree V	"	Arya
29	Husna Nasrin	B.A political scis	Husna
30	Ajali Anju	Bsc. Botany	Ajali
31	Aishu Amal	B.A political scis	Aishu
32	Pamvanni V	Bsc. Botany	Pamvanni
33	Niranjana	Bsc Zoology	Niranjana
34	AISWARIA.V.	"	Aiswaria
35	Amritha Sree-S	Bsc Zoology	Amritha
36	Sudeekshmi. KS	Bsc zoology	Sudeekshmi
37	Aiswarya T.D	Bsc. zoology	Aiswarya



38	Nardana Sivadas	Bsc Zoology	<u>Nardana</u>
39	Anju. Joshy	"	<u>Anju</u>
40	Marwa Abdurahimam	"	<u>Marwa</u>
41	Dhanya P.S	"	<u>Dhanya</u>
42	Nahala P.V	"	<u>Nahala</u>
43	Rismiya .P.A	"	<u>Rismiya</u>
44	Sneha Siju	"	<u>Sneha</u>
45	Anshaya k.s	"	<u>Anshaya</u>
46	Aparna .P.k	"	<u>Aparna</u>
47	Anupriya k.J	"	<u>Anupriya</u>
48	Sandhra M. Biju	"	<u>Sandhra</u>
49	Adilthyadevika	"	<u>Adilthyadevika</u>
50	Nardana .v.s	"	<u>Nardana</u>
51	Salitha beevi .M.A	"	<u>Salitha</u>
52	Gayathri .S. Jayaram	BSc Botany A	<u>Gayathri</u>
53	Sona .Vijay	"	<u>Sona</u>
54	Dona Rose M R	II Bsc Zoology	<u>Dona Rose</u>
55	Anchitha .P.v	II B.Sc Zoology	<u>Anchitha</u>
56	KRISHNAPRIYA .A	II nd BSC Zoology	<u>KRISHNAPRIYA</u>



Head of the Department
 Dept. of Zoology
 Malabar College
 Malabar, Kerala





CARMEL COLLEGE, MALA

Affiliated to the University of Calicut

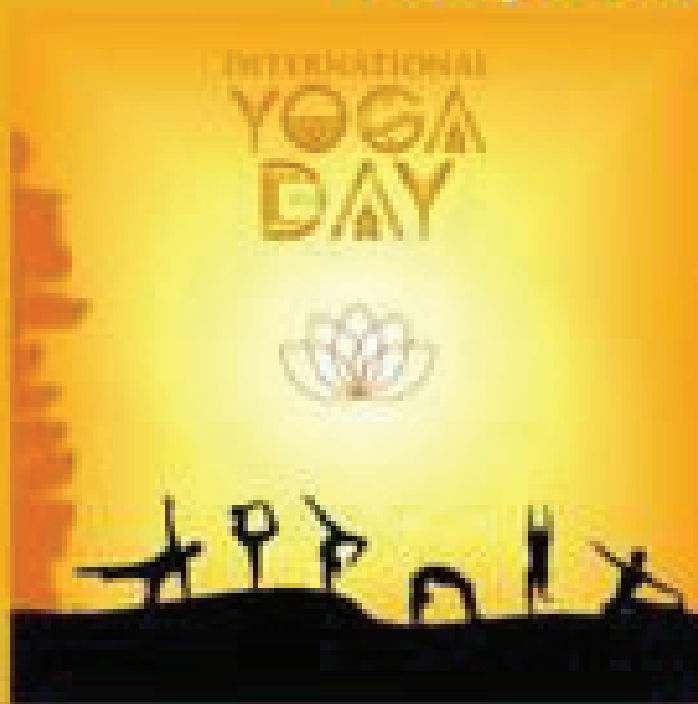
Accredited by the NAAC with a Grade in the Third Circle



SPORTS CELL, YOGA CELL, NCC AND
NSS ORGANISES

TIME FOR INNER PEACE AND HEALTH

INTER-DEPARTMENTAL LIVE YOGA CAMPAIGN



22nd June 2022
Time : 2.pm

Venue - Auditorium

All are Cordially Invited

Dr Sr Catherine GMC
Principal

Ms Leena Mathew
Ms Sandra Jose
Yoga Cell coordinators

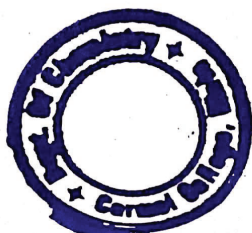
CARMEL COLLEGE (AUTONOMOUS),MALA
Department of Chemistry
Interdepartmental Live Yoga day Campaign

Date – 22/06/2022

Venue – College Auditorium

II year UG and PG students of department of chemistry participated in the **Interdepartmental Live Yoga day Campaign** on 22nd June 2022 in the college auditorium. Yoga is extremely significant for people who aim to master the mind, healthily manage their emotions and have a healthy and flexible body. Yoga offers innumerable benefits for physical, mental, emotional and spiritual well-being. yoga day is observed for the promotion of global health, harmony and peace. The theme for this year is 'Yoga for Vasudhaiva Kutumbakam' or "One Earth, One Family".

Outcome: Through this programme, the students developed mindfulness, improved brain power, begins to heal, opens up the mental and emotional blockages.



Princy K. G.
Dr. PRINCY K.G.
ASSOCIATE PROFESSOR & HEAD
DEPT. OF CHEMISTRY
CARMEL COLLEGE, MALA

CARMEL COLLEGE (AUTONOMOUS), MALA
Department of Chemistry
Interdepartmental Live Yoga day Campaign
Participant's List

Date – 22/06/2022

Venue – College Auditorium.


Sl.No	Name	Class	Signature
1	Keerthana Umikrishnan	2 nd BSc Chemistry	Keerthana
2	Riya.A.R	"	Riya
3	Aswathy Ashokan	"	Aswathy
4	Reni.K.A	"	Reni
5	Sandra Jose	II MSc.chemistry	Sandra Jose
6	Neema Joy.	"	Neema
7	Dini paul	"	Dini
8	Ann Theresa paul	"	Ann
9	anjaly P.J	"	Anjaly
10	Sandra Sabu	"	Sandra
11	Ancy.c.P	"	Ancy
12	Anusree	"	Anusree
13	ASHIBA E.A	"	Ashi
14	Jasheena.P.J	"	Jasheena
15	Neena Wilson	"	Neena
16	Chinju Davis	"	Chinju
17	Aswathy .M	"	Aswathy



Princy K.G. R

Dr. PRINCY K.G.
 ASSOCIATE PROFESSOR & HEAD
 DEPT. OF CHEMISTRY
 CARMEL COLLEGE, MALA



 **GPS Map**
Camera Lite

67VC+5HJ, Mala, Kerala 680732, India

Latitude
10.242048333333335°

Longitude
76.27217166666667°

Local 03:54:08 PM
GMT 10:24:08 AM

Altitude 501.4 meters
Wednesday, 22-06-2022



CARMEL COLLEGE

MALA, THRISSUR-680732, KERALA, INDIA
Re-Accredited by NAAC with 'A' Grade (Fourth Cycle)



IIC, IQAC
in association with
Department of Botany

Organize

IMPACT Lecture Series-02 'Entrepreneurship'

Sponsored by

MIC MHRD



Resource Persons

Dr. M S Francis
Rtd. HOD
Department of Botany
SH College, Thevara

*10.30 am - Developing a mindset
for Entrepreneurship*

*1.30 pm - Entrepreneur - Opportunities
and Challenges in India*



Dr. Tintu Jose Manicketh

Assistant Professor
Department of Botany
SH College, Thevara

On 9th July 2022
at 10.30 AM



<https://meet.google.com/ity-numy-edu>

Coordinators

Ms. Mary Philip (IQAC Coordinator)
Dr. Geo Joseph (Department of Botany)

IIC Coordinator

Dr. Bindhu K B

Principal

Dr. Sr. Catherine CMC

Webinar Report- Impact lecture series -2

Jointly organized by IIC, IQAC

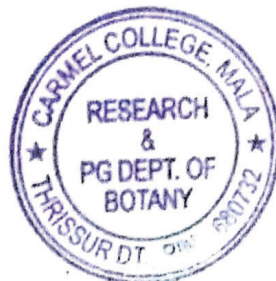
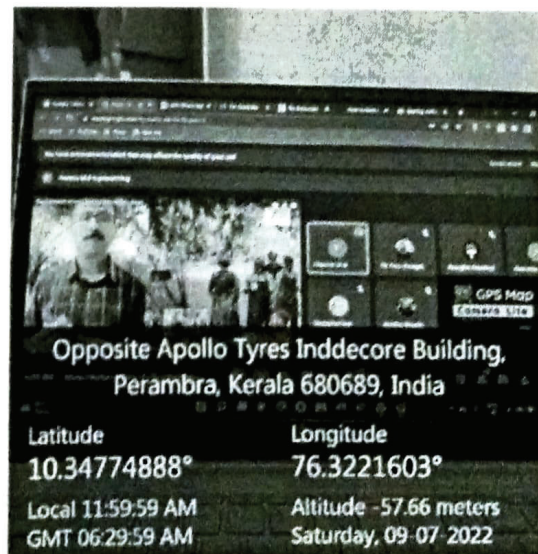
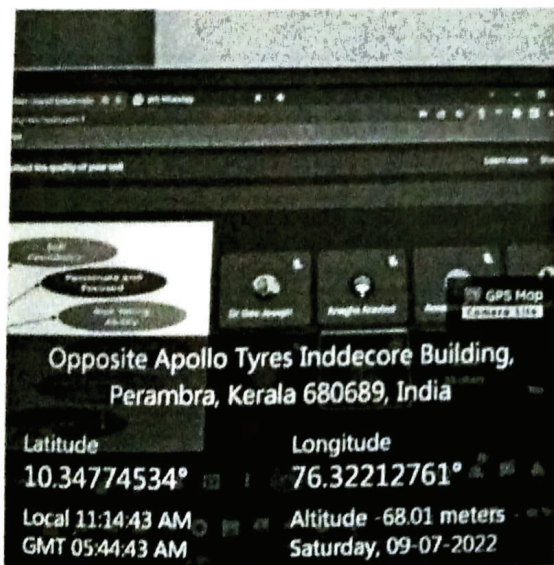
Developing a mindset for Entrepreneurship'

Dr. Ms. Francis,Rtd. HOD , Department of Botany, SH college Thevara.

Webinar series -2 was jointly organized by IIC, IQAC in association with department of Botany on 9th July 2022. The webinar entitled 'Developing a mindset for entrepreneurship' was commenced at 10:00 clock. Dr. Geo Joseph ,Assistant professor , Department of Botany, welcomed the gathering.

The first session started with an excellent and interactive presentation on the topic 'Developing a mindset for Entrepreneurship' by Dr. Ms. Francis,Rtd. HOD , Department of Botany, SH college Thevara. The different aspects of entrepreneurship were discussed in this session. And also it helps in understanding the problems that today's entrepreneurs are constantly forced to manage and solutions for that.

Entrepreneurship is the creation or extraction of economic value. It is the ability and readiness to develop, organize and run a business enterprise, along with any of its uncertainties in order to make a perfect. Entrepreneurship accelerates economic growth.

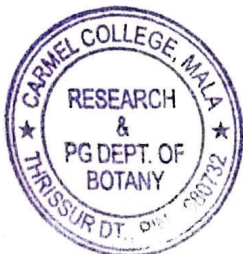
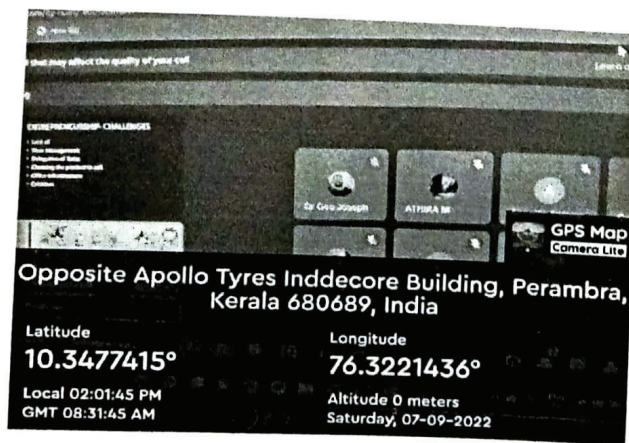
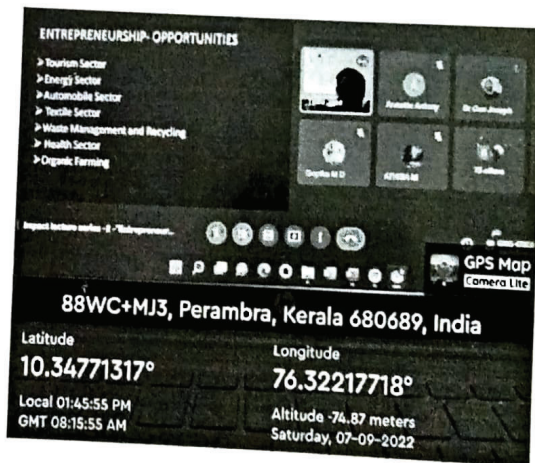
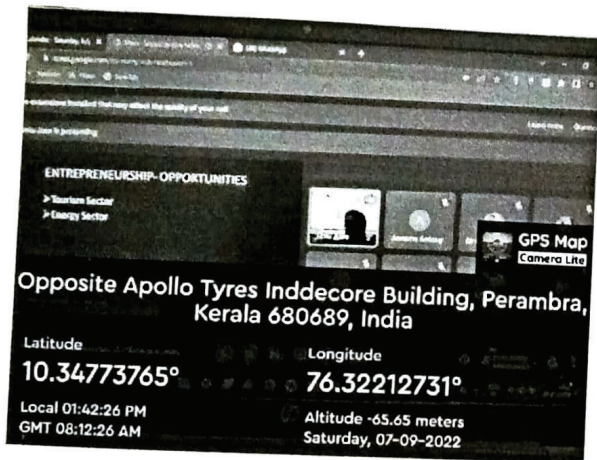



Webinar Report

Entrepreneur- Opportunities and challenges in India”
Dr.Tintu Jose Manicketh, Assistant professor, Department of Botany, SH College, Thevara

The second session of the webinar series -2 was started with an excellent and interactive presentation on “Entrepreneur- Opportunities and challenges in India” by Dr.Tintu Jose Manicketh, Assistant professor, Department of Botany, SH College, Thevara. Dr.Tintu started by explaining the opportunities offered by various sectors. Entrepreneur- Opportunities, How to choose your passion, challenges, that every entrepreneur faces while starting their business and funding agents were discussed.

The seminar created great awareness among students, about the opportunities, challenges and funding agents of entrepreneurship. The seminar came to an end at 2:30 pm with vote of thanks.




**Head
Department of Botany
Carmel College, Mala
Thirissur, Kerala - 680732**

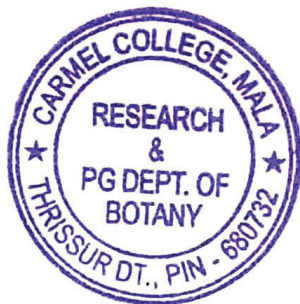
IIC & IQAC
Carmel College (Autonomous) Mala
In association with
Department of Botany
Organizing Seminar on
IMPACT Lecture Series – 02 “Entrepreneurship”
Sponsored by MIC MHRD

Sl.No	Full Name	First Seen	Time in Call	Signature
1.	Abisha asok p a	09-07-2022 01:37	00:30:20	
2.	Ambili t v	09-07-2022 01:35	01:09:45	
3.	Ancy varghese	09-07-2022 01:34	01:11:41	
4.	Anjana vs	09-07-2022 01:40	01:02:53	
5.	Anju k m	09-07-2022 01:30	01:09:39	
6.	Anusree Anu	09-07-2022 01:27	00:00:30	
7.	Ashalakshmi P	09-07-2022 02:17	00:28:25	
8.	Aswathy E S	09-07-2022 01:41	00:26:03	
9.	Athira M	09-07-2022 01:22	01:23:05	
10.	Aayisha	09-07-2022 01:29	01:12:55	
11.	Abhirami Abhi	09-07-2022 01:30	00:56:26	
12.	Abirami Gireesh	09-07-2022 01:32	00:02:40	
13.	Adithya Rajesh	09-07-2022 01:28	00:37:23	
14.	Afra Sherif	09-07-2022 01:30	01:15:57	
15.	Ahalya. Ashokan	09-07-2022 01:30	00:06:22	
16.	Akhila Jolly	09-07-2022 01:23	00:29:38	
17.	Aleena Ayooob	09-07-2022 01:35	00:04:52	
18.	Aleena Biju	09-07-2022 01:24	00:00:31	
19.	Alkha deepak Kt	09-07-2022 01:31	00:08:52	
20.	Amarin Amari	09-07-2022 01:54	00:45:46	
21.	Amy Jayachandran	09-07-2022 01:21	01:24:21	
22.	Anagha Aravind	09-07-2022 02:00	00:45:19	
23.	Aneesa OA	09-07-2022 02:39	00:06:10	
24.	Anisha Joy	09-07-2022 01:31	01:07:43	
25.	Anitta Davis	09-07-2022 01:31	01:13:31	
26.	Anjaly PA [IS]	09-07-2022 01:33	00:41:28	
27.	Anjana Ajayan	09-07-2022 01:29	00:11:17	
28.	Anju Prakash	09-07-2022 01:52	00:11:54	
29.	Anna Rose V S	09-07-2022 01:32	01:12:52	
30.	Annette Antony	09-07-2022 01:19	01:26:00	
31.	Ansiya PH	09-07-2022 01:55	00:48:08	
32.	Anupama Km	09-07-2022 01:39	00:28:39	
33.	Anuranya	09-07-2022 01:40	00:44:31	
34.	Aparna Nair	09-07-2022 01:28	00:03:25	
35.	Aradhya S	09-07-2022 01:28	01:13:49	
36.	Archa .P.]	09-07-2022 01:20	01:16:15	
37.	Arya raj E R	09-07-2022 01:35	01:10:36	
38.	Ashmi Cb	09-07-2022 01:39	00:19:01	

39.	Aswathy Ta	09-07-2022 01:35	00:35:47	<i>Aswathy</i>
40.	Aswathy c.u	09-07-2022 01:29	01:12:55	<i>Aswathy</i>
41.	Bindiya babu	09-07-2022 01:59	00:43:31	<i>Bindiya</i>
42.	Botany Carmel	09-07-2022 01:14	01:31:42	<i>Botany</i>
43.	Ciriya JOSE	09-07-2022 01:30	01:15:06	<i>Ciriya</i>
44.	Carmel Botany	09-07-2022 01:33	00:04:10	<i>Carmel</i>
45.	Christina John	09-07-2022 02:35	00:09:54	<i>Christina</i>
46.	Divyasree PP	09-07-2022 01:49	00:04:17	<i>Divyasree</i>
47.	Deepika Das	09-07-2022 01:36	00:58:01	<i>Deepika</i>
48.	Devika Manoj	09-07-2022 01:39	00:14:02	<i>Devika</i>
49.	Devipriya P IS	09-07-2022 01:29	00:01:50	<i>Devipriya</i>
50.	Dr Geo Joseph	09-07-2022 01:23	01:21:51	
51.	Dr. Dhanya Thomas T T	09-07-2022 02:07	00:11:02	
52.	Dr.Princy K .G	09-07-2022 01:32	00:06:09	
53.	Enshy Shery	09-07-2022 02:02	00:00:27	<i>Enshy</i>
54.	Farsana Shamnu	09-07-2022 01:31	01:13:10	<i>Farsana</i>
55.	Farzana Farzana	09-07-2022 01:28	01:02:41	<i>Farzana</i>
56.	Gloria Varghese	09-07-2022 01:21	01:16:58	<i>Gloria</i>
57.	Gayathri Gayathrianil	09-07-2022 01:44	01:01:17	<i>Gayathri</i>
58.	Gayathri Sujith	09-07-2022 01:32	00:55:31	<i>Gayathri</i>
59.	Gopika Gopal	09-07-2022 01:31	01:14:07	<i>Gopika</i>
60.	Gopika M D	09-07-2022 01:39	01:06:23	<i>Gopika</i>
61.	Hishana Moonnukandan	09-07-2022 02:00	00:05:53	<i>Hishana</i>
62.	Hafsa ks	09-07-2022 01:37	00:01:32	<i>Hafsa</i>
63.	Hima E.V	09-07-2022 01:39	00:11:54	<i>Hima</i>
64.	Jenatt Joseph Soc	09-07-2022 01:59	00:01:11	<i>Jenatt</i>
65.	Jeni K R	09-07-2022 01:32	01:12:34	<i>Jeni</i>
66.	Jyothika Sajeev	09-07-2022 01:23	01:22:14	<i>Jyothika</i>
67.	Jyothika sidharthan Bot	09-07-2022 01:19	00:01:30	<i>Jyothika</i>
68.	Kasmeera MJ	09-07-2022 01:31	00:13:43	<i>Kasmeera</i>
69.	KB Ardra	09-07-2022 02:18	00:23:31	<i>KB</i>
70.	Krishnapriya N R	09-07-2022 01:33	01:12:50	<i>Krishna</i>
71.	Keerthana Unnikrishnan	09-07-2022 01:46	00:59:24	<i>Keerthana</i>
72.	Krishna priya malu	09-07-2022 01:36	00:08:14	<i>Krishna</i>
73.	Lini P G	09-07-2022 01:37	00:00:45	<i>Lini</i>
74.	Luna Sadiya K	09-07-2022 01:59	00:17:40	<i>Luna</i>
75.	Lakshmi V P	09-07-2022 01:30	00:54:05	<i>Lakshmi</i>
76.	Malhooma K	09-07-2022 01:25	00:07:59	<i>Malhooma</i>
77.	Maya Ammu	09-07-2022 01:31	00:00:34	<i>Maya</i>

78.	Megha T P	09-07-2022 01:47	00:18:52	Megha
79.	Merlina J B	09-07-2022 01:31	01:14:15	Merlina
80.	Nandana A S	09-07-2022 02:24	00:01:00	Nandana
81.	Nandana Ps	09-07-2022 01:18	00:49:38	Nandana
82.	Nandhana Pp	09-07-2022 01:40	00:48:32	Nandhana
83.	Nandhana VS	09-07-2022 01:38	01:04:47	Nandhana
84.	Neeraja A	09-07-2022 01:37	00:20:05	Neeraja
85.	Neha Saleesh	09-07-2022 02:03	00:42:30	Neha
86.	Nimisha N	09-07-2022 01:26	01:19:13	Nimisha
87.	Punya Krishna	09-07-2022 01:30	00:34:06	Punya
88.	Pretty John	09-07-2022 01:24	01:16:47	Pretty
89.	Princy John	09-07-2022 01:38	01:07:33	Princy
90.	Priya Santhosh	09-07-2022 01:28	01:15:31	Priya
91.	Priya Varghese	09-07-2022 01:42	00:18:50	Priya
92.	Punya Krishna	09-07-2022 02:05	00:38:28	Punya
93.	Pretty N.S	09-07-2022 01:32	00:02:32	Pretty
94.	Raheesha K m	09-07-2022 02:30	00:14:43	Raheesha
95.	Reema KJ	09-07-2022 01:28	00:23:06	Reema
96.	Reni	09-07-2022 01:35	01:03:47	Reni
97.	Riya Ravi	09-07-2022 01:45	01:00:18	Riya
98.	Sangeetha Jaik	09-07-2022 01:30	01:15:46	Sangeetha
99.	Sreena K	09-07-2022 01:31	01:15:00	Sreena
100.	Suvarna MS	09-07-2022 01:30	01:15:17	Suvarna
101.	Sadanandan. E. K Edathirinji	09-07-2022 02:33	00:12:02	Sadanandan
102.	Sandra Sunny	09-07-2022 01:31	00:28:28	Sandra
103.	Sanjana M.S	09-07-2022 01:42	00:17:46	Sanjana
104.	Sanooja Sanu	09-07-2022 01:32	01:13:13	Sanooja
105.	Snegha Madhanan	09-07-2022 01:28	00:36:27	Snegha
106.	Sniya Krishna	09-07-2022 01:22	00:19:36	Sniya
107.	Soofiya Banu	09-07-2022 02:03	00:06:44	Soofiya
108.	Sruthi Sunil	09-07-2022 01:44	00:41:38	Sruthi
109.	Sruthy VR	09-07-2022 01:32	00:34:56	Sruthy
110.	Sruthy v u	09-07-2022 01:20	01:19:59	Sruthy
111.	Swathi Manoj	09-07-2022 01:31	01:10:14	Swathi
112.	Thasneem Gafoor	09-07-2022 01:56	00:06:26	Thasneem
113.	Thoufeek Thoufi	09-07-2022 01:23	00:10:02	Thoufeek
114.	Thrisha Krishna	09-07-2022 02:43	00:02:09	Thrisha
115.	Tintu Jose	09-07-2022 01:26	01:19:20	Tintu
116.	Vavya Suresh	09-07-2022 01:19	01:04:59	Vavya

117.	Vibitha Mv	09-07-2022 01:24	00:22:04	<i>Vibitha</i>
118.	Vismaya Ravindradas	09-07-2022 01:30	00:19:46	<i>Vismaya</i>
119.	Vismaya Vs	09-07-2022 01:29	01:15:24	<i>Vismaya</i>
120.	Vrindha Ramesh	09-07-2022 01:27	01:09:42	<i>Vrindha</i>
121.	Alda shaju soc	09-07-2022 02:11	00:00:21	<i>Alda</i>
122.	Aleena antony	09-07-2022 01:47	00:53:44	<i>Aleena</i>
123.	Anjana gopi	09-07-2022 01:31	01:02:35	<i>Anjana</i>
124.	Anjana ks	09-07-2022 01:36	01:08:13	<i>Anjana</i>
125.	Apsara P v	09-07-2022 01:29	00:41:58	<i>APSARA</i>
126.	Fathima mehajabin	09-07-2022 01:31	00:38:17	<i>Fathima</i>
127.	Meril sara kurian	09-07-2022 01:23	01:22:32	<i>Meril</i>
128.	Nikhitha pj	09-07-2022 01:40	00:06:51	<i>Nikhitha</i>
129.	Shini ks	09-07-2022 01:32	01:13:28	<i>Shini</i>



Anish
 Head
 Department of Botany
 Carmel College, Mala
 Thrikkur, Kerala - 680732



CARMEL COLLEGE

Mala, Thrissur, Kerala - 680 732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

IN COLLABORATION WITH DEPT. OF BPSI
DEPT. ACCOUNTING & TAXATION IS ORGANIZING
CAREER ORIENTATION

Choosing the Right Path to Careers

On 4th July 2022

Time : 2.00 pm - 3.30 pm

Venue: Audio Visual Hall

Resource Persons:

Smt. Mariyam Khader

Assistant Vice President
Hedge School of Applied Economics

Smt. Karhtika Balakrishnan

Product Head, Hedge School of
Applied Economics

Ms. Divya Chandran

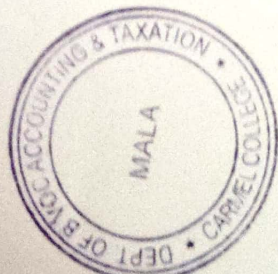
Staff Co-ordinator

Ms. Beena Thomas

HoD

Dr. Sr. Catherine CMC

Principal



Beena
HEAD, DEPT. OF B VOC
ACCOUNTING & TAXATION
CARMEL COLLEGE MALA



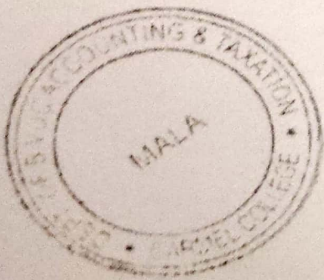
CARMEL COLLEGE (AUTONOMOUS), MALA
DEPARTMENT OF ACCOUNTING AND TAXATION (B.VOC)
REPORT ON CAREER ORIENTATION PROGRAM

In collaboration with Department of BFSI Department of Accounting and Taxation organized Career Orientation Program 'Choosing The Right Path to Careers' on 4th July 2022 at 2.00pm to 3.30pm in Audio Visual room.

Smt. Mariyam Khader, Assistant Vice President, Hedge School of Economics and Smt. Karthika Balakrishnan, Product Head, Hedge School of Applied Economics were the resource persons. The disclosure was noteworthy and helpful for the final year students to choose a right path for their internship. They also discuss different alternative Programs available at Hedge School of applied Economics. Around 83 students participated in the Orientation Program.

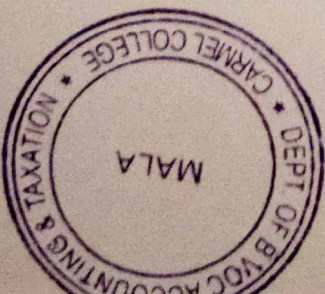
Outcome

- To understand the importance of internship programs
- To understand different institutions providing internship program
- To help the students to select job oriented internship programs



Beena
HEAD, DEPT. OF B.VOC
HEAD, DEPT. OF B.VOC
ACCOUNTING & TAXATION
CARMEL COLLEGE, MALA

Beena



CARMEL COLLEGE, MALA
 B VOC Accounting & Taxation in Association with B.Voc BFSI
 CAREER ORIENTATION

(Choosing the Right Path to Career)

Participation List

SL No	Name	Department	Signature
1	Sukanya . M . S	AT	Sukanya
2	GIPIKA . M . D	AT	Gipike
3	Anjana . V . S		Anjana
4	Hima E . V	BFSI	Hima
5	Sancha sunny	BFSI	Sancha
6	Akhila T . R	BFSI	Akhila
7	Suvechya . T . R	BFSI	Suvechya
8	Aswathy . K . V . P . in	BFSI	As
9	Nikhilhe Jose	BFSI	Nikhil
10	Christheena	BFSI	Christheena
11	Aparna VB	A-T	Aparna
12	Remya K Suresh	BVOC AT	Remya
13	Aswathy C . U	A . T	Aswathy
14	Nandana AS	AT	Nandana
15	Aswathy . E . S	BVOC - AT	Aswathy
16	Aksha		Aksha
17	Krishnapriya		Krishnapriya
18	ANETH		ANETH

19	Rose Mariya k. pinto	II nd BVOC BESI	Rose
20	Sumananda p.s	III rd BVOC BESI	Sumananda
21	Athira V.A	III rd BVOC BESI	Athira
22	Hasna K.M	"	Hasna
23	Archana C.K	II nd BVOC BESI	Archana
24	Athira T.S	"	Athira
25	Anamika P.	II nd B.VOC AT	Anamika
26	Bhadra Sudheesh	II nd BVOC AT	Bhadra
27	Anitha Suril	II nd B.VOC AT	Anitha
28	Seethal P.T	III rd B.VOC AT	Seethal
29	Abirami Gireesh	III rd B.VOC AT	Abirami
30	Anjaly K.B	III rd BVOC BESI	Anjaly
31	Archana A.S.	"	Archana
32	Aravani V.S.	"	Aravani
33	Nanya U.N	"	Nanya
34	Krishnaprabha AB	"	Krishna
35	Anganadha E.V	"	Angana
36	Anna Rose V.S	"	Anna
37	Avani surgen	B.VOC BESI	Avani
38	Arjana TN	"	Arjana
39	Farsana shamsy	III rd B.VOC AT	Farsana
40	Farzana Raheem	III rd BVOC AT	Farzana
41	Aditha M.B	III rd B.VOC BESI	Aditha
42	Anjali Suresh	"	Anjali

43	Dayisha P.B	III rd BVOC B.T.E.T	Dayisha
44	Adhithya K.V	"	Adhithya
45	Navya KM	"	Navya
46	Anamika C.S	"	Anamika
47	Aaryamol P.S	"	Aaryamol
48	Priya mol C.S	"	Priya
49	Madhurma A.M	"	Madhurma
50	Nikhitha P.T	"	Nikhitha
51	Lakshmi V.P	"	Lakshmi
52	Asna V.H	II nd 3.VOC BFSI	Asna
53	Sreelakshmy V.T	II nd B.VOC AT	Sreelakshmy
54	Amsalva Skiyas	II	Amsalva
55	Aleena	"	Aleena
56	Nandana P.P	II nd B.VOC AT	Nandana
57	Snitha P	II nd B.VOC BFSI	Snitha
58	Dhanya P.K	II nd B.VOC BFSI	Dhanya
59	Anuranya K.A	II nd B.VOC BFSI	Anuranya
60	Aswathykrishna K.B	"	Aswathykrishna
61	Thasmi Parvin T.M	II nd BVOC AT	Thasmi
62	Hafsa K.S	II nd BVOC AT	Hafsa
63	Risana Rijas	II nd BVOC AT	Risana
64	Arya NA	III rd BVOC BFSI	Arya
65	Swathi V.S	III rd BVOC AT	Swathi
66	Neha Saleesh	"	Neha

67	Sanooramol P.A	III rd B.VOC AT	Sanooramol
68	Aneesa O-A	III rd B.VOC AT	Aneesa
69	•JoLSks	"	Jolsks
	Luma	"	Luma
71	Harina /2.P	"	Harina
72	Ansya P.H.	"	Ansya
73	Aleena Thomas	"	Aleena
74	Anita Davis	"	Anita
75	Vibitha M.V	"	Vibitha
76	Frathika Pukalan	"	Frathika
77	Sruthy V.U	"	Sruthy
78	Anupama K.M	"	Anupama
79	Anjaly Vishnu.C.S.	"	Anjaly
80	Vismaya V.S	"	Vismaya
81	Anjali Manoj	"	Anjali
82	Nandhana P.P	"	Nandhana
83	Gayathri S Kumar	"	Gayathri



HEAD, DEPT. OF B.VOC
ACCOUNTING & TAXATION





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Kerala
India



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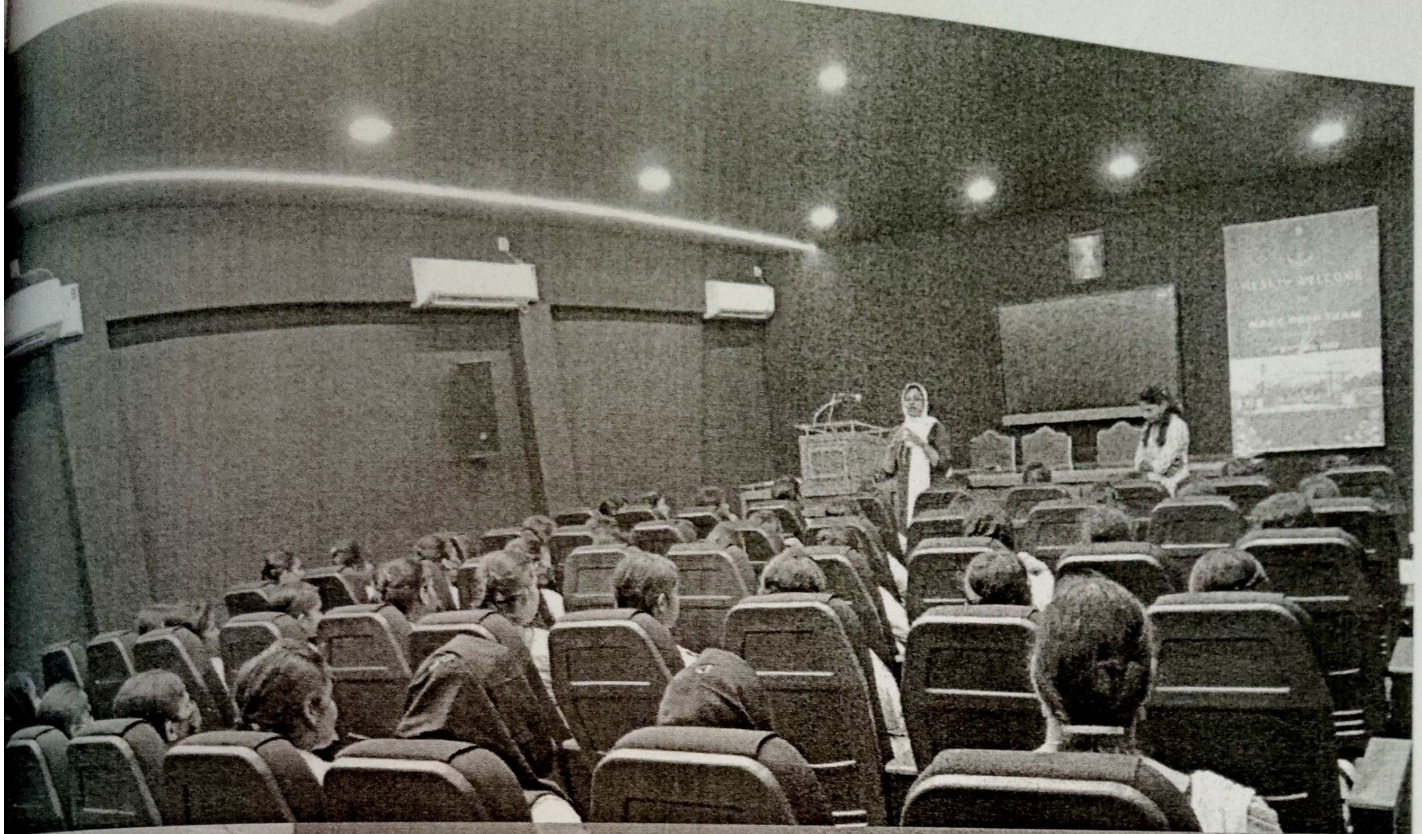
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THE HEAD, DEPT. OF B VQC
ACCOUNTING & TAXATION
CARMEL COLLEGE, MALA





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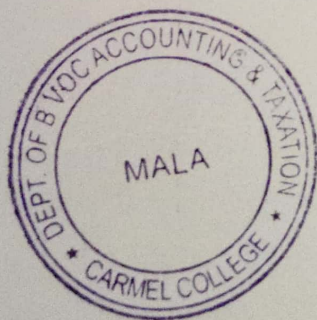
Carmel College
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ACCOUNTING & TAXATION
CARMEL COLLEGE, MALA





CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala- 680 732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

Department of Accounting & Taxation
organizes seminar on

International Youth Day



Adv. Phijo Joseph
HR Trainer &
Motivational Speaker

*Intergenerational Solidarity:
Creating A World For All*

Ages

Date: 12th August, 2022

Time: 2.00pm - 3.30 pm

Venue: Audio- Visual Hall

Ms. Divya Chandran
Ms. Christeena Wilson K

Staff Co-ordinators

Ms. Beena Thomas

HoD

Dr.Sr. Catherine CMC

Principal

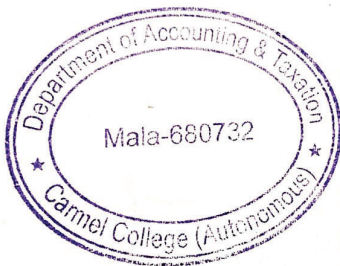
CARMEL COLLEGE (AUTONOMOUS), MALA
DEPARTMENT OF ACCOUNTING AND TAXATION (B.VOC)
REPORT ON YOUTH DAY

In connection with Youth Day, Department of Accounting and Taxation organized seminar on the topic of 'Intergenerational Solidarity: Creating A World for All ages' on 12th august 2022 at 1.30pm to 3.30pm in Audio Visual room. The objective of International Youth Day 2022 is to amplify the message that action is needed across all generations to achieve the Sustainable Development Goals (SDGs) and leave no one behind.

Adv. Phijo Joseph, HR Trainer and Motivational Speaker were the resource person. The program was noteworthy and helpful for the students to get awareness on certain barriers to Sustainable Development. 54 students participated in the Orientation Program.

Outcome

- To get it know about various crimes.
- To understand the need and importance of controlling mind and body
- To know about the methods of self-reaction at the time of abusement.



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Head
Department of Accounting & Taxation
Carmel College (Autonomous)
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CARMEL COLLEGE (AUTONOMOUS), MALA

Dept. of Accounting & Taxation

International Youth Day Programme

“Intergenerational Solidarity: Creating A World For All Ages”

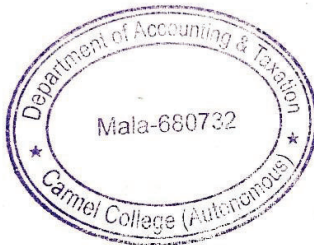
Participants List

Sl. No.	Name of the Student	Department	Signature
1	Thasor Parvitha T.M	II B.VOC A&T	Thasor
2	Arya NA	II B.VOC BFSI	Arya
3	Hafsa K.S	II B.VOC A&T	Hafsa
4	Risana Rijas	II B.VOC A&T	Risana
5	Aramika P.A	II B.VOC A&T	Aramika
6	Athira T.S	II B.VOC BFSI	Athira
7	Archana C.K	II B.VOC BFSI	Archana
8	Smitha P	II B.VOC BFSI	Smitha
9	Gopika M.D	III B.VOC AT	Gopika
10	Devika K.S	III B.VOC AT	Devika
11	Anjana V.S	III B.VOC AT	Anjana
12	Athira V.A	III B.VOC BFSI	Athira
13	Avani Surgen	"	Avani
14	Aneth Jay	"	Aneth
15	Kaishnapaiya P.V	"	Kaishnapaiya
16	Rose Mariya	"	Rose
17	Anjana T.A	"	Anjana
18	Greenanda P.S	"	Greenanda



18	Swathi . Manoj	"	Swathi Manoj
19	Hasna .k.m.	"	Hasna .k.m.
20	Aswathy .k. Vibin	"	Aswathy .k. Vibin
21	Charisteen George	"	Charisteen George
22	Lakshmi V.P	"	Lakshmi V.P
23	Madhurima A.M	"	Madhurima A.M
24	Priya Mol C.S	"	Priya Mol C.S
25	Nikhitha P.J	"	Nikhitha P.J
26	AARYAMOL . P.S	"	AARYAMOL . P.S
27	HISANA .V.R	"	HISANA .V.R
28	Archa M.B	"	Archa M.B
29	Anjali Suresh	"	Anjali Suresh
30	Kasreeza	"	Kasreeza
31	Anamika C.S	"	Anamika C.S
32	Arjanandha E.V	"	Arjanandha E.V
33	Arma Rose V.S	"	Arma Rose V.S
34	Navya km	"	Navya km
35	Manjulakshmi .k.m	"	Manjulakshmi .k.m
36	KrishnaPrabha AB	"	KrishnaPrabha AB
37	Suwalhya . T.R	"	Suwalhya . T.R
38	Archa . P.J	3rd Bivoc AT	Archa . P.J
39	Aswathy . C.U	"	Aswathy . C.U
40	Aswathy . F.S	"	Aswathy . F.S
41	Abinami gireesh	"	Abinami gireesh

42	Remya . I . Suresh	"	Remya
43	Seethal . P . T	"	Seethal
44	Luna . Sadiya . I . S .	"	Luna
45	Nandana . A . S	"	Nandana
46	Aleena . C . V	"	Aleena
47	Vismaya . V . S	"	Vismaya
48	Anjali Manoj	"	Anjali
49	Crayathri S . Kumar	"	Crayathri
50	Bruthy v . u	"	Bruthy
51	Sanuja Rmol . P . A	"	Sanuja
52	Anya unnikrishnan	"	Anya
53	Adar Anupama	"	Anupama
54	Anjali vishnu c . s	"	Anjali



Beena

Head
Department of Accounting & Taxation
Carmel College (Autonomous)
Mala-680732




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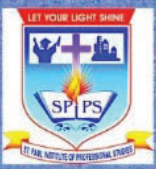


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Long 76.273136°
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ST. PAUL INSTITUTE OF PROFESSIONAL STUDIES, INDORE

Department of Science is Organizing
National Webinar
on

"Mental Health and Well-being"

(Under MoU in Collaboration with Carmel College
(Autonomous), Mala, Kerala)

OUR PATRONS



Rev. Fr. Simon Raj
DIRECTOR



Dr. Sr. Alice Thomas
PRINCIPAL

GUEST SPEAKER



Dr. Poonam Phogat
Associate Professor,
Department of Psychology
Gargi College, Delhi
University

COLLABORATOR



Dr. Sr. Licy A D
PRINCIPAL

DR. ARVIND JAIN
HEAD, DEPARTMENT OF SCIENCE
(SPIPS)

COORDINATORS :
PROF. SHEJAL GUPTA
MS. MARY PHILIP
MS. BEENA ANTO, HOD, DEPT. OF BFSI

***Free Registration**
Platform: Google Meet

DATE: 17/02/2023

DAY: FRIDAY

TIME: 02:00 P.M.

DEPARTMENT OF SCIENCE, SPIPS

Carmel College (Autonomous), Mala
Department of BFSI
Report on National Webinar in association with St. Paul Institute of Professional Studies, Indore

Resource Person: - Dr. Poonam Phogat
Associate Professor

Date: 17/02/2023

Department of Psychology
Gargi College, Delhi University

The department of BFSI in association with St. Paul Institute of Professional Science, organized a national webinar on mental health and well-being. The webinar, which took place on 17/02/2023 was designed to raise awareness about the importance of mental health and provide participants with tools and resources to support their own mental health and that of others.

The webinar was attended by 93 participants from across India, including students, educators, mental health professionals, and community leaders. The webinar is started with a welcome speech by Ms. Beena Thomas, The Head of the department of AT. The Chief guest Dr. Poonam Phogat delivered an informative lecture on the topic “Mental health and well being ” and interacted with the students. The keynote speaker for the event provided insights and practical tips on how to maintain mental well-being in the face of stress and adversity.

The webinar covered a range of topics related to mental health and well-being, including stress management, coping strategies, mindfulness, and self-care. Participants had the opportunity to engage in interactive sessions, group discussions, and Q&A sessions with the speakers and other participants. The session concluded with an official vote of thanks by Dr. Aravind Jain (The head of the department of science)

Outcome: The webinar given an opportunity to raise awareness and promote discussion about mental health. The event provided participants with practical tools and resources to support their own mental health and that of others, and was a positive step towards building a more mentally healthy and supportive community.




Head
Department of Banking, Financial Service & Insurance
Carmel College (Autonomous)
Mala-680732



CARMEL COLLEGE (AUTONOMOUS)
Nationally Re-Accredited with A Grade (Fourth Cycle)
Affiliated to University of Calicut

MALA – 680 732, Thrissur (Dt), Kerala

Phone: 0480 2890 247, Fax: 0480 2890 247

E-mail: mail@carmelcollegemala.ac.in web: www.carmelcollegemala.ac.in

Date: 17/2/2023

Time: 2 PM

Venue: Audio-Visual room(Online & Offline)

Resource Person: Dr. Poonam Phogat

Activity: National Webinar

Sl. No	Name of the Student	Department	Signature
	Devika Jineesh	I st B.voc Agriculture	
	Axcha . k . G1	"	
	Ammu Chand . S	"	
	R. Gowri Krishna	"	
	Bhadra . Ap	"	
	Varada Vijayan K K	"	
	Akshaya MR	"	
	Snaha	"	
	Asna . 171	"	
	L.Linta	"	
	Archana . k	II nd B.voc BESI	
	Ahira K.R	" AT	
	Hafsa K.S	" AT	



HENNA JOSEPH	I nd B.Voc AGI	henna
Thasni Parvin T-M	"	Thasni
Ansalna shiyas	II nd Bvoc BFSI	Ansalna
Aleena	"	Aleena
Sreelakshmy V J	II nd Bvoc AT	Sreelakshmy
Aswathykrishna.k.B	II nd Bvoc BFSI	Aswathy
Anuranya k.A	II nd Bvoc BFSI	Anuranya
Dhanya Pk	"	Dhanya
Nandana.P.P.	II nd Bvoc AT	Nandana
Smitha P	II nd B.VOL BFSI	Smitha
Sneha varghose	II nd B-com Fiddre	Sneha
Nazrin	"	Nazrin
Stuthi krishna	"	Stuthi
Arijana N.B	"	Arijana
Nikitha marjo Boby	"	Nikitha
Athulya devi.VB.	B.VOC SD II nd	Athulya
Jamol P.J	Bvoc S.D II nd	Jamol
AYISHA RAJWIN	B.VOC.S.D II nd	AYISHA
FATHIMA THASNEEM C.A	B.VOC.S.D II nd	FATHIMA
Sumayya mol	"	Sumayya
Krishna Anil Kumar	"	Krishna
farsana	"	farsana
Thamjida	"	Thamjida
Raeesiya FA	"	Raeesiya
Libe George	"	Libe
Shahina C.H	B.VOC multimedia II nd	Shahina
Anagha vined	"	Anagha
Ayshe jasmin oip	"	Ayshe

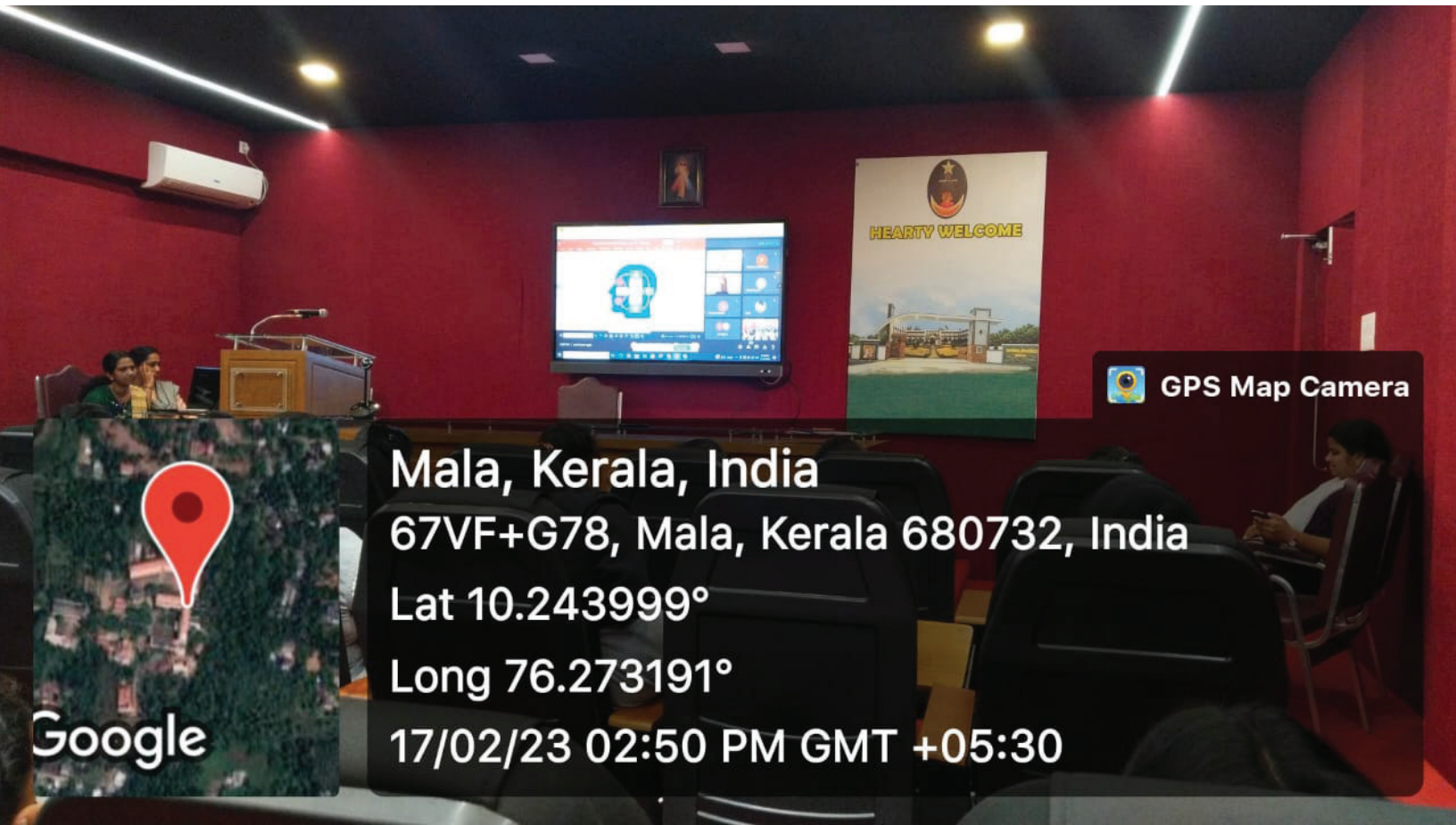


Name	Department	Signature
Arsha. k.s	II nd BVOC Multimedia	
Snubhika T.S	II nd BVOC SD	
Sneelakshmi N.A	"	
Sajana P.A	"	
ASWANI P.J	"	
Fousiya P.N	"	
siyamol k.s	"	
Aleena M.S	B.VOC AT	
Sandra N.B	B.VOC BFSI	
Krishna Priya U.A	" "	
Shamsiya	"	
Copika K.S	B.VOC AT	
Libiya Sabu	"	
Urinolha Vinod	" BFSI	
Annamal ginesh	"	
Akshaya M.S	" AT	
Unnimaya	" BFSI	
Gajathri .M.R	B.VOC . F.T	
Riswana Parvin	" F.T	
Fathima hiba T.S	" .F.T	
Sadhiya .S	" F.T	
Arula George	" F.T	
Hedha Suoesh	B.VOC SD	
AParna M.S	BVOC SD	
Archana Mukesh	BVOC SD	
Krishna Priya m.s	"	
Hiba N.A	B.VOC FT	
Suathi A.B	"	



Vassha G	1 st B-Voc FT	Vassha
Shahana Sharin F	1 st BVOC S.D	Shahana
Chandana Pparamod	1 st BVOC SD	Chandana
Aswani P.D	1 st BVOC SD	Aswani
Chithisa K.M	1 st BVOC SD	Chithisa
Faseela E.N	1 st BVOC SD	Faseela
Diya K.P	1 st BVOC SD	Diya
Hamna Maryam	1 st BVOC FT	Hamna
Aneesha C.M	1 st MVOC SD	Aneesha
Anjali A.A	1 st MVOC SD	Anjali
Angel Rose Ittira	1 st mvoc SD	Angel
Afna Farhan V.S	11 nd Bcom Finance	Afna
Husna K.A	"	Husna
Ayshe Fawzi	"	Ayshe
Jasmin	"	Jasmin
Angel Bijju	"	Angel
Szeelakshmi C.S	"	Szeelakshmi
Keeshana K.U	"	Keeshana
Mahsina P.R	"	Mahsina
Swalika Ts	"	Swalika
Priyanka O.P	"	Priyanka
Anjali C.D	"	Anjali
Sneha V.S	"	Sneha
Aswani E.V	"	Aswani
Anjali KS	1 st BVOC BFSI	Anjali
Jyothika K.A	1 st BVOC AT	Jyothika





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Lat 10.243977°

Long 76.27319°

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 Google



CARMEL COLLEGE (AUTONOMOUS), MALA

DEPARTMENT OF BOTANY

In collaboration with

**PUNARJANI DE ADDICTION CLINIC, DISTRICT
HOMOEOPATHY HOSPITAL THRISSUR**

Organizing a seminar on the topic :

വിദ്യാർത്ഥികളിലെ ലഹരി ഉപയോഗം

Resource person



DR. JISHNU VP
MEDICAL OFFICER,
GOVT. HOMOEOPATHY DISPENSARY, KUZHUR &
CONVENOR OF PUNARJANI DE ADDICTION CLINIC,
DISTRICT HOMOEOPATHY HOSPITAL THRISSUR

DATE : 08/02/2023

TIME : 2 : 00 PM

VENUE : SEMINAR HALL

Dr. Sr. Kochuthressia KP
Dr. Sr. Sinjumol Thomas
(Coordinators)

Dr. Bindhu KB
(HOD)

Dr. Sr. Catherine CMC
(Principal)

Department of Botany
Carmel College (Autonomous) Mala

In Collaboration with

Punarjani De-addiction clinic, District Homoeopathy Hospital Thrissur

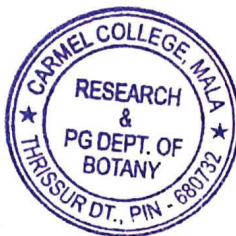
SEMINAR REPORT


വിദ്യാർത്ഥികളിലെ ലഹരി ഉപയോഗം

Department of botany in collaboration with Punarjani De-addiction clinic, District Homoeopathy Hospital Thrissur, organized a seminar on the topic "വിദ്യാർത്ഥികളിലെ ലഹരി ഉപയോഗം" on 8th February 2023 at 2 pm in the seminar hall.

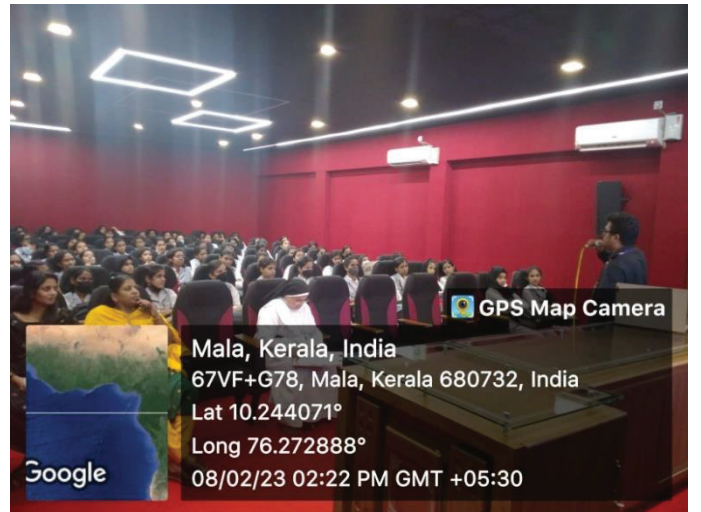
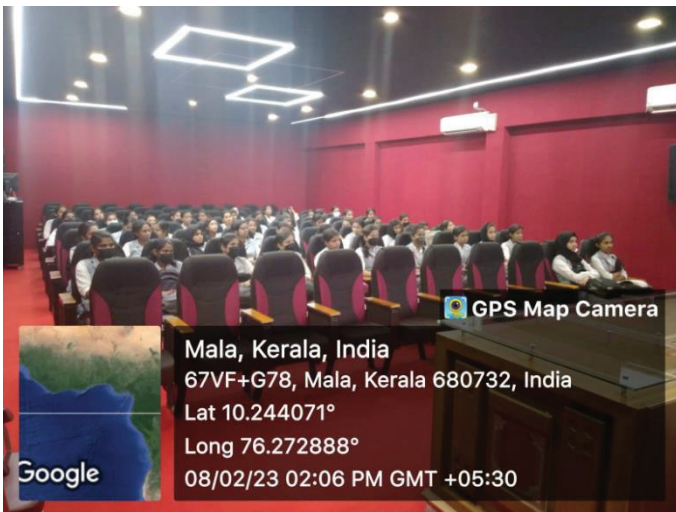
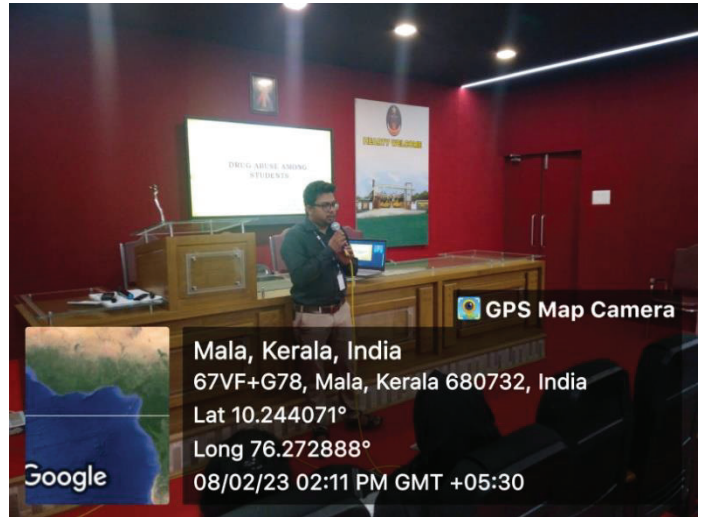
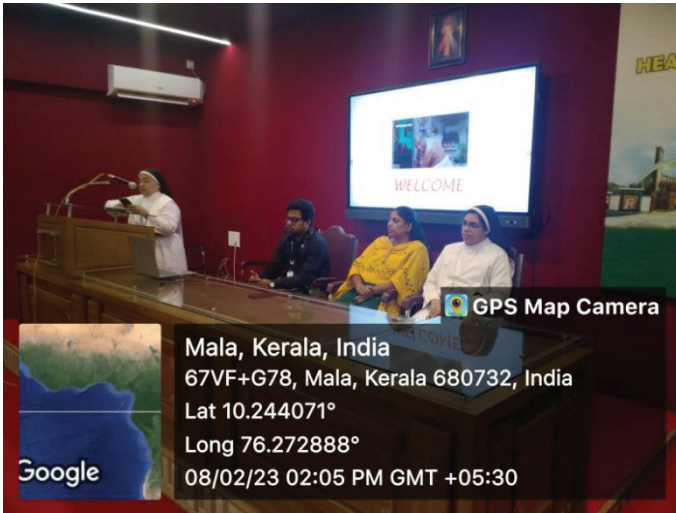
The seminar started with prayer. Dr. Sr. Kochuthressia KP, Coordinator of the program delivered the welcome address. Dr. Jishnu VP, Medical Officer of Government Homoeo Dispensary Kuzhur and The Convenor of Punarjani De addiction clinic District Homoeopathy Hospital Thrissur was the resource person. Dr. Jishnu clearly explained about the drug addiction in students and the role of new drugs in our society. The session was really fruitful and helped the students and faculty to understand more about the after effects of drug addiction. After the seminar there was an interactive session to clarify the doubts. Ms. Sneha ES delivered vote of thanks. The seminar was ended at 3.30 pm.

Outcome: Students get awareness about Drugs, after effect, the importance of avoiding drugs and different treatment strategies.




Head
Department of Botany
Carmel College, Mala
Thrissur, Kerala - 680732

വിദ്യാർത്ഥികളിലെ ലഹരി ഉപയോഗം-Seminar 08/02/2023



Department of Botany
Carmel College (Autonomous) Mala

In collaboration with

Punarjani De Addiction Clinic, District Homeopathy Hospital
Thrissur

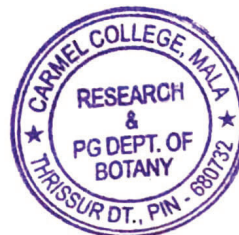
Seminar On
വിദ്യാർത്ഥികളിലെ ലഹരി ഉപയോഗം

Date : 08/02/2023

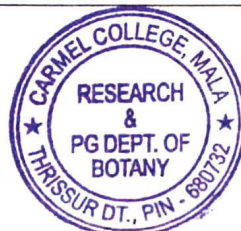
Time: 2:00 pm

Venue: Seminar Hall

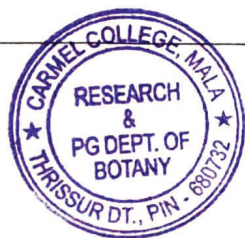
Sl. No	Name	Class	Sign
1.	Aranya Gopi	I Msc. Botany	
2.	Jayalakshmi Gokuldas	Ist Msc. Botany	
3.	Anjana T.S	Ist Msc. Botany	
4.	Vanna T P	"	
5.	Amina Parveen S	"	
6.	Sreeshma Ramesh	"	
7.	Apasna .N	"	
8.	Sneha E.S.	"	
9.	Aleena Pambly	"	
10.	Megha Mukundan	"	
11.	Linishya Francis	"	
12.	Anjana U.J	"	
13.	Greeshma K.S	"	
14.	Krishnendu P.u	II nd Bsc Botany	
15.	Vismaya A.M	"	
16.	Krishnapriya .N.R	"	



17.	Jeni Rajappan	II nd Bsc Botany	Jeni.
18	Utopka.O.U	"	Utopka
19	Aswathy.P.A	"	Aswathy
20	Aswathi.A.A	"	Aswathi.A.A
21	Sneha.K.S	"	Sneha
22	Nimisha.P.S	"	Nimisha
23	Vaivinda.T.Ramesh	"	Vaivinda
24	Suvarna.M.S	"	Suvarna
25	Southy.V.R	"	Southy.V
26	praja Vaghare	1 st Msc Botany	Pr
27	Sangeetha Souk	"	Sangeetha
28	Greeshma.K.S	2 nd Msc Botany	Greeshma
29	Gloria Vaghese	2 nd Msc Botany	Gloria
30	Aniya	2 nd Bsc Botany	Aniya
31.	Anitt James	"	Anitt
32	Arya.K.S	"	Arya
33	Asna.V.V.	"	Asna
34	Aleona Biju	"	Aleona
35	Ashny.U.V	"	Ashny
36	Soojiya banu.B.M	"	Soojiya
37.	Nandana.K.M	"	Nandana
38.	Aryasree.C.V	"	Aryasree
39	Devika.Sadanandan	"	Devika
40	Jesline Mariya MS	1 st Msc Botany	Jes
41	Alma Rose	"	Alma
42	Ajioiraj.K	2 nd Bsc Botany	Ajioiraj
43	Parvathy.P	"	Parvathy
44	Annette Antony	2 nd Msc Botany	Annette
45	Megha.V	"	Megha
46	Vanya.M.S	"	Vanya
47	Vismaya.V.S	"	Vismaya
48	Nimisha.N	"	Nimisha



49	Ancy Varghese	II nd MSc. Botany	Ancy
50	Ambili T.V	II nd MSc. Botany	Ambili
51	Atthira.M	II nd MSc Botany	Atthira
52	Amy Jayachandran	"	Amy
53	Anagha Asavind	"	Anagha
54	REEMA K.J	Und Bsc Botany	Reema
55	Tharusha Krishna	"	Tharusha
56	vinaya M Baby	II nd B.Voc Agriculture	Vinaya
57	Hansa Nowwin	" "	Hansa
58	Arya.B	" "	Arya
59	Nivedhya TP	" " "	Nivedhya
60	Thirisha.V	" "	Thirisha
61	Rameesha.M	" "	Rameesha
62	Nandhana R.K	"	Nandhana
63	Reshmi.R	"	Reshmi
64	Angel	"	Angel
65	Anna	"	Anna
66	Gopika Kannan	"	Gopika
67	Krishnapriya.	"	Krishnapriya
68	Megha.M	"	Megha
69	Shibiya Sheela.V.K	"	Shibiya
70	Aiswarya K.c	"	Aiswarya
71	Akhila Jaison	"	Akhila
72	Agna.k	"	Agna
73	Amisha.N	"	Amisha
74	Adhila parvin.T	"	Adhila
75	Rohy.T.J	Faculty	Rohy
78	Dr. Dhanya Thomas 77	"	Dr. Dhanya
79	Dr. Bindha K.B	"	Dr. Bindha
80	Dr. Sri Kochu Pressu KP	"	Dr. Sri Kochu
81	Dr. Sijumol Thomas	"	Dr. Sijumol



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Head
Department of Botany
Carmel College, Mala
Thirissur, Kerala - 680732



CARMEL COLLEGE(AUTONOMOUS), MALA

Nationally Re-accredited with 'A'Grade (4th Cycle)

Thrissur Dt., Kerala- 680732, Ph:04802890247, Fax: 04802890247

E-mail: carmelcollege@rediffmail.com, Website: www.carmelcollegemala.ac.in

Department of Botany

in collaboration with

Orchid Club

and

Ethno Botanical & Eco Friendly Club

Organizes

National Seminar on

Biodiversity

Technical Session I

Time: 11.30 A.M.

Technical Session II

Time: 2.00 P.M.

“Orchids of Western Ghats”

Dr. Jis Sebastian

*Research Associate
Jawaharlal Nehru Tropical
Botanic Garden and Research
Institute, Trivandrum*

“Science for Sustainable Development”

Prajeesh Parameswaran

*Senior Scientist
M S Swaminathan Research
Foundation*

Date : 15th December 2022

Venue : Audio Visual Hall

Registration fee : Rs. 100/-

Dr. Sr. Kochuthressia K. P.
Dr. Geo Joseph
Dr. Dhanya Thomas T. T.
(Co ordinators)

Dr. Sinjumol Thomas, Dr. Roby T. J.
(Joint Co ordinators)

Dr. Bindhu K. B.
HOD

Dr. Sr. Catherine CMC
Principal

Department of Botany

Carmel College (Autonomous) Mala

In Collaboration with Orchid Club & Ethno Botanical Club

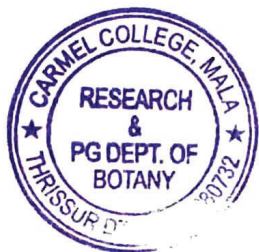
National seminar on “Biodiversity”


Report

Carmel College Mala, PG & Research Department of Botany in collaboration with the orchid club & Ethno Botanical Club conducted a national seminar on “Biodiversity” on 15th December 2022 at 11:30am. Dr Jis Sebastian (Research Associate, Jawaharlal Nehru Tropical, Botanical Garden and Research Institute, Trivandrum, Kerala) and Mr. Prajeesh Parameswar (Senior Scientist, MS Swaminathan Research Foundation, Kerala) collaborated as the resource person of the national seminar. Dr Jis Sebastian handled the session “Orchids of Western Ghats” and Mr. Prajeesh Parameswar handled the session “Science for sustainable Development”. Dr. Bindhu K. B., Assistant Professor, delivered the welcome address, followed by the presidential address by Dr. Sr. Catherin CMC (Principal Carmel College (Autonomous) Mala). Ninety-five (Faculty members, Scientists, Research Scholars and Students) from various institutions actively participated in the national seminar. The diversity, documentation, threats and pollination details of orchids were systematically discussed and evaluated during the national seminar. The national seminar explored the area of science for sustainable development. The national seminar achieved its objectives by the exchange of scientific knowledge in biodiversity. The participants evaluated the national seminar as “excellent” by their feedback responses. The national seminar came to an end with an official vote of thanks.

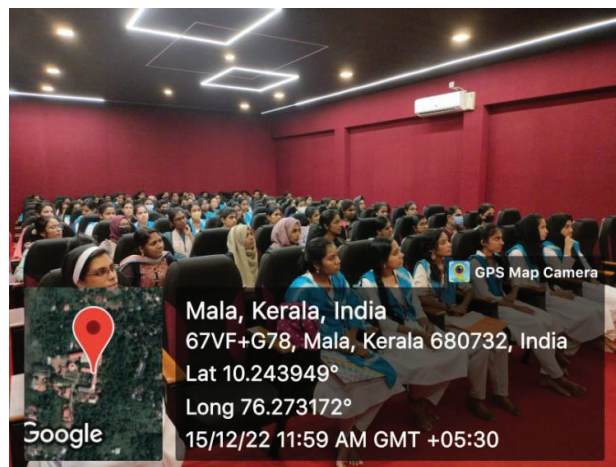
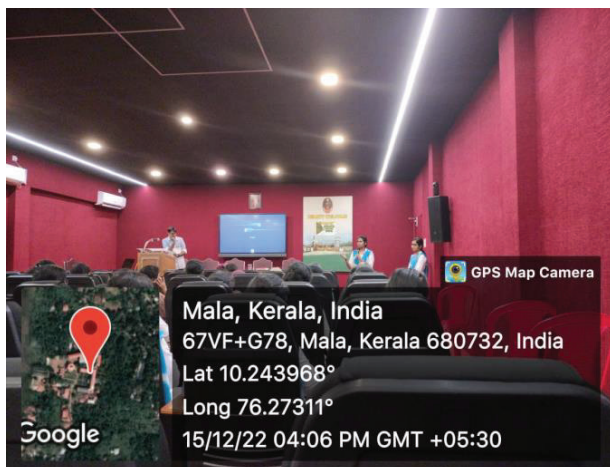
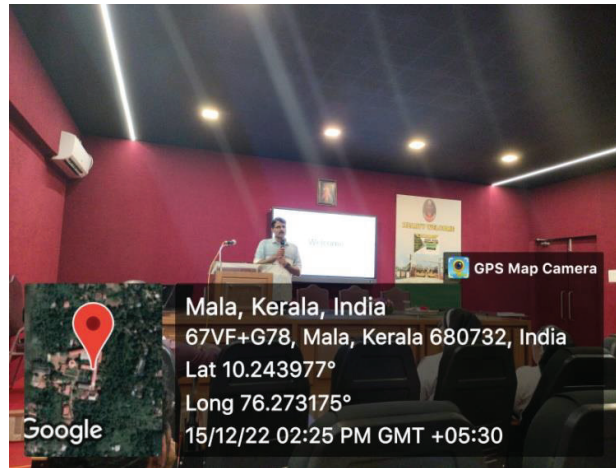
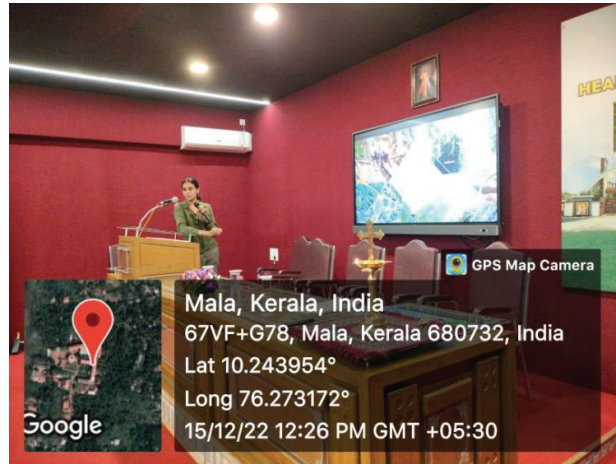
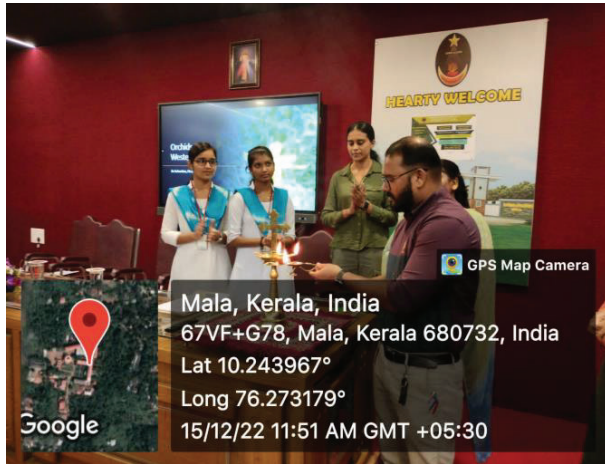
Outcome: The current status of orchids with respect to their distribution, conservation, threats and future perspectives of orchids were evaluated.

The sustainable development and its importance in day today activities were analysed and debated.




Head
Department of Botany
Carmel College, Mala
Thrissur, Kerala - 680732

National Seminar 15/12/2022



**PG & Research Department of Botany
Carmel College (Autonomous) Mala**

**National Seminar on
Biodiversity**

Date : 15/12/2022

Time : 11:30 am-3:30 pm

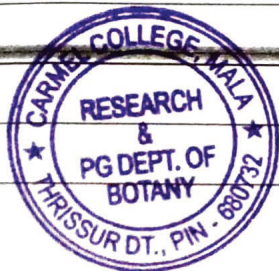
Venue : Audio Visual Hall

Sl. No	Name	Designation	Institution	Sign
1.	Dr. Shinoj K	Asst. Professor	Sree Kavalu Varma College.	
2.	A. yaseen. K. T.	student.	"	
3.	Nuhana Famin. P	"	"	
4.	Naba Basbeer. C	"	"	
5.	Fathima, Kishor	"	"	
6.	Minnu. K. S.	"	"	
7.	Athulya. O. M	Student	M. R. S Asmala	
8.	Melavika M Nair	"	"	
9.	Haritha TM	"	"	
10.	Suathi RK	"	"	
11.	Anusree TK	"	"	
12.	Aswini. S. Gupta	"	"	
13.	Nandana Das. K	"	"	
14.	Sruithi K	"	"	
15.	Ayisha Henna PP	"	"	
16.	Hadhiya AP	"	"	
17.	Fathima Risha	"	"	
18.	Sayyidath Shamila	"	"	

19.	Sumayya XT	"	"	Sumayya
20	Akshaya K.K	"	"	Akshaya
21	Anjali Rajan	Research scholar	casual college	Anjali
22	Kavya Vishnu	"	"	Kavya
23.	Aritha M. A	Research scholar	casual college	Aritha
24.	Gloria Varghese	II Msc Botany	"	Gloria
25.	Sangeetha Jaik	"	"	Sangeetha
26.	Priya Varghese	"	"	Priya
27.	Attira M	"	"	Attira
28.	Vismaya VS	"	"	Vismaya
29	Nimisha N	"	"	Nimisha
30	Vanya M.S	"	"	Vanya
31	Arya Raj.F.R	"	"	Arya
32	Amy Jayachandran	"	"	Amy
33	Megha V.	"	"	Megha
34	Ambili T.V	"	"	Ambili
35	Annette Antony	"	"	Annette
36	Roshni C Venu	III DC Botany	"	Roshni
37	Megha Saji	"	"	Megha
38	Jyothika Sidharthan	"	"	Jyothika
39	Nayana Silpha MT			Nayana
40	Linsa Jose			Linsa
41	Krishnendu A G			Krishnendu
42	Nikhitha T.S			Nikhitha
43	Arathi P.N			Arathi
44	Nandana P.S			Nandana
45	Gayathri S Jayaram			Gayathri
46	T.V Sree lakshmi			T.V
47	Sona Vijay			Sona
48	Sabeeha Basheer.			Sabeeha

49	Anagha V.S	III Bsc - Botany	Conrad college	Anshu
50	Anagha John	"	"	Anagha
51	Fenni Wilson	"	"	Fenni
52	Nandana C	"	"	Nandana
53	Anagha Aravind	II MSc Botany	"	Anshu
54	Groeshma K.S	I st MSc Botany	"	Groeshma
55	Aleena Paruly	"	"	Aleena
56	Arya Gopi	"	"	Arya
57	Megha Mukundan	"	"	Megha
58	Sreeshma Ramesh	"	"	Sreeshma
59	Anjana T.S	"	"	Anjana
60	Aparna N	"	"	Aparna
61	Jayalakshmi	"	"	Jayalakshmi
62	Jesline	"	"	Jesline
63	Amina Parveen.S	"	"	Amina
64	Sneha C.S.	"	"	Sneha
65	Vasna T.P	"	"	Vasna
66	Nandana.K.M	II nd BSC Botany	"	Nandana
67	Anunanda.M.R	"	"	Anunanda
68	Jeni.Rajappan	"	"	Jeni
69	Aryasree C.V	"	"	Aryasree
70	Sobhya banu	"	"	Sobhya
71	Reema K.J	"	"	Reema
72	Southy	"	"	Southy
73	Vrinda	"	"	Vrinda
74	Savarna m.S	"	"	Savarna
75	Devika sadanandan	"	"	Devika
76	Aleena Biju	"	"	Aleena
77	Asna N.N	"	"	Asna
78	Gopika.O.G	"	"	Gopika

79	Parvathy. P	II nd BSc. Botany	"	<u>Parvathy</u>
80	Ajini Raj. K	II nd BSc. Botany	"	<u>Ajini</u>
81	Aswathy PA	"	"	<u>Aswathy</u>
82	Aswathi. AA	II nd BSc Botany	"	<u>Aswathi</u>
83	Arya. K.S	"	"	<u>Arya</u>
84	Ahnya haris	"	"	<u>Ahnya</u>
85	Shreya K S	"	"	<u>Shreya</u>
86	Nimishi P. S	"	"	<u>Nimishi</u>
87	Dr. James	"	"	<u>James</u>
88	Krishnapriya. N. R	"	"	<u>Krishnapriya</u>
89	Ashny. V.V	"	"	<u>Ashny</u>
90	Dr. Geo. Joseph.	Assistant Professor.	Carmel College	<u>Geo.</u>
91	Dr. Bindhu K. B	Asst. Prof.	Carmel College	<u>Bindhu</u>
92	Dr. Shanya Thomas	"	"	<u>Shanya</u>
93	Bincy. Devassy.	Bot. Lab Assistant	"	<u>Bincy</u>
94	Mariya Devassy	Lab Assistant - Botany	"	<u>Mariya</u>
95	Ayana Elma Shaji	Project Assistant	"	<u>Ayana</u>



Bindhu

Head
Department of Botany
Carmel College, Mala
Thiruvananthapuram - 680732



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR-680732, KERALA, INDIA
Re-Accredited by NAAC with A Grade (4 th Cycle)



**DEPARTMENT OF CHEMISTRY
ORGANIZES**

EXHIBITION



Student's Corner



07/06/2022



10 A.M



**Dr.Princy K.G
HOD**

**Dr.Roshini K.T, Dr.Vidya Francis,
Ms.Neethu Sunny & Ms.Ancilyn Antu
Department Coordinators**

**Dr.Sr.Catherine CMC
Principal**

CARMEL COLLEGE (AUTONOMOUS), MALA
Department of Chemistry

Report

Date – 07/06/2022

Time – 10:00 am

Venue – Student's corner

Department of Chemistry conducted a skill exhibition on 7th June 2022 at student's corner. It was organized with the objective of providing a platform for chemistry students to demonstrate their skills and innovation, the exhibition highlighted the diverse range of projects and experiments undertaken by participants. Exhibition was open to all students of the college. Most of the participants were final year UG and PG students of our department.

OUTCOME

The Skill exhibition was a dynamic showcase of the talents, creativity, and knowledge of budding chemists. It also provided an opportunity for students to receive feedback from peers, teachers, and experts, allowing them to identify areas for improvement and refine their skills for future projects.



Prinyk. C.P.
Head
Department of Chemistry
Carmel College (Autonomous)
Mala-680732

CARMEL COLLEGE (AUTONOMOUS), MALA

Department of Chemistry

Exhibition- List of Participants

Date - 08/06/2022

Venue - Student's Corner

Sreetha K A	3 rd BSc Chemistry	<u>Sreetha</u>
Nishapriya Thambi.s	"	Nishapriya
Helen Babu	"	<u>Helen</u>
Muna Abdul Aneez	"	<u>Muna</u>
Anabel Elizabeth Tiji	"	<u>Anabel Elizabeth</u>
Krishnapriya M	"	Krishnapriya
Abiya PJ	"	<u>Abiya</u>
Jasheena PJ	II.M.Sc Chem	Jasheena
Neena Wilson	"	<u>Neena</u>
Ashiba. Anwar KA	"	<u>Ashiba</u>
Anay. C.P	"	<u>Anay</u>
Anjali. P.J	"	<u>Anjali</u>
Neema Joy	"	<u>Neema</u>
Anusree P.S	"	<u>Anusree</u>
Ajillya Devraj	"	<u>Ajillya</u>
Sandna Sabu	"	<u>Sandna</u>
Angel. AS	"	<u>Angel</u>
Ann Theresa Paul	"	<u>Ann Theresa</u>
Dini Paul	"	<u>Dini</u>
Melloymol Javed	"	<u>Melloymol</u>

Sandra Jose
Aswathy M.

I MSc Chemistry

"

~~Sandra Jose~~
Aswathy M.



Princy K G

Dr. PRINCY K G.
ASSOCIATE PROFESSOR & HEAD
DEPT. OF CHEMISTRY
CARMEL COLLEGE, MALA

CARMEL COLLEGE (AUTONOMOUS), MALA

Department of Chemistry

Exhibition- List of Participants

Date - 08/06/2022

Venue - Student's Corner

Sreetha K A	3 rd BSc Chemistry	<u>Sreetha</u>
Nishapriya Thambi.s	"	Nishapriya
Helen Babu	"	<u>Helen</u>
Muna Abdul Aneez	"	<u>Muna</u>
Anabel Elizabeth Tiji	"	<u>Anabel Elizabeth</u>
Krishnapriya M	"	Krishnapriya
Abiya PJ	"	<u>Abiya</u>
Jasheena PJ	II.M.Sc chem	Jasheena
Neena Wilson	"	<u>Neena</u>
Ashiba. Aravind KA	"	<u>Ashiba</u>
Anay. C.P	"	<u>Anay</u>
Anjali. P.J	"	<u>Anjali</u>
Neema Joy	"	<u>Neema</u>
AnuGree P.S	"	<u>AnuGree</u>
Ajillya Devraj	"	<u>Ajillya Devraj</u>
Sandna Sabu	"	<u>Sandna</u>
Angel. AS	"	<u>Angel</u>
Ann Theresa Paul	"	<u>Ann Theresa</u>
Dini Paul	"	<u>Dini</u>
Mellegmol Jasee	"	<u>Mellegmol</u>

Sandra Jose
Aswathy M.

I MSc Chemistry

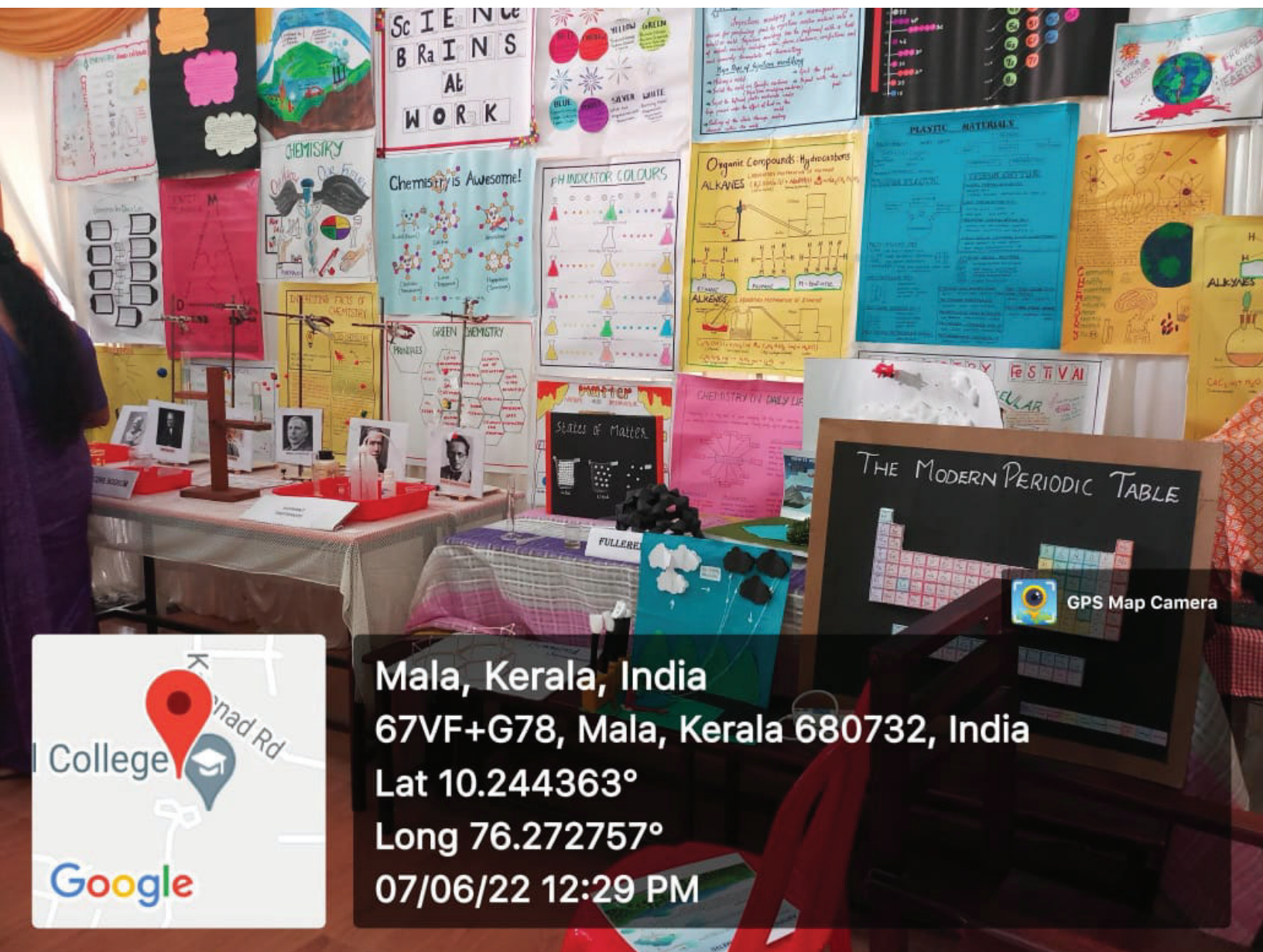
"

~~Sandra Jose~~
Aswathy M.



Princy K G

Dr. PRINCY K G.
ASSOCIATE PROFESSOR & HEAD
DEPT. OF CHEMISTRY
CARMEL COLLEGE, MALA



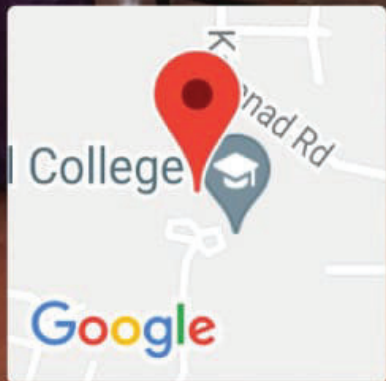
Mala, Kerala, India

67VF+G78, Mala, Kerala 680732, India

Lat 10.244363°

Long 76.272757°

07/06/22 12:29 PM



GPS Map Camera



CARMEL COLLEGE

Mala, Thrissur Dt., Kerala, India-680732

Affiliated to the University of Calicut



IIC Institution's
Innovation
Council

DEPARTMENT OF CHEMISTRY

In collaboration with

IIC (Institution's Innovation Council)

organize

***Prototype validation-
Converting innovation into a start up***

UMBRELLA MAKING

DATE: 8TH JULY 2022

TIME: 2.30 PM

Dr. Princy K.G
Head of the Department

Dr. Bindhu K.B.
President, IIC

Dr. Vidya Francis
Co-ordinator, NISP

Dr. Sr. Catherine cmc
Principal

CARMEL COLLEGE (AUTONOMOUS), MALA

Department of Chemistry

**Prototype Validation – Converting Innovation into a Start-up Umbrella
Making
Report**

Date – 08/07/2022

Time – 2.30pm

Venue – Chemistry Lab

Chemistry Department in association with NISP & IIC organised a training session for students on umbrella making on 8th July 2022 at 2.30 p. m in Chemistry Department. Simon Fraser University defines experiential learning as: *“the strategic, active engagement of students in opportunities to learn through doing, and reflection on those activities, which empowers them to apply their theoretical knowledge to practical endeavours in a multitude of settings inside and outside of the classroom.”* From wholesalers to retailers, individual buyers to onlookers, window shoppers to tourists, the little boulevard is a sea of people engaged with the umbrella business. The focus here is on some of the main ways in which experiential learning can be designed and delivered, with particular respect to the use of technology, and in ways that help develop the knowledge and skills needed in a digital age. The materials required for the workshops have been provided by the department and certificates will be issued to all participants who will successfully complete the training.

Outcome: It helped the students to develop an extra skill apart from chemistry which also help them to earn income.

Dr. Princy K-G-R
Name & signature of
Teacher in charge



Dr. Princy K-G-R
Name & signature of HOD

Dr. PRINCY K.G.
ASSOCIATE PROFESSOR & HEAD
DEPT. OF CHEMISTRY
CARMEL COLLEGE, MALA



DEPARTMENT OF CHEMISTRY



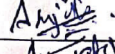



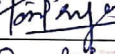
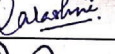



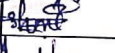
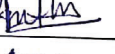

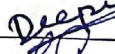

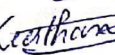


CARMEL COLLEGE, MALA

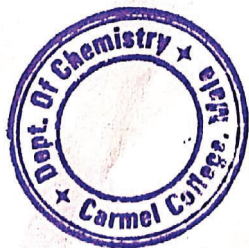
Training on Umbrella Making

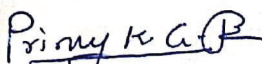
Date: 08/07/2022

Venue: Chemistry Lab


Participant List

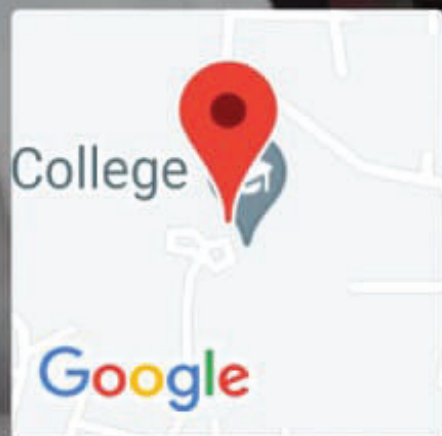
Sl.No	Name of the Student	Class	Signature
1.	ALSHABA M M	II B.Sc.Chemistry	
2.	ANJANA K S	II B.Sc.Chemistry	
3.	ANJU PRAKASH P	II B.Sc.Chemistry	
4.	ARADHYA S	II B.Sc.Chemistry	
5.	ARDRA K B	II B.Sc.Chemistry	
6.	ATHILA V.B	II B.Sc.Chemistry	
7.	HARIPRIYA M H	II B.Sc.Chemistry	
8.	LAKSHMI K V	II B.Sc.Chemistry	
9.	RENI K A	II B.Sc.Chemistry	
10.	SWATHY MP	II B.Sc.Chemistry	
11.	ASHALAKSHMI P	II B.Sc.Chemistry	
12.	ASHMI C B	II B.Sc.Chemistry	
13.	ASWATHY ASOKAN	II B.Sc.Chemistry	
14.	ASWATHY S	II B.Sc.Chemistry	
15.	DEEPIKA DAS	II B.Sc.Chemistry	
16.	HISANA FATHIMA	II B.Sc.Chemistry	
17.	KEERTHANA UNNIKRISHNAN	II B.Sc.Chemistry	
18.	RIYA A R	II B.Sc.Chemistry	
19.	SREENANDANA N R	II B.Sc.Chemistry	




Dr. PRINCY K.G.
 ASSOCIATE PROFESSOR & HEAD
 DEPT. OF CHEMISTRY
 CARMEL COLLEGE, MALA



 GPS Map Camera



Mala, Kerala, India

67VF+G78, Mala, Kerala 680732, India

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Long 76.273014°

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Carmel College, Mala (Autonomous)
Nationally Reaccredited with A Garde in Fourth Cycle

Department of Political Science

Conducting A Seminar on

**Drug Abuse &
Addiction Awareness**



RESOURCE PERSON

Manikandan K

**Inspector, Excise Range
Office Mala**

**Venue:
Kunnathukadu,
Mala**

**Date:
28/07/2022**

Event Coordinator
Ms.Amilsha AA

Ms.Mary Philip
HoD
Dpt. of Political Science

Dr.Sr.Catherine CMC
Principal, Carmel College,
Mala

**Carmel College Mala (Autonomous)
Department of Political Science**

Extension Program Report: Seminar on "Drug Abuse and Addiction Awareness"

As part of the Students' Extension Programme, the Department of Political Science, in collaboration with the Mala Excise Office, conducted a seminar on Drug Abuse and Addiction Awareness at Kunnathukadu Community Hall. The seminar was held on July 28, 2022, at 2.30 PM. The Resource Person of the event was Mr. Manikandan K, Excise Inspector Mala. Mrs. Usha Balan, the Ward member, presided over the seminar. The seminar lasted one hour and included an interactive session between students and excise officers at the end. The seminar was attended by 27 students from the department. The department organised the seminar with the goal of making students aware of the increasing drug use among Kerala's youth, as well as its side effects, how it jeopardises their future and completely destroys their health.

Outcome

The students found the seminar to be interesting and informative, and the interactive session at the end allowed students to mingle with the officers and express their views and opinions about addiction and drug use.



Manjithip
Head



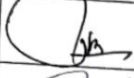
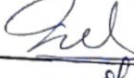
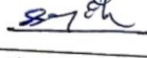
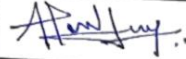



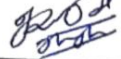
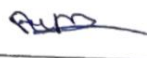




Department of Political Science
Carmel College (Autonomous)
Mala - 680 732

CARMEL COLLEGE MALA
DEPARTMENT OF POLITICAL SCIENCE

Participant List 2022-23

Event: Extension Activity

Date: 28/7/22.

Sl no	Name	Class	Signature
1.	Kanya . K.s, Woman	Civil Exeuse Officer Mala	
2.	Salini .c.s, Woman	Civil Exeuse Officer, Mala	
3.	Mamkondem	Excise Inspector	
4.	Ushakalpu	member. XVII	
5.	Sayiba	III rd BA political science	
6.	Aisha Noushad	III rd BA Political Science	
7.	Shufana Noushad	III rd BA Political Science	
8.	Sunika oc	III rd BA political science	
9.	Sneha U.R	III rd BA Political science	
10.	Sumayya .k.S.	III rd BA Political Science	
11.	Aarye. PB	III rd BA Political science	
12.	ARYA PA	II nd BA political science	
13.	Durga. k.	II nd BA political science	
14.	Aarthira p.s	III rd BA political science	
15.	Saethu M.s	II nd BA political science	

16	Mameesha P.V	3 rd BA political science	Mameesha
17	Mizna K.M	3 rd B.A political Science	Mizna
18	Emiya JOY	3 rd B.A Political science	Emiya
19	Janet Johnson	3 rd BA Political science	Janet
20	Aryanandha v.s	3 rd BA Political science	Arya
21	Rehana.A.A	3 rd BA political science	Rehana
22	Merin Bose	3 rd B.A Political Science	Merin
23	Shilpa Sasi	3 rd BA Political science	Shilpa
24	Suhaila.S	3 rd BA: Political science	Suhaila
25	Reshmi .R	3 rd B.A. Political science	Reshmi
26	Najeetha sidhuk	3 rd BA Political science	Najeetha
27	Suryamal T.S	3 rd BA. Political science	Suryamal

Chel



 GPS Map Camera

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CARMEL COLLEGE
Mala, Thrissur Dt., Kerala, India-680732
Affiliated to the University of Calicut
Re-Accredited by NAAC with A Grade (3rd Cycle)



DEPARTMENT OF CHEMISTRY
organizes a
Training Programme
on
SOAP & DETERGENT MAKING

Date: 2nd June 2022
Time: 2.30 PM

Dr.Princy K.G
HOD

Dr.Vidya Francis
Convener

Dr.Roshini K T
Co-ordinator

Dr. Sr. Catherine CMC
Principal

CARMEL COLLEGE (AUTONOMOUS), MALA
Department of Chemistry

Training on Soap and Detergent Making

Report

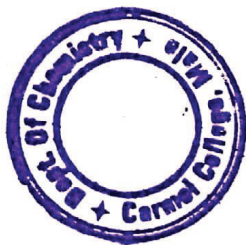
Date – 02/06/2022

Time – 2.30pm

Venue – Chemistry Lab

Department of Chemistry organised a hands on training for students on Soap and Detergent making on 2nd June 2022 at 2.30 p. m in Chemistry Lab. The facilitators were; Staffs of Department of Chemistry, Carmel College, Mala. We mainly using chemicals used in Lab such as Coconut oil, Sodium lauryl sulphate, perfume, Olive Oil etc. for preparing. The participants showed keen interest in the training as they engaged the facilitators in discussions and the ability to prepare soap and detergents on their own under minimum supervision.

Outcome: The training on soap and detergent making enabled the participants to acquire knowledge and ability to prepare quality washing soap, toilet soaps and detergents on their own.



Princy K.A.R

Dr. PRINCY K.A.
ASSOCIATE PROFESSOR, HEAD
DEPT. OF CHEMISTRY
CARMEL COLLEGE, MALA

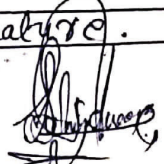
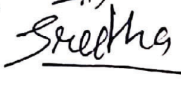
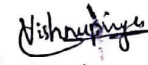

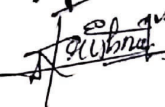
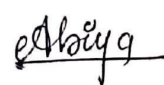
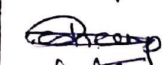



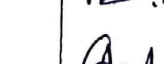
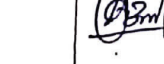







DEPARTMENT OF CHEMISTRY

CARMEL COLLEGE(AUTONOMOUS),MALA

TRAINING ON DETERGENT AND SOAP MAKING

Date: 02-06-2022

Venue: Chemistry lab

Sl. No	Name of the student	class.	Signature
1	Salmiya Amal	111 rd Bsc Chemistry	
2	Sreetha K A	"	
3	Nishrupriya Thambi.s.	"	
4	Henet Babu	"	
5	Krishnapriya M	"	
6	Abiya P J	"	
7	Jasheena.PJ	11. M.Sc chem	
8	Neena Wilson	"	
9	Ashiba.E.A	"	
10	Ancy.C.P	"	
11	Anusree P.S	"	
12	Anjaly.P.J	"	
13	Neema Joy	"	
14	Ajillya Devaraj	"	
15	Melbymal James	"	
16	Sandra Sabu	"	
17	Angel. AS	"	
18	Dini Paul	"	
19	Ann Theresa Paul	"	

20. Sandra Jose

II MSc Chemistry

~~Sandra Jose~~

21. Aswathi, M

"

~~Aswathi M~~



Princy K.G.
Dr. PRINCY K.G.
ASSOCIATE PROFESSOR & HEAD
DEPT. OF CHEMISTRY
CARMEL COLLEGE, MALA



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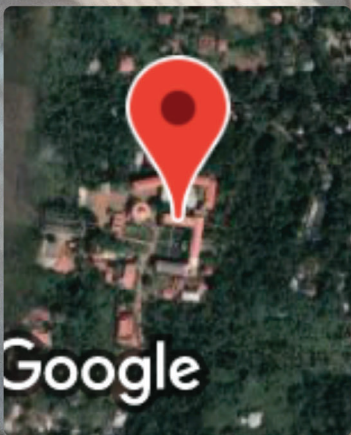
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CARMEL COLLEGE (AUTONOMOUS)

Re-accredited by NAAC WITH 'A' GRADE (IV cycle)
Mala, Thrissur, Kerala 680732

DEPARTMENT OF ZOOLOGY

Cordially invites you to

HELLO PERIODS....

TALK ON MENSTRUAL HEALTH

Discussion on PCOD and it's precautonal
measures

Venue: AUDIO VISUAL HALL

Date: 26 OCTOBER 2022

Time 2:30pm - 3:30pm



**DR.INDUJA I BHMS,SDL
TEACHING FACULTY MEMBER
- THE INSTITUTION OF HOMOEOPATHS
KERALA (IHK)**

Staff coordinators:
Ms. Needhu Das C D
Ms. Gopika V Menon
Ms. Ayrin Jose

Dr.Sr. Rini Raphael
HOD

Dr.Sr. Catherine CMC
Principal

**CARMEL COLLEGE (AUTONOMOUS), MALA
DEPARTMENT OF ZOOLOGY**

HELLO PERIODS

TALK ON MENSTRUAL HEALTH

Date & Time: 26/11/2022, 2:30pm-3:30pm

Venue: Audio visual room

Topic: Talk on Menstrual Health PCOD and its Precautional Measures

Resource Person: Dr. Induja, BHMS, SDDL, Teaching Faculty Member of IHK

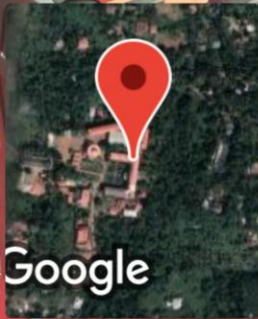
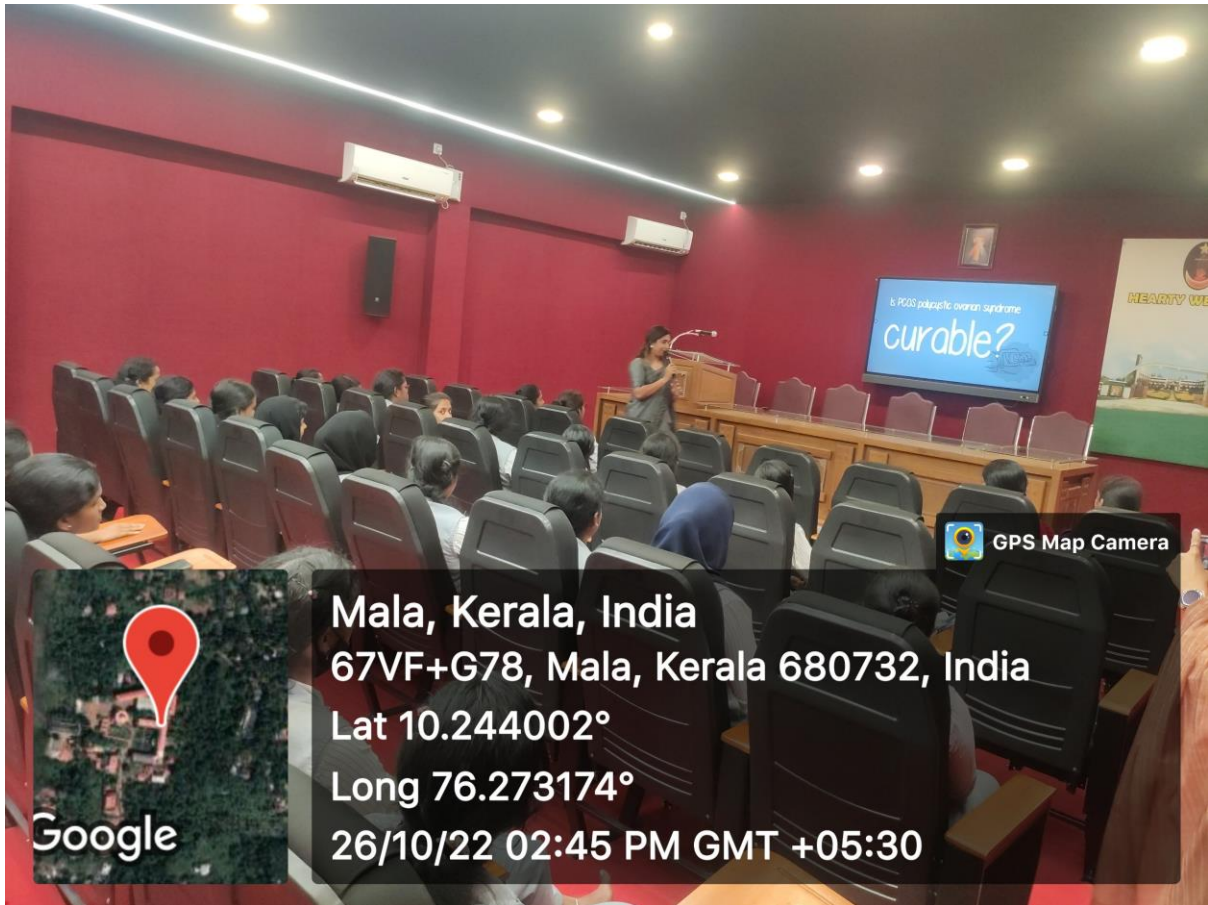
Department of Zoology has conducted a talk “HELLO PERIODS”, a talk on menstrual health PCOD and its precautional measures on 26th October 2022. The session was conducted between 2:30pm-3:30pm. Dona Rose of II DC zoology gave the welcome speech and introduced the resource person Dr. Induja, BHMS, SDDL, Teaching Faculty Member. She is working in the field of health for the past 10 years changing the life of many suffering individuals. She had given an amazing and very informative session for the regarding Periods, PCOD, its causes, precautions and solutions. She discussed about periods and reason for pain and symptoms were we need to consult a doctor. The main discussion was about “WHAT IS PCOD? HOW TO IDENTIFY PCOD? WAYS TO PREVENT PCOD? FOODS TO AVOID FOR A PERSON AFFLICTED WITH PCOD? IT’S FURTHER ISSUES? CAUSES OF PCOD?”. She also discussed the exercises to be done, diet plan, etc. during PCOD. She ended the classes with HOW TO BE PERIOD POSITIVE? She also made the students to do the exercise during the session. The session was very interactive, informative and lively. Vote of thanks was given by NESNI PJ, Association Secretary, II DC Zoology.

Outcomes of the Event


- PCOS can lead to various complications among women, including reproductive (infertility, miscarriage and pregnancy complications), metabolic (obesity, insulin resistance, pre diabetes, type 2 diabetes T2DM) and psychological (anxiety, depression) health aspects. So as a women’s college it is very important for the girls to be aware of PCOD/PCOS.
- Students were able to understand the symptoms, causes and cure of PCOD.
- Pre-teens and teens can develop PCOS. Earlier diagnosis can give them opportunity to better manage the emotional, internal and physical effects of PCOS.
- It can also help them prevent the onset of more serious illnesses related to PCOS.



Induja
Head of the Department
Dept. of Zoology
Carmel College
Mala, Thrissur



Mala, Kerala, India
67VF+G78, Mala, Kerala 680732, India
Lat 10.244002°
Long 76.273174°
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CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

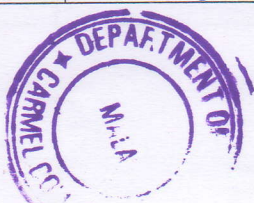
HELLO PERIODS:TALK ON MENSTRUAL HEALTH

Date:26.10.2022

Venue:Audio visual room

Time:2:30pm-3:30pm

Sl No	Name	Department	Signature
1.	Nandana.v.s	Bsc zoology 1 st yr	
2	Gayathri P.T	"	
3.	Aashima .S. Balu	"	
4.	Sreelakshmi .ks	Bsc zoology 3 rd yr	
5.	Aiswarya .T.D	" "	
6	Nandhana Sivadas	" "	
7	Anupriya k.T	" "	
8.	Anjitha T.R	" "	
9.	Akshaya k.s	" "	
10	Nahatha P.V	"	
11	Sneha Sija	"	
12	Rimya P.A	"	
13.	Ameetha k.R	"	
14.	Anju. Joshy	"	
15.	MarwaAbderahiman	"	
16	Amritha sree-S	"	
17.	Dhanya.P.S	"	
18	AISWARIA.V	"	
20	Drisya .M	II nd B.Sc Zoology	
21	Fathima Sherin .p	"	
22.	Aashi Maria Babu	"	
23.	Nandhana C.S	"	
24	Krishna Priya.A	"	
25	Sona Sunny	"	
26	Nesni P.J	"	
27	Princy Prakashan	"	
28.	Khameisha C.N	III rd B.Com Finance	



Head of the Department
Dept. of Zoology
Carmel College
Mala, Thrissur



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala 680732

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In connection with

CANCER AWARENESS DAY

DEPARTMENT OF ZOOLOGY

Is Conducting

"Eyes onto yourself - Early detection for the better prognosis"

» AN AWARENESS TALK ON THE EARLY DETECTION AND PRESENTING SYMPTOMS OF CERTAIN CANCERS FOR THE BETTER TREATMENT AND HEALTH.



09/11/2022

Venue : Auditorium

DR AISHA BISMI SAHEED Time : 2:30 - 3:30
BHMS , M.A (PSYCHOLOGY)

Staff-Coordinators :
Gopika V Menon
Needhu Das C D
Ayrin Jose

Dr.Sr Rini Raphael
HoD

Dr.Sr Catherine CMC
Principal

CARMEL COLLEGE (AUTONOMOUS), MALA
DEPARTMENT OF ZOOLOGY
TALK ON CANCER AWARENESS

Date and time: 9/11/2022 2.30pm-3.30pm

Venue: Auditorium

Topic: Eyes onto Yourself- Early detection for a better prognosis.

Resource person: Dr. Aisha Bismi Saheed

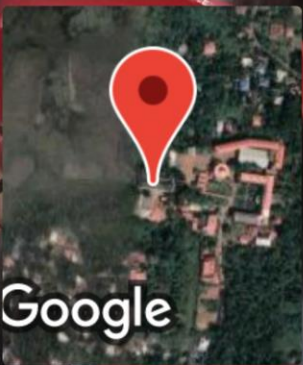
Department of Zoology has conducted an awareness talk on the early detection and presenting symptoms of certain cancers for the better treatment and health on 9 November 2022. The session was conducted between 2.30 pm to 3.30 pm. Aiswaria V of III DC Zoology gave the welcome speech and introduced the resource person Dr. Aisha Bismi Saheed BHMS, MA Psychology. She had given an amazing and informative session for the regarding Cancer. She discussed about cancer especially about breast cancer and its symptoms and how to prevent it. The main discussion was about cancer, common sites, general symptoms, cancer prevention interventions, ways to reduce cancer risk and talks about cervical cancer, breast cancer and tumor makers. She also showed the students how to check cancer in each and everyone's body. The session was interactive and lively. Vote of thanks was given by Aashi Maria Babu, Class representative of II BSc Zoology.

OUTCOMES OF THE EVENT

- Students were able to understand the symptoms of Cancer. It can be early cured after detecting yourself.
- There is a short form for checking breast cancer, and it is TOUCH, LOOK, and CHECK.
- The self-examination of breast cancer is very useful.
- Students could even make their family members aware of these symptoms.



Krinz
Head of the Department
Dept. of Zoology
Carmel College
Mala, Thrissur



Mala, Kerala, India
67VC+5HJ, Mala, Kerala 680732, India
Lat 10.243948°
Long 76.271676°
09/11/22 03:09 PM GMT +05:30

CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

TALK ON CANCER AWARENESS DAY

Date:09.11.2022

Venue:AUDITORIUM

Time:2:30pm-3:30pm

Sl No	Name	Department	Signature
1.	Joiy P.J	Commerce	Joiy.
2.	Nandhana Suresh	Commerce	Nandhana
3.	Dhanya P.D	Commerce	Dhanya
4.	Anjana Jose	"	Anjana
5.	Asha K.A	"	Asha
6.	Ayana Xavier	"	Ayana
7.	Ashna M.A	"	Ashna
8.	Hibha	"	Hibha
9.	Shancy Jose	"	Shancy
10.	Rose Mariya	"	Rose
11.	Missa	M.Com I	Missa
12.	Anakha Sathesh	"	Anakha
13.	Nasrin Farheeth P.m	B.COM FA Ind	Nasrin
14.	P.M Mubeena	"	Mubeena
15.	Anjana K.R.	B.com finance I	Anjana
16.	Alanya BV	"	Alanya
17.	Aiswarya K.S	"	Aiswarya
18.	Vismaya Vinod	"	Vismaya
19.	Aranya T-R	"	Aranya
20.	Akshaya Basanpakumar	"	Akshaya
21.	Ashwini M.V	"	Ashwini
22.	Nuktha Maria Baby	II BCOM FINANCE	Nuktha
23.	Sruthy krishner k.v	"	Sruthy
24.	Anjana N.B	"	Anjana
25.	Sneha V	"	Sneha
26.	Gopika VS	" CA	Gopika
27.	Ajanya P.U	"	Ajanya
28.	Aiswarya sakesh	"	Aiswarya
29.	Sneha Varghese	"	Sneha
30.	Aleena Joy	"	Aleena
31.	Arya P.S	"	Arya



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

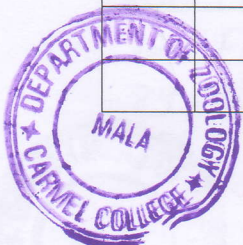
TALK ON CANCER AWARENESS DAY

Date:09.11.2022

Venue:AUDITORIUM

Time:2:30pm-3:30pm

SI No	Name	Department	Signature
33	Simple Babu	B.voc Agriculture	
34	Aswari T.S	Ist Bcom Finance	
35	Anchara P.S	Ist Bcom co-op	
36	Anusha P.S	Ist Bcom Finance	
37	Aswathy V.B	Ist Bcom Finance	
38	Bhavana P.S	"	
39	Azeena Paul Pallippatt	I B.Sc. chemistry	
40	Keethamer K.B	I. B.Sc. chemistry	
41	Anishmer M.S	"	
42	Melna varghese	"	
43	Laya K. B	"	
44	Azra K.S	"	
45	Ajajalameeth	"	
46	Rakhi Raju	BBA I	
47	Vismaya N.K	BBA I	
48	Meghana P.P	Ist Bsc chemistry	
49	Carmel Lonase Simethy	"	
50	Muna Abdul Azeez	III rd Bsc. chem	
51	Anabel Elizabeth jijn	III " "	
52	Aina Babu	"	
53	Henel Babu	"	
54	Khadeeja T.S	Ist Bsc chemistry	
55	Sayana K.S	"	
56	Athika Thasneem m.m	"	



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

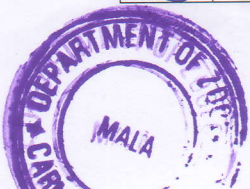
TALK ON CANCER AWARENESS DAY

Date:09.11.2022

Venue:AUDITORIUM

Time:2:30pm-3:30pm

Sl No	Name	Department	Signature
57	Fathima Meharban	II nd B.Com C.A	
58	Mubashira	"	
59	Adhila Irkara	"	
60	Nimesha	" Finance	
61	Devika T.L	I B.Com Cooperation	
62	Hisara Thekshān V.M	" " "	
63	Mariya Michael	I B.com finance	
64	Adithya N S	I B.com finance	
65	Sivaganga V.R	I st Bcom Cooperation	
66	Hari Praya P.V	I st Bcom Cooperation	
67	Nanya K.S	I st Bcom Finance	
68	Sara Paul	I st Bcom finance	
69	Aranthiker Nath	" Cooperation	
70	Abhirami Bipish	" Finance	
71	Shahma Nasrin.M.S	I st Bcom Cooperation	
72	Nishana N.A	"	
73	Fathimath Swalihan V.M	"	
74	Anitta Davis	III B.voc AT	
75	Aleena Thomas	"	
76	Sukanya	"	
77	Haya Rose Shaji	I Bsc. Applied physics	
78	Akshara Rajesh	"	
79	R. Gouri Krishna	I B.Voc Agriculture	
80	Snruha	"	
81	Devika	"	
82	Akshaya	"	
83	Archa	"	



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

TALK ON CANCER AWARENESS DAY

Date:09.11.2022

Venue:AUDITORIUM

Time:2:30pm-3:30pm

Sl No	Name	Department	Signature
120	Dona Rose M R	II BSc Zoology	
121	Krishnapriya A	II BSc Zoology	
122	Nandhana C S	II BSc Zoology	
123	Nandana Sivasdas	III BSc Zoology	
124	Sreedharshmi K S	III BSc Zoology	
125	Aiswarya T D	III BSc Zoology	
126	Anusha S	III BSc Zoology	
127	Almeesha KR	III BSc Zoology	
128	Rishmiya	III rd BSc Zoology	
129	Sneha Siju	III rd BSc Zoology	
130	Morwa Abdulrahiman)	
131	Amritha Sree-S	III rd BSc Zoology	
132	Anju Joshy	III rd BSc Zoology	
133	Anupriya K-J	" "	
134	Ajitha T.R	" "	
135	Lindze MR	" "	
136	Smritha K	" "	
137	AISWARIA V	" "	
138	Princy Prakashan	II nd bsc zoology	
139	Sona Sunny)	
140	Aroondhathi G.K	II nd M.sc. Maths	
141	Dhanya P.S	III rd BSc Zoology	
142	Nahala P.V.	"	
143	Aashi Maria Babu	II nd Bsc Zoology	



Head of the Department
Dept. of Zoology
Carmel College
Mala, Thrissur



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR, KERALA 680732

Re-Accredited by NAAC with 'A' grade (IV cycle)

DEPARTMENT OF ZOOLOGY

Is conducting

GUIDANCE AND COUNSELING SESSION ON

*BRINGING LIGHTS TO
IGNORANCE*



HARITHA. P. NAIR

M. Sc , B. Ed , M. Ed (pursing)

"INDIAN BOOK OF RECORD WINNER"

DATE - 21 / 12 / 2022
VENUE - ZOOLOGY LAB
TIME - 2:30

Staff-Coordinators :

Gopika V Menon
Needhu Das C D
Ayrin Jose

Dr.Sr Rini Raphael
HoD

Dr.Sr Catherine CMC
Principal

CARMEL COLLEGE (AUTONOMOUS),MALA
DEPARTMENT OF ZOOLOGY
BRINGING LIGHTS TO IGNORANCE

Date & Time: 21/12/2022; 2.30 pm

Venue : Zoology Lab


Topic : Bringing Lights to Ignorance.

Department of Zoology, had conducted a guidance and counseling session on 'Bringing Lights to Ignorance' on 21st December 2022 at 2.30 at the Zoology lab. The resource person was Haritha P Nair (M.Sc., B.Ed., and M.Ed.). She is our alumnae and Indian Book of Record Winner. Aiswaria.V of III BSc Zoology had welcomed the gathering. The session was a fruitful one. She explained the importance of making an ambition or goal in our life. She make us to take a goal and its ways to achieve it were very well explained during the session. She is a highly motivated person who gave us a motivation to achieve our goal. She said to us that to achieve our goal is the right time to work for it. It was an Informative and interesting class. Vote of thanks was given by Aashi Maria Babu, class representative of II BSc Zoology.


Outcomes of the Event

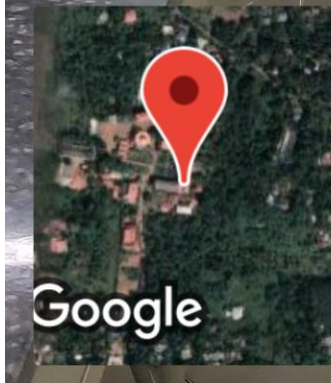
- The session provided the knowledge and skill to stay calm in the exam times.
- Enhanced the confidence level to attend the competitive exams with proper knowledge.
- The session make us to make a goal in life.




Head of the Department
Dept. of Zoology
Carmel College
Mala, Thrissur



 GPS Map Camera



Mala, Kerala, India
67VF+G78, Mala, Kerala 680732, India
Lat 10.243546°
Long 76.273114°
21/12/22 02:52 PM GMT +05:30

CARMEL COLLEGE (AUTONOMOUS), MALA

DEPARTMENT OF ZOOLOGY

BRINGING LIGHTS TO IGNORANCE

Date:

Venue:

Time:

Sl.No.	NAME OF THE STUDENT	DEPARTMENT	SIGNATURE
1	Nahala P.V	Dept. Zoology	<i>[Signature]</i>
2	Amritha sree . S	"	<i>[Signature]</i>
3	Marwa.	"	<i>[Signature]</i>
4	Rismiya	"	<i>[Signature]</i>
5	Dhenya	"	<i>[Signature]</i>
6	Ameesha .KR	"	<i>[Signature]</i>
7	Sneha Siju	"	<i>[Signature]</i>
8	Ariwalya V	"	<i>[Signature]</i>
9	Nandana Sivaoleu	"	<i>[Signature]</i>
10	Ariwalya T.D	"	<i>[Signature]</i>
11	Sreelakshmi K S	"	<i>[Signature]</i>
12	Rajanna Joy	"	<i>[Signature]</i>
13	Anuha .S	"	<i>[Signature]</i>
14	Ansitha .TR	"	<i>[Signature]</i>
15	Sarika	"	<i>[Signature]</i>
16	APARNA .PK	"	<i>[Signature]</i>
17	Lindze .MR	"	<i>[Signature]</i>
18	AnuPriya .KJ	"	<i>[Signature]</i>
19	Niranjan	"	<i>[Signature]</i>
20	Anju .Joshu	"	<i>[Signature]</i>
21	Akshaya .K.S	"	<i>[Signature]</i>
22	Drisy .M	"	<i>[Signature]</i>
23	Fathima Shreem.p	"	<i>[Signature]</i>
24	Anelatha . P.V	"	<i>[Signature]</i>
25	Nesni PJ	"	<i>[Signature]</i>
26	KRISHNA PRIYA . A	"	<i>[Signature]</i>
27	Nandhana C.S	"	<i>[Signature]</i>
28	Dona Rose	"	<i>[Signature]</i>
29	Sona Sunny	"	<i>[Signature]</i>
30	Princi prakasan	"	<i>[Signature]</i>
31	Aashi Maria Babu	"	<i>[Signature]</i>



[Signature]
 Head of the Department
 Dept. of Zoology
 Carmel College
 Mala, Chussu



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR, KERALA 680732
AFFILIATED TO UNIVERSITY OF CALICUT
RE-ACCREDITED BY NAAC WITH 'A' GRADE (FOURTH CYCLE)

In connection with
MOSQUITO DAY

DEPARTMENT OF ZOOLOGY

Organizing
"DRY DAY"

Venue : Carmel College premises

Date: 26/08/2022

Time: 2.30

Dr. Sr. Rini Raphael
HOD

Dr. Sr. Catherine
Principal

**CARMEL COLLEGE (AUTONOMOUS), MALA
DEPARTMENT OF ZOOLOGY**

WORLD MOSQUITO DAY

Date & Time: 26/08/2022, 2:30pm.

Venue: Carmel College Campus.

Activity: Dry Day celebration.

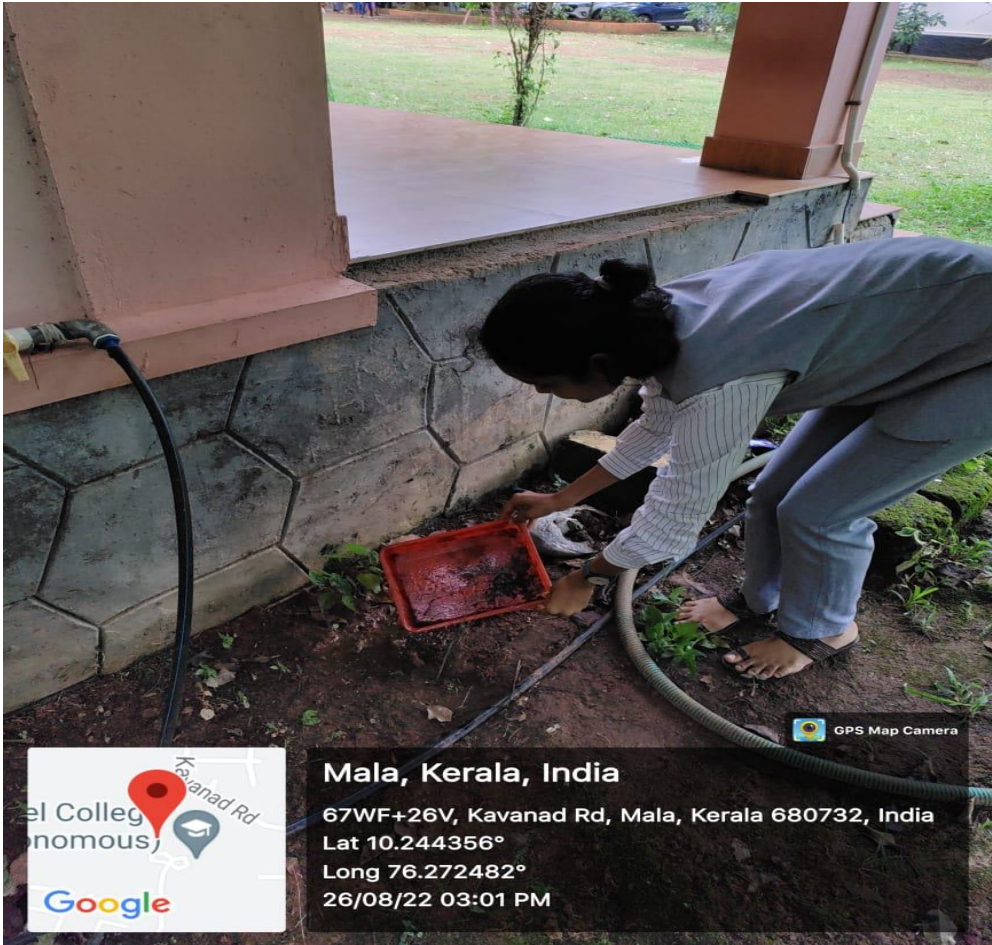
In connection with World Mosquito Day on August 20, Department of Zoology has observed "Dry Day" on August 26th, 2022. It was a one-hour interdepartmental programme. It was inaugurated by the HOD of Zoology, Dr. Sr. Rini Raphael. An introduction speech was given by the association secretary of Zoology, Nesni P.J. followed by HOD's talk on the significance of Dry Day. A short quiz was conducted among the students to evaluate their knowledge about mosquitoes. Then the students were divided into two groups and were sent to check, if there were any water collected in plastic bottles, tyres or anywhere around the college which will be the breeding place for mosquitoes. They cleaned the surrounding areas. There were 29 participants. The purpose of the programme is to raise awareness among the youth about the causes of malaria and how it can be prevented. Students actively participated and were able to understand the preventive measures to avoid diseases caused by mosquito bite.

OUTCOME

- Students were able to understand the importance of cleaning surrounding areas where there is a chance for mosquitoes to lay eggs.
- They got an idea about the diseases which can be transmitted through mosquito vector.
- They also understood the ways to avoid mosquitoes.



Rini
Head of the Department
Dept. of Zoology
Carmel College
Mala, Thrissur



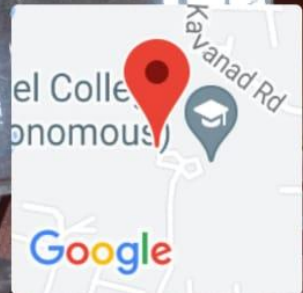
GPS Map Camera



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67WF+26V, Kavanad Rd, Mala, Kerala 680732, India
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Long 76.272482°
26/08/22 03:01 PM



GPS Map Camera



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67VF+G78, Mala, Kerala 680732, India
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Long 76.272338°
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CARMEL COLLEGE (AUTONOMOUS), MALA

DEPARTMENT OF ZOOLOGY

DRY DAY

Date : 26/08/2022

Venue : carmel college,

Time : 2-30 pm

Sl. No	Name	Department	Signature
1.	Sreelakshmi o.s	II nd BA.FE	Lachy
2.	Ayana Anil	II nd BA.F.E	Aya
3.	Ansuya.K.A	II nd BA.FE	Anaya
4.	Krishna priya.m.s	»	KP
5.	Rismita.P.A	III rd BSC.Zoology	Rismita
6.	Sneha Soju	"	Sneha
7.	Sreelakshmi.k.s	"	Sreelakshmi
8.	Answarya.T.D	"	Answarya
9.	Anju.Joshy	"	Anju
10.	AISWARIA.V	"	Aiswaria
11.	Almeesha.KR	"	Almeesha
12.	Akshaya k.s	»	Akshaya
13.	Lindze MR	"	Lindze
14.	Anupriya k.J	"	Anupriya
15.	Dhanya.P.S	"	Dhanya
16.	Nahala P.V	"	Nahala
17.	Marwa	"	Marwa
18.	Amritha Sree-S	"	Amritha





CARMEL COLLEGE (AUTONOMOUS)

Re-Accredited by NAAC with 'A' grade (IV cycle)

Mala, Thrissur Kerala 680732

In connection with first aid day
Department of Zoology
Organizing
An awareness session on,
**FIRST AID,
DISASTER MANAGEMENT &
FIRE-FIGHTING TECHNIQUES**

Time : 02:30 PM to 04:00 PM

Venue : College Auditorium

Date : 16 September 2022



Resource persons :- Fire officers from
Mala Fire station



SYAMKUMAR M P
FIRE AND RESCUE OFFICER

SULFIKKAR B
FIRE AND RESCUE OFFICER



Staff-Coordinators :

Gopika V Menon

Needhu Das C D

Ayrin Jose

Dr.Sr. Rini Raphael

HoD

Dr.Sr Catherine CMC

Principal

**CARMEL COLLEGE (AUTONOMOUS), MALA
DEPARTMENT OF ZOOLOGY**

AWARENESS CLASS ON FIRST AID

Date & Time: 16/09/2022, 2:30 pm

Venue: College Auditorium

Topic: First aid, Disaster management and Fire Fighting Techniques

Resource persons: Fire and Rescue officers from Mala station

Department of Zoology, as part of first aid day, has conducted an awareness session on the topic "First aid, Disaster management and Fire Fighting Techniques" on 16th September, 2022. Aashi Maria Babu of II DC Zoology welcomed the resource persons, Syamkumar M P and Sulfikkar B, Fire and Rescue officers from Mala fire station. The session was conducted during 2:30 pm to 4:00 pm. They explained the first aid methods and demonstrated the ways to help a person during choking. Gas leakage issues and its precautional measures were very well explained during the session. They described and demonstrated Cardiopulmonary resuscitation (CPR) which is an emergency life saving procedure performed when the heart stops beating. Training in CPR was also given to students which boosted their confidence in the same. There were 311 participants from various departments of our college.

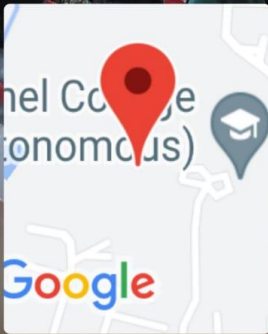
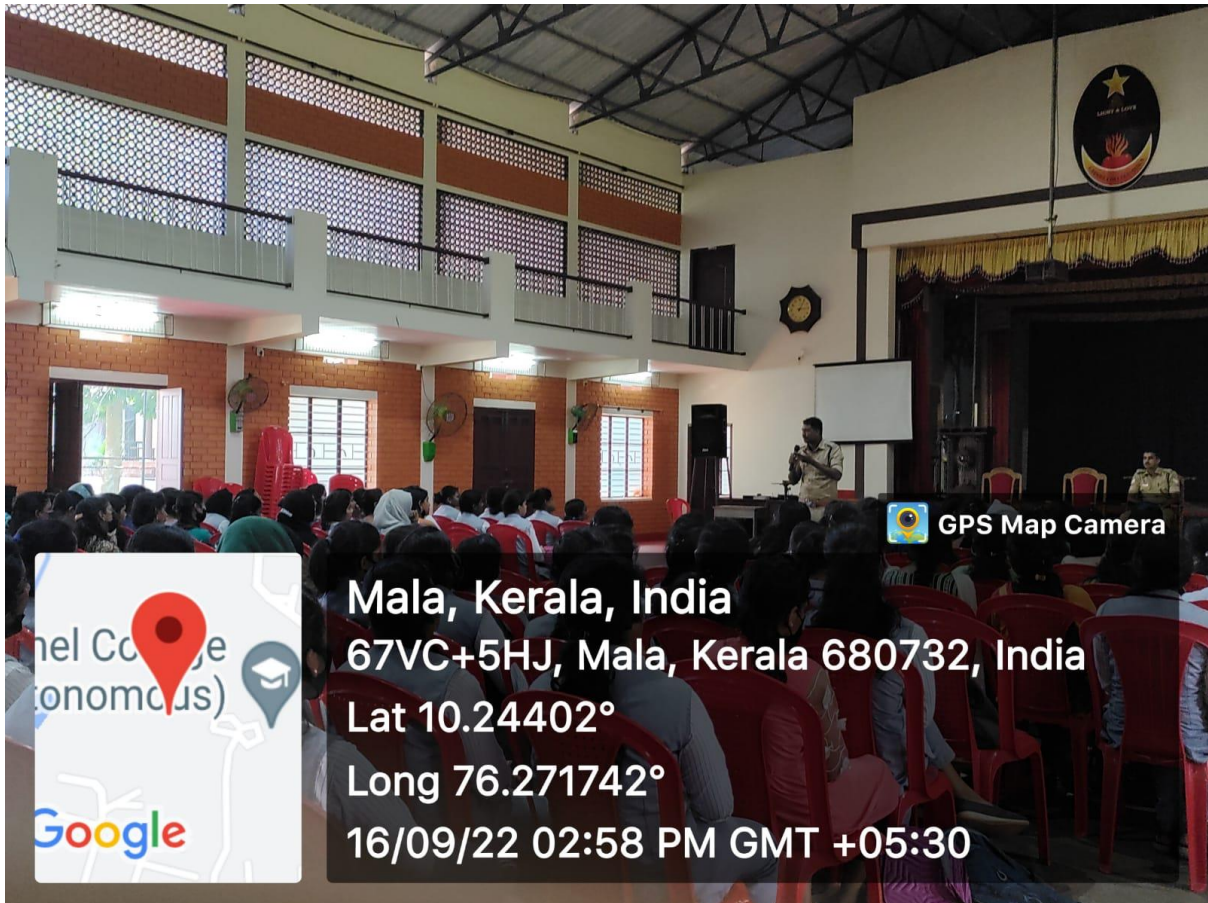
It was an informative and interesting class and demonstrations helped students to understand the better methods to save lives during emergency situations. Vote of thanks was given by Nesni PJ, Association Secretary, Department of Zoology.

Outcomes of The Event

- CPR training during the session provided the knowledge and skill to stay calm during medical emergency and help a person in need with presence of mind.
- Enhanced the confidence level to attend the emergency situations with proper knowledge.
- The session provided training to be socially committed as volunteers during disasters and life threatening emergency situations.

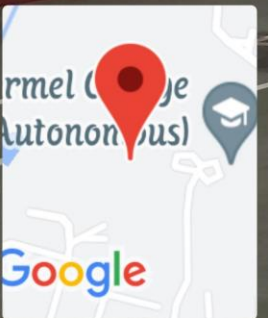


Prinr
Head of the Department
Dept of Zoology
Carmel College
Mala, Thrissur



Mala, Kerala, India
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Long 76.271742°
16/09/22 02:58 PM GMT +05:30

GPS Map Camera



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67VC+5HJ, Mala, Kerala 680732, India
Lat 10.243914°
Long 76.271698°
16/09/22 03:27 PM GMT +05:30

GPS Map Camera

CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

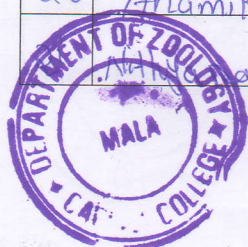
FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
1.	Remeya Roy	B.sc Maths	
2.	Anna prasada n	B.sc Maths	
3.	Lissiya Michael	B.sc Maths	
4.	Jisna sojan	B.sc Maths	
5.	LITHIYA C.M	BSC BOTANY	
6.	Fathima ps	B.sc Botany	
7.	Silpa p.k .	2 nd m.sc maths	
8.	Priyanka k.F	2 nd msc Maths	
9.	Milasha David	2 nd BA Sociology	
10.	Bindiya .cv	2 nd BA Sociology	
11.	Aswari k.T	II BA Sociology	
12.	Meeraja . R.J	2 nd BA Sociology	
13.	Angu Menambury	2 nd BA Sociology	
14.	Shalijamol M.S	BSC Applied Physics	
15.	Aleena John	BA Political Science	
16.	Diana	BA Sociology	
17.	Aswini Radhakrishnan	1 st B-sc Botany	
18.	Sreedakshmi .T.R	1 st Bsc Botany	
19.	Vineetha .B	1 st Bsc Botany	
20.	Anamika .M.P.J	3 rd B.A sociology	
	amakarishnan	3 rd B.A sociology	



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
22	Sreekutty C.V	Commerce I.M.com	<u>Sreekutty</u>
23	Rose Mariya K.I	"	<u>Rose Mariya</u>
24	Shaney Jose	"	<u>Shaney</u>
25	Anjana Jose	"	<u>Anjana</u>
26	Nandhana Suresh	"	<u>Nandhana</u>
27	Fathima K.S	"	<u>Fathima</u>
28	Hibha	"	<u>Hibha</u>
29	Ayana Xavier	"	<u>Ayana</u>
30	Priya T.R	MA - Sociology	<u>Priya</u>
31	Archana K.R	"	<u>Archana</u>
32	Kavya Surendran	"	<u>Kavya</u>
33	Geeethu M.S	"	<u>Geeethu</u>
34	Arantika Nath	1 st beam cooperation	<u>Arantika</u>
35	Abirami Bibish	1 st beam finance	<u>Abirami</u>
36	Ashna M.A	1 st Mcom Finance	<u>Ashna</u>
37	Aha K.A	1 st M.com Finance	<u>Aha</u>
38	Anjitha M.S	1 st Mcom Finance	<u>Anjitha</u>
39	Anusree D	1 st MA Integrated Soc	<u>Anusree</u>
40	Sneha K	"	<u>Sneha</u>
41	Anand	I BSc A Physics	<u>Anand</u>
42	Rose shaji	"	<u>Rose</u>



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
43	Anishma M.S	1 st yr BSC-chemistry	<u>Anishma</u>
44	Melna Varghese	"	<u>Melna</u>
45	Visniya Wilson	"	<u>Visniya</u>
46	Keerathana	"	<u>Keerathana</u>
47	Sayana	"	<u>Sayana</u>
48	Laya K.B	"	<u>Laya</u>
49	Khadeeja	"	<u>Khadeeja</u>
50	Bhanya Balu	BA functional English	<u>Bhanya</u>
51	Maneesh a.m	"	<u>Maneesh</u>
52	AISWARYA.K.M	I st M.A ENGLISH	<u>Aiswarya</u>
53	ARCHANA	"	<u>Archana</u>
54	MIBIA MARTIN	"	<u>Mibia</u>
55	Afza faooban	2 nd Bcom finance	<u>Afza</u>
56	Husna K.M	"	<u>Husna</u>
57	Apsya P.S	1M.A History	<u>Apsya</u>
58	Anaswara P.R	"	<u>Anaswara</u>
59	Faiba k.m	"	<u>Faiba</u>
60	K.S.srecha	"	<u>K.S.srecha</u>
61	Athira C.V	"	<u>Athira</u>
62	Akshara Suresh	"	<u>Akshara</u>
63	Akshmy ob	"	<u>Akshmy</u>



CARMEL COLLEGE(AUTONOMOUS),MALA

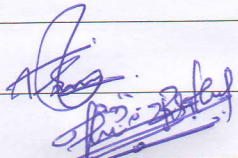
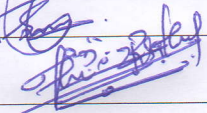
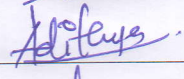
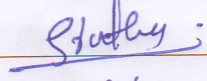
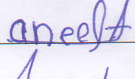
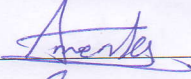
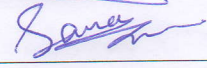
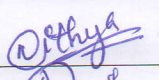
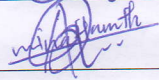




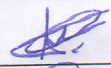
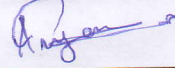
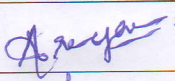
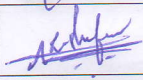
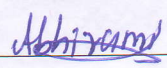


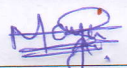
DEPARTMENT OF ZOOLOGY

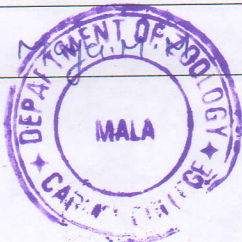
FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
64	ASHMIKA KRISHNA	B.com Finance	
65	Durga V's	B.com Finance	
66	Adithya + Lalu	"	
67	Study P.m	"	
68	Aleena Rose Roy	BA Sociology	
69	Amenta Joseph	BA Sociology	
70	Sana	III rd B.sc-Applied physics	
71	Nithya	"	
72	Amina Hannath	"	
73	Sajna k.m	"	
74	Fathima P's	"	
75	Mary. Alina	"	
76	Numeena Shireen	I nd Bcom Finance	
77	AVINA Balachandran	I nd Blom - co-operation	
78	Anjana P's	"	
79	Aiya xandha p.u	B.com - Corporation ^{1st}	
80	Al-shifa c's	"	
81	Abhirami Murali	2 nd BA Political Science	
82	Jwala K.B	"	
83	Nandana.T.A	II BA Functional English	
84		II BA FE	



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

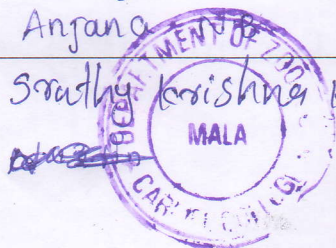
FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
85	Nandana Sivadas	Bsc. zoology	<u>Nandana</u>
86	Sreedakshmi K.S	Bsc. Zoology	<u>Sreedakshmi</u>
87	Aiswarya T.D	Bsc. Zoology	<u>Aiswarya</u>
88	Amsithasree	Bsc. Zoology	<u>Amsitha</u>
89	Nahala P.V	Bsc Zoology	<u>Nahala.P.V</u>
90	Maswa	Bsc. Zoology	<u>Maswa</u>
91	Dhanya	Bsc- Zoology	<u>Dhanya.P.S</u>
92	Sneha Siju	Bsc Zoology	<u>Sneha</u>
93	Ameetha	Bsc zoology	<u>Ameetha</u>
94	Rismya	Bsc Zoology	<u>Rishma</u>
95	Nandhana K.J	II B.com CA	<u>Nandhana</u>
96	Laya AL	II B.com. CA	<u>Laya</u>
97	Adhila Infana	II B.com CA	<u>Adhila</u>
98	Mubashura N.A	II nd B.com CA	<u>Mubashura</u>
99	Fathima Meharban	II nd B.Com CA	<u>Fathima</u>
100	Nandhana Suresh	BSC Botany 1 st	<u>Nandhana</u>
101	Suhaila -T	BSc botany 1 st	<u>Suhaila</u>
102	Rithu Rose A.J	Bsc Botany 1 st	<u>Rithu</u>
103	Nikitha Maria Baby	B.COM Finance 2 nd	<u>Nikitha</u>
104	Ajanya p.u	"	<u>Ajanya</u>
105	Angana	"	<u>Angana</u>
106	Srathy Krishner K.V	"	<u>Srathy</u>



CARMEL COLLEGE(AUTONOMOUS),MALA



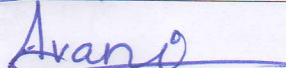
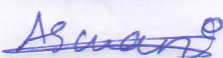

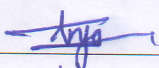
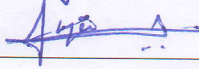

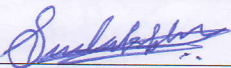
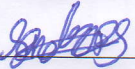
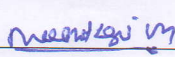
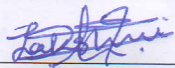
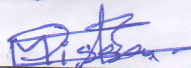
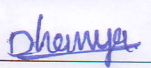
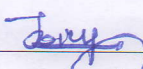
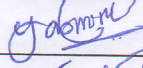
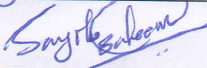
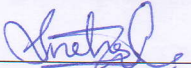
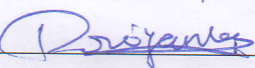
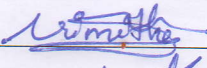

DEPARTMENT OF ZOOLOGY

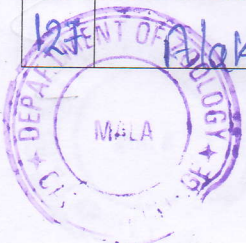
FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
107	Aswathy vs	II nd BA sociology	
108	Ardhra	"	
109	Anani k.s	"	
110	Aswani k.c	"	
111	Aiswarya	3 rd zoology	
112	Anju. Joshy	"	
113	Anjana .s	I st B.voc fashion Texn.	
114	Vaasha .G	"	
115	Sreelakshmi.T	II nd BA Sociology	
116	sandra P.s	"	
117	meenakshim	"	
118	Lakshmi N.s	1 st Mcom	
119	Missa Baber	1 st Mcom	
120	Dhanya P.D	1 st m.com	
121	Jincy P.J	1 st M.com	
122	Sajna Yasmine	II nd BA Political Science	
123	Sayba Sakem	II nd BA Political Science	
124	Shruha v.s	II nd B.com Finance	
125	Priyanka o.p	"	
126	Nimitha C.G	"	
127	Abhakaranda.A	"	



CARMEL COLLEGE(AUTONOMOUS),MALA

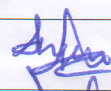

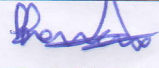
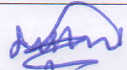
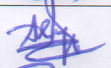


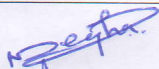
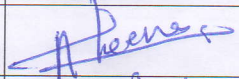



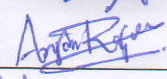
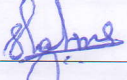
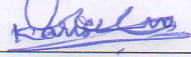
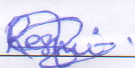
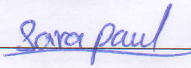
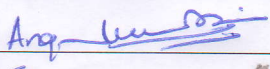
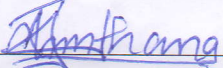
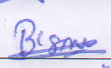
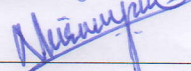
DEPARTMENT OF ZOOLOGY

FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
128	Anjana. V B	I st MA sociology	
129	Vismaya. P S	"	
130	Bhavana. Mrs	"	
131	Jishmi Biju	"	
132	Arya Remesh	"	
133	naviya Joshua Johny	"	
134	Roshmi C Venu	3 rd year botany	
135	Meegha Saji	"	
136	mary Aleena	I st MA sociology	
137	Ashitha	I st MA sociology	
138	Adithya Sekhar T	I st BSI Maths	
139	Simple Babu	I st B.Voc Agriculture	
140	Anjana MR	"	
141	Shahma T S	I st M.A ENGLISH	
142	KARISHMA E.A	I st M.A ENGLISH	
143	Resmi N.R	1 st Bcom Cop	
144	Sara paul	1 st Bcom Finance	
145	Angel Biju	II nd B.com Finance	
146	Keerthana. K.U	"	
147	Bisma. K.B.	"	
148	Pranika	III Bsc Zoology	



CARMEL COLLEGE(AUTONOMOUS),MALA


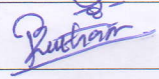



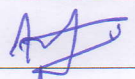
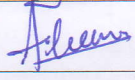
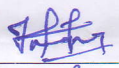

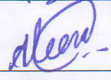
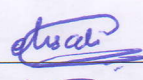
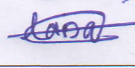
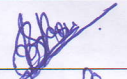
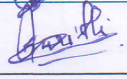
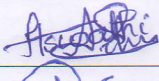
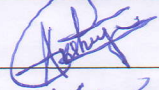
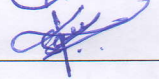
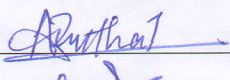
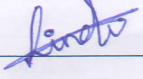

DEPARTMENT OF ZOOLOGY

FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
149	KRISHNA HARIDAS	BSc . MATHEMATICS	
150	Keerthana.K.V	Bsc . mathematics	
151	Silpa C.T	B.Sc Mathematics	
152	Dinaya Davis	B.sc Mathematics	
153	Shamini shaju	B.sc Mathematics	
154	Anya Vllas	Dnd B-Lens Finance	
155	Aluna Joy	"	
156	Anagha M.A	"	
157	Aleena Titus	"	
158	Aleena JoJo	"	
159	Amsalishaju	"	
160	Lana K.S	MA History	
161	SONA SONJUN	"	
162	Smrithi	Msc Maths	
163	ASWATHI REMESH	Msc Mathematics	
164	Akshaya K.S	BSc zoology	
165	Sarika K	"	
166	Anjitha T.R	"	
167	Lindze MR.	"	
168	PJ	"	
169	Aashi Maria	"	



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

FIRST AID DAY(FIRE&SAFETY)

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TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
170	Devika P.D.	III rd Bsc Mathematics	
171	C.R Aswathy	"	
172	Anjima K Joy	"	
173	Angel Joseph	"	
174	Anna Joy	"	
175	Abhina .S. Babu	I st Bsc zoology	
176	Jamol. Biju	III rd BA sociology	
177	Sreelakshminimohanam	"	
178	DEVIKA P KRISHNAN	III rd BA Functional English	
179	Vijaynani D	"	
180	AKshara Remesh	"	
181	M ^{uh} Ma ina P.M	"	
182	Fidha Rasheed	BA functional english	
183	Anusha R	"	
184	Lakshmi priya	"	
185	Esha Essath NC	"	
186	Greethanyali K. R	"	
187	Nandana Viju	III rd BVoc. Agriculture	
188	Medha.C.Mukundan.	"	
189	Vijisha.C.M.	"	
190	Meenakshani.V.P.	"	



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
191	Anjana U.J	Botany	Anjanah
192	Arqa Gopi	"	Arqa
193	Alma Rose	"	Alma Rose
194	Sreeshma Ramesh	"	Sreeshma
195	Adhithya E.R	Physics	Adhithya
196	Pranaya Sajeevan	1st B.com (co-operation)	Pranaya
197	Aleena John	III Bsc. Applied physics	Aleena
198	Anna P.A	"	Anna
199	Krishnaveni T.S	"	Krishnaveni
200	Aparnika A.C	BA English	Aparnika
201	Nehal Naseer	"	Nehal Naseer
202	Sona Vijo	"	Sona
203	Noofira	"	Noofira
204	Manseera K.V	B.S.C. Mathematics	Manseera
205	Shelba Vasu	"	Shelba Vasu
206	Adithya N.S	1 st year B.com finance	Adithya
207	Hisana Thehsin V.M	1 st year B.Com Cooperation	Hisana
208	Anusha P.J	1 st year B.com Finance	Anusha
209	Devika T.L	1 st year B.com cooperation	Devika
210	Anagha K.B	1 st year B.com cooperation	Anagha K.B
211	Keethana M.D	"	Keethana



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
212	Breelakshmi M.H	1 st BA Sociology	
213	Adhithya M.L	1 st BA Sociology	
214	Sandra V.Vinod	1 st BA Sociology	
215	Abhirami.A.P	II-MA History	
216	Mullina JB	II MA History	
217	Vinaya VM	1 st BA Sociology	
218	Nima K.c	1 st BA Sociology	
219	MOUZA MEHRIS	1 st BA Sociology	
220	Greeshma.G	"	
221	Aiswarya Kc	B.VOC Agriculture	
222	Anna Davis	"	
223	Mariya michael	1 st B.com Finance	
224	Fahimath Shifana OA	1 st Bsc zoology	
225	Akasha shayu	1 st BA sociology	
226	Diya Dayana Thomas	1 st BA sociology	
227	Meghna Marst	1 st BA sociology inter	
228	Shahana Bashees.	1 st BA Sociology	
229	Baina KB	B.com-co-op	
230	Anitta NB	B.com co-op	
231	Vareba Varghese	B.com Finance	
232	Divyanga V.R	1 st B.com co-operation	



CARMEL COLLEGE(AUTONOMOUS),MALA

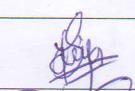
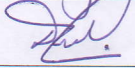

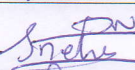

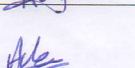
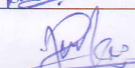
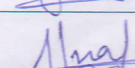
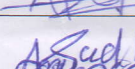
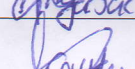
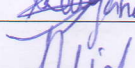
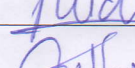
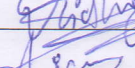
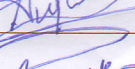
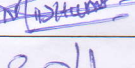
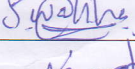

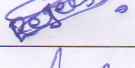

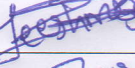
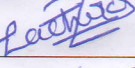
DEPARTMENT OF ZOOLOGY

FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
233	Sadiya pp	III B.A Sociology	
234	Delna Davis	"	
235	Ahalya .m .A	"	
236	Sneha .p .n	"	
237	Adhithya T	"	
238	Aleeha: P S	II nd BSc Applied physics	
239	Darikaishma MN	"	
240	Alna Josemon	"	
241	Aryanandha Sudheer	"	
242	Kavyanandha K-R	"	
243	Nidhi suryan	"	
244	Vidhya .K .V	"	
245	Anjana Vinod	"	
246	MIDHUNA .M .U	"	
247	Swalika .T .S	II nd B.com.Finance	
248	Aswani . E .V	"	
249	Rejeesha P-R P-R	II nd BA sociology	
250	Athira P-R T-R	"	
251	Teeshma	"	
252	ARCHANA .K	1 st BA sociology	
253		"	



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
254	Jain Mariya Pauly	I st year M.com	
255	Abiya Babu	I st year M.com	
256	Anitta k.s	I st M.com	
257	Anitta shabu	I st M.com	
258	Jomayya Johnson	I st M.com	
259	Juslina Sojan k	I st M.com	
260	Samayamal	2nd BVOC SD	
261	fathima thasneem	2nd BVOC SD	
262	Athira T.s	II nd Msc Mathematics	
263	Arya	"	
264	Soorya	"	
265	Maithoona.k	2 nd MA integrated sociology	
266	Vaishnavi menoj	"	
267	Nandana.k.s	"	
268	Ayana Anil	II nd BA functional ^{Englbb}	
269	Ansiya.k.A.	II BA FE	
270	Daisya.M	II nd B.sc Zoology	
271	Fathima Sherin.p	I nd BSC Zoology	
272	Sona.S.P	I st BA sociology	
273	Athulya ATP	I st BA sociology	
274	Preelakshmi ts	I st BA sociology	



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

FIRST AID DAY(FIRE&SAFETY)

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VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
275	Nazrin Fashahy P.m	4 th B.com finance	<u>Nazrin Fashahy</u>
276	Praveena c.p	II nd BA FE	<u>Praveena</u>
277	NANDHANA.VS	"	<u>Nandhana</u>
278	Smruthy V.R	II nd B.sc botany	<u>Smruthy</u>
279	Swarna.MS	"	<u>Swarna</u>
280	Anjana P.s	I st M.sc Botany	<u>Anjana</u>
281	Jesline Mariya M.s	"	<u>Jesline</u>
282	Devamsutha T-U	I st Bsc Zoology	<u>Devamsutha</u>
283	Nandana.V.s	"	<u>Nandana</u>
284	Devika sadan and an	II st Bsc botany	<u>Devika</u>
285	Amina Parveen.S	1 st MSc Botany	<u>Amina</u>
286	Jayalakshmi Gokuldas	I st Msc Botany	<u>Jayalakshmi</u>
287	Megha Mukundan	" "	<u>Megha</u>
288	Aleena Paruly	" "	<u>Aleena</u>
289	Sagara Rajesh	M.voc multimedia	<u>Sagara</u>
290	Najeeha Sidheek	III rd BA Political science	<u>Najeeha</u>
291	Hida Salam	I st B.com (operation)	<u>Hida</u>
292	Aswini Vinod Bhat	I MA HISTORY	<u>Aswini</u>
293	Anjana KP	"	<u>Anjana</u>



CARMEL COLLEGE(AUTONOMOUS),MALA

DEPARTMENT OF ZOOLOGY

FIRST AID DAY(FIRE&SAFETY)

DATE:16.09.2022

VENUE:COLLEGE AUDITORIUM

TIME:2:30 pm

SL NO	NAME	DEPARTMENT	SIGNATURE
294	SNUPA	B.Voc AGRICULTURE	
295	Bhadra .Ap	B.VOL AGRICULTURE	
296	Archa K.G	B.VOC AGRICULTURE.	
297	Akshaya MR	Bvoc Agriculture	
298	Salha bevi H.A	Bsc Zoology	
299	Sandhra .M. Biju	BSC Zoology	
300	Adithyadevi k.s	BSC zoology	
301	Chaitanya .kv	II nd BA sociology	
302	Akhil k.T	II nd MA Int Sociology	
304	Fathima Farsana k	"	
305	Ashithya Rajesh	"	
306	Anusha .s	3 rd Bsc Zoology	
307	Athulga .P.R	BA Political science	
308	Snena sajan	BA Political science	
309	Dhanya .P.s	Bsc Zoology 3 rd year	
310	Sona sunny	II nd Bsc-zoology	
311	Nandhana C.S	II nd BSC - Zoology	



Head of the Department
 Dept of Zoology
 Carmel College
 Mala