

# ALUMNAE NEWS BULLETIN

## JANUARY - 2023



### CARMEL COLLEGE(AUTONOMOUS), MALA

Nationally Re-accredited with 'A'Grade (4<sup>th</sup> Cycle)

Thrissur Dt., Kerala- 680732, Ph:04802890247, Fax: 04802890247

E-mail: [carmelcollege@rediffmail.com](mailto:carmelcollege@rediffmail.com), Website: [www.carmelcollegemala.ac.in](http://www.carmelcollegemala.ac.in)



## **VISION**

**It is our vision to uplift the weak and downtrodden sections of society, especially that of the rural women, to liberate her from the shackles of bondage to a new world of 'Light and Love'**



## **MISSION**

**We dedicate ourselves to the cause of empowering rural women with knowledge and inculcating in them the spirit of selfless love and compassion, to spread peace in the society, living in harmony with nature and to illumine the world to eternity.**



## ***Editor's Note***

Dear All,

Wish you a Prosperous and Happy New Year !

It's an absolute honour and pleasure to welcome you to the freshest issue of the Carmel Alumnae News Bulletin. We hope that each leaf of this bulletin will enable you to open up nostalgic memories that once blossomed in Carmel .

Those evergreen memories keep reverberating in our hearts guiding our every action. This is a humble effort to restore and refresh all those pleasant memories of those past days..... Carmel has yet a lot to share and reveal .....

We proudly present these memories to one and all who belong to the Carmel family.

**Ms. Reena T K**  
Coordinator,  
Alumnae Association



## ***President's Message***

Dear All

Our CARMEL has opened a new leaf of momentous history.... AUTONOMOUS.... With a plethora of colours of landmarks she has overcome all the ordeals that stood in front of her with poise and grace.... We wish all the very best for filling in the pages of your glorious legacy upwards and forward....With you united we stand always and forever.....

Glory be to Carmel.

Wishing you a very Happy and Healthy New Year!

**Ms. Meena Pious**  
President

### **Office Bearers**

|                         |   |                  |
|-------------------------|---|------------------|
| Ms. Meena Pious         | - | President        |
| Ms. Ramya P. G.         | - | Vice President   |
| Sr. Juli A. D.          | - | Secretary        |
| Sr. Jisha Chakkunny M.  | - | Finance Officer  |
| Dr. Bindhu K. B.        | - | Joint Secretary  |
| Ms. Aparna Balakrishnan | - | Arts Convenor    |
| Ms. Bincy K. F.         | - | General Captain  |
| Ms. Honey Anto P.       | - | Executive Member |
| Ms. Muhsina T. P.       | - | Executive Member |

## ***Principal's Message***

A special message for all alumnae of Carmel College (Autonomous), Mala,



Greetings to you all, and my best wishes to you and your loved ones.

I know that many of you have played an important part in supporting the Carmel College community and especially our students - something that has been even more meaningful over the past year. Thank you. Many of our interactions, activities, and events were completed successfully. Just one example of this is our interaction sessions during the NAAC Peer Team Visit and the Autonomous Status Peer Team Visit, which helped to achieve great success in both endeavours.

I once again express my delight that the Alumnae Association of the College is organising its Alumnae Meet on January 26, 2023, and that the Annual Alumnae Bulletin will be released on this occasion. I am equally delighted to learn that the Alumnae Bulletin will be uploaded on the website. The year 2022-2023 was designated as the Carmel Community's year of accomplishments. This year, the college has been able to develop a number of infra-structural changes based on latest technologies. I firmly believe that the alumnae of the college can and should use this latest technology to stay in touch with the college and share their views for establishing and maintaining a fruitful association. The college has been able to finalise its e-library setup to ensure running the e-library efficiently and opening it for students and staff. I have all the faith in the world that the Alumnae Association of Carmel College will leave no stone unturned to put in its best efforts for the development of the Alumnae Association and the growth of the institution.

The Alumnae share common experiences, form strong friendships, and take great pride in their personal achievements. The alumnae association strives to cultivate synergistic networks that are professionally rewarding, and the Office of Alumnae is the primary co-coordinating centre for all communication, events, and other activities. Many Alumnae provide a variety of benefits and services that help maintain connections to their educational institution and fellow graduates. The roots of our college are very deep, but we all should, together, go on discharging our responsibilities and duties to the best of our abilities so that the roots get strengthened further and the college continues to grow not only horizontally but also vertically, which has become essential under the present circumstances.

My sincere thanks to all of you for being a part of our college community. The year 2023 is a memorable one for me. I am going to say goodbye to Carmel on May 31, 2023. Thank you so much for your wholehearted cooperation during my teaching period. I hope you agree that you can be proud of your college and will continue to support us in making the place and the impact it has even stronger.

With my best wishes,

**Dr. Sr. Catherine CMC**  
Principal

## Congratulations...



**Dr. Rema P. our faculty (Department of BBA)** was awarded Ph. D. in “Role and Effectiveness of Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS) on Financial Inclusion of Women Beneficiaries of Kerala” from Bharathiar University, Coimbatore, Tamil Nadu.



**Vaishna Thampan**

UGC JRF 2022

Botany



**Kripa Sree**

UGC JRF 2022

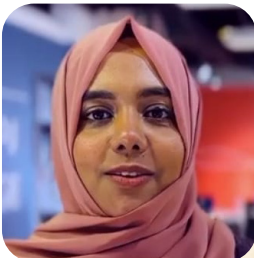
Botany



**Rachana K. U**

UGC NET 2022

English



**“Branthu Pookunna Neram”**

Anthology published by

**Muhsina Abbas**

B. A. Functional

English

# Congratulations...



**Gopika Mohan**  
I Rank  
Applied Physics



**Athira Manoj**  
II Rank  
Applied Physics



**Swathy N. S.**  
III Rank  
Applied Physics



**Nandana Prasannan**  
VI Rank  
Applied Physics



**Saranya N. B**  
VIII Rank  
Applied Physics



**Athira Babu**  
IX Rank  
Applied Physics



**Stemil Sebastian**  
X Rank  
Applied Physics



## Congratulations...



***Jesna K. J. Secured Gold medal in National Games Ahmedabad.***



***Our Ball Badminton Team secured first prize in University level Tournament.***

# *Adieu...*

Our dear Principal  
**Dr. Sr. Catherine CMC**

Some teachers are sweet,  
Some are such a delight,  
Some funny; some cute  
Some teachers are always right  
But you are hard to define  
Because in every possible way –  
You motivate and inspire us  
Day after day...



I consider this as an honor and a privilege to put down my memories of Sr. Catherine to whom we bid a bittersweet goodbye. She is retiring after 27 years of service and leadership from this institution.

As I scribble away my farewell wishes to my beloved teacher and mentor, Sr. Catherine, I remember the day she first came to our II<sup>nd</sup> B A. Sociology class and introduced herself. With her signature smile from that day onwards she entered into our lives and hearts. Ever since then every student of Carmel college in the department of Sociology has felt her prints in their personality. Truly, she has played a very crucial role in each one of our lives. She has supported us; mentored us and shown us the right track to grow on. Her guidance has made us better humans. I take this moment to express my deep regard and gratitude towards her.

*January 2023*

*Carmel College (Autonomous), Malá*

My relationship with her goes way beyond. On innumerable occasions I have experienced her tender love and motherly affection. Every thorny step I took her careful attention made it a soft petal. Words are not enough to express my thanks and appreciation for my ever-loving teacher.

An academician, ardent reader and above all a born leader her work ethics and ability to make quick decisions are the life force that has enabled this institution to reach heights of excellence. Sr. Catherine has always been enthusiastic and energetic towards everything that has ever came her way. She has exemplified excellence, and has built the same excellence even in her students and colleagues. Her presence has always helped us immensely in achieving targets, and making then toughest work seem like a child's play. Today she bids farewell leaving behind an immeasurable void that we will find hard to fill. Sr. Catherine's impact on shaping and mentoring this organization goes far beyond what can be seen on paper, and for me personally working alongside her has been a profoundly enjoyable educational experience.

I wish her all the very best from the bottom of my heart in all her future endeavors. May God Almighty shower all his blessings abundantly upon our dearest Sister!

**Ms Deepa M. L.**  
Department of Sociology  
(1999 Batch)

# Adieu...

**Dear Sr. Christy,**

Thank you for always creating a motivating and systematic atmosphere all around the office. Congratulations to you Sister for your 35 years of service. As the Superintendent, you lead our office during the time of autonomous visit and 4th cycle of NAAC visit. Your prayerful service played a significant role in the history of Carmel. We are grateful to you Sister. Wishing you a new journey of your life. Cherish every moment!



**Anjali Balan**

Department of Commerce 2013

When ever we go to the enquiry there is always a smiling face to welcome us ‘ our dearest **Sr. Jaseena**’. None of us have seen that face except with a small smile. After so many yers of service, our sister is going to leave our college. It is so difficult to let go of a person who has done so much for this college. She has filled this place with joy with her presence. Sr. Jeseena has worked for this college for 35 years as UD clerk, and throughout all these years she has never let the organization get down. Her humour sense and the way she manage everyone are the best qualities we found in her. This organization will always remember you as a great employee. All the best for your exciting future ahead.



**Krishnendhu**

Department of Mathematics, 2018

# *Adieu...*

**Dear Sr. Reji,**

You will always be remembered for your hard work throughout the years. Thank you for your dedication, positivity and encouragement. Carmel will going to miss you. Congratulations to you Sister for your 32 years of excellent service as U D clerk. Your selfless service will always count in the growth of this institution.

From the bottom of our heart, we express our gratitude to you Sister. Enjoy the fruits of your hard labour. Here is to wishing you a relaxing and beautiful retirement. Sending love to you.



**Priya N. P.**

Department of Commerce, 2015

**Dear Valsa Chechi,**

honouring your 35 years of excellent service to our college and celebrating the legacy of hardwork and commitment you leave behind. I wish you good health, delight and success as you move forward in your life. May this new chapter bring you unmeasurable joy, peace, love and fulfillment!



**Amilsha A. A.**

Department of Political Science, 2009



*NAAC Visit*





## *Autonomous Declaration*



### തലമുറകളുടെ കണ്ണാടി

സിസ്റ്റർ കാതറിൻ,

കാർമ്മൽ കലാലയ ജീവിതത്തിൽ എന്നെ സ്വാധീനിച്ച ചില വ്യക്തികളിൽ ഒരാൾ. പഠിച്ച കലാലയത്തിൽ തന്നെ പഠിപ്പിക്കാൻ ലഭിച്ച അവസരം ഏറെ സന്തോഷം നൽകുന്നതായിരുന്നു. ഉൾക്കാഴ്ച കൊണ്ട് സമൃദ്ധവും ചിന്തോദീപകവുമായ വ്യക്തിത്വം വിദ്യാർത്ഥിനി ആയിരിക്കുമ്പോഴും സഹപ്രവർത്തക ആയിരിക്കുമ്പോഴും ഏറെ സ്വാധീനിച്ചിരുന്നു. ഏതു കാര്യത്തിലും ഭയമില്ലാതെ മുന്നിൽ നിൽക്കാനുള്ള സിസ്റ്ററുടെ കഴിവും, നർമ്മം കലർത്തിയുള്ള സംഭാഷണങ്ങളും, നേതൃത്വ പാടവവും എല്ലാം പല അവസരങ്ങളിലും സ്പർശിക്കുകയും ഹൃദയത്തോട് ചേർന്നിരിക്കുന്ന ഒരു ഇടം സൃഷ്ടിക്കുകയും ചെയ്തിട്ടുണ്ട്.

ഒരു മനുഷ്യൻ യഥാർത്ഥത്തിൽ വിദ്യ അഭ്യസിക്കുന്നത് തന്നിൽ തന്നെയുള്ള അറിവിന്റെ ഖനി കണ്ടെത്തുമ്പോഴാണ് എന്നതാണ് സ്വാമി വിവേകാനന്ദൻ വിദ്യാഭ്യാസത്തെക്കുറിച്ച് അഭിപ്രായപ്പെട്ടിരിക്കുന്നത്. അവിടെയാണ് നമ്മുടെ ഹൃദയത്തോട് ചേർന്നിരിക്കുന്ന ഇടങ്ങൾ സൃഷ്ടിച്ച വ്യക്തികളും, ആശയങ്ങളും, ചിന്തകളും പ്രാധാന്യമർഹിക്കുന്നത്.

**Reshma T. V.**  
Dept. Of Sociology, 2014







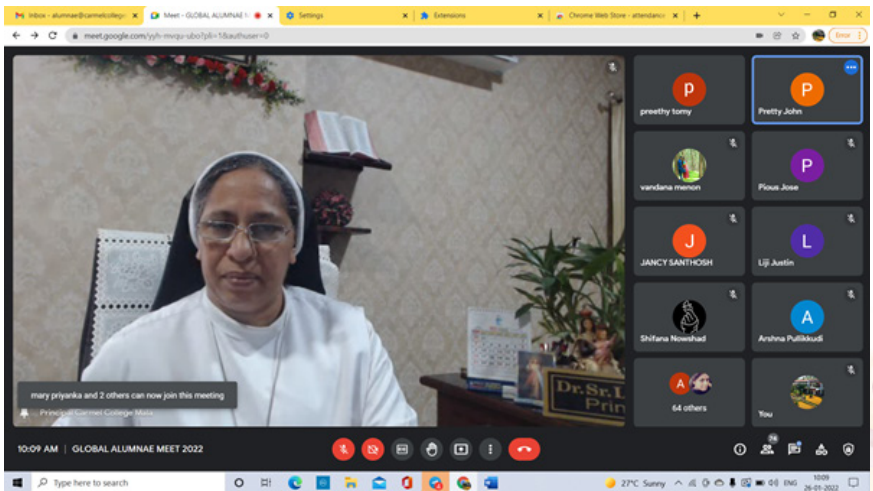
## *College Union Inauguration*



## *Oath Taking Ceremony*

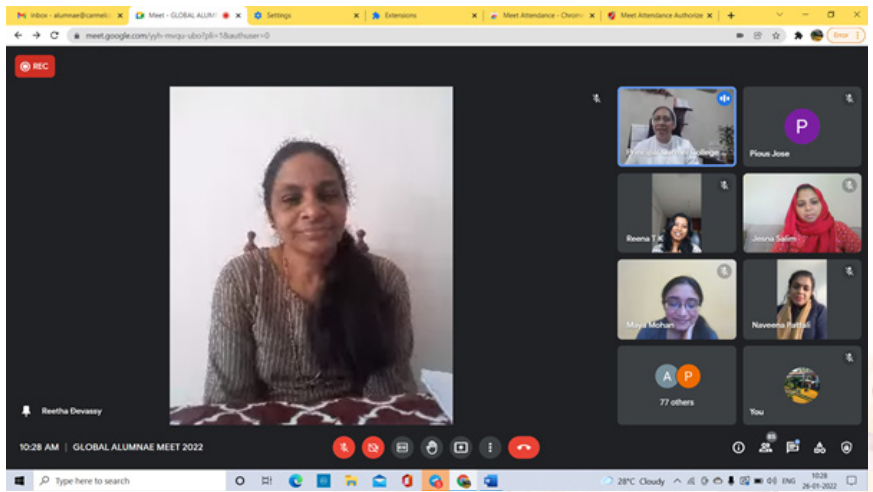


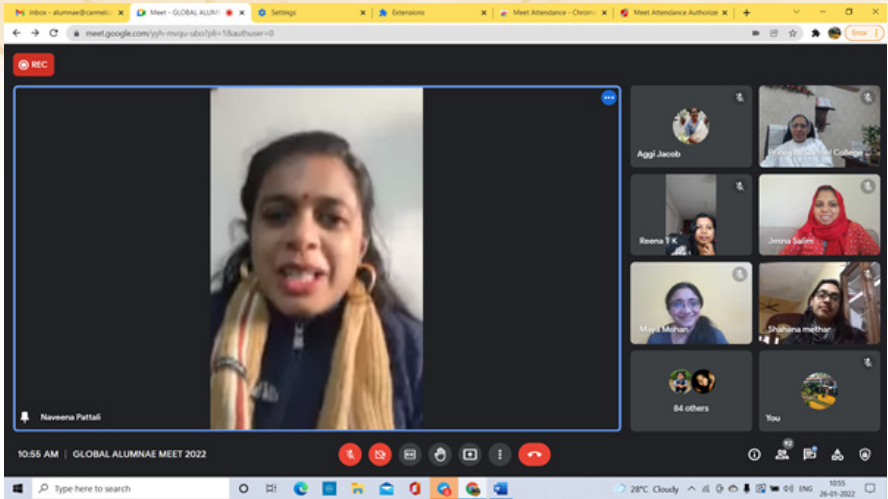
**Global Alumnae Meet inaugurated by Ms. Rekha K, the winner of the Kerala Sahitya Akademi Award & Assistant Professor Bishop Moor College, Mavelikkara**



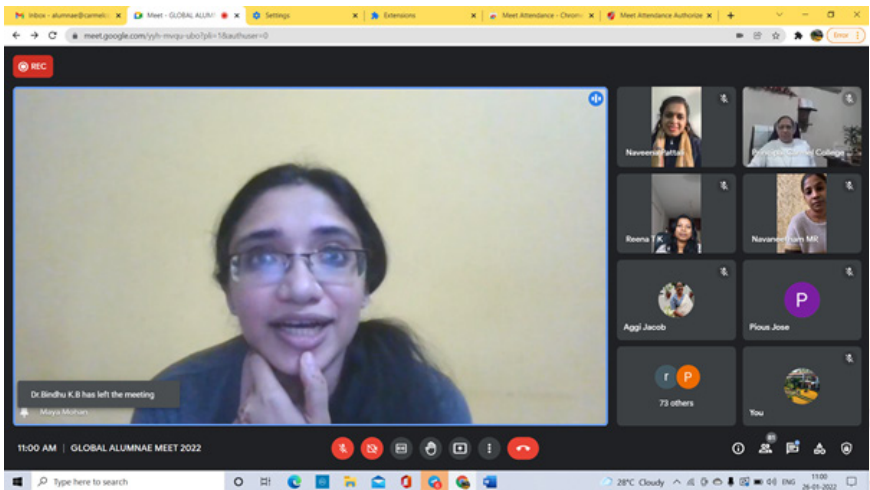


*Honouring of the retiring staff*





## Global Alumnae Meet





## *Convocation Ceremony*

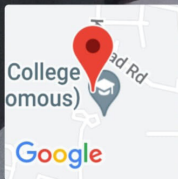


*January 2023*

*Carmel College (Autonomous), Mala*



**Inauguration of VFX Lab & Sound Recording Studio  
by Mr. Alex Paul, Music Director**



Mala, Kerala, India  
67WF+26V, Kavanad Rd, Mala, Kerala 680732, India  
Lat 10.244499°  
Long 76.272903°  
31/08/22 10:54 AM

GPS Map Camera



***Fine- Arts Day Inauguration***



***Magazine Release***



**Books Contributed by Abhirami A.D., Dept. of History  
(2019-2021 Batch)**



**“Exploring Career Abroad” a talk by  
Ms. Sumeesha Subramanian  
B. A. Functional English & M. A. English  
(2012-2017 Batch)**



## **5 Historical Facts that will amaze you**

### **1. The Leaning Tower of Pisa never stood up straight.**

The Leaning Tower of Pisa is famous for leaning more than 4 degrees to the side. Many have assumed that the landmark gradually moved over time but the truth is that it shifted during construction after the third floor was added.

### **2. The sinking of the Titanic was predicted.**

Who could have predicted the sinking of the Titanic? It turns out that author Morgan Robertson may have! In 1898, he published the novella *The Wreck of the Titan* in which a massive British ocean liner, with a lack of lifeboats on board, hits an iceberg and sinks in the North Atlantic ocean.

### **3. More than 75 million Europeans were killed by rats in the Middle Ages.**

The Black Death, which wiped out over one-third of Europe's population, was actually spread by rats.

### **4. A horse became a Senator in Ancient Rome.**

When Gaius Julius Caesar Germanicus became the Emperor of Rome at just 24 years old, he made his horse a Senator.

### **5. Iceland has the world's oldest Parliament.**

Established in AD 930, the Althing continues to serve as the acting Parliament.

**Preena Francis**  
Department of History, 2012



**Liliya Jhons**  
Department of History, 2019



# CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala 680732

Re- accredited with 'A' Grade by NAAC (Fourth Cycle)

Alumnae Association

## Department of Mathematics

### Eclat

Brilliance of Success

Dream it, Wish it, Do it

### ALUMNI INTERACTION SESSION-3



2019 UG Batch

Kripa Josten

ICMR Hq

Project Technical officer

22nd December, 2022 | 11.00 am

Seminar Hall

Ms. Rachel Paul  
Ms. Riya Jose  
Ms. Meenu Jose  
Joint Coordinator

Ms. Meena Pious  
President, Carmel  
Alumnae Association

Dr. Jismy Joseph  
HOD & Coordinator

Dr. Sr. Catherine CMC  
Principal



**“Dream it, Wish it, Do it” by Ms. Kripa Josten ( B.Sc. Mathematics, 2019 Batch)**



**“Exploring Women’s Self through Art” by Ms. Thasbeeha Latheef M.A. (B.A. Functional English 2017-20 Batch)**



**“Overseas Education” by Ms. Mary Priyanka Rapheal  
(B.A. Functional English (2013-16 Batch))**



**The Inauguration of Mahindra Pride Classroom  
and Naandi Foundation’s  
“The Soft Skills for Employability Training Certificate  
Programme”**

**organized by the Career Guidance and Placement Cell**

January 2023

Carmel College (Autonomous), Mala

## **Journey Ends: A Journey between Life and Death**

Journey Ends or Yathrayude Anthyam is a film directed by well-known Malayalam film Director K. G. George. As a director, he always chooses to take unique themes in his works. Portrayed in a simple and realistic way, this film depicts the relationship between a writer and his friend, elderly intellectual man living in a remote village. The story unfolds through the journey of the writer to meet his friend.

Actor Bharath Murali played the leading role of the writer. The story narrated through mind monologues of the writer is a classic narrative technique by George. The lens of the film was preoccupied with the social perspective of the modernized Kerala. The changes which took place in and around, the transformation slowly appearing in the country side and the attitudes and lives of the people were marked in detail.

The theme of the story is transcendental, about life, death and the journey between. And the film's narrative is non-linear. George takes the subject of death as subdued, objective and intellectual. A melodramatic presentation is not there in his work, though that was the usual style of presentation of the film makers during the 1980s.

The death first enters halfway into the film on a Christmas night as the death of Abraham's son-in-law. The second time death appears with the hint of the universality. It emphasized and exposed the uncertainty of life. The climax of the film narrates another death, the death of Abraham, which clearly mirrors that death is an entity which is inevitable in the life. George always preferred different subjects to stereotyped ones for his film which clearly depicts the human conflicts and these films are still engaging and enchanting to the viewers. Yathrayude Anthyam is one of his most simplest works, which offers a realistic glimpse of life.

**Aswthy Surendran**

Department of Botany (2009- 2012 Batch)

**CARMEL COLLEGE(AUTONOMOUS), MALA**

Nationally Re-accredited with 'A' Grade (4<sup>th</sup> Cycle)  
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E-mail: carmelcollege@rediffmail.com, Website: www.carmelcollegemala.ac.in



**Inauguration**



**Hon. M. P. Mr. Benny Behnan**

**Date: 9<sup>th</sup> January 2023**

**Time: 2.00 p.m**

**Venue: College Portico**

*Cordially invite you for the Official  
Inaugural Function of our **College bus**  
Sponsored from M P fund.*

*Principal, Management, Staff & Students*



### അടിയൊഴുക്കിൽ മുതി നിവർന്ന കനാൽ വെള്ളത്തിന്റെ കഥ

കനോലി കനാൽ ഒരു സുന്ദരമായ വായനാനുഭവമാണ്. ഭ്രാന്ത് എന്ന അവസ്ഥയുടെ അടരുകളിലൂടെ നമുക്ക് മുന്നിൽ അനാവരണം ചെയ്യപ്പെടുന്ന ഒരു ദേശം, അതിന്റെ ഭൂപ്രകൃതി, അവിടത്തെ ജീവിതങ്ങൾ.....

ശിഹാബുദ്ധീൻ പൊയ്ത്തുംകടവിന്റെ മഞ്ഞുകാലം എന്ന കഥ വായിച്ചു. മഞ്ഞുകാലത്തു ഭ്രാന്തു വരുന്ന കഥാപാത്രത്തോടൊപ്പം ആ നാട്ടിൽ അലഞ്ഞു നടന്ന ഒരു കാലത്തേ വീണ്ടും ഓർമ്മയിൽ കൊണ്ടു വന്നു. കഥയാരംഭത്തിൽ തന്നെ നമ്മളറിയാതെ കനോലി കനാലിന്റെ തീരത്ത് എത്തിപ്പെടുന്നു. ശാരദേച്ചിയും മക്കളും കണാരേട്ടനും നാരായണിത്തള്ളയും ചേർന്ന ആ ദേശത്തിന്റെ പച്ചയായ ജീവിതത്തിലേക്ക് ഇടചേർന്നു പോകുന്നു. കല്യാണപ്പുരയിലേക്കു കയറിവന്ന് പുതുപെണ്ണിനു കൊടുവാൾ സമ്മാനിക്കുന്ന ശാരദേച്ചി ആ നാട്ടിലെ ഭ്രാന്തിയാണ്. പുരുഷകേന്ദ്രീകൃതമായ ഒരു സമൂഹം സ്ത്രീയുടെ സ്വാഭാവിക ജീവിതത്തിൽ ഏറിയും കുറഞ്ഞും നടത്തുന്ന ഇടപെടലുകളെ, അതോടൊപ്പം അതിനോടുള്ള സ്ത്രീയുടെ ചെറുത്തുനില്പിനെ, ഒരു സാധാരണ നാട്ടിൻപുറത്തെ ജീവിതങ്ങളിലൂടെ കഥാകാരൻ ചേർത്തുവയ്ക്കുന്നു, വിപ്ലവ കാഹളങ്ങളോ പ്രകമ്പങ്ങളോ ഇല്ലാതെ തികച്ചും സ്വാഭാവികമായി. വ്യവസ്ഥിതിയുടെ പിടിമുറുക്കങ്ങളിൽ നിന്ന് കുതിരിയോടാൻ ശ്രമിച്ച ജീവിതങ്ങൾ എല്ലാ കാലത്തും വേറിട്ട് നിന്നു, അവ ശ്രദ്ധയാകർഷിച്ചു, അവ ഓർമ്മിക്കപ്പെട്ടു, അവ നിതാന്തം ക്രയ വിക്രയപ്പെട്ടു . അത്തരമൊരു സമൂഹ ഓർമ്മയാണു (സോഷ്യൽ മെമ്മറി) കനോലി കനാലിന്റെയും ഇതിവൃത്തം.

ഏറെ ആകർഷകമായി തോന്നിയത് ഓരോ കഥാപാത്രങ്ങളും അനാവരണം ചെയ്യപ്പെടുന്നതോടൊപ്പം വളരെ പതിയെ തെളിഞ്ഞു വരുന്ന തികച്ചും യാഥാർത്ഥ്യമായ ഒരു ദേശത്തിന്റെ ചിത്രമാണ് . ആ ദേശത്തിന്റെ ഓർമ്മകളും അവിടത്തെ ദൈനദിന ജീവിതവും അത് റാക്ക് കച്ചവടമാകട്ടെ, കല്യാണപ്പുരയാകട്ടെ, കനോലി കനാലിലെ വെള്ളത്തിന്റെ ഒഴുക്ക് പോലെ കൃത്രിമമേതുമില്ലാത്ത വാക്കുകളിലൂടെ വിനോദ് കൃഷ്ണ എഴുതുന്നു. കനോലി കനാൽ ഒരു നല്ല വായനാനുഭവം ആയിരുന്നു..

**Muhsina T. P.**  
Department of History, 2012





## Sports & Cultural Events





**Cultural Events**

**ZEEകേരളം**

**മാളു കാർമ്മൽ കോളേജിലെ**  
വിദ്യാർത്ഥിനികൾ  
ബന്ധിത ഫാമിലി ഫെസ്റ്റിവൽ വേദിയിൽ

**ഞായർ 6:30ന്**  
രവെകുന്ദേരം

**ബന്ധിത ഫാമിലി ഫെസ്റ്റിവൽ**

**Kivi ICE CREAM**  
EXPERIENCE DELICIOUS  
CO-MEMORABLE

**Chungath**

## **ALUMNAE REUNION**

**Our Alumnae Reunion & Honouring ceremony will be held on 26<sup>th</sup> January 2023, at 10.00 am in the College Auditorium. Kindly make it convenient to attend the meeting and enliven the programme with your presence.**

**May this New Year bring good cheer and happiness for you and your family!. We eagerly look forward to have you with us once again.**

**With warm regards**

**Sr. Juli A. D.  
Secretary**

**Ms. Reena T.K.  
Co-ordinator**





ALUMNÆ  
ASSOCIATION

HAPPY  
NEW YEAR  
2023 !