



## **INSTITUTIONAL VALUES AND BEST PRACTICES**

### **7.1.1 - Measures initiated by the Institution for the promotion of gender equity during the year**

**1**

**Gender Equity Programs**

**2**

**Gender Sensitization Action Plan**

**3**

**Policy Document**

**4**

**Minutes of Various Committees**

**5**

**Counselling**

**6**

**Safety Measures**

**7**

**Specific Facilities**

## **Gender Sensitization**

<b>Sl. No.</b>	<b>Contents</b>	<b>Page</b>
1.	Policy Documents	3
2.	Gender Equity Programs	33
3.	Specific Facilities Provided for Women	109
4.	Minutes of various Committees	111
5.	Counselling	122
6.	Safety Measures	126





# **CARMEL COLLEGE, MALA**

## **Policy Documents**



## PREFACE

Since 1981, the year of establishment of Carmel College by the Sisters of the Congregation of the Mother of Carmel, the institution has earnestly endeavored to stay committed to its vision and mission. It has been the far-sightedness of the visionary Saint Kuriakose Elias Chavara that impelled our founder Principal, Rev. Mother Aurea, to follow suit and built an educational institution for women in the small town, Mala.

As a college we strive to mould generations of quality individuals who can productively engage with the community and the nation at large. It is our vision and mission to uplift the weak and downtrodden in the society, particularly the rural women by empowering them through well-rounded education.

The institution abides by the policies framed on various dimensions pertaining to its functioning as guidelines to actualize its vision on education in the best interest of all stakeholders.

## CONTENTS

1. ACADEMIC POLICY.....	3
2. ADMINISTRATION POLICY.....	6
3. STUDENT SUPPORT AND ACTIVITIES POLICY.....	9
4. DIFFERENTLY ABLED- FRIENDLY POLICY.....	13
5. ANTI-RAGGING POLICY.....	14
6. ICC POLICY.....	16
7. GRIEVANCE REDRESSAL POLICY.....	18
8. MENTORING POLICY.....	20
9. ENVIRONMENT AND SUSTAINABILITY POLICY.....	22
10. GENDER SENSITIZATION POLICY.....	24
11. RESEARCH POLICY.....	26
12. ALUMNAE POLICY.....	28

## 1. ACADEMIC POLICY

A ceaseless drive to impart quality education by ensuring a conducive learning and research environment has always been the impetus behind every academic endeavour of the college. Meticulous and well-crafted measures are undertaken to plan, implement, evaluate, and refine the policy, procedures and practices that pertain to the institution's vision on education. Under this policy, the institution shall,

1. Entrust the preparation of an academic calendar by the Academic Calendar Committee in concurrence with the academic schedule issued by the affiliating University and avail the same to staff and students in the college handbook
2. Ascertain the submission of the Action Plan for the academic year by each department to the IQAC
3. Ensure that each department complies with the requirements of the policy and that the Heads of the departments duly allocate the syllabus and workload to faculty as per their preference and expertise before the commencement of a semester
4. Ensure the preparation and submission of teaching plan and Teacher's Diary by the faculty to the IQAC within the stipulated time
5. Assure curriculum enrichment through introducing certificate and value-added courses, add-on courses and the like
6. Entrust each class with a tutor and each student with a mentor to assist and monitor the academic and personal growth of students
7. Advocate and implement student-centric and innovative teaching-learning methods supplemented by ICT to engender the effectual transfer and creation of knowledge
8. Appraise the academic performance of students through internal examinations, attendance/classroom performance, seminar presentations/viva voce, assignments for each course as mandated in the curriculum

9. Ensure consistent care and remedial coaching to the slow learners in academics
10. Implement learner-centric government initiatives like SSP, WWS, ASAP, scholarships, and e-grants for students
11. Ascertain the systematic and smooth conduct of the internal and the end-semester University examinations by the Examination Committee
12. Ensure timely and transparent assessment of answer scripts and publication of consolidated internal examination mark list on the notice board of departments
13. Ensure prompt redressal of genuine grievances raised by students on matters related to curriculum delivery, assessment and feedback or requirements of physical resources to carry out learning
14. Arrange compensatory classes for unforeseen loss of working days to ensure the timely completion of the curriculum
15. Encourage seminars, workshops, training sessions, field visits and collaborative engagements with reputed institutions/industries/firms that will secure practical and experiential knowledge for learners
16. Promote faculty-student exchange programmes
17. Ensure the conduct of general PTA meetings and department/class PTA meetings
18. Ensure periodic evaluation of the progress in curriculum delivery at the faculty and department level
19. Administer an exhaustive evaluation of curriculum delivery by each department through the IQAC and Academic Coordinators
20. Conduct annual internal and external Academic Audit of each department monitored by the IQAC and an external panel of experts respectively
21. Entrust each faculty and department to collect feedback from students on the effectiveness of teaching methodology and the general functioning of the department
22. Collect, codify, and assess the feedback collected from all stakeholders on various parameters through the IQAC and undertake measures for necessary amendments and improvements

23. Conduct Student Satisfaction Survey through the IQAC
24. Communicate suggestions for improvements in curriculum, based on stakeholders' feedback, to the Board of Studies of the University through the faculty of the institution representing the Body



## 2. ADMINISTRATION POLICY

A dynamic and participatory administration is the stronghold of an institution in guarantying its sustenance and progress. An effective administration translates into the routine practices and distinctiveness of the institution. Carmel College ardently pursues and thrives on its comprehensive and farsighted administrative policy to ensure quality engagement with all stakeholders. Under this policy, the institution shall,

1. Encourage a culture of inclusivity and promote decentralized and participatory governance
2. Ensure cordial and mutually beneficial relationship with the Management and all stakeholders
3. Ensure operational autonomy to various academic and non-academic bodies in the best interest of beneficiaries and institutional policies
4. Maintain academic and administrative discipline with the assistance of the administrative staff, IQAC, Heads of various departments and college committees/cells
5. Ensure smooth and effective office administration under the supervision of the Head Accountant and Bursar
6. Ensure the supervision of library policies and procedures through the Library Advisory Committee
7. Adhere to the service rules and instructions of UGC, Government and affiliating University in matters related to appointments and promotions of all teaching staff and librarian
8. Follow the statutes of the University and the KSR of the government for appointment and promotion of the administrative staff
9. Ensure quality profile of staff and maintain transparency in appointing them based on their academic/professional credentials and competency
10. Abide by the norms and policies of the Government and UGC concerning admission and reservation of seats for students



11. Adopt a student-centric approach in carrying out effective administration
12. Collect feedback from stakeholders on various quality parameters regarding the administration of the institution through the IQAC and make necessary reforms from time to time and as required
13. Institute statutory bodies and support systems including Grievance Redressal Cell and ICC for both staff and students, Career Guidance and Placement Cell, Anti-Ragging Cell, Counselling Cell and Cells representing minority or backward communities.
14. Constitute associations for both teaching and non-teaching staff and provide financial and social support in time of need
15. Adopt an automated attendance system to record the attendance of staff with more transparency and accuracy
16. Employ faculty empowerment strategies and organize orientation programmes/seminars/workshops to enhance the professional competencies of staff
17. Organize health and fitness programmes for staff and students and encourage them to avail the services of the college fitness centre
18. Grant casual leave and other eligible leaves to staff as per the policies and rules of UGC, Government and the affiliating University
19. Adhere to the rules and statutes of Government, UGC and University regarding the salary and compensation of the regular/permanent employees
20. Abide by the norms of the Management regarding the appointment and salary component of temporary/contract-based staff
21. Grant salary advances to the staff in need
22. Digitalize the administrative section in carrying out admission process, fee collection, preparation of salary bills, income tax and PF remittance of the staff, and similar accounts
23. Ensure a transparent and well-planned financial management system whereby the funds/grants received from the Government, UGC, NGOs, Management and benefactors are effectively mobilized for the academic and other developmental activities of the college

24. Conduct internal and external financial audits for both Government/UGC and Management accounts
25. Monitor effective resource utilization under the supervision of the Committees constituted for the same, spearheaded by the Principal
26. Implement the recommendations proposed by the Board of Management, Finance Advisory Committee and the Governing Body following the review on the mobilization of resources, budgets, and audited accounts
27. Conduct annual internal and external Administrative Audit monitored by IQAC and an external expert respectively
28. Facilitate and upgrade ICT infrastructure and other physical amenities to effectively supplement the participatory teaching-learning process
29. Extend financial assistance to departments/clubs/forums and cells for organizing national/international workshops, seminars, and conferences
30. Promote research activities by extending infrastructural and financial support and assisting faculty to secure external funds for carrying out research projects
31. Allocate an amount sanctioned by the Management to support the guest faculty to participate in national/international seminars/conferences, present and publish research papers and obtain membership in professional academic bodies
32. Adopt proactive measures to procure sanctions from UGC/University for introducing new programmes having more scope of employability
33. Collaborate with recognized local bodies/NGOs/industries to catalyze its educational and community-centric projects

### 3. STUDENT SUPPORT AND ACTIVITIES POLICY

Students are the prime stakeholders and beneficiaries of all educational institutions. Grooming a committed and erudite learner community adept in channelling their knowledge and skills for the larger benefit of society and nation is therefore significant.

With this objective at the forefront, the institution promotes and secures ample resourceful avenues for students of diversity to engage in superior learning and self-growth. Under this policy, the institution shall,

1. Implement measures to safeguard the rights, dignity, and privileges of the student community
2. Ensure that discrimination, verbal or behavioural, on grounds of difference in caste, religion, colour, nationality, gender, sexual orientation, and social status is not tolerated
3. Adapt and practice student-centric, ICT enabled, collaborative and experiential teaching-learning pedagogy
4. Assure effectual communication between students and facilitators through formally instituted systems such as student advisor, tutorial and mentoring and student-friendly initiatives like 'Meet with the Principal', and Suggestion Box
5. Ensure decentralization and active representation of students in academic/decision-making bodies such as College Union, IQAC etc.
6. Promote participation in various academic, career-oriented and skill development programmes and coaching classes on PSC, Bank, Civil Service, and NET organized by the institution at subsidized/ free of cost
7. Extend the benefit of scholarships and freeships issued by the Central/State government or other funding agencies to deserving students
8. Award scholarships and endowments instituted by the Management and benefactors of the institution to worthy candidates

9. Upgrade and maintain infrastructural facilities and other amenities to promote study, leisure, and active involvement in co-curricular and extracurricular activities
10. Ascertain fair and transparent conduct of examinations and timely assessment monitored by the Examination Committee
11. Ensure provision for special coaching and remedial classes for the needy and slow-learners to stimulate improved learning
12. Implement learner-centric government initiatives like SSP, WWS and ASAP to the benefit of aspiring students
13. Acknowledge outstanding student achievements in academics, arts, and sports pursuits in the formal gatherings
14. Promote the quest for knowledge and drive for excellence by rewarding Best Outgoing Student, Best Dissertation, Best Library User and Semester Wise Topper in Academics
15. Promote the research acumen of students through the conduct of quality seminars/webinars and workshops and encourage paper presentations and publications
16. Provide exposure to governmental/non-governmental organizations, media houses and industries and support research collaborations with recognized institutes/industries/NGOs
17. Endeavour to foster the scientific temper of students through the publication of their original research papers in Carmel Bloom – Journal of Multidisciplinary Research published by the college
18. Arrange hostel facility for students from distant places, particularly, overseas students
19. Ensure provision to avail travel concession
20. Secure safety measures including security guards, fire safety system, CC TV cameras, identity verification mechanism, register of visitors, helpline numbers
21. Extend free hostel facility, sports kit and freeships to sports students
22. Provide medical assistance, as first-aid, sick room, nearby hospital facilities to the needy and free medical camps
23. Extend the benefit of the 'Smart Campus' initiative

24. Ensure active functioning of student- support bodies like Anti-Ragging Cell, ICC, and Grievance Redressal Cell and treat any cases of violation/harassment/grievance brought to the notice of authority with the utmost solemnity
25. Encourage active student enrollment and participation in sports, NSS, NCC, AICUF, other Clubs/Forums
26. Encourage the conduct of events and programmes undertaken by the College Union, Department Associations, Clubs and Forums that are recreational, educative and community-centred.
27. Encourage student participation in various events and competitions, fests organized within and outside the institution
28. Accord sanction to the departments to raise financial resources to assist a needy/sick student or family in a dire situation
29. Endorse inclusivity and maintain a barrier-free, differently-abled friendly campus
30. Encourage faculty@home initiative to foster a cordial and enhanced teacher-student relationship
31. Provide counselling, value education, sessions on ethical living and other rejuvenating programmes for the personality enrichment of students
32. Promote student's engagements with the community through extension/outreach programmes
33. Provide yoga and relaxation therapy and self-defence classes under the aegis of various units and clubs
34. Extend platforms for conducting career guidance class and campus drive under the auspices of Career Guidance and Placement Cell
35. Ensure easy access to the well-stocked, fully automated library and free internet facility to students

36. Promote the artistic and creative flair of students through the annual publication of Carmel Glow and other hand-written student's magazines
37. Organize Life Guidance programme, annually, for all outgoing students
38. Extend the benefit of Carmel Extension Center for Women and ED club to hone the entrepreneurial skills of students
39. Comply with the regulations of UGC for the conduct of study tours/excursions to ensure the safety of students
40. Collect students' feedback and satisfaction survey on the effectiveness of the institution's academic and administrative policies and practices, and implement necessary reforms wherever required

#### **4. DIFFERENTLY-ABLED FRIENDLY POLICY**

The college deems it imperative to create and maintain an inclusive and encouraging learning environment for the diverse student community. Differently-abled students are a vulnerable section who often face unspeakable discrimination, one significant aspect being education. The college abides by the reservation policy of the government aimed at curbing the stigma and uplifting aspiring learners with any form of disability to further their education. The institution is committed to adopting requisite measures to secure the benefits of quality education to these students. Under this policy, the institution shall,

1. Ensure barrier-free, differently-abled friendly learning atmosphere
2. Facilitate infrastructural/physical and other requirements including provision for scribe, special seating facility and extra time during examinations
3. Provide adequate support system including counselling, mentoring and guidance to inculcate self-reliance and confidence in them
4. Ascertain the smooth and ready availability of learning resources and tools
5. Ensure prompt redressal of grievances of any nature that impacts their emotional and physical well-being
6. Extend the benefits of scholarships and free ships instituted by the Central/State government, funding agencies, the college and its benefactors to the differently-abled students



## 5. ANTI-RAGGING POLICY

"UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009" mandates the prohibition of ragging in all forms by law from universities, colleges, and educational institutions in the country. In compliance with the same, the institution recognizes the pertinence of channelling informed perspectives and principles on appropriate conduct within and outside the campus. Under this policy, the institution shall,

1. Strictly observe the directions of Supreme Court and Act of the Central/State Governments considering ragging as a serious offence, punishable by law
2. Advocate zero tolerance towards any acts such as conspiracy, riot, public nuisance, physical/psychological humiliation, extortion, assault, wrongful restraints/confinement, violation of decency and morals and other acts recognized as forms of ragging
3. Constitute an Anti-Ragging Committee with a faculty coordinator and representatives from all stakeholders, local body, media, police force and NGO and convene to deliberate, reform, if need be, and actualize its effective functioning
4. Sensitize the applicants seeking admission in college and their parents/guardians about the prohibition and consequence of ragging
5. Obtain a signed affidavit from the student and the parent/guardian at the time of admission stating his/her acknowledgement of the law and willingness to abide by the same
6. Disseminate awareness about the dehumanizing effects of ragging and publish its policy on the college website and in the college handbook
7. Organize orientation programs for the student community, both freshers and seniors, to raise awareness on the constitutional and institutional laws and regulations concerning ragging

8. Encourage the new entrants to report any act of misconduct that they are subjected to or have witnessed, by the senior students, to the authority concerned
9. Ensure that any baneful acts reported are subjected to prompt enquiry and strict action, depending on the nature and gravity of the offence, is taken against those found guilty of ragging
10. Conduct biannual review meeting of the Committee to evaluate its activities, the nature and frequency of complaints submitted, if any, and preventive measures instituted
11. Entrust the Heads/tutors/wardens to monitor, promote and regulate healthy and amiable interaction between the newcomers and seniors

## 6. ICC POLICY

Higher Educational Institutions should be enabling spaces equipped to prevent and combat all forms of discrimination and harassment. Sexual harassment is a rampant menace that is dehumanizing in nature and should be curbed at the very outset. Committed to this objective, the institution has formulated a policy to ensure that no behaviour that transgresses human dignity or violates rights and equality are entertained. Under this policy, the institution shall,

1. Abide by the statutes and regulations of the Supreme Court and UGC on the prevention and prohibition of sexual harassment
2. Ensure zero tolerance to any form of physical, verbal, or non-verbal sexual misconduct
3. Ensure a safe and non-discriminatory workplace and learning environment for staff and students
4. Constitute an ICC coordinated by a senior faculty with representatives from teaching and non-teaching staff, students, NGO, and a lawyer
5. Publicize and disseminate awareness about the policy on Anti-Sexual harassment on the college website and in the college handbook
6. Conduct awareness sessions for staff and students on the available recourses and redressal mechanism within and outside the campus
7. Ensure easy accessibility of the services of ICC to staff and students for reporting any cases of sexual misconduct they have been subjected to or have witnessed
8. Ensure transparency and confidentiality in redressing the cases of sexual misconduct, following fair and rigorous enquiry
9. Report to the police and initiate proceedings required by law for cases of severity
10. Conduct biannual review meetings of the Committee to evaluate its activities, the nature and frequency of complaints submitted, if any, and preventive measures taken

11. Adopt an educative and sensitization approach to enable discussions on issues of gender, sexuality, violence, consent, rights, entitlements and the like through various forums and activities
12. Encourage staff and students to partake in self-defence classes organized to build confidence and readiness to tackle adverse situations
13. Extend the service of counselling to the needy to assure their mental wellbeing

## 7. GRIEVANCE REDRESSAL POLICY

UGC has from time to time issued regulations on constituting a grievance redressal mechanism in Higher Educational Institutions to maintain a safe, congenial, and enabling environment. Standing by this objective, Carmel College has formulated an extensive policy to support its stakeholders in handling their grievances. Under this policy, the institution shall,

1. Constitute a Grievance Redressal Cell for students, staff, and non-teaching staff separately to ensure proper channelling and handling of grievances raised by each party
2. Ensure availability of complaints/suggestion boxes at conspicuous locations in the college
3. Ensure availability of helpline/telephone numbers in the college handbook, website, and enquiry wing
4. Ensure dissemination of awareness about the stated purpose and procedures of the Cell to the beneficiaries
5. Entrust the Head/tutor/mentor/student advisor to promptly address the complaints raised by the aggrieved student that come within the purview of his/her competence and authority
6. Encourage the students to submit their grievances in written on issues related to admission, fee payment, the conduct of examination and evaluation, curriculum delivery, infrastructural facilities, any form of unfair and discriminatory treatment to the Grievance Redressal Cell.
7. Encourage both teaching and non-teaching to report their grievances to the immediate superior/staff advisor or as a written petition to the Grievance Redressal Cell

8. Ensure responsive and judicious redressal of the issues following a prompt and detailed enquiry undertaken by the Grievance Redressal Cell
9. Ensure disciplinary action against the complainant, if the complaint is found defamatory and deceptive, upon enquiry by the Cell
10. Conduct quarterly review meetings of the Cell to evaluate its activities, the nature and frequency of complaints submitted and implement remedial measures

## 8. MENTORING POLICY

Mentoring forms an integral part of how educators engage in a constructive and purposeful relationship with the students to assure their holistic development. The institution foregrounds the need to assist each student in personal and academic growth and to soothe the individual into emotional resilience and self-sufficiency through a well-crafted mentor-mentee system. Under this policy, the Institution shall,

1. Orient the full-time faculty turned mentors on the purpose and process of effective mentoring to equip them with the requisite skills and resources
2. Entrust a mentor with a maximum of 16 -20 mentees based on the student strength at the time, to guide during the span of their study in the college
3. Ensure that the mentors comply with the procedure of mentoring policy in all honesty
4. Ensure that the mentor invests time and effort to engage in proactive communication and render informed guidance/advice for the personal and academic progress of mentees
5. Monitor the regularity of meetings and follow-ups by mentors with mentees and the mentor's diary maintained
6. Ensure that the confidentiality of communication between mentor-mentee is maintained
7. Affirm that mentors maintain non-judgmental relationships and sustain the role of trusted advisor to the mentee
8. Treat any violation of confidentiality with stringent action
9. Address and redress issues raised on the lack or inconsistency of support from the part of the mentor, if any, brought to the attention of the Tutor/Head or Principal with immediacy



10. Ensure that the issues raised by the mentees beyond the obligation of mentor to advice/guide on are brought to the immediate knowledge of authority concerned to ensure the proper channels of assistance and counselling.

## 9. ENVIRONMENT AND SUSTAINABILITY POLICY

Carmel College, blanketed in greenery, expects all stakeholders to uphold its policy to 'Stay Green', through their participation in implementing the pragmatic practices that are sustainable forever and nature conserving.

It is the prime intent of the institution to imbibe in its students and staff a sense of ecological consciousness, inculcate in them the spirit of enthusiastic involvement in all its efforts to nurture nature and build an ecological team so that they may actively partake in the eco-friendly considerations and engagements promoted by the institution. Under this policy, the institution shall,

1. Frame and implement policies and viable practices, in line with those of Central and State governments, involving prevention of pollution and reduction of wastes that will ensure the sustainability of the environment
2. Communicate proactively the institution's policy on environment and sustainable practices with the stakeholders to secure their wholehearted participation
3. Act with practical measures to preserve the biodiversity on the campus
4. Execute environment and energy initiatives systematically through conduct of green audit, energy audit, biodiversity audit and such other assessment tools
5. Implement energy conservation measures and expand the use of alternative sources of energy, including the installation and maintenance of solar panels, biogas plants, and energy-efficient equipment
6. Harvest rainwater effectively for storage and recharging of land and water bodies on the campus
7. Ensure measures for minimizing and managing the proper disposal of all forms of wastes - solid, liquid and E-wastes

8. Abide by the principle of 'Carmel Green Protocol' in the use of products and services
9. Engineer measures to maximize the utilization of renewable resources and minimize the use of hazardous substances
10. Ensure observance of national and international days related to the environment, and help foster environmental commitment among stakeholders through enlightening seminars, workshops, campaigns, and other deliberations
11. Go paperless through substitution of electronic and other means in academic and administrative activities
12. Restrict the use of vehicles within the campus
13. Actualize all measures to recycle wastewater, conserve water bodies, and protect wetlands within the campus
14. Construct and maintain tanks and bunds, as needed, for ecological enrichment of the college campus
15. Initiate and actualize community engagements for promotion and expansion of sustainable ecological niches, through extension activities and outreach programs involving the students, staff, and the community

## **10. GENDER SENSITIZATION POLICY**

Higher educational institutions have a significant role in orienting young minds towards the ideals of gender equality, inclusivity, and diversity. Sensitizing the student community on issues about gender and empowering women, particularly the rural women, through quality education and community engagement is one of the pivotal resolves of Carmel College. The very vision and mission of the institution reflect this and, in all earnestness, strives to actualize this objective. Under this policy, the institution shall,

1. Implement measures to ensure a safe and dignified learning environment and workplace for staff and students
2. Organize insightful seminars, conferences, workshops, interactive/motivational talks that can promote cognizance of various dimensions of gender
3. Collaborate with local police/NGOs/experts to educate on ways to combat gender bias/ violence or any form of sexual harassment and the laws and rights constituted for the same
4. Institute internal systems of relief and grievance redressal that are readily accessible to all
5. Ensure concrete means to address and redress grievances related to harassment or discrimination based on gender
6. Disseminate awareness on gender issues among students through effective delivery of course modules in the curriculum within the classroom
7. Open avenues to organize debates, discussions, surveys, paper presentations, competitions on topics related to gender, basic rights to dignity and respect, gender justice and the like
8. Encourage staff and students to take up major/minor projects, doctoral thesis, dissertation/projects that address diverse aspects of gender

9. Provide training to the students to equip them as active disseminators of knowledge on gender rights and equality among other younger learners in the community and neighbourhood
10. Provide counselling and self-defence training to ascertain their mental and physical fitness
11. Observe commemorative days such as International Women's Day, Girl Child Day etc. to cultivate a sense of pride and purpose
12. Ensure effectual services of Carmel Extension Centre for Women, in providing training to the adult and young women of the neighbourhood in bookbinding, notebook making, tailoring, embroidery, handicrafts and ornaments making to empower them in securing financial independence
13. Strengthen its community engagement through forming women collectives in the neighbourhood, organizing gender awareness/empowerment campaigns/classes, extending financial assistance and also library services to widen their knowledge

## 11. RESEARCH POLICY

Research undertaken by faculty and students plays a pivotal role in enhancing the quality of an HEI. The institution recognizes the contributory role of research in inspiring active dissemination of knowledge and community enrichment and therefore advocates comprehensive guidelines to encourage significant and meticulous research endeavours across disciplines. Under this policy, the institution shall,

1. Constitute a Research Cell spear-headed by the Principal and coordinated by a senior faculty with three faculty representatives from the Arts, Science and Commerce stream of the institution to monitor and actualize viable research proposals and projects
2. Constitute an Ethics Committee to monitor research proposals, publications or any other research-related activity to ensure proper adherence to the code of research ethics
3. Frame, codify and implement precepts and guidelines for faculty and students on ethical and productive conduct of research within and outside the institution
4. Cultivate the right attitude and orientation in faculty and students through informative seminars and workshops on professional ethics by experts in the field towards undertaking quality research
5. Equip each department with necessary and advanced research facilities
6. Encourage research projects undertaken by faculty that are community-centric and shall directly benefit the local community
7. Extend financial and other auxiliary support such as infrastructural, laboratory facilities etc. to faculty for fruitful engagement in research pursuits
8. Communicate promptly any information on provisions for availing research grants to aspiring research scholars, both faculty and students
9. Encourage faculty members to participate in FDP/Short Term courses/Refresher/Orientation programmes
10. Encourage participation and presentation of research papers by faculty and students in national/international seminars/conferences
11. Encourage research publications by faculty and students in reputed national/international journals
12. Encourage prompt use of the plagiarism checking software to enhance the quality of research writings.
13. Publish quality research papers by faculty and students in *Carmel Blaze- A Multidisciplinary Peer-Reviewed Research Journal* (ISSN 2349-0217) and *Carmel Bloom- Journal of Multidisciplinary Research* respectively – research journals of the college - to stimulate a research culture within the campus
14. Extend financial aid to departments for organizing seminars/workshops of national/international level in their discipline
15. Provide financial assistance to the guest faculty to participate in national/international seminars/conferences, present and publish research papers
16. Encourage research collaborations with recognized institutes/industries/NGOs
17. Acknowledge the significant achievements and contributions in research by faculty and students
18. Acknowledge the original and outstanding dissertation among post-graduate students in Arts, Science and Commerce streams by awarding the Best Dissertation each academic year

19. Provide a congenial ecosystem for students to promote their entrepreneurial pursuits undertaken through sound research
20. Promote the development of the Research Centre of Botany for undertaking innovative, collaborative, and community-centric research activities
21. Encourage research guideships and promote the development of PG departments into research centres



## 12. ALUMNAE POLICY

Alumnae plays a pivotal role in enhancing the stature and distinctiveness of the alma mater. It is a mutually beneficial and nurturing long-term relationship. The institution recognizes the various dimensions of alumnae engagement and welcomes their active involvement in furthering its educational prospects. Under this policy, the institution shall,

1. Maintain and update an information/contact database of alumnae to build a network for better communication and ensure the confidentiality of the same
2. Constitute an Alumnae Association headed by an Executive Body comprising of 9 members - President, Vice-President, Secretary, Finance Officer, Joint Secretary, Arts Convener, General Captain and 2 Executive members – to be re-elected every year by the General Body
3. Conduct quarterly meeting of the Executive Body and annual meeting of the General Body
4. Hold alumnae reunions in the college premise on 26th January every year, and if not, under unforeseen circumstances, within 10 days of the scheduled date
5. Release and distribute the Alumnae News Bulletin annually
6. Honour notable accomplishments of alumnae
7. Engage alumnae in prominent academic and non-academic advisory bodies to avail their contribution and resource for the upliftment of the institution
8. Collect and assess feedbacks from alumnae on various parameters pertaining to the academic and administrative policy and procedures of the institution
9. Extend platforms for alumnae engagements as resource persons, chief guests, and benefactors
10. Collaborate with the alumnae to organize enriching seminars, workshops, and training programmes

11. Ensure the participation of alumnae in the best practices of the institution, particularly, the green campus initiative
12. Utilize the funds raised and donations/assets endowed by alumnae in the best interest of the institution and its stakeholders
13. Maintain transparency in all its engagements with the alumnae



**Carmel College (Autonomous)  
Mala, Thrissur**

**Nationally Re-accredited with "A" Grade(Fourth Cycle)**

# **Department of Botany**

Organizes



## ***"AN INTRODUCTION TO GENDER STUDIES"***

**RESOURCE PERSON: DR.REENA T K  
ASSISTANT PROFESSOR  
DEPARTMENT OF HISTORY  
CARMEL COLLEGE AUTONOMOUS MALA**

**DATE-29/03/2023**

**TIME-2:30 PM**

**VENUE-AUDIO VISUAL ROOM**

(Co-ordinators)

Dr.Sr.Kochuthressia K P

Dr.Sinjumol Thomas

Dr.Dhanya Thomas T T

Dr.Roby T J

Dr.Geo Joseph

(HoD)

Dr.Bindhu K B

(Principal)

Dr.Sr.Catherine CMC

**Carmel College (Autonomous), Mala  
Department of Botany**

***Organizes a talk on***

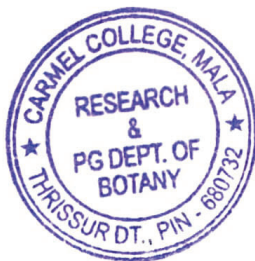
**AN INTRODUCTION TO GENDER STUDIES**


Department of Botany organized a seminar on the topic “An introduction to gender studies” on 29<sup>th</sup> March 2023, 2:30 pm. Dr. Geo Joseph, Assistant Professor, Department of Botany, Carmel College (Autonomous) Mala welcomed the Resource Person, Dr. Reena TK, Assistant Professor of History, Carmel College (Autonomous) Mala and the gathering.

Gender studies focuses on the ways gender identity and sexual orientation shape behaviors and feelings, and it investigates power dynamics that relate to sex. Gender studies are a field that promotes gender equality and combats discrimination against women and other marginalized groups.

The session was concluded that Gender studies provide an insight into the history, philosophy and the regulation of humans. Ms. Sneha ES presented the vote of thanks. Seminar ends on 3.30 pm.

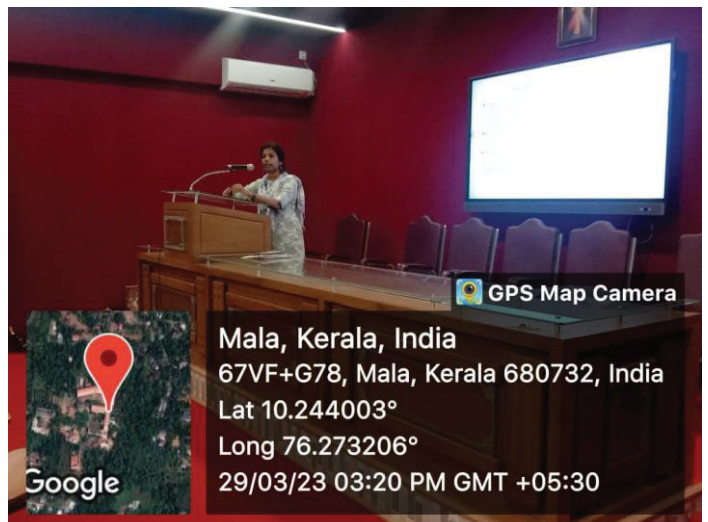
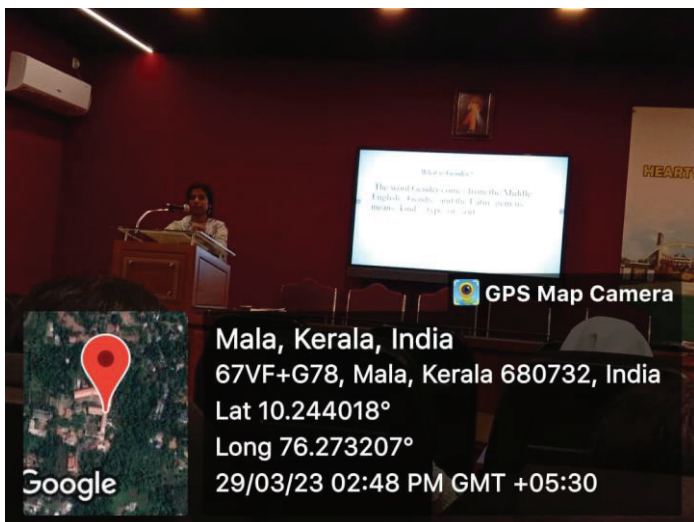
**Outcome:** Students understand the importance of Gender identification, gender equality and all inclusive growth of gender in modern society.



  
Head  
Department of Botany  
Carmel College, Mala  
Thirissur, Kerala - 680732



## An Introduction to Gender Studies -29/03/2023



**Department of Botany  
Carmel College (Autonomous) Mala**

**Organizes**

**Talk on "An Introduction to Gender Studies"**

Date : 29/03/2023

Time: 2:30 pm

Venue: Audio Visual Room

Sl.No	Name	Class	Signature
1	Arya Gopi	I <sup>st</sup> MSc Botany	
2	Jayalakshmi Gokuldas	"	
3	Megha Mukundan	"	
4	Anjana T.S	"	
5	Aleena pauly	"	
6	Anjana U.T	"	
7	Linishya Francis	"	
8	Amina parveen	"	
9	Greeshma K.S	"	
10	Jayalax Alma Rose	"	
11	Sreeshma Ramesh	"	
12	Jesline Mariya	"	
13	Varna T.P	"	
14	Sneha E.S	"	
15	Aparna N	"	
16	Aswathi A.A	III Bsc Botany	
17	Aswathy P.A	"	
18	Devika sachanandan	"	
19	Jeni Rajappan	"	
20	Kareshwariya N.R	"	
21	Vandha T. Ramesh	"	
22	Saathy V.R	"	
23	Suvarna M.S	"	
24	Reema K.T	"	
25	Ashny U.V	"	
26	Aleena Biju	"	
27	Sneha K.S	II Bsc Botany	









**CARMEL COLLEGE(AUTONOMOUS)**

**MALA ,THRISSUR,KERALA 680732**

**Re-accredited with 'A' Grade by NACC(Fourth Cycle)**



## WOMEN CELL

**In association with District Women and Child  
Development Department,Thrissur**



**GENDER SENSITISATION CAMPAIGN**

**KANAL**



**Resource Person**

**Date : 17/10/2022**

**Time : 2.30 PM**

**Venue : Auditorium**



**M .G. Jayasree**

**Women and Child Development Department  
POSH Act District level local Committee Member,  
Kerala Sasthra Sahitya Parishad Member**

**Dr .Merin Francis**

**Ms. Reena TK**

**Ms. Sonika TS**

**Staff Co-ordinators**

**Meera .P**


**District Women and Child  
Development Officer**

**Dr. Sr. Catherine CMC  
Principal**



## **KANAL PROGRAMME**

**As a part of govt.order , Womencell organized a gender sensitization campaign programme in association with District Women and child development department, Thrissur on 17th October 2022at at 2.30 pm .in the Auditorium.M G Jayasree,Kerala shastra sahitya Parishath Member was the resource person**

  
Dr. Merin Francis  
Assistant Professor &  
Head Department of Malayalam  
Carmel College (Autonomous), Maia

മാളു കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ ഹാജർ.

ക്രമ നമ്പർ	പേര്	ഊസ്	ബ്ജ
1	Fathima shamnu.	B.com Finance.	<u>Fatma</u>
2	Nivya Thomas	III <sup>rd</sup> BA sociology	<u>Nivya</u>
3	SINDRALLA-JSE	III <sup>rd</sup> BA sociology	<u>Sindralla</u>
4	Hekia Paulson	III BA Soc	<u>Hekia</u>
5	Navya T.V	III BA Sociology	<u>Navya</u>
6	Annarose P.A	III BA Sociology	<u>Annarose</u>
7	Suathi.V.S	I <sup>st</sup> BA Political	<u>Suathi</u>
8	Dr. Sr. Nicy A.D	Principal	<u>Nicy</u>
9	Dr. Merin Francis	Faculty Dept. of Malayalam	<u>Merin</u>
10	Rene.T.K.	Asst. Professor Dept. of History	<u>Rene</u>
11	Rajeshwary P.K.	Dept. of Malayalam	<u>Rajeshwary</u>
12	Letche.S	Women Protection officer,	<u>Letche</u>
13	Mena.p	DWUPO	<u>Mena</u>

മാള കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ ഹാജർ.

ക്രമ നമ്പർ	പേര്	ജാസ്	ബി
14	Sneha Sajan	I BA Politics	Sneha
15	Aayisha PB	III Sem Ba Sociology	Aayisha
	1		



ഈ കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ പാഠങ്ങൾ.

ക്രമ നമ്പർ	പേര്	എഡ്യൂക്കേഷൻ	സൈൻ
16	Devika sadanandan	II DC Bsc . botany	<u>Devika</u>
17	Soojya banu . B.m	II DC Botany	<u>Suja</u>
18	Arya Dawies	Urd B.com CA	<u>Arya</u>
19	Sonalakshmi. N.A	II B.VOC SD	<u>Sona</u>
20	Anuranya k.A	und B.voc BFSI	<u>Anuranya</u>
21	Aswathykaishra	Ind Bvoc BFSI	<u>Aswathy</u>
22	Aswathy PU	Ind BA Political science	<u>Aswathy</u>
23	Aswani P.J	Ind Bvoc SD	<u>Aswani</u>
24	Siyamol K.S	Ind Bvoc SD	<u>Siyamol</u>
25	Nimmy Joy	Ind BA political science	<u>Nimmy</u>
26	Archana V Chopal	Ind BA Sociology	<u>Archana</u>
27	Gopika . N.P	Ind Bsc Maths	<u>Gopika</u>
28	Hasna R H	Ind Bcom CA	<u>Hasna</u>
29	Andra Rajeev	Ind Bsc Maths	<u>Andra</u>
30	Anunima AS	Ind Bsc Maths	<u>Anunima</u>
31	Dilma P.S	Ind BA politics	<u>Dilma</u>
32	Nanchara	"	<u>Nanchara</u>
33	Harshamo L.V	II BA sociology	<u>Harshamo</u>
34	Nardana S	"	<u>Nardana</u>



ഈ കാരണങ്ങൾ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ ഹാജർ.

ക്രമ നമ്പർ	പേര്	ക്രമം	ഒപ്പ്
35	Devika sadanandan	II DC BSc . botany	<u>Devika</u>
36	Saofiya banu . B.M	II DC Botany	<u>Sufi</u>
37	Arya Dawes	Utd B.Com CA	<u>Arya</u>
38	Shalakhm: N.A	IE B.VOC SD	<del>Shalakhm</del>
39	Amaranya k.A	und B.VOC BFSI	<u>Amaranya</u>
40	Aswathykaishra.	II <sup>nd</sup> BVOC BFSI	<u>Aswathy</u>
41	Aswathy PU	II <sup>nd</sup> BA Political Science	<u>Aswathy</u>
47	ASWANI P.J	II <sup>nd</sup> B.VOC SD	<del>ASWANI</del>
43	Sigamol K.S	II <sup>nd</sup> BVOC SD	<u>Sigamol</u>
44	Nimmy Joy	II <sup>nd</sup> BA Political Science	<u>Nimmy</u>
45	Archana V Chopal	II <sup>nd</sup> BA Sociology	<u>Archana</u>
46	Gopika .N.P	II <sup>nd</sup> BSc Maths	<u>Gopika</u>
47	Hasna R H	I <sup>nd</sup> B.Com CA	<u>Hasna</u>
48	Andra Rajeev	I <sup>nd</sup> BSc Maths	<u>Andra</u>
49	Anuima AS	II <sup>nd</sup> BSc Maths	<del>Anuima</del>
50	Dilma PS	II <sup>nd</sup> BA Politics	<u>Dilma</u>
51	Nanchana	"	<u>Nanchana</u>
52	Harshamo I.V	II BA sociology	<u>Harshamo</u>
53	Nardana S	"	<u>Nardana</u>

മാളു കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ റോജർ.

ക്രമ നമ്പർ	പേര്	ഉറസ്	ബ്ക്ക്
54	Amresha M.S.	II <sup>nd</sup> BA Sociology	<i>[Signature]</i>
55	Krishnaveni KR	II <sup>nd</sup> BA Sociology	<i>[Signature]</i>
56	Shahma S.P.	II <sup>nd</sup> BA Political Science	<i>[Signature]</i>
57	Anamika P.	II <sup>nd</sup> BSc Agriculture	<i>[Signature]</i>
58	Anjuna K. Joyy	III <sup>rd</sup> BSc Mathematics	<i>[Signature]</i>
59	Silpa C.T	III <sup>rd</sup> BSc Mathematics	<i>[Signature]</i>
60	Keerthana K.V.	III <sup>rd</sup> BSc Mathematics	<i>[Signature]</i>
61	Shamini Shaju	III <sup>rd</sup> BSc Mathematics	<i>[Signature]</i>
62	M. S. Sreya	III <sup>rd</sup> BSc Mathematics	<i>[Signature]</i>
63	Anjel. Joseph	II <sup>nd</sup> BSc Mathematics	<i>[Signature]</i>
64	Nandhana K.R	III <sup>rd</sup> BSc. Mathematics	<i>[Signature]</i>
65	Fathimath Shifana O.A	I <sup>st</sup> BSc Biology	<i>[Signature]</i>
66	Buhaita-T	" "	<i>[Signature]</i>
67	Rethu Rose AJ	" "	<i>[Signature]</i>
68	SHAFNA PP	" "	<i>[Signature]</i>
69	Hephzibha Japamony	I <sup>st</sup> Appli Phy	<i>[Signature]</i>
70	Anjana K.K	I <sup>st</sup> Political science	<i>[Signature]</i>
71	Fasna shirin	I Political Science	<i>[Signature]</i>
72	Bhadra T.S	I <sup>st</sup> political science	<i>[Signature]</i>



മാള കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ പാഠങ്ങൾ.

ക്രമ നമ്പർ	പേര്	ക്രമം	ബുക്ക്
73	Anju .A.p	I <sup>st</sup> BA Sociology	<del>Anju</del>
74	Henna Fathima	I <sup>st</sup> BA sociology	Henna fathima
75	Aadhya .k.s	I <sup>st</sup> BA Sociology	<del>Aadhya</del>
76	Pennuranni .V	III <sup>rd</sup> Bsc Botany	<del>Pennuranni</del>
77	Devichandana.p	II <sup>nd</sup> BA Sociology	Chandana...
78	Anceta .Shaju	II <sup>nd</sup> BA sociology	<del>Anceta</del>
79	Sandra P.S	I <sup>st</sup> BA Sociology	<del>Sandra</del>
80	Hridhaya .R	II <sup>nd</sup> Bsc Mathematics	R.
81	Sreelekshmi .m.p	II <sup>nd</sup> Bsc Mathematics	<del>Sreelekshmi</del>
82	Shahana.s.p	I <sup>st</sup> BA FE	She.
83	Ashala Kshmi.p	II <sup>nd</sup> Bsc Chemistry	AKP
84	Hishana Fathima M/c	"	hishana
85	Muhsina P.R	B. Com Finance	<del>Muhsina</del>
86	Bisma k.B	B.com Finance	<del>Bisma</del>
87	Megha T.P	2 <sup>nd</sup> BA FE	<del>Megha</del>
88	Rahana Raj	2 <sup>nd</sup> BA FE	Rahana Raj
89	Anna Rose VARGHESE	2 <sup>nd</sup> BA FE	AR.
90	Christeena Sunny	2 <sup>nd</sup> BA Sociology	Christeena
91	Krishna Priya M.S	2 <sup>nd</sup> BA FE	KP.



മാള കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ ഹാജർ.

ക്രമ നമ്പർ	പേര്	ഗ്രേഡ്	ഒപ്പ്
92	Maya M.M	2nd BA FE	
93	Sreelakshmi O.S	"	
94	Rahana Fathima MR	2nd BA sociology	
95	Meeraja RJ	"	
96	Sreya R. Vinod	2nd BSc Mathematics	
97	Baniya Krishna NS	2nd MA Int Sociology	
98	Ajina P	2nd BA Sociology	
99	Sreelakshmi C.S	2nd B.com Finance	
100	Alisha C	2nd BA SOCIOLOGY	
101	Sreeshma A.K	2nd BA Political Science	
102	Angana Arunachal	"	
103	Banusa	1st BA sociology	
104	Lakshmi Priya R.K	"	
105	Meghna Manoj	1st BA sociology integrated	
106	Shreya S	1st BA sociology	
107	Anitha James	2nd Bsc Botany	
108	Arya K.S	"	
109	Aniya	"	
110	Asna V.N	"	



2023 കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ പരാമർ.

ക്രമ നമ്പർ	പേര്	ക്ലാസ്	ഒപ്പ്
130	Fathima shamnu.	B.com Finance.	
131	Nivya Thomas	III <sup>rd</sup> BA sociology	
132	SINDRALLA-JYE	III <sup>rd</sup> BA sociology	
133	Hekia Paulson	III BA Soccr	
134	Navya T.V	III BA Sociology	
135	Annarose P.A	III BA Sociology.	
136	Suathi.V-S	I <sup>st</sup> BA Political	
137	Dr. Sr. Nicy-A.D	Principal	
138	Dr. Merin Francis	Faculty Dept. of Malayalam	
139	Rene.T.K.	Dept. of History	
140	Rajeswary P.K.	Dept. of Malayalam	
141	Leleha.S	Women Protection officer,	
142	Mene.p	DW 100	

Dr. Merin Francis  
 Assistant Professor &  
 Head Department of Malayalam  
 Carmel College (Autonomous), Mala









മാളു കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ ഹാജർ.

ക്രമ നമ്പർ	പേര്	ക്ലാസ്സ്	ബ്ക്ക്
	Devika sadanandan	II DC Bsc . botany	<u>Devika</u>
	Soofigya banu . B.M	II DC Botany	<u>Sufi</u>
	Arya Davies	Urad B.com CA	<u>Arya P</u>
	Sonalakshmi: N.A	II B.VOC SD	<del>_____</del>
	Anuranya k.A	und B.VOC BFSI	<u>Anuranya</u>
	Aswathykaishra.	II <sup>nd</sup> BVOC BFSI	<u>Aswathy</u>
	Aswathy PU	II <sup>nd</sup> BA-Political science	<u>Aswathi</u>
	ASWANI P J	II <sup>nd</sup> BVOC SD	<del>_____</del>
	Siyamol K.S	II <sup>nd</sup> BVOC SD	<u>Siya</u>
	Nimmy Joy	II <sup>nd</sup> BA political science	<u>Nimmy</u>
	Archana V Chopal	II <sup>nd</sup> BA Sociology	<u>Archana</u>
	Gopika.N.P	II <sup>nd</sup> Bsc Maths	<u>Gopika</u>
	Hasna R H	II <sup>nd</sup> Bcom CA	<u>Hasna</u>
	Arndra Rajeev	II <sup>nd</sup> Bsc Maths	<u>Arndra</u>
	Arunima AS	II <sup>nd</sup> Bsc Maths	<u>Arunima</u>
	Dilna P.S	II <sup>nd</sup> BA Politics	<u>Dilna</u>
	Nanchana	"	<u>Nanchana</u>
	Harshamol.v	II BA sociology	<u>Harshamol</u>
	Nandana.s	II	<u>Nandana</u>



മാളു കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ റോജർ.

ക്രമ നമ്പർ	പേര്	ക്ലാസ്സ്	ഒപ്പ്
	Devika sadanandan	II DC Bsc . botany	<u>Devika</u>
	Soofiya banu . B.M	II DC Botany	<u>Sufi</u>
	Asya Dawies	Urd B.Com CA	<u>Asya</u>
	Snalakhmi. N.A	II B.VOC SD	<u>Snalakhmi</u>
	Anuranya k.A	Und B.voc BFSI	<u>Anuranya</u>
	Aswathykaishra.	II <sup>nd</sup> BVOC BFSI	<u>Aswathy</u>
	Aswathy PU	II <sup>nd</sup> BA Political science	<u>Aswathy</u>
	Aswani P.J	II <sup>nd</sup> B.VOC SD	<u>Aswani</u>
	Sigamol K.S	II <sup>nd</sup> BVOC SD	<u>Sigamol</u>
	Nimmy Joy	II <sup>nd</sup> BA Political science	<u>Nimmy</u>
	Archana V Chopal	II <sup>nd</sup> BA Sociology	<u>Archana</u>
	Gopika .N.P	II <sup>nd</sup> Bsc Maths	<u>Gopika</u>
	Hasna R H	II <sup>nd</sup> BCOM CA	<u>Hasna</u>
	Andra Rajeev	II <sup>nd</sup> Bsc Maths	<u>Andra</u>
	Anunima AS	II <sup>nd</sup> Bsc Maths	<u>Anunima</u>
	Dilna PS	II <sup>nd</sup> BA Politics	<u>Dilna</u>
	Nanchara	"	<u>Nanchara</u>
	Harshamo L.V	II BA sociology	<u>Harshamo</u>
	Nardanas	II	<u>Nardanas</u>



മാളു കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ പരാജർ.

ക്രമ നമ്പർ	പേര്	ക്ലാസ്	ഒപ്പ്
	Amresha M.S.	II <sup>nd</sup> BA sociology	
	KrishnaVeni KR	I <sup>nd</sup> BA Sociology	
	Shahna Sheerin	II <sup>nd</sup> BA political Science	
	Anamika P	I <sup>nd</sup> & voc Agriculture	
	Anjima K Jojiy	III <sup>rd</sup> Bsc Mathematics	
	Silpa C.T	III <sup>rd</sup> Bsc Mathematics	
	Keerthana K V	III <sup>rd</sup> Bsc mathematics	
	Shamini Shaju	II <sup>nd</sup> Bsc Mathematics	
	M. S. Sreya	III <sup>rd</sup> Bsc Mathematics	
	Angel. Joseph	II <sup>nd</sup> Bsc mathematics	
	Nandhana K.R	III <sup>rd</sup> Bsc. Mathematics	
	Fadhimat Shifano O.A	I <sup>st</sup> Bsc Botany	
	Suhaila-T	" "	
	Rithu rose A.J	" "	
	SHAFNA PP	" "	
	Hephzibhe Japamony	I <sup>st</sup> Appli Phy	
	Anjana K.K	I <sup>st</sup> Political science	
	Fasna shini'n	I Political Science	
	Bhadra T.S	I <sup>st</sup> political science	



മാള കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ ഹാജരി.

ക്രമ നമ്പർ	പേര്	ജോസ്	ബി
	Anju. A.P	I <sup>nd</sup> BA Sociology	<u>Anju</u>
	Hanna Fathima	II <sup>nd</sup> BA sociology	<u>Hanna fathima</u>
	Aadhya. K.S	I <sup>nd</sup> BA Sociology	<u>Aadhya</u>
	Pennamma. V	III <sup>rd</sup> Bsc Botany	<u>annamith</u>
	Devichandana.p	II <sup>nd</sup> BA Sociology	<u>Devichandana...</u>
	Anceta. Shaju	II <sup>nd</sup> BA sociology	<u>Anceta</u>
	Sandra P.S	I <sup>nd</sup> BA Sociology	<u>Sandra</u>
	Hiralhya.R	II <sup>nd</sup> Bsc Mathematics	<u>H.R.</u>
	Sreebakehmi.m.p	II <sup>nd</sup> Bsc Mathematics	<u>Sreebakehmi</u>
	Shahana.s.p	I <sup>st</sup> BA FE	<u>Shahana</u>
	Ashala Kshmi.p	II <sup>nd</sup> Bsc Chemistry	<u>Ashala</u>
	Hishana Fathima M/c	"	<u>Hishana</u>
	Muhzina P.R	B. com Finance	<u>Muhzina</u>
	Bisma K.B	B.com Finance	<u>Bisma</u>
	Megha T.P	2 <sup>nd</sup> BA FE	<u>Megha</u>
	Rahana Raj	2 <sup>nd</sup> BA FE	<u>Rahana Raj</u>
	ANNA ROSE VARGHESE	2 <sup>nd</sup> BA FE	<u>Anna Rose</u>
	Christeena Sunny	2 <sup>nd</sup> BA Sociology	<u>Christeena</u>
	Krishna Priya M.S	2 <sup>nd</sup> BA FE	<u>K.P.</u>



മാളു കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 17.10.2022 തീയതിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ ഹാജർ.

ക്രമ നമ്പർ	പേര്	ക്ലാസ്	ഒപ്പ്
	Maya M.M	2nd BA FE	
	Steelakshmi O.S	"	
	Rahana Fathima MR	2nd BA sociology	
	Meeraja RJ	"	
	Sreya R-Vinod	2nd BSc Mathematics	
	Baniya Krishna MS	2nd MA Int Sociology	
	Ajina P	2nd BA Sociology	
	Steelakshmi C.S	2nd B-com Finance	
	Alisha C	2nd BA SOCIOLOGY	
	Breeshma A.K	2nd BA Political Science	
	Angana Anandh	"	
	Banusa	1st BA sociology	
	LakshmiPriya R.K	"	
	Meghna Manoj	1st BA Sociology integrated	
	Shobana S	1st BA sociology	
	Anith James	2nd Bsc Botany	
	Arya K.S	"	
	Aliya	"	
	Ana.V.N	"	



മാളു കാർമ്മൽ കോളേജ്, 100 കുട്ടികളെ പങ്കെടുപ്പിച്ചുകൊണ്ട് 11.10.2022 തീയതിയിൽ 2.00 മണി മുതൽ 4.00 മണി വരെ Gender Awareness Class ൽ പങ്കെടുത്തവരുടെ പട്ടിക.

ക്രമ നമ്പർ	പേര്	ക്ലാസ്സ്	സമ്യ
	Aswathy VS	II <sup>nd</sup> BA Sociology	<del>Aswathy</del>
	Avani KS	"	Avani
	Anjana KA	II <sup>nd</sup> MA Int Sociology	<del>Anjana</del>
	Aradhya S.	II <sup>nd</sup> B.Sc Chemistry	<del>Aradhya</del>
	Sreenandana N.R	II <sup>nd</sup> B.Sc Chemistry	<del>Sreenandana</del>
	Nimisha shireen	II <sup>nd</sup> B.Com Finance	Nimisha
	Annu Wined .s	I <sup>st</sup> B.Voc Agriculture	Annu
	Asra. N	I <sup>st</sup> B.Voc Agriculture	Asra
	ARYA V.V	I <sup>st</sup> B.A sociology	<del>ARYA</del>
	VishnuMayer K.M	I <sup>st</sup> B.A sociology	VishnuMayer
	Anuvadha : c	1 <sup>st</sup> BA Sociology	Anuvadha
	Arya vimeesan	III <sup>rd</sup> B.Com Finance	<del>Arya</del>
	Breha xavier	3 <sup>rd</sup> BA sociology	<del>Breha</del>
	Anjali k.s	3 <sup>rd</sup> B.Com F.A	Anjali
	Anjali P.A	3 <sup>rd</sup> MA Integrated Sociology	<del>Anjali</del>
	Hartha.s	3 <sup>rd</sup> MA Integrated Sociology	Hartha
	Tejane shemmer	3 <sup>rd</sup> MA Integrated Sociology	Tejane
	Sneelakshmi M.R	I <sup>st</sup> year B.Com Finance	Sneelakshmi
	Mariya michael	"	Mariya







**Carmel College (Autonomous)**  
**Mala, Thrissur –680732, Kerala**  
**Re–accredited by NAAC With "A"Grade**  
**(4th cycle )**

## **DEPARTMENT OF HISTORY**

**RESOURCE PERSON :**

**Dr. Sree parvathi. D**  
**Assistant professor**  
**Department Of History**  
**SCAM Govt. College**  
**Kuttanellur**

**TALK ON :**

**GENDER RELATIONS IN  
THE  
LITERATURE OF  
MEDIEVAL KERALA**

**DATE : 22/03/2023**

**TIME : 10.30 AM**

**VENUE : AUDIOVISUAL ROOM**

**Coordinators,**  
**Dr. Vinitha. N. Vijayan (HOD)**  
**Ms. Reena. T. K**  
**Dr. Sandhya. P. A**  
**Ms. Brighty Robert**

**Principal**  
**Dr.Sr. Catherine CMC**  
**Carmel college (Autonomous )**  
**Mala, Thrissur, Kerala.**

## Report on Gender Sensitization Programme- 2022-2023


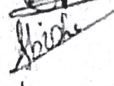

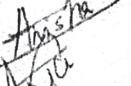
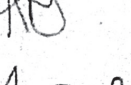
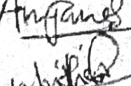
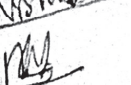
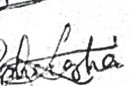
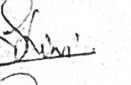
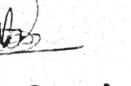
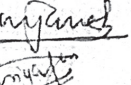

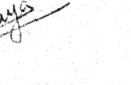
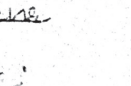



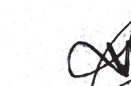





As part of the Gender sensitization programme, Department of History organized an invited talk on 22/3/2023. Dr. Sreeparvathy. D. Assistant Professor, Department of History, SCAM College, Kuttanellor was the resource person. Dr. Vinitha N. Vijayan, Head, Department of History propose welcome address and Principal Dr. Sr. Catherine presided over the programme. The talk was under the title Gender reflections in the literature of Medieval Kerala. It was an informative and interesting session. Students got a clear picture of the life of women in medieval Kerala. The students and teachers of the Department participated in the programme.

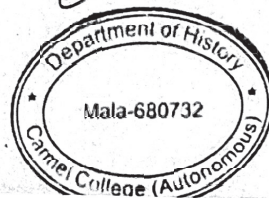


Dr.Vinitha N Vijayan



# LIST OF PARTICIPANTS

- |    |                  |  |
|----|------------------|--|
| 1  | ABHIRAMI AP      |    |
| 2  | ABHISHA ASOK P   |    |
| 3  | ALKHA DEEPAK KT  |    |
| 4  | ANISHA JOY       |    |
| 5  | ANJU KM          |    |
| 6  | ANJANA C GOPI    |    |
| 7  | FATHIMA NISHITHA |    |
| 8  | MJBERLINA        |    |
| 9  | RAHEESHA KM      |    |
| 10 | SHINI KS         |   |
| 11 | SRUTHI SB        |  |
| 12 | ANJANA C GOPI    |  |
| 13 | CIRIYA JOSE      |  |
| 14 | DEVIKA EM        |  |
| 15 | VISMAYA VR       |  |
| 16 | SREENA KM        |  |
| 17 | ASWANI V BHAT    |  |
| 18 | ANJANA KP        |  |
| 19 | ATHIRA CU        |  |
| 20 | GOPIKA MG        |  |
| 21 | LANA KS          |  |
| 22 | NAYANA SHIJU     |  |
| 23 | AKSHARA SURESH   |  |





**Carmel College (Autonomous)  
Mala, Kerala**

*In connection with International Day for the  
Elimination of Violence against Women*

**DEPARTMENT OF BFSI  
Organising Webinar**

**TOPIC : FREEDOM OF WOMEN**

**Resource person**

**Adv.Kiranbala T (BBA,LLB,HDC)**



**Join us on Google Meet  
on 26 November, 2022  
@ 11 AM**

**Varna Jose  
Staff Co-ordinator**

**Maneesha T M  
H O D**

**Dr.Sr.Catherine CMC  
Principal**

**CARMEL COLLEGE (AUTONOMOUS) MALA**  
**Department of Banking, Financial Services and Insurance**  
**Report on Webinar**

Resource Person: - **Adv. Kiranbala T.**

Date: 26<sup>th</sup> November 2022

**(BBA, LLB, HDC)**

Webinar Topic- **“Freedom of Women”**

The department of BFSI organized a webinar on 26<sup>th</sup> November 2022 at 11.00 AM. 49 participants gathered through google meet for the same. The webinar is started with a welcome speech by Ms. Varna Jose (Asst. Professor). The Chief guest Adv. Kiranbala T. delivered an informative lecture on the topic “Freedom of Women”. She explained the the right of a women to live free from violence and discrimination, to enjoy the highest attainable standard of physical and mental health, to be educated etc. There was an interaction session with the students. And the students were actively participated in it. The session concluded with a official vote of thanks by Ms. Ansalna Shiyas, II year BFSI student at 12.30 AM. 29 students participated in the session.

  
Head  
Department of Banking, Financial Service & Insurance  
Carmel College (Autonomous)  
Mala-680732



## oo e Meet Attendance Tracking Report

Meeting Name: prh-epct-rii

Date: 26-Nov-2022



Download as pdf

Attendance Tracking Started At : 11:17:40 AM  
Attendance Tracking Stopped At : 12:16:12 PM  
Total Number of people Attended : 29  
Total Meeting Duration : 58 min 30s

### Detailed Attendance Report

pply filte

Number Of People Attended More Than 65% Of Meeting: 14

Number Of People Attended Less Than 65% Of Meeting: 15

S.No	Participant Name	Attended Duration	Attended Percentage
1	AAYISHA	11 min 31s	20%
2	ALEENA AYOOB	13 min 19s	23%
3	ALEENA JOHN	0 min 54s	2%
4	ANANTH GOKH LE	41 min 20s	71%
5	ANJALY K B	6 min 50s	12%
6	ANJANA GOPINATH	11 min 9s	20%
7	ANJITHA SUNIL	58 min 19s	100%
8	ANSALNA SHIYAS1	58 min 30s	100%
9	ARCHANA KANNAN	33 min 12s	57%
10	ARCHANA SHANMUGHAN	0 min 47s	2%
11	ARYA AARYA	58 min 30s	100%
12	ARYA N A	58 min 14s	100%
13	ASWANI VS	2 min 43s	5%
14	ATHIRA .V.G	0 min 41s	2%
15	CHRISTEENA FELIX	37 min 24s	64%
16	DEVIKA DIVAKARAN	0 min 28s	1%



S.No	Participant Name	Attended Duration	Attended Percentage
17	DHANYA PK	2 min 15s	4%
18	KIRAN BALA	58 min 30s	100%
19	KRISHNA PRIYA	58 min 30s	100%
20	LAKSHMI V P	48 min 5s	83%
21	LIBIYA SABU	58 min 30s	100%
22	MADHURIMA A.M.	58 min 30s	100%
23	MANEESHA T M	58 min 30s	100%
24	MINI BALA	58 min 30s	100%
25	PAVITHRA JIBINRAJ	1 min 41s	3%
26	RUMAISA SANU	36 min 32s	63%
27	SHIHA SHAJU	2 min 4s	4%
28	VARNA SHINOY	58 min 30s	100%
29	VRINDHA VINOD	49 min 57s	86%



**CARMEL COLLEGE**

Mala, Thrissur District, Kerala - 680732

(Affiliated to the University of Calicut

Accredited by NAAC with A Grade in the Third Cycle)

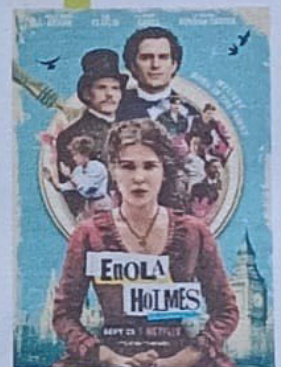
**DEPARTMENT OF ENGLISH**

CARMEL COLLEGE, MALA

## **ENOLA HOLMES:**



Breaking Gender Stereotypes



Date: 10-06-2022

Time: 10.30 am

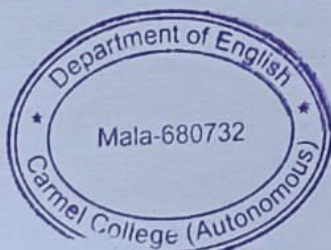
Venue: III B.A. Functional English Class Room

Muhsina Sakkeer  
Student Co-ordinator

Dr. Pretty John P. (HoD)  
Co-ordinator, Media Club

Dr. Sr. Catherine CMC  
Principal

Dr. PRETTY JOHN P.  
Assistant Professor & HOD  
Department of English  
Carmel College(Autonomous), Mala





DEPARTMENT OF ENGLISH

REPORT ON

*ENOLA HOLMES: Breaking Gender Stereotypes*

by the Cinema Talkies, Media Club, Department of English (10-06-22)

The Cinema Talkies of the Media Club, Department of English organized "ENOLA HOLMES: Breaking Gender Stereotypes" on 10<sup>th</sup> June 2022.

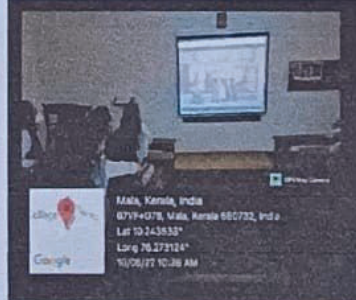
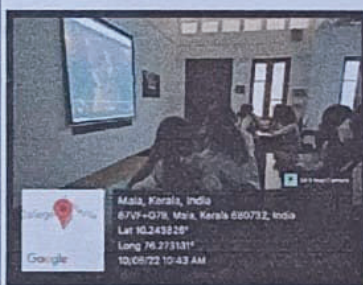
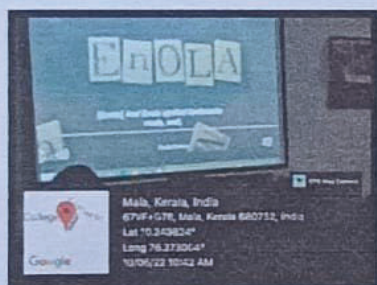
CARMEL COLLEGE  
Mala, The Idukki District, Kerala - 680732  
(Affiliated to the University of Calicut  
Accredited by NAAC with A Grade in the Third Cycle)

DEPARTMENT OF ENGLISH  
CARMEL COLLEGE, MALA

**ENOLA HOLMES:**  
Breaking Gender Stereotypes

Date: 10-06-2022 Time: 10.30 am  
Venue: III B.A. Functional English Class Room

Muhsina Sakkeer Student Co-ordinator  
Dr. Pretty John P. (HoD) Co-ordinator, Media Club  
Dr. Sr. Catherine CMC Principal

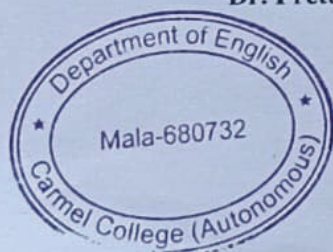


The discussion of students after the screening of the movie, gives insights into several gender inequalities in *Enola Holmes* movie, which are inequality in getting the right to vote; violence, oppression, and sexual harassment of women; women must obey all the orders of men; freedom of expression is limited by societal standards as followed in the Victorian society. The film represents the feminist values through the character of Enola, such as independence, intellectual, showing freedom of choice, gender equality, and right to privacy.

The screening of the film followed by the discussion aimed to sensitize students to different human rights which include right to vote, right to education, rights of elderly persons, right to dignity, right to freedom of expression and other human rights violations which include crimes against women and the underprivileged.

Co-ordinator:  
Dr. Pretty John P. (Co-ordinator, Media Club)

Dr. PRETTY JOHN P.  
Assistant Professor & HOD  
Department of English  
Carmel College(Autonomous), Mala





CARMEL COLLEGE, MALA  
DEPARTMENT OF ENGLISH

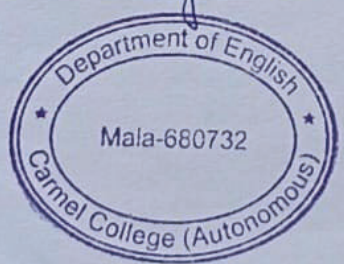
REGISTRATION

Event: Enola Holmes: Breaking Gender Stereotypes by Media Club  
Date: 10.06.2022 Venue: M B.A Functional English Class Room

Sl. No.	Name of Participant	Signature
1	Jobina Thomas	<i>Jobina</i>
2	Ashija Ashraf	<i>Ashija</i>
3	Sareelakshmi K.S	<i>Sareelakshmi</i>
4	Rahna Reekhunandhanan	<i>Rahna</i>
5	Amrutha Krishnan V.R	<i>Amrutha</i>
6	Amritha Wilson	<i>Amritha</i>
7	Nubeena Misra P.N	<i>Nubeena</i>
8	Ashika Nassir V.N	<i>Ashika</i>
9	Vyshnavi A.A.	<i>Vyshnavi</i>
10	DEVIKA P. KRISHNAN	<i>Devika</i>
11	Muhsina PM	<i>Muhsina</i>
12	Anusree unni	<i>Anusree</i>
13	Rafah V Rafeeq	<i>Rafah</i>
14	Mariga George	<i>Mariga</i>
15	Angel Rose Anjo	<i>Angel</i>
16	Nandana P Nandana P	<i>Nandana</i>
17	Aswathy Sunil	<i>Aswathy</i>
18	Muhsina a.m	<i>Muhsina</i>
19	Jayathri	<i>Jayathri</i>
20	Devika m.r	<i>Devika</i>
21	Shilpa K.S	<i>Shilpa</i>
22	Gilna Rose	<i>Gilna</i>
23	Akshara Ramesh	<i>Akshara</i>
24	Hannath A.S	<i>Hannath</i>
25	Ayswarya Sunilkumar	<i>Ayswarya</i>

26. Dr. Pretty John P

*Dr. Pretty*



Dr. PRETTY JOHN P.  
Assistant Professor & HOD  
Department of English  
Carmel College(Autonomous), Mala

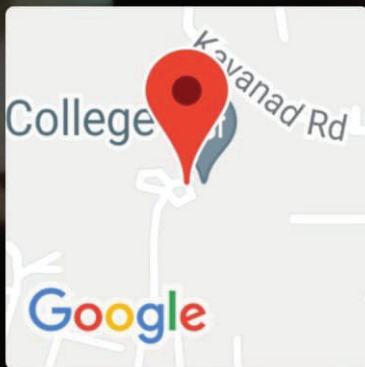
EnOLA

[Enola] And Enola spelled backwards  
reads, well,

Enola Holmes



GPS Map Camera



Mala, Kerala, India

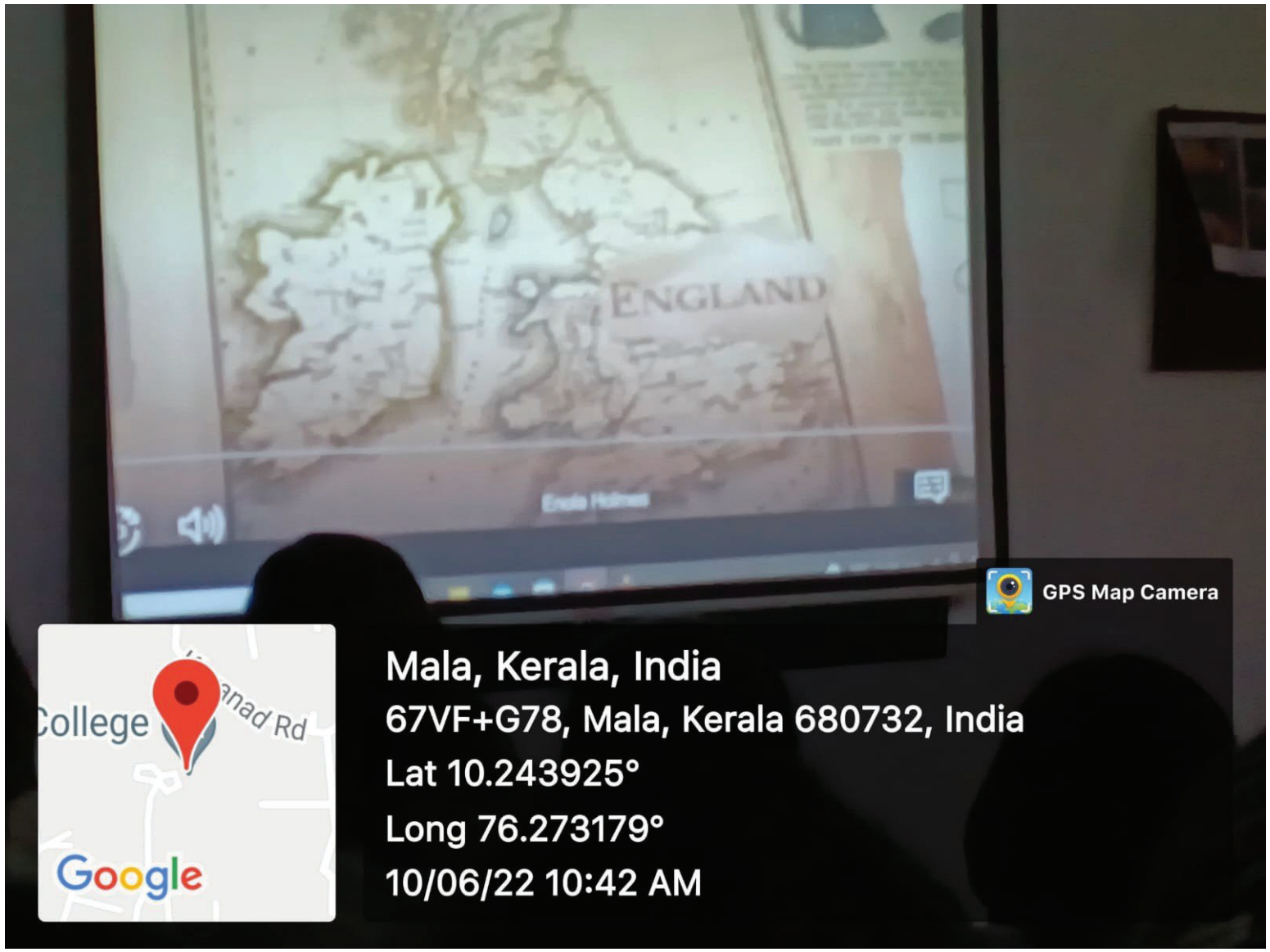
67VF+G78, Mala, Kerala 680732, India

Lat 10.243824°

Long 76.273004°

10/06/22 10:42 AM






 GPS Map Camera



**Mala, Kerala, India**  
**67VF+G78, Mala, Kerala 680732, India**  
**Lat 10.243925°**  
**Long 76.273179°**  
**10/06/22 10:42 AM**






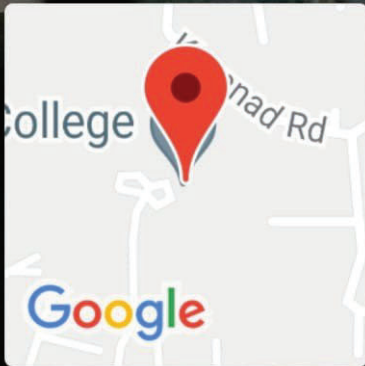
 GPS Map Camera



**Mala, Kerala, India**  
**67VF+G78, Mala, Kerala 680732, India**  
**Lat 10.243826°**  
**Long 76.273131°**  
**10/06/22 10:43 AM**

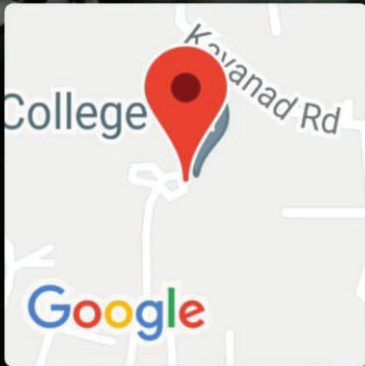


 GPS Map Camera




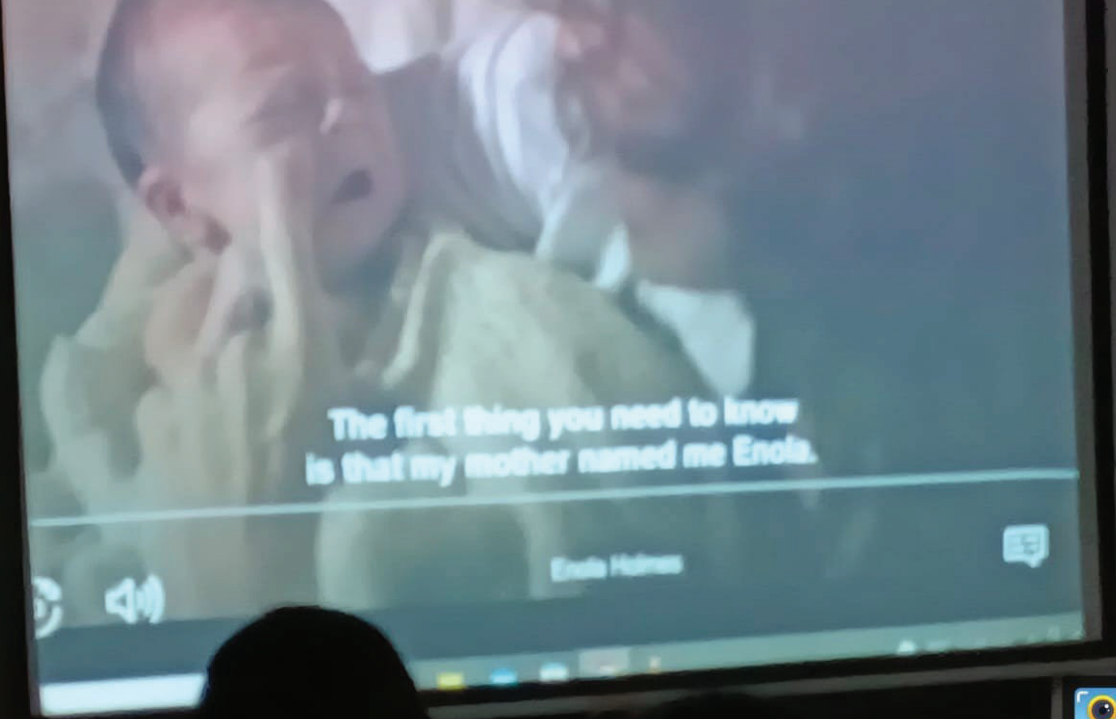
**Mala, Kerala, India**  
**67VF+G78, Mala, Kerala 680732, India**  
**Lat 10.24389°**  
**Long 76.273257°**  
**10/06/22 10:41 AM**





**Mala, Kerala, India**  
**67VF+G78, Mala, Kerala 680732, India**  
**Lat 10.243777°**  
**Long 76.273079°**  
**10/06/22 10:38 AM**

 **GPS Map Camera**

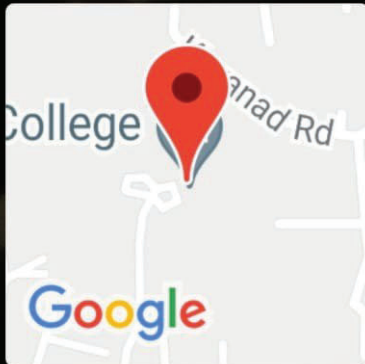


The first thing you need to know  
is that my mother named me Enola.

Enola Holmes



GPS Map Camera



Mala, Kerala, India

67VF+G78, Mala, Kerala 680732, India

Lat 10.243925°

Long 76.273179°

10/06/22 10:42 AM






**Mala, Kerala, India**

**67VF+G78, Mala, Kerala 680732, India**

**Lat 10.243838°**

**Long 76.273124°**

**10/06/22 10:38 AM**

 **GPS Map Camera**





**CARMEL COLLEGE (AUTONOMOUS)**

**MALA, THRISSUR**

Re-accredited By NAAC With 'A Grade'(Fourth Cycle)

Speaker's Forum  
Department of English

**INTER-COLLEGIATE  
SPEECH COMPETITION**

On

**"Gender Inclusivity: Envisioning the  
Indian Posterity"**

**Competition Criteria**

- Individual event
- One entry per person
- Any number of students from an institution can participate
- Medium: English
- Time limit: 1-2 Minutes
- Submit your entry as a video recording
- The entry should include the name of the presenter and institution/university

**Ms. Neeraja A**  
Student Co-ordinator

**Ms. Linda P Joseph &  
Ms. Ashna Varghese**  
Staff Co-ordinators

**Dr. Pretty John P**  
HoD

**Dr. Sr. Catherine CMC**  
Principal

Last date for sending entries  
**8 October 2022**

Inbox your entries @  
[clubs4english@gmail.com](mailto:clubs4english@gmail.com)

For enquiries, contact  
**+91 96333 27566**

Winner will be  
rewarded with  
**₹ 1000/-**

**Dr. PRETTY JOHN P.**  
Assistant Professor & HoD  
Department of English  
Carmel College(Autonomous), Mala



**CARMEL COLLEGE, MALA**  
**DEPARTMENT OF ENGLISH**

**Inter-Collegiate Speech Contest by Speaker's Forum**

**"Gender Inclusivity: Envisioning the Indian Posterity"**

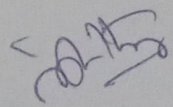
**08 OCTOBER 2022**

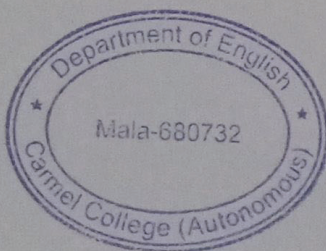
**REPORT**

The Speaker's Forum of the Department of English organised an online inter-collegiate speech contest on the topic "Gender Inclusivity: Envisioning the Indian Posterity" on 08th October 2022. Students from various institutions across the state registered for the event and a total of 9 entries were received before the due date of submission. Among the shortlisted ones, the speech by Ms. Priya Soly, St. Teresa's College (Autonomous), Ernakulam was chosen as the winning entry. The winner was awarded a cash prize of Rs. 1000/- and a certificate of appreciation. All the participants received certificates of participation.

**Outcome:**

The event aimed to extend an apt platform to the young minds for vocalising their reflections on the pertinence of gender inclusivity in moulding a better India for today and tomorrow. All the contestants effectively used the opportunity to share their thoughts on the subject.

  
Dr. PRETTY JOHN P.  
Assistant Professor & HOD  
Department of English  
Carmel College(Autonomous), Mala





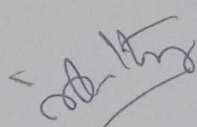
CARMEL COLLEGE, MALA

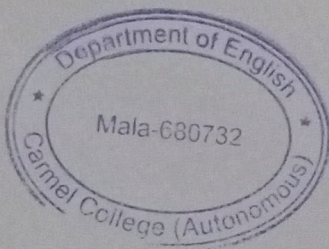
DEPARTMENT OF ENGLISH

SPEAKER'S FORUM

**Inter-collegiate Speech Contest 2k22**

Full Name of the Participant	Name of the Institution and Place (Ex: Carmel College, Mala)	Year	Programme (Ex: B.A. English/ B.B.A/M.Com)
Fathima Saniya	Carmel College, Mala	III Year	MA Integrated Sociology
S.Gayathri	St.Mary's College, Thrissur	II Year	B.A. English
Priya Soly	St. Teresa's College, Ernakulam	III Year	BA Economics
Niveditha.S.J.	Little Flower College, Guruvayoor.	I Year	B.A.English
Alina Babu	Sahrdaya College of Advanced Studies , Kodakara	I Year	B.Sc Psychology
Jeevan Espol	St. Thomas College (Autonomous), Thrissur	II Year	B. Com
Hima Aby	Union Christian College, Aluva	III Year	B.A English
Jinsha Johnson	Christ College (Autonomous), Irinjalakuda	II P G	M.A English
Rajasree Rajeev	St. Mary's College, Thrissur	II Year	B.A. History

  
Dr. PRETTY JOHN P.  
Assistant Professor & HOD  
Department of English  
Carmel College (Autonomous), Mala







# CARMEL COLLEGE (AUTONOMOUS)

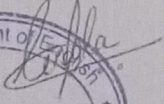
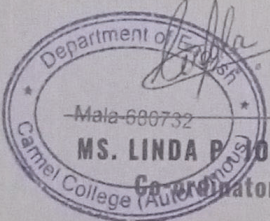
Mala, Thrissur, Kerala 680732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

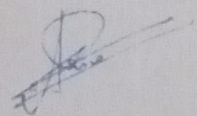
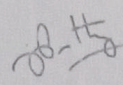
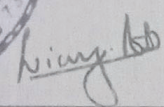


## DEPARTMENT OF ENGLISH

### CERTIFICATE OF APPRECIATION

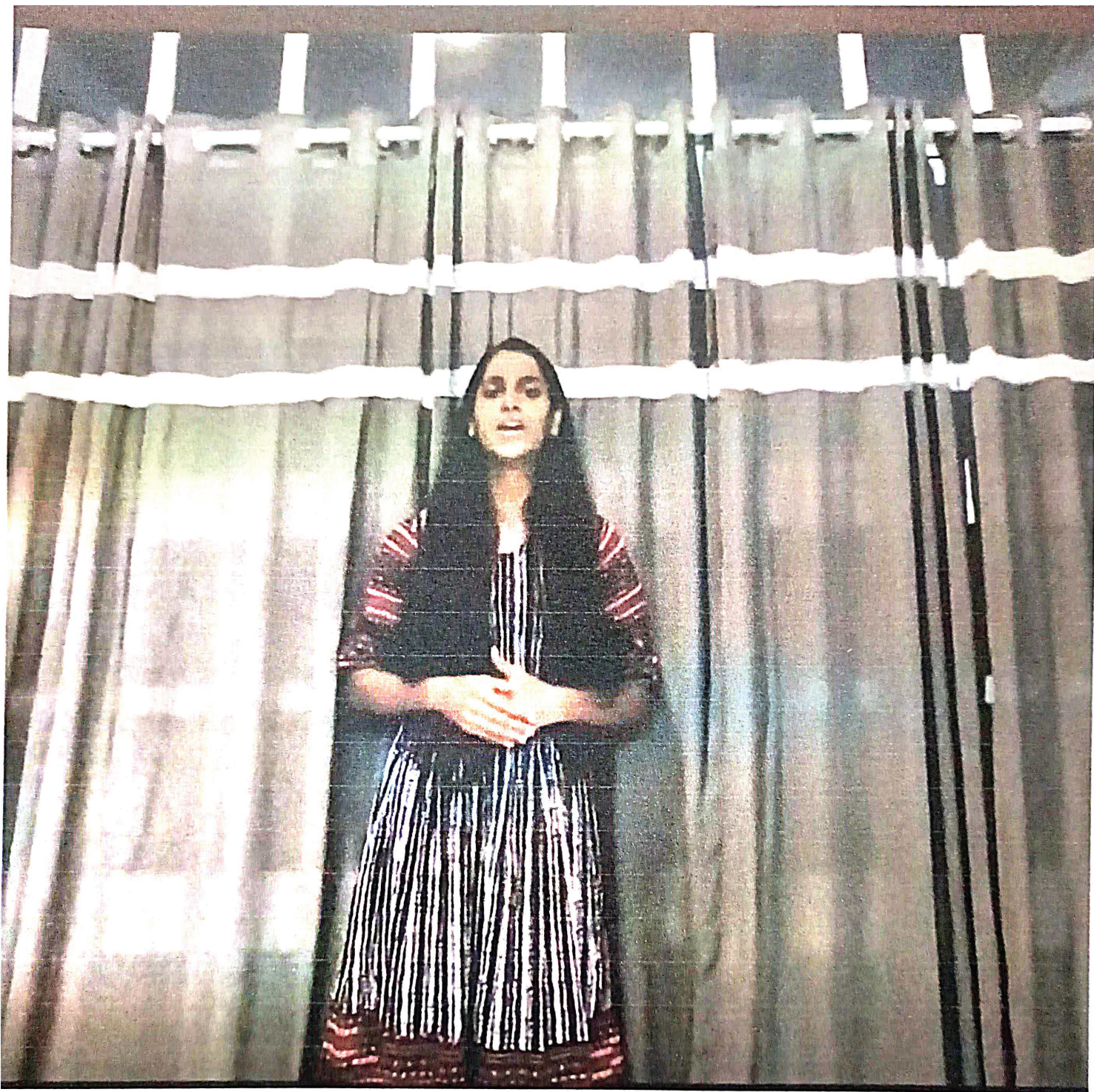
This is to certify that **Ms. Priya Soly** of **St. Teresa's College (Autonomous), Ernakulam** is the **Winner** of the **Inter-Collegiate Speech Contest** organized by the **Speaker's Forum, Department of English, Carmel College, Mala** on **08 October 2022**.

**MS. LINDA P. JOSEPH**  
Co-ordinator

  
**MS. ASHNA VARGHESE**  
Co-ordinator  
**DR. PRETTY JOHN P.**  
Head, Department of English  
**DR. SR. CATHERINE CMC**  
Principal  
**DR. P.P.T.**  
Assistant  
Department of English





*Dr. P. John P.*

**Dr. PRETTY JOHN P.**  
Assistant Professor & HOD  
Department of English  
Carmel College(Autonomous), Mala





# CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur District, Kerala -680732

Affiliated to the University of Calicut

Re-accredited by NAAC with 'A'Grade in the Fourth Cycle

## THE DEPARTMENT OF POLITICAL SCIENCE

Is organising

# SEMINAR

On the topic

# Status Of Women Through Ages



## Ms.ANUJA J

Associate professor &Hod

Dept.of Political Science

Vimala College, Thrissur



Date : 27/09/22

Time-2:30 PM

Venue :

Audio-visual Room

Ms.Ushus Mol E.U  
Cordinator

Ms.Mary Philip  
HoD

Dr.Sr.Catherine CMC  
Principal



**Carmel College (Autonomous), Mala**  
**Department of Political Science**

**Report of Seminar On Status Of Women Through Ages**

Generally human society is constantly changing with additions, assimilations and omissions from within and outside. Women constitute half of the population. This is imperative to have a historical understanding of the status of women through ages. The position of women was not uniform in all periods, differed with regional variations. In ancient India particularly early Vedic period women, enjoyed equal rights. But with the passage of time their status in the society found deteriorated as a result of frequent foreign invasions. They were subjected to subjugation and subordination. New social practices, customs and systems which crept into the society in turn put limitations and restrictions on the liberty of women.

The seminar was conducted in the Audio-visual Room on 27<sup>th</sup> September 2022 at 2:30 PM. The class taken by Ms. Anuja J, Associate Professor & HoD of the Department of Political Science of Vimala College (Autonomous), Thrissur. The whole department of political science attended the seminar. It was coordinated by Ms. Mary Philip (Head Of the Department), Ms. Ushus Mol E.U, Ms. Dhani Mol and Ms. Amilsha A.A were the joint coordinators.

**Outcome of the programme**

The session was very informative and also drawn the attention of students into various discriminations and issues faced by women in the society. Students were able to have the knowledge about immense of laws that prevails for the protection and empowerment of women especially the 'Vishaka case of Banwari Devi of Rajasthan. All the students who took part in the session have promised to study well and will make sure of their contribution into the country.



A handwritten signature in blue ink that reads 'Mary Philip'.

Head  
Department of Political Science  
Carmel College (Autonomous)  
Mala - 680 732



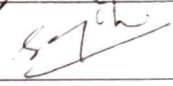
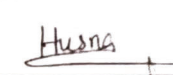
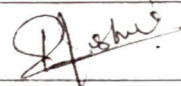
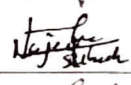

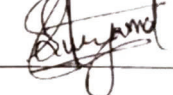

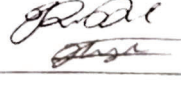



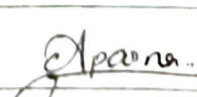

# CARMEL COLLEGE MALA

## DEPARTMENT OF POLITICAL SCIENCE

### Participant List 2022-23

Event: SEMINAR ON Status of women through ages.

Date: 27/9/2022.

Sl no	Name	Class	Signature
1	Shafana Noushad	III <sup>rd</sup> Year	
2	Aysha Amal	3 <sup>rd</sup> BA Political Science	
3	Sajiba	3 <sup>rd</sup> BA political science	
4	Husna Nassrin	3 <sup>rd</sup> BA political science	
5	Reshmi R	3 <sup>rd</sup> BA political science	
6	Najeetha Sidheek	3 <sup>rd</sup> BA Political science	
7	MERIN BOSE	3 <sup>rd</sup> BA Political Science	
8	Susyanmol T.S.	3 <sup>rd</sup> BA Political Science	
9	Aanya.P.B	"	
10	Sumayya.k.s	"	
11	Emiya Joy	"	
12	Rehana.AA	"	
13	Anyanandha v.s	"	
14	Aparna Murali	"	
15	Sanika ol	3 <sup>rd</sup> BA political Science	

16	Sudha U R	"	<del>Sudha</del>
17	Aswini° C B	"	<del>Aswini</del>
18	Aparna . S . menon	"	<del>A.</del>
19	ARYA P A	"	<del>ARYA.</del>
20	Sreetha M . S	"	<del>Sreetha</del>
21.	Durga . k .	"	<del>Durga</del>
22	DAVITHRA . C	1 <sup>st</sup> BA . Political Science	<del>Davithra</del>
23	Sreha Sajan	"	<del>Sreha</del>
24	Suathi . V . S	"	<del>Suathi</del>
25	Anjana K . K	"	<del>Anjana</del>
26	Fathimafarvin AN	"	<del>Fathimafarvin</del>
27	Athulya . P . R		<del>Athulya</del>
28	Fasna shirin		<del>Fasna</del>
29	Okhila V m	"	<del>Okhila</del>
30	Graety .	"	<del>Graety</del>
31	Shalini P . B	" II BA politics	<del>Shalini</del>
32	Suumi A . S	"	<del>Suumi</del>
33.	Fathimathul Hamda	"	<del>Fathimathul</del>
34	Rashida V . A	"	<del>Rashida</del>
35	AFNA NOWSHAD	"	<del>AFNA</del>



36	MEERA A.S	"	<u>Meera</u>
37	Aswalby T S	"	<u>Aswalby</u>
38	Abhirami Murari	"	Abhirami
39	Jwala	"	Jwala
40	Safna Yasmin	"	<u>Yasmin</u>
41	Anusha K S	I BA political sciences	<u>Anusha</u>
42	Aisha Nowsad	3 <sup>rd</sup> BA Political Science	<u>A Nowsad</u>
43	Shilpa Sasi	"	<u>Shilpa</u>
44	Jenet Johnson	"	<u>Jenet</u>
45	Kathira . P.S	"	<u>Kathira</u>
46	Haasha. krishnan. K.	"	
47	Vyshnavy P.V	2 <sup>nd</sup> B.A Political Science	<u>Vyshnavy</u>
48	Aleena John	"	<u>Aleena</u>
49	Lakshmi priya M B	"	<u>Lakshmi priya</u>
50	Athira.v.g	"	<u>Athira</u>
51	Ajane T S	"	<u>Ajane</u>
52	Akhila krishna. S kumar	"	<u>Akhila</u>
53	Aften janalta	"	<u>Aften</u>
54	Nandhana Shajis	"	<u>Nandhana</u>
55	Nimmy Joy	"	<u>Nimmy</u>



Changhily

Department of Political Science  
 Government College, Palakkad  
 Malappuram 686 032



# CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur District, Kerala -680732

Affiliated to the University of Calicut

Re-accredited by NAAC with 'A'Grade in the Fourth Cycle

## THE DEPARTMENT OF POLITICAL SCIENCE

Is organising

# Article Writing Competition

In Connection with

## INTERNATIONAL DAY

for the Elimination of Violence

## Against Women

# Topic : Challenges of being a woman

DATE :28/11/22

TIME:2.30 PM

VENUE- II BA

POLITICAL SCIENCE

Co-ordinator

Ms.Ushus Mol E.U

HoD

Ms.Mary Philip

Principal

Dr.Sr.Catherine CMC



**Carmel College (Autonomous), Mala**  
**Department of Political Science**

**Report of International Day For The Elimination Of  
Violence Against Women**

The United Nations General Assembly has designated November 25 as the International Day for the Elimination of Violence Against Women. The premise of the day is to raise awareness around the world that women are subjected to rape, domestic violence and other forms of violence; furthermore, one of the aims of the day is to highlight that the scale and true nature of the issue is often hidden.

In connection with International Day for the Elimination Of Violence Against Women, the Department of Political Science has conducted an Article Writing Competition on the topic "Challenges of being a Women", on 28<sup>th</sup> November 2022 at 2:30 PM in II BA Political Science classroom. There were four participants from various department of the college. It was coordinated by Ms. Mary Philip (Head Of the Department), Ms. Ushus Mol E.U, Ms. Dhani Mol and Ms. Amilsha A.A were the joint coordinators.

**Outcome of the Programme**

The competition was very successful. The main objective behind the competition was to create awareness about the violence against women that prevails in the society. It also aimed to stand against the rape culture and violences that women face. It provided a chance to students to present their ideas and view in this issue. Awareness created through this competition helped students to develop strength and will power to fight against such evils.



*Mary Philip*  
Head  
Department of Political Science  
Carmel College (Autonomous)  
Mala - 680 732







**CARMEL COLLEGE**  
Mala, Thiruvananthapuram District, Kerala-680733  
Affiliated to the University of Calicut  
Accredited by NAAC with A Grade in the Third Cycle

# CARMEL SOCIOLOGY ASSOCIATION & SOCIAL RESEARCH FORUM

*Organizes*

## **ONE DAY INTERNATIONAL SEMINAR ON "PRAXIS OF GENDER DIMENSIONS "**

**DATE-13 JUNE 2022**

### Resource Persons



Prof. (Dr) Dilip K. G  
Renowned Ornithologist  
&

Former Head, Department of Sociology  
Sree Sankaracharya University, Kalady



Dr. Andria Kallaraka  
Human Services Department Head  
&

Associate Professor of Social Science  
Wor-Wic Community College  
Philadelphia U. S. A

### Session 1

Topic: Women Empowerment in 21st Century  
National & International Realm

Time- 9:30 AM - 11:30 AM

---

### Session 2

Topic: Feminist Research & Qualitative Analysis

Time- 11:30 AM - 01:00 PM

*All are Cordially Invited*

Ms. Sonika T S  
Ms. Neethu C M  
Coordinators

Ms. Bincy K F  
Head, Department of Sociology

Dr. Sr. Catherine CMC  
Principal





## SEMINAR ON THE TOPIC PRAXIS OF GENDER DIMENSION

Carmel Sociology association and social research forum organised one day international seminar on the topic "praxis of gender Dimension" on 13<sup>th</sup> June 2022 in audio visual Room at time schedule from 9:30am to 1:00pm coordinated by Ms Necty .C M and Ms .Sonika.T.S.

It took two sessions .

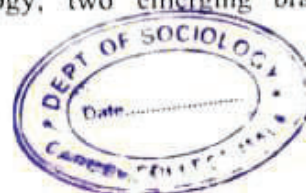
1<sup>st</sup> session on topic "women empowerment in 21<sup>st</sup> century national and international realm"

The 1<sup>st</sup> session is an international seminar On the topic "women empowerment in 21<sup>st</sup> century national and international realm. The lecture was handed by Dr.Andria kallarakal Ma'am, human service departmental head, and Associate Professor of Social Science at Wor-Wic Community College, Philadelphia united state of America. She holds bachelor's and master's degrees in sociology from the Madurai Kamaraj University in India, a master's degree in international development and social change from Clark University in Worcester, Mass., and a doctorate in sociology from the University of Kerala in India. She has taught college courses since 1989 and most recently worked as the director of public and social services at Esperanza College of Eastern University in Philadelphia .The number of participants are 57 students. The program was very interesting and she used many tricks to strike the point at the same time she used a friendly attitude among students

The second session is about "feminist research and qualitative analysis"

A national seminar On topic "feminist research and qualitative analysis "was conducted by the department of sociology on 13<sup>th</sup> June at 11:30 am was lectured by professor (Dr) Dilip K.G.Sir renowned ornithology and former head department of sociology sree sankaracharya University kalady. Being an professor he is very font to it . The teaching methods and styles make him unique. Moving yo her interest He us an environmental lover who studied about birds. He has long-time contributor to eBird India from Kerala. Dr Dilip is also amongst those who have uploaded a large number of lists and observations from before 2014. He spent hisYouth in Trivandrum, where he had the luck to meet and go birding with Prof. Neelakantan (Induchoodan), the legendary birdwatcher from Kerala. His area of interests include Environmental Sociology and Ethno-ornithology; two emerging branches of

*Dilip*





knowledge . The program was headed very interestly with 57 participants in audio visual Room.

**OUTCOMES:-**

- It helps the students to know what is gender as well as the difference between gender and sex.
- It helps the students to know the problem faced by gender, especially women.
- It helps the students to focus more on women empowerment and its importance

*Beung*



Carmel College, Mala

Seminar/Workshop: International Seminar

Academic Year :

Resource Person : Dr. Dilip K.C. & Andrea

Date : 13<sup>TH</sup> JUNE 2022

Topic : Praxis of Gender Discrimination

Time : 13 June (9:30 AM)

Venue : Audio Visual Room

Sl. No.	Name	Designation & Institution	Signature
1	Anja VK	student	[Signature]
2	Anna L-b	"	[Signature]
3	Arpoma Partheep	student	[Signature]
4	Ashna Chaithep	"	[Signature]
5	Enshy Shery	"	[Signature]
6	Fazmi Parial	student	[Signature]
7	Hekila Paulson	"	[Signature]
8	Jenatt Joseph	"	[Signature]
9	Mary Shalviya	"	[Signature]
10	Nurisha K.S	"	[Signature]
11	Nimitha K.S	"	[Signature]
12	Nayana K.C	"	[Signature]
13	Nithya Sanalashan	"	[Signature]
14	Sajila D-p	"	[Signature]
15	Samranga M-S	"	[Signature]
16	Sheha Santhosh	"	[Signature]
17	Sheha sareh	"	[Signature]
18	Shalakshmi	"	[Signature]
19	Sreeyuktha MIC	"	[Signature]
20	Trisha P	"	[Signature]
21	Ranjana M.S	"	[Signature]
22	Ranjana Maria	"	[Signature]
23	Anju M P	"	[Signature]
24	Arindya C.V	"	[Signature]
25	Dhanasree	"	[Signature]
26	Aswini K.C	"	[Signature]

[Handwritten signature]

ഉഷ ബാലൻ  
മെമ്പർ, വാർഡ് 17  
സംസ്കാരം

Head of the Department



[Handwritten signature]







# Carmel College (Autonomous)

21-12-2022  
at 1.00 PM



*Resource Person :*  
*Dr. Dhanya NP*  
*Asst. Professor*  
*KKTU Govt. College, Pullut*

**Coordinator**  
**Ms. Nithya. P**

**HoD**  
**Ms. Greatel Francis Paremél**

**Principal**  
**Dr. Sr. Catherine CMC**

*Re-accredited by NAAC with 'A' Grade (4th Cycle)*  
*Affiliated to University of Calicut*  
*Mala - 680732, Thrissur Dt., Kerala*

## *Department of Physics*

*In Moll Collaboration with KKTU Govt. College,*  
*Pullut*

*Organizing a talk on*

## *Women & Science*

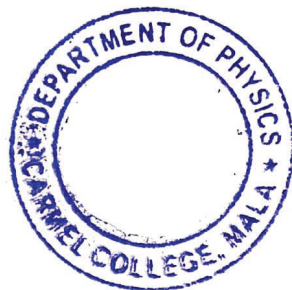
*In connection with International Day of*  
*Women and Girls in Science*

**Department of Physics**  
**Carmel College, Mala**  
**Report - Talk on Women in Science**

Department of Physics in connection with International day for Women and Girls in Science, organized a training talk on “ Women in Science” for the students of Physics Department. The talk was conducted in the Physics lab on 21st December 2022. Dr. Dhanya N. P., Assistant Professor, KKTM Govt. College, Pullut was the resource person. She elaborated on new trends in the field of research and the opportunities of girls in reasearch .

**OUTCOME**

Students were highly motivated to do research after their higher studies.



A handwritten signature in black ink, consisting of a stylized 'A' with a vertical line through it.



Department of Physics  
Carmel College(Autonomous) Mala, Thrissur

Event: Talk on "Women in Science"

Date : 21/12/2022

No	Name	Department	semester	Signature
1	Vidhya.K.V	Physics	4	
2.	Aryaanoorha Suelhem	"	4	
3:	Aiswarya.P.R	"	4	
4.	sari.T.S	"	4	
5.	Aleena:P.S	"	4	
6	thasleema k.S	"	4	
7.	Nidhi suryan	"	4	
8.	Thamanna Nazeer	"	4	
9.	kavyanandha K.R	"	4	
10.	Adithya M.B	"	4	







**Carmel College (Autonomous)  
Mala, Kerala**

*In connection with Womens Day*

**DEPARTMENT OF BFSI**

**Organising  
Poster making competition**

**Topic : Women  
Empowerment-Breaking barriers**

**Submit online before 08 March 2023**

**Send your entries to [bfsi@carmelcollegemala.ac.in](mailto:bfsi@carmelcollegemala.ac.in)**

**Varna Jose  
Staff Co-ordinator**

**Maneesha T M  
H O D**

**Dr.Sr.Catherine CMC  
Principal**

**Carmel College (Autonomous), Mala**

**Department of BFSI (B. Voc)**

**2022-2023**

**REPORT ON POSTER MAKING COMPETITION**

**“WOMEN EMPOWERMENT - BREAKING BARRIERS”**

The department of Banking, Financial Services & Insurance of Carmel College, Mala has organized a poster-making competition in commemoration of International Women’s Day on March 8, 2023. We intend to create awareness among students regarding gender equality and empower women through financial literacy.

The theme of the competition is "Women Empowerment - Breaking Barriers". The contest aims to promote understanding and respect for a healthy and inclusive society, which fosters equal opportunities. The event provides an excellent opportunity for all students to showcase their poster-making talents and contribute to social causes. The event was open to all the students of Carmel College, and over 15 participants took part in the competition.

The first prize was awarded to Ms. Devika E.S. ( I B com Finance) . The posters were judged on creativity, relevance to the theme, and overall impact. The posters created by the participants were inspiring and thought-provoking, and the winners were well-deserved. The event was a great way to celebrate the achievements of women and encourage more women to take leadership roles in BFSI and other industries.

Outcome: A poster-making competition can encourage participants to showcase their creativity and come up with innovative ideas. A poster-making competition can raise awareness and educate the participants and the audience about a particular issue or theme, such as environmental conservation or social justice



A handwritten signature in red ink, appearing to be "D. S. Devika".

Head  
Department of Banking, Financial Service & Insurance  
Carmel College (Autonomous)  
Mala-680732






**CARMEL COLLEGE (AUTONOMOUS) MALA**  
**DEPARTMENT OF BFSI**  
**WOMEN'S DAY - POSTER MAKING COMPETITION**  
**PARTICIPANTS LIST**

Sl No	Name of student	Class	Sign
1	Devika E S	I B com	<u>Devika</u>
2	Anjali KB	III BFSI	<u>Anjali KB</u>
3	Praseetha Prakasan	III AT	<u>Praseetha</u>
4	Aiswaryalakshmi EL	III Agriculture	<u>Aiswarya</u>
5	Rameesha V	III Agriculture	<u>Rameesha</u>
6	Gopika KS	II AT	<u>Vrinda Vinod</u>
7	Vrinda Vinod	I BFSI	<u>Vrinda</u>
8	Unnimaya KS	I BFSI	<u>Arya</u>
9	Aleena	II BFSI	<u>Aleena</u>
10	Arya NA	II BFSI	<u>Arya NA</u>
11	Sherin	II BBA	<u>Sherin</u>
12	Shahina TV	II B com	<u>Shahina</u>
13	Luna Sadiya	III AT	<u>Luna</u>
14	Aswathi ES	III AT	<u>Aswathy</u>
15	Swathi Manoj	III BFSI	<u>Swathy</u>



  
 Head  
 Department of Banking, Financial Service & Insurance  
 Carmel College (Autonomous)  
 Mala-680732

## Important Dates

Last date of registration: 23/01/2023

Submission of abstract: 20/01/2023

Full paper submission: 24/01/2023

## Registration Fees

Academicians : ₹ 250/-

Research Scholar : ₹ 200/-

Students : ₹ 100/-

Google Pay : 8606212144  
(Celin K.A.)

Click here for registration:

Open

## Organizing Committee

Ms. Anjali Balan, Ms. Neethu Murali

Ms. Naveena C. A., Ms. Asha T. V.

Ms. Jisha Jose, Ms. Jasmi Babu

Ms. Priya N. P.



**CARMEL COLLEGE (AUTONOMOUS)**

Mala, Thrissur, Kerala 680732

Re-accredited by NAAC with 'A' grade (Fourth Cycle)



**Department of Commerce & IIC**

Faculty & Students Cordially invite you to the

## NATIONAL SEMINAR

on

**"Sustainability of Women  
Entrepreneurs with SME"**

## Resource Person



*Dr. Siji K.*

*Principal*

*Gopalan College of Commerce*

*Bangalore, Karnataka*

Rabiya Shaji    Dr. Bindu K. B.    Ms. Celin K. A.    Dr. Sr. Catherine CMC  
Association Secretary    President, IIC    HoD    Principal

## CALL FOR PAPERS

## Submission Guidelines

\* The minimum limit for the paper is 2000 words.

\* Abstract should not exceed 250 words.

\* The title of abstract paper should have full name of the author, designation along with name of institution and address.

\* The paper should have introduction, literature review, objectives, research methodology, limitations, conclusion and reference with the scope for future research.

E-Mail your abstract:  
[commerce@carmelcollegemala.ac.in](mailto:commerce@carmelcollegemala.ac.in)

Join us on

**27-01-2023**

**Time: 9.30 am**

**Venue: Audiovisual Room**



**CARMEL COLLEGE (AUTONOMOUS)  
MALA, THRISSUR  
DEPARTMENT OF COMMERCE**

**NATIONAL SEMINAR REPORT ON “SUSTAINABILITY OF WOMEN  
ENTREPRENEURS WITH SMEs” 27<sup>TH</sup> JANUARY 2023.**

PG Department of Commerce, Carmel College [Autonomous] Mala, Thrissur organized a National seminar on “**sustainability of women entrepreneurs with SME**”. The National seminar “**sustainability of women entrepreneurs with SME**” was held on 27<sup>th</sup> January 2023, at 10.30 am in the college audio visual room. The session was lead by Dr. Shiji K, Principal, Gopalan College of Commerce, Bangalore, Karnataka. The main objective of the National seminar was to provide the role of women entrepreneurs for achieving sustainable economic growth, social development and environmental sustainability. The women entrepreneurship is a key to the developing world to promote sustainable practices in business. And also provided an opportunity for the presentation of papers to the faculties, research scholars and students. The National seminar began at 10.30 am in the presence of principal, HOD and all the members of the Commerce Department. Ms. Celin K A, Head of the Department of Commerce Carmel College Autonomous, Mala started webinar by proposing welcome to all participant, 99 participants joined the national seminar. Dr. Nithya P, Assistant Professor of Department of Physics & Coordinator of ARIIA, Carmel College Autonomous, Mala conveyed felicitations to the programme. The topic was explained to the participants by the Resource person.

The afternoon session of the day deals with paper presentation. Our department arranged paper presentation through both online mode and offline mode. The offline paper presentation chaired by Dr. Rama P, Head of Department of Business Administration, Carmel College Autonomous, Mala. And the online session chaired by Dr. Arun Balakrishnan M B, Assistant Professor of Commerce , PG Department of Commerce, Christ College [Autonomous] Irinjalakuda. 21 students from the rival colleges presented paper offline and 6 faculties of different colleges joined online to present paper virtual mode. The programme ends with proposing vote of thanks to all by Ms. Neethu Jeejo, Assistant Professor of Commerce, Carmel College Autonomous, Mala.



**Outcome:**

First of all, it provided huge insight about entrepreneurship for women in the recent scenario. The students got much ideas and opportunities to start entrepreneurship through Small scale ventures. It was a best opportunity for the students to being a part of paper presentation and they got confidence in their future research endowers. The faculties got great opportunity to enhance their professional skills through the paper presentation.

*Celvis*  
Celvis. K. A  
HOD, Commerce Co









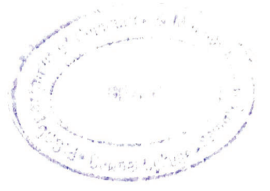
CARMEL COLLEGE AUTONOMOUS, MALA












DEPARTMENT OF COMMERCE

NATIONAL SEMINAR ON "SUSTAINABILITY OF WOMEN ENTREPRENEURS WITH SME"

PAPER PRESENTATION [27/01/2023]

SL.NO.	NAME	DESIGNATION	TOPIC	SIGNATURE
Presented 1 ✓	SHIFANA NOUSHAD	STUDENT Carmel college.	WOMEN ENTERPRENURSHIP	
2 ✓	AISHA NOUSHAD	Carmel college.	"	
Presented 3 ✓	LITTLEFLOWER P.J	Student Christ college.	REFORMATION PRACTICES. AT CENTRAL JAIL	
	4 ✓	Jisma RAPHY	"	
	5 ✓	Nuzjahan.E J Research Scholar Christ college	"	
Presented 6 ✓	AISHWARYA SHAJU	STUDENT Christ college.	STUDY ON THE FAST FOOD STREET VENDORS	



SL.NO.	NAME	DESIGNATION	TOPIC	SIGNATURE
12	ANJUSREE V.R.	STUDENT Christ college	study on the fast food Street vendors	 <u>IV</u>
13	Anitta K.S	Student Carmel college	study on stress Management Among Nurses	 <u>IV</u>
14	Missa babu	student Carmel college		 <u>V</u>
10	fousiya k.N	Student MES Asmabi College	Saving and Spend behaviour among college students.	 <u>VI</u>
11	Jasva k.J	student MES Asmabi College	"	 <u>VI</u>
12	Masoodha M.N	" MES Asmabi college	Passenger Satisfaction towards Kochi metro	 <u>VII</u>
13	Aranya Manoj	" MES Asmabi college	"	 <u>VII</u>
14	Harishmark.M	" MES Asmabi college	customer Satisfaction towards Online shopping	 <u>VIII</u>
15	Rustha Nourin.V.S	MES Asmabi college	"	 <u>VIII</u>
16	Farida E.S	MES Asmabi college	Consumers attitude towards online advertising	 <u>IX</u>
17	Sandra K.G	MES Asmabi college	"	 <u>IX</u>



18. Presented 19.	} Thasneem. H.F  Alysha	MES Asmabi college " MES Asmabi college "	A study on impact of e-commerce in emerging markets "	<del>intertel</del> } X
20 Presented 21	} sadiya Sabinii	MES Asmabi college " MES Asmabi college "	A study on factors affecting women Homepreneurs in digital Era "	<del>sadiya</del> } X



celin  
 MS. CELIN KA  
 HOD  
 Commerce



**CARMEL COLLEGE(AUTONOMOUS)**  
MALA ,THRISSUR,KERALA 680732  
Re-accredited with 'A' Grade by NACC  
(Fourth Cycle)



## WOMEN CELL



In Collaboration with  
ICDS ,Mala

## ORANGE THE WORLD CAMPAIGN PROGRAMME

### DEBATE

On

"UNITED ACTIVISM TO END THE VIOLENCE  
AGAINST WOMEN AND GIRLS"

**Date : 30/11/2022**

**Time : 2.45 PM**

**Venue : Multipurpose hall**

Dr .Merin Francis  
Ms. Reena .TK  
Ms. Neethu Murali  
Staff Co-ordinators

Silvy K.D.  
Women and Child  
Development  
Project Officer  
ICDS,Mala

Dr. Sr. Catherine CMC  
Principal

## ORANGE THE WORLD PROGRAMME

As a part of International day for the Elimination of Violence against Women, womencell in collaboration with ICDS Mala, organised a debate on ' United Activism to end the Violence against Women and girls' on 30th November 2022 at 2.30 pm. It was arranged as a part of Govt. programme 'ORANGE THE WORLD PROGRAMME'.



  
Dr. Merin Francis  
Assistant Professor &  
Head Department of Malayalam  
Carmel College (Autonomous), Mala



മാള കാർമ്മൽ കോളേജ് ഓഡിറ്റോറിയത്തിൽ വച്ച്  
 ORANGE THE WORLD CAMPAIGN ന്റെ ഭാഗമായി  
 ന് നടത്തിയ സംവാദത്തിൽ പങ്കെടുത്ത കുട്ടികളുടെ വിവരങ്ങൾ

Sl. No	Name	Phone No	Course	Sign
1	Paunammi.V	9645686634	III Bsc Botany	<del>Paunammi.V</del>
2	Vandana K.R	8089120533	I <sup>st</sup> BA Sociology	Vandana
3	Nandana ps	6238720138	I <sup>st</sup> Bsc Botany	<del>Nandana</del>
4	Fathima ps	9048790732	"	<del>Fathima</del>
5	Zahra	9526021797	I <sup>st</sup> BA Sociology	<del>Zahra</del>
6	Angel shaju	7736192237	I <sup>st</sup> BA SOCIO	Angel
7	Shahanas.P	8714840678	I <sup>st</sup> BA FE	Shahana 20/11/2022
8	Lakshmi priya R.K	7907967107	I <sup>st</sup> BA Sociology	Laksh <del>priya</del>
9	Suhaila .T	8129891816	I <sup>st</sup> B.Sc Botany	Suh.
10	ARYA V.V	9633700234	I <sup>st</sup> Integrated Sociology	<del>ARYA</del>
11	Anaswara.P.R	9746210872	I <sup>st</sup> MA History	Anaswara
12	Aswini Vinod Bhat	6238529703	"	Aswini
13	Ashalakshmi.p	7594869859	II Bsc chem	APD
14	Arsya p.s	9088542405	I MA History	<del>Arsya</del>
15	Gopika M.G	9645029668	"	Gopika
16	Faiqa K.M	9497068746	"	Faiqa
17	Lama K.B	7025244562	"	<del>Lama</del>
18	Krishna priya.m.s	8086532445	II BA F&E	KP
19	Anju R.P	8075665612	II <sup>nd</sup> BA Sociology	Anju
20	Sandra P.S	9072804851	"	<del>Sandra</del>
21	Aneeta Shaju	9061868551	"	Aneeta
22	Forna shrin	9890598386	II B.A Political scie	Forna
23	Shreya Sajan	7736564566	IBA Politics	Shreya
24	Bhadra T.S	8921794518	"	Bhadra
25	Swathi V.S	9037710765	I <sup>st</sup> BA Politics	Swathi
26	ANTONIA MARY	9037689383	"	Antoniamary









**CARMEL COLLEGE (AUTONOMOUS), MALA**  
Nationally Re-accredited with 'A' grade (Fourth Cycle)

### Specific Facilities Provided for Women

SI. No.	Focal Area	Facilities Provided
a.	Safety and Security	<ul style="list-style-type: none"> <li>• Provides controlled access to the campus through gates or security personnel.</li> <li>• Adequate lighting across the campus, help students feel safer, particularly during evening hours.</li> <li>• Having security guards patrolling the campus, particularly during late hours, adds an extra layer of safety and reassurance.</li> <li>• Surveillance cameras installed strategically throughout the campus can act as a deterrent to criminal activity and provide evidence in case of incidents.</li> <li>• Offers safe transportation options, such as college buses, can help women to travel securely to and from campus, especially during late hours.</li> <li>• Conducts workshops, seminars, or training sessions on safety awareness, self-defense, and bystander intervention equips students with the knowledge and skills to protect themselves and others.</li> </ul>
b.	Counseling	<ul style="list-style-type: none"> <li>• Provides support services like counselling centres or helplines that can provide assistance to students facing safety concerns or emotional distress.</li> <li>• The college has female counsellors on staff who are trained to address a wide range of issues that specifically affect women, such as gender-based violence, reproductive health, career planning, and gender identity.</li> <li>• Organizes support groups or therapy sessions specifically for women to address common challenges, promote peer support, and foster a sense of community.</li> <li>• Offers workshops, seminars, or discussion groups focused on topics relevant to women's mental health and well-being, such as stress management, self-esteem building, assertiveness training, and healthy relationships.</li> <li>• Ensures strict confidentiality and privacy measures to protect the sensitive information shared by women during counselling sessions.</li> <li>• Ensures that counselling services are culturally sensitive and inclusive, taking into account the</li> </ul>





		<p>diverse backgrounds and experiences of women.</p> <ul style="list-style-type: none"> <li>• Makes sure that counselling services accessible to all women, including those with disabilities or specific needs.</li> </ul>
c.	Common Rooms	<ul style="list-style-type: none"> <li>• Provides common rooms for women, providing them with a comfortable and secure environment tailored to their needs.</li> <li>• Comfortable seating arrangements are typically provided for relaxation and informal gatherings.</li> <li>• Provides common restrooms, department rooms and common staffrooms for women teachers.</li> </ul>
d.	Daycare Centre	<ul style="list-style-type: none"> <li>• Offers hostel facilities for women inside the campus.</li> <li>• Nutritious meals and snacks are provided to the women in the hostels throughout the day, taking into account any dietary restrictions or allergies.</li> <li>• Strives to keep fees affordable for the students, possibly offering discounts or subsidies to those in need.</li> <li>• Provides resources and support for health and wellness needs, including access to healthcare professionals or guidance on parenting issues.</li> <li>• Offers resources or referrals for educational support services, such as tutoring or early intervention programs, if needed.</li> </ul>
e.	Any other relevant information	<ul style="list-style-type: none"> <li>• Offers scholarships or grants specifically designated for women students to support their academic pursuits and alleviate financial burdens, if needed.</li> <li>• Organizes leadership development programs, workshops, and networking opportunities aimed at empowering women students to excel in their academic and professional endeavours.</li> <li>• Active engagements of various cells such as Grievance Redressal Cell, Anti-ragging cell, and Women Cell in the college to address the issues pertaining to women.</li> <li>• Facilitates mentorship opportunities where women students can connect with faculty, alumni, or professionals in their field of study for guidance and support.</li> </ul>



  
 PRINCIPAL  
 CARMEL COLLEGE, AUTONOMOUS  
 MALA



members and the meeting started by taking items of agenda.

1. Previous year's meeting minutes were read & confirmed.
2. Confirmation of reconstitution of anti-ragging committee in accordance with UGC regulations

~~NJP~~  
Co-ordinator.

~~L. J. B.~~  
Principal.



Date : 24-06-2022

Time : 2.30 pm

Venue : Audiovisual room

### Agenda

- To discuss the future programmes of ICC of Carmel college, Mala

### Members of ICC Present

1. Dr. Princy KJ (Department of Chemistry) - Presiding officer
2. Ms. Meenu Jose (Department of statistics)
3. Dr. Roby TJ (Department of Botany) ~~June~~
4. Sr. Christy CMC (Jr. Superintend)
5. Sr. Sajeva CMC (LDC)
6. Ms. Binicy KF (Department of sociology)
7. Mr. Shaju CP (Mechanic)
8. Ms. Pournami (IICDC) ~~ammant~~
9. Ms. Mymoonah Korath (IICDC)
10. Rithu Rose AJ (IICDC)

### Major decisions

- To conduct at least two programmes in every year for staffs and students
- The programmes will be focused on awareness woman rights, various legal frames works and complaint and redressal mechanisms for sexual harassment in work place and college.

Action taken

- Conduct awareness programme on "Women rights and protection" 17<sup>th</sup> January 2023 for staffs and students at college auditorium. Students, teaching staffs and non-teaching staffs were made aware of the Internal Complaint Committee (ICC) and various legal frames works and complaint and redressal mechanisms for sexual harassment in work place and college.

Prerna R

Chairperson

Dr. Rupa T T

Dr. Rupa T T

Dr. Rupa T T

Dr. Rupa T T

Dr. Rupa T T

Major decision

- To conduct at least two programmes in every year for staffs and students  
- The programme will be focused on awareness towards rights. Various legal frames works and complaint and redressal mechanisms for sexual harassment in work place and college.



2022-2023



Date: 20.09.2022

Time: 3.30pm

Venue: Principal's Room

### Agenda

- \* Action plan for the year 2022-23

### Members

1. Dr. Licy AD (President)
2. Dr. Merin Francis (Secretary)
3. Ms. Reena T.K.
4. Anja A P - Student Rep.

### Decisions

- \* Decided to conduct gender sensitization programmes for students in collaboration with Govt. Programmes, ICDS initiatives etc.
- \* Decided to organize awareness programmes like legal awareness programme for students.
- \* Arrange programme as part of Day for the Elimination of Violence against Women.

~~Secretary~~  
Secretary  
Dr. Merin Francis

~~President~~  
President  
Dr. Licy AD

## Action taken report of the meeting.

\* Conducted a gender sensitization programme (as a part of KANAL programme - a govt. project) in association with District Women and Child Development Department, Thrissur) on 17<sup>th</sup> October 2022 at 2:30pm in the Auditorium. Ms. M G Jayasree (POSH act district level local committee member - -)

\* Organised a legal awareness programmes in collaboration with District legal Service Authority and Mukundapuram Taluk legal Service Committee on 1<sup>st</sup> November 2022 at 1:15 Pm in the Auditorium. Rajeev K (Addl. District Judge MACT, Mukundapuram Taluk legal Service Committee chairman) was the chief guest for the function.

\* As a part of Day for the Elimination of Violence Against Women Women Cell conducted a Debate on 30<sup>th</sup> November 2022 in collaboration with ICDS, Mala.

Dr. Menin Francis  
Secretary

Dr. Lily AD  
President



Date: 6.3.2023

Time: 10.30 am

Venue: Principals Room

Agenda: International Women's day programmes.

Members present

1. Dr. Licy AD

2. Dr. Merin Francis

3. Ms. Neetha Murali

4. Anju A.P - student Rep.

Decisions

\* Decided to conduct one week programme including awareness programmes, talks, motivational talks etc. in collaboration with other departments.

\* It is also decided to arrange this programme in connection with International Women's day and as an honour to our retiring principal Dr. Sr. Catherine MC.

Dr. Merin Francis  
Secretary  
(Co-ordinator)

Dr. Licy AD  
President



## Actions taken report of the meeting.

In connection with International Women's  
 \*we conducted one week programmes  
 - Women's week celebration -  
 from 7<sup>th</sup> March - 14<sup>th</sup> March  
 2023 in collaboration with  
 other departments.

1. On 7<sup>th</sup> March 2023, the women's week celebration was inaugurated by Adv. Greeshma G. Menon (Advocate). It is organized by women cell in association with dept. of Malayalam and Communication, 8<sup>th</sup> March 2023.
2. In association with dept. of Physical Education a motivational talk was arranged. Resource Person: Adv. Sona Karim.
3. On 9/3/23 an awareness programme was conducted in association with Dept. of Mathematics. Resource person was Ms. Radhika Krishnan T.R.
4. On 13/3/23, a talk was arranged in association with Dept. of English. Resource person was Ms. Jarine John.
5. On 14/3/23, a gender sensitization talk was arranged, in association with Dept. of Sociology. Resource person was Adv. Rathakumar.

Dr. Merlin Francis

Dr. Lucy AD

Date: 31.03.2023

Time: 3pm

Venue: Principal's room

Agenda:

- \* One day training programme for students by Kerala Vanitha Commission.
- \* Vacation Class for 6<sup>th</sup> to 9<sup>th</sup> class children in neighbouring areas.

Members Present:

1. Dr. Licy AD - Principal
2. Dr. Merin Francis - Co-ordinator
3. Ms. Reena T.K -
4. Anju AP - student Rep.
5. Fatima Saniya - Student Representative

Decisions:

- \* Decided to conduct one day pre-marital training programme - under the programmes of Kerala Vanitha Commission.
- \* Decided to organize vacation classes (English, Maths, IT) for the HP and high school students as per the availability of student teachers and other students.

Merin  
 Dr. Merin Francis  
 Co-ordinator

Licy AD  
 Dr. Licy AD  
 President



Actions taken report of the meeting

\* Due to insufficient government funds, Kerala Vanitha Commission postponed the ~~one day~~ <sup>training</sup> programme.

Merin

Dr. Merin Francis

Licy AD

Dr. Licy AD



# Counselling

ACADEMIC YEAR 2023-24 27

## MEETING 1

Chairperson : Dr. Sr. Kochuressia K.P.

Co-ordinator : Ms. Eglu Mathew

Date : 02.08.2023

Venue : Principal Room

Agenda : 1. Assess the activities for the academic year

2022-23

2. Plan the activities for the academic year

2023-24

Members : Dr. Sr. Kochuressia K.P.

Ms. Eglu Mathew

### Decisions Taken

1. Conduct orientation programme for first year UG & PG students

2. Conduct Orientation programme for the parents

3. Observe World Mental Health Day & Conduct Awareness on Suicide

4. Start new batch (Batch 8)

Counselling & Guidance Course

5. Appoint JEEVANI Counsellor

6. Appoint staff representative to FCC

Co-ordinator

Chairperson

## Actions Taken

1. Conducted Orientation Programme for first year UG & PG students on 13.07.2023

2. Conducted Orientation Programme for parents alongwith PTA General Body on 10.07.2023

3. Conducted Awareness Programme on 'Suicide Prevention' by Ms. Sini A D Jeevari Counsellor on 21.09.2023

4. Conducted a session on 'TIME MANAGEMENT' on 9-10-23


5. Conducted Seminar in connection with 'World Mental Health Day Observance' on 11.10.2023

Class led by Dr. Nici Mary Francis Associate Professor, Prejyoti Niketan College, Pudukkud

6. Ms. Sini A.D. took charge as Jeevari Counsellor on 08.08.2023

7. Counselling & Guidance Course Batch 8 commenced on 05.08.2023

8. Ms. Ushas (Dept. of Pol. Science) is selected as staff representative

  
Co-ordinator

  
Principal





67VC+5HJ, Mala, Kerala 680732, India

Latitude

10.243625 N

Local 02:11:40 PM

GMT 08:41:40 AM

Longitude

76.27222666666667 E

Altitude 13.7 meters

Thursday, 15.09.2022





 **GPS Map  
Camera Lite**

67VC+5HJ, Mala, Kerala 680732, India

Latitude

10.2437856 N

Local 02:34:53 PM

GMT 09:04:53 AM

Longitude

76.2730968 E

Altitude 13.7 meters

Thursday, 15.09.2022

SAFETY AND SECURITY

Residential Facility





# Security Room



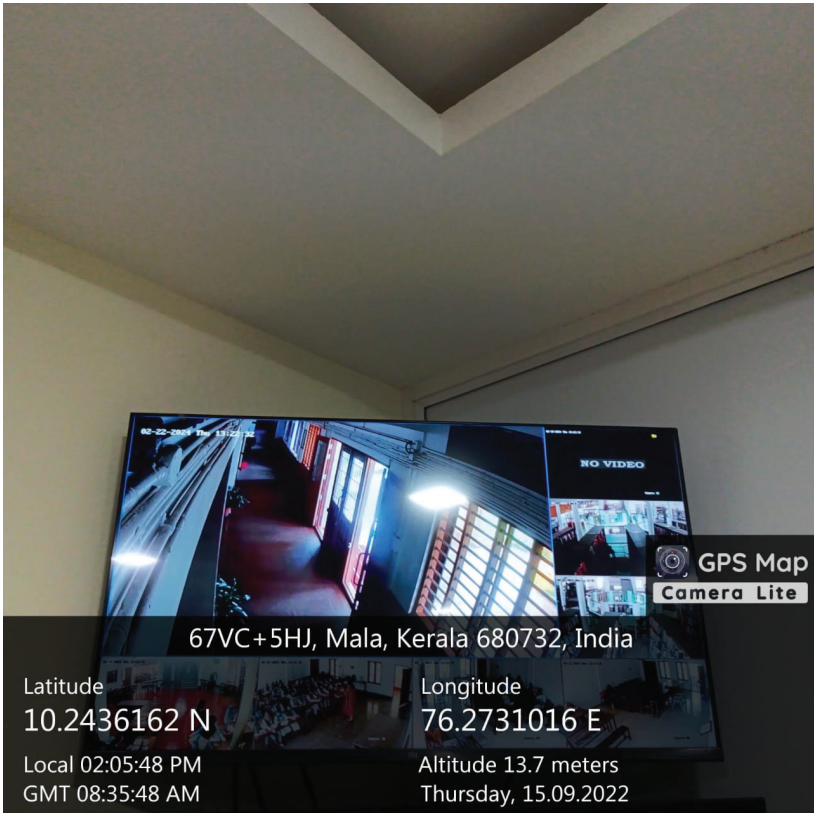
# CCTV Monitoring



# Biometric Authentication



# CCTV





# ENQUIRY

