



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR-680732

RE-ACCREDITED BY NAAC WITH 'A' GRADE (FOURTH CYCLE)

DEPARTMENT OF BOTANY

Organizing

Workshop on

***“Becoming an Entrepreneur:
Skills, Attitudes and Behavioral Development”***



RESOURCE PERSON

MS. KEERTHANA IRATT BABU

Vayastyag Body care

Canmore, Alberta, Canada



10.30 am



12th March 2024



Audiovisual Hall



Dr. Sinjumol Thomas
(Coordinator)

Dr. Bindhu KB
(HOD)

Dr. Sr. Kochuthressia KP
(Principal)



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR, KERALA 680732

RE-ACCREDITED BY NAAC WITH 'A' GRADE (IV CYCLE)

DEPARTMENT OF ZOOLOGY

is conducting

SEMINAR ON

**"CHARTING YOUR FUTURE: EXPLORING MEDICAL
CODING AS A CAREER IN TODAY'S HEALTHCARE
LANDSCAPE"**

SPEAKER

MS. NEETHU MATHEW

**MANAGING DIRECTOR, TRAINING DIRECTOR
- ANTON'S MEDICODE**

DATE: 27/09/2023

SUPPORTING TEAM :

VENUE : SEMINAR HALL

MANAGER : JINS GEORGE

TIME : 9:30 AM

PLACEMENT COUNSELLOR : BRIGHTY

JOINT-COORDINATORS :

HARITHA P NAIR

AYRIN JOSE

HOD & COORDINATOR

DR. SR RINI RAPHAEL

PRINCIPAL

DR. SR. KOCHUTHRESSIA K P



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR-680732

RE-ACCREDITED BY NAAC WITH 'A' GRADE (FOURTH CYCLE)

DEPARTMENT OF BOTANY & ZOOLOGY

In collaboration with



IIC

&

ZAARA BIOTECH PRODUCT SCHOOL

Organizing



PRODUCT

LAUNCHING

Internship certificate
distribution

Student's product
exhibition

Registration of new
candidates



06-10-2023



1.30 PM



AUDIO VISUAL HALL

MR. NAJEEB BIN HANEEF
(CEO- ZAARA BIOTECH)

DR. SR. KOCHUTHRESSIA KP
(PRINCIPAL)

DR. BINDHU KB
(HOD- BOTANY)

DR. SR. RINI RAPHAEL
(HOD- ZOOLOGY)



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala - 680732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

Department of botany

IN COLLABORATION WITH

Eco friendly and ethno botany
club

ORGANISING
WORKSHOP
ON

FRUIT PROCESSING TECHNIQUES
for
Self - help group, Mala

RESOURCE PERSON



Dr. Vidya T.A

Skilled assistant

DEPT OF COMMUNITY SCIENCE,
COLLEGE OF AGRICULTURE,
KERALA AGRICULTURAL UNIVERSITY, MANNUTHY, THRISSUR

DECEMBER 20, 2023 WEDNESDAY
9:30 AM
COLLEGE AUDITORIUM

Faculty co-ordinators

Dr. Bindhu K.B (HOD)
Dr. Dhanya Thomas T.T

Principal

Dr. Sr. Kochuthressia K.P



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala, India

Re-Accredited by NAAC with 'A' Grade (Fourth Cycle)

DEPARTMENT OF ENGLISH

in association with

ALUMNAE ASSOCIATION

cordially invites you to

International Seminar
on

Resource Person



BALANCING CAREER AND BUSINESS: THE STORY OF A SUCCESSFUL WOMAN ENTREPRENEUR



Ms. Keerthana Iratt Babu

Founder, Vayastyag Herbal Health and Skin Care Products, Canada;

Supervisor, Sobeys, Canmore, Canada;

**Former Content Editor, ETV Bharat National TV Channel &
Alumnae (B.A. Functional English 2013-2016 Batch)**



12 JANUARY, 2024

10:00 AM

AUDIO-VISUAL ROOM

Ms. Sifna Xavier
Faculty Co-ordinator
Alumnae Association
Department of English

Ms. Reena T.K.
Co-ordinator
Alumnae Association

Ms. Linda P. Joseph
Secretary
Department of English

Dr. Pretty John P.
Head
Department of English

Dr. Sr. Kochuthressia K.P.
Principal

Programme Co-ordinator

Programme Convenor

Organizing Committee:

Ms. Keerthy Sophiya Ponnachan, Ms. Annliya Shaijan,
Dr. Anu Antony, Ms. Amrutha Chandrasekhar,
Ms. Ansa Maria Lincon, Ms. Athira R. Das, Ms. Delna Daly,
Hannath Habeeb (Secretary, English Association)



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala, India

Re-Accredited by NAAC with 'A' Grade (Fourth Cycle)

Department of English

presents



**Balancing
Profession and Passion:
Meet and Interact
with
Mr. ABHJITH U.B.**



Actor || Director ||

Soft-Skills Trainer | Campus to Corporate Coach |

Multi-skilled Professional ||



1. 00 pm

14.02.2024

Audio-Visual Room

Mibia Martin

Sona Vijo

Afra Sherif

Mymoonah Koroath

Student Co-ordinators

Dr. Pretty John P. (HoD)

Ms. Sifna Xavier

Co-ordinators

Media Club

Dr. Sr. Kochuthressia K.P.

Principal



CARMEL COLLEGE (AUTONOMOUS) MALA
Re-Accredited by NAAC with 'A' Grade (4th Cycle)
Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

DEPARTMENT OF SOCIOLOGY PRESENTS
ACADEMIC PRESENTATION IN
CONNECTION WITH JACKFRUIT DAY
Sociology of Food Culture

On 12 July 2023

Venue: Student's Corner

Time: 11 am

**"ALL ARE CORDIALLY
INVITED "**

Aswathi A
Bindhuja Suresh
Staff Co-ordinators

Sr.Jisha Chakkunny M
Head of the Department

Dr. Sr. Kochuthressia K P
Principal



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited by NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

DEPARTMENT OF SOCIOLOGY

MANSOON FEST: IGNITING ENTREPRENEURSHIP ON

WORLD YOUTH SKILL DAY



Food Stall



Jewellery stall

Date : 21/07/2023
Time : 9:30 AM
Venue : Auditorium
Carmel college
(Autonomous) Mala

Ms Bincy KF
Staff Co-ordinator

Sr Jisha Chakkunny M
Head of the Department

Dr. Sr. Kochuthressia K P
Principal



CARMEL COLLEGE (AUTONOMOUS), MALA

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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

Department of Accounting & Taxation

Association Inauguration

&

**Seminar: Social Entrepreneurship and
Global Challenges**



Dr. Angel Blossom Gonsalvaz

Assistant Professor

PG & Research Centre of Commerce

Sacred Heart College (Autonomous),

Thevara

Date: 25th September, 2023

Time: 2.00 pm

Venue: Audio - Visual Hall

Ms. Anju P D

Staff Co-ordinator

Ms. Christeena Wilson K

HoD

Dr. Sr. Kochuthresia K P

Principal



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala, India

Re-Accredited by NAAC with 'A' Grade (Fourth Cycle)

CAREER GUIDANCE CLASS ON



ASP.NET



Red Hat



Java

INET-infotech

In Association With

Department of Physics

DATE: 20/07/23

TIME: 2:40 pm



VBM Chamber, Paramara Road,
Ernakulam North, Kochi,
682018

FOLLOW US



Dr. Maya Mathew
Coordinator

Ms. Greatel Francis Paremel
Head of the Department

Dr. Sr. Kochuthressia KP
Principal



CARMEL COLLEGE (AUTONOMOUS), MALA

Thrissur District, Kerala- 680732

Affiliated to University of Calicut

Re-Accredited by NAAC with 'A' Grade in the Fourth Cycle

Department of Physics

In Association with



LUMINAR TECHNOLAB

SOFTWARE TRAINING INSTITUTE

ISO 9001 : 2015 CERTIFIED INSTITUTION

Is organizing a

Career Guidance Session on

“How to Get into IT Jobs”

On

20th June, 2023 at 1:30 pm

Dr. Maya Mathew
Coordinator

Ms. Greatel Francis Paremlel
Head of the Department

Dr. Sr. Kochuthresia KP
Principal-in-charge



CARMEL COLLEGE (AUTONOMOUS) MALA

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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

PG DEPARTMENT OF COMMERCE

In Collaboration with IIC

Is Organising a
Seminar on

**"EARLY STAGE OF ENTREPRENEURSHIP
DEVELOPMENT AND FINANCIAL LITERACY"**



2.30 PM



MULTI PURPOSE
HALL



22/08/2023

Mr. Sankarankutty K K

Financial Literacy Councillor
Financial Literacy Centre
Mala Block
(Retd. Block Development Officer)

Ms. Jasmi Babu
Staff Co-ordinator

Dr. Bindhu K. B
IIC, President

Dr. Stegy V. J
HoD, Commerce

Dr. Sr. Kochuthressia K. P
Principal



CARMEL COLLEGE (AUTONOMOUS)

**Mala, Thrissur District, Kerala 680 132 Affiliated to
the University of Calicut Re accredited by NARC
with 'A'Grade in the Fourth Cycle**

THE DEPARTMENT OF POLITICAL SCIENCE

ENTREPRENEURIAL VENTURE

SNACKOMAN

FOOD PROCESSING COMPANY

DATE : 4/10/2023

TIME : 1.30 P.M

VENUE : POOVATHUSSERI

Coordinators
Ms.Ushus Mol E.U
Ms. Amilsha A.A
Mr.Sujith K.S

HOD
Mary Philip

Principal
Dr.Sr.kochuthressia K.P.



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0480-2890247

DEPARTMENT OF BOTANY

ECO FRIENDLY AND ETHNO BOTANY CLUB



**INSTITUTION'S
INNOVATION
COUNCIL**
(Ministry of Education Initiative)

IN COLLABORATION WITH

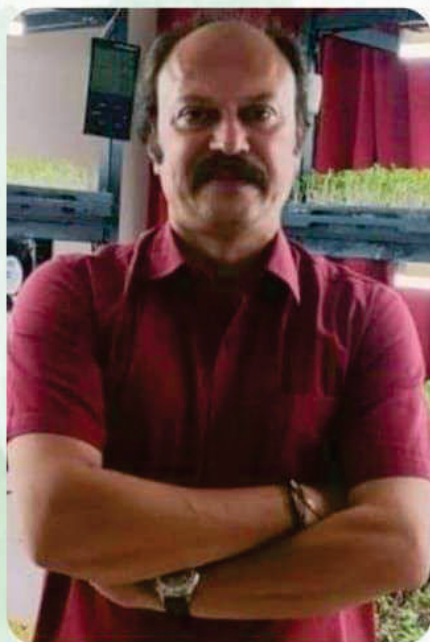
IIC
CONDUCTING
SEMINAR



IIC

Institution's
Innovation
Council

RESOURCE PERSON



TOPIC: MICRO GREEN-A WAY TO ENTREPRENEURSHIP

VENUE: AUDIO VISUAL ROOM

DATE: 30TH OCTOBER

TIME: 2.00 PM

MR. AJAY GOPINATH
FOUNDER OF MICRO GREEN BUSINESS

CO-ORDINATORS

SUHAILA T
(ASSOCIATION SECRETARY)

DR. BINDHU K B (HOD)
DR. DHANYA THOMAS T T

DR. SR. KOCHUTHRESSIA K P
(PRINCIPAL)



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala, India

Re-Accredited by NAAC with 'A' Grade (Fourth Cycle)



**INSTITUTION'S
INNOVATION
COUNCIL**
(Ministry of HRD Initiative)



IIC

Institution's
Innovation
Council

**DEPARTMENT OF SOFTWARE
DEVELOPMENT
&
IIC**

*Organising
A Training Programme*

**PAPER BAG MAKING- A WAY TO ENTREPRENEURSHIP
IN CONNECTION WITH WORLD NATURE
CONSERVATION DAY**

@2:30 PM

On 27 july 2023

Venue : Room No.2I3

MS. RESHMA N. R
CO-ORDINATOR

MS. LAKSHMI ANAND
DEPT IIC CO-ORDINATOR & HEAD

DR. SR. KOCHUTHRESSIA K. P
PRINCIPAL

CARMEL COLLEGE(AUTONOMOUS), MALA



Re-Accredited By NAAC With 'A' Grade(Fourth Cycle)
Thrissur, Kerala-680732

Department of Business Administration



INSTITUTION'S
INNOVATION
COUNCIL
(Ministry of HRD Initiative)

In Association With
IIC

Resource Person

Invited Talk On:

MY STORY-PATHWAY TO ENTREPRENEURSHIP

Date :28-11-2023

Time :2.00 P.M

Venue :Audio Visual Room

Ms.Shalu Paul
(Staff Co-ordinator)

Dr.Bindhu K.B.
(IIC President)

Dr. Rema P.
(HOD)

Dr.Sr.Kochuthressia K.P.
(Principal)



Ms.Bharitha Prathap
Entrepreneur
'Hey Baby'
New Born Photography
Thrissur



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IIC

Institution's
Innovation
Council



MS. GEETHA SALEESH

FOUNDER-CURCUMEAL

[Geethas Home Made Foods Company
Womens Manifesto Award Winner 2022
Manorama News Pentharam Award 2023]

DEPARTMENT OF BUSINESS
ADMINISTRATION
IN COLLABORATION WITH IIC

SEMINAR

**"LEAN START-UP & MINIMUM
VIABLE PRODUCT"**

TIME : 2 PM

DATE : 18/08/2023

VENUE : SEMINAR HALL

Fathimath Risvana
Student coordinator

Dr. Rema P.
HOD

Dr. Sr. Kochuthressia K.P.
Principal

Ms. Gilu Mathew
Staff coordinator

Dr. Bindhu K.B.
IIC Coordinator



Department of Business Administration
Carmel College (Autonomous)
Mala-680732



CARMEL COLLEGE (AUTONOMOUS), MALA

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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890217, 9048365295

PG DEPARTMENT OF COMMERCE

INVITED LECTURE ON

"The journey to a women entrepreneur"

DATE 22/11/2023

VENUE Audio Visual Room

TIME 2.00 PM



Ms. NIMMY ANTLO
Entrepreneur
Alankaar Boutique
Thrissur, Mala

Ms. SARANYA M.S.
Staff Co-ordinator

Dr. STEGY V.J.
HoD

Dr. Sr. KOCHUTHRESSIA K.P.
Principal



CARMEL COLLEGE (AUTONOMOUS)

RE-ACCREDITED BY NAAC WITH 'A' GRADE (FOURTH CYCLE)

MALA, THRISSUR-680732

DEPARTMENT OF BOTANY

organizing a talk on the topic

**INTELLECTUAL
PROPERTY RIGHTS**

RESOURCE PERSON :

DR. ROBY T. J.

(ASSISTANT PROFESSOR,
DEPARTMENT OF BOTANY,
CARMEL COLLEGE (AUTONOMOUS), MALA)

18th March 2024 | 2.30 pm | Seminar hall

DR. BINDHU KB
(HOD)

DR. SR. KOCHUTHRESSIA KP
(PRINCIPAL)



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala, India

Re-Accredited by NAAC with 'A' Grade (Fourth Cycle)

Department of English
organizes
Webinar on
**Intellectual
Property Rights**

5. 30 pm

26.03.2024

**Google Meet Link
will be Provided**



Adv. Sreekala Vivek
Notary
High Court, Ernakulam

Hannath Habeeb
Secretary
English Association

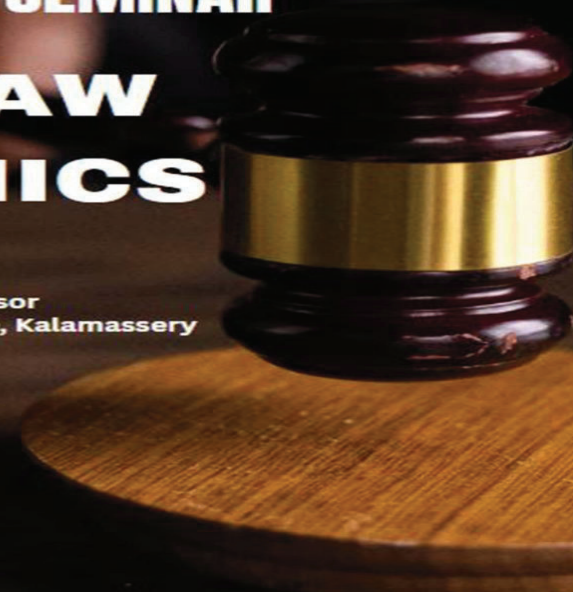
Dr. Pretty John P. (HoD)
Ms. Keerthy Sophiya Ponnachan
Ms. Sifna Xavier
Programme Co-ordinators

Dr. Sr. Kochuthressia K.P.
Principal

Organizing Committee:
Ms. Linda P. Joseph, Ms. Annliya Shaijan,
Dr. Anu Antony, Ms. Amrutha Chandrasekhar,
Ms. Ansa Maria Lincon, Ms. Athira R. Das & Ms. Delna Daly




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DEPARTMENT OF MULTIMEDIA
ONLINE SEMINAR


**MEDIA LAW
AND ETHICS**



Ms. Anuba
Assistant Professor
St. Paul's College, Kalamassery



11 MARCH 2024
MONDAY

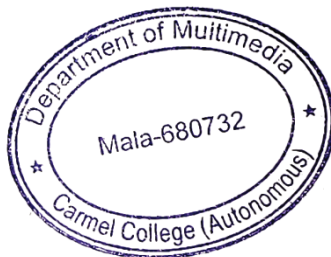


10:30 AM

Ms. Nithya K P
Asst.Professor
Programme co-ordinator

Ms. Jisna Johnson
Assistant Professor
HOD

Dr.Sr.Kochuthressia K. P
Principal, Carmel College
(Autonomous),Mala



Head
Department of Multimedia
Carmel College (Autonomous)
Mala-680732



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Thrissur Dt. Kerala-680732,
www.carmelcollegemala.ac.in, 0480-2890247

Department of Agriculture
is organizing
An Academic Lecture on

GI tagging in Indian Agriculture

Wednesday
20 March 2024



2 00 PM



Seminar Hall



DR. MANJUSHA RANI

Assistant Professor and Head
Dept. of Applied Biotechnology
St. Mary's College, Thrissur

Student Coordinators
Akshaya M R

Staff coordinators
Dr. Archana K A
Ms. Jipcy Mol P

Principal
Dr. Sr. Kochuthressia K P



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Department of Accounting & Taxation



Dhanya Mol T S
Assistant Professor
Dept of Applied Biotechnology
St.Mary's College, Thrissur

Webinar on **A BASIC AWARENESS ON IPR**

Date: 12 March 2024
Mode: Google Meet
Time: 2.30 pm

Ms. Anju P D
Staff Co-ordinator

Ms. Christeena Wilson K
HoD

Dr. Sr. Kochuthressia K P
Principal



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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

DEPARTMENT OF BFSI

Webinar

Introduction to IPR Tools: Trade Marks



Ms. Vinu Varghese

Asst. Professor

Department of Biotechnology

St. Mary's College, Thrissur

Date: 13/03/2024

Time: 2.45 P. M.

Platform: Google Meet

Ms. Divya Chandran
HoD

Dr. Sr. Kochuthressia K. P.
Principal



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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890217, 9048365295

PG DEPARTMENT OF COMMERCE

National webinar

on

"Intellectual Property Rights"

Date: 24/02/2024

Time: 11:00 am

Mode: online



Dr. R. Padmanaban

Associate Professor

PG & Research Department of Commerce

(Hindustan College of Arts and Science)

Coimbatore

Student Co-ordinator
Aparna Babu

Staff Co-ordinator & HoD
Dr. Stegy V.J.

Principal
Dr. Sr. Kochuthressia K.P.



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**Department of Software Development &
Internal Quality Assurance Cell
in collaboration with
St. Mary's College, Thrissur**



Webinar
Cyber Crimes & IPR

Ms. Greeshma K. V
Assistant Professor
Kerala Police Academy, Thrissur



14/11/2023



11.00am

Google Meet

Ms. Sruthi R
Co-ordinator
Carmel College

Ms. Lakshmi Anand
HoD, SD
Carmel College

Ms. Sreejitha T. S
HoD, B. Voc
St. Mary's College

Ms. Mary Philip
IQAC Co-ordinator
Carmel College

Dr. Sr. Beena T. L
Principal (St. Mary's College)

Dr. Sr. Kochuthressia K. P
Principal (Carmel College)



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DEPARTMENTS OF PHYSICS & COMPUTER SCIENCE

SECUREBYTES: SAFEGUARDING CYBER RIGHTS IN THE DIGITAL REALM

DATE: 13/11/2023
TIME: 1PM- 2 PM
VENUE: COMPUTER LAB



DR SAREENA ROSE
HEAD, DEPARTMENT OF
COMPUTER SCIENCE
VIMALA COLLEGE (AUTONOMOUS)
THRISSUR

Ms. Smitty V Isidhore
Convenor

Ms. Greatel Francis Paramel
HOD

Dr. Sr. Kochuthressia K P
Principal




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DEPARTMENT OF BUSINESS ADMINISTRATION

SEMINAR ON

'INTELLECTUAL PROPERTY RIGHTS'

 : 2 PM

 : Audio Visual Room

 : 05/03/2024

RESOURCE PERSON



Vijayasree P.S

Advocate

Ms. Shalu Paul
Staff Co-ordinator

Dr. Rema .P.
HOD & Convenor

Dr.Sr.Kochuthressia K.P.
Principal



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DEPARTMENT OF ACCOUNTING & TAXATION

ACADEMIC WRITINGS FOR PUBLICATION



Dr. Archana K A
Assistant Professor
Department of Agriculture

Date: 26/03/2024

Time: 7 pm

Platform : Google meet

Ms. Anju P. D.
Staff Co-ordinator

Ms. Christeena Wilson K.
HoD

Dr. Sr. Kochuthresia K. P.
Principal



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala 680732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

DEPARTMENT OF ENGLISH

Organizes

**WORKSHOP
ON**

RESEARCH METHODOLOGY



RESOURCE PERSON

MR. BIBIN THOMAS

Assistant Professor

Department of English

Christ College (Autonomous)

Irinjalakuda, Thrissur

11 December 2023 • 10:00 AM

AUDIO-VISUAL HALL

MS. LINDA P JOSEPH
Staff Co-ordinator

DR. PRETTY JOHN P
HoD

DR. SR. KOCHUTHRESSIA K.P.
Principal

Organizing Committee

Ms. Keerthy Sophiya Ponnachan

Dr. Anu Antony

Ms. Annliya Shaijan

Ms. Sifna Xavier

Ms. Ansa Maria Lincoln

Ms. Delna Daly

Ms. Amrutha Chandrashekar

Ms. Athira Das



CARMEL COLLEGE (AUTONOMOUS) MALA

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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

Department of Chemistry

ASSOCIATION INAUGURATION

Seminar

Chemicals in Everyday Life:

Unveiling Risks and Exploring Sustainable Solutions



Dr. Lali Thomas Kotturan

Associate Professor and Head (Rtd.)

Department of Chemistry

Little Flower College, Guruvayoor

Book Release (ISBN No. 978-93-94510-24-1)

MEDICINAL AND ENVIRONMENTAL CHEMISTRY

Authors: **Dr. Princy K.G., Dr. Roshini K. Thumpakara and Dr. Vidya Francis**

Date: 15-09-2023

Time: 2.00 pm

Venue: Audio Visual Room

Visniya Wilson
Association Secretary

Dr. Princy K.G
Head of the Department

Dr. Sr. Kochuthressia K.P
Principal



CARMEL COLLEGE (AUTONOMOUS) MALA
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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

DEPARTMENT OF CHEMISTRY

in collaboration with

**SAHRDAYA COLLEGE
OF ADVANCED STUDIES, KODAKARA**

is organizing
NATIONAL SEMINAR
on

**"ADVANCEMENTS IN
CHEMICAL RESEARCH:
UNVEILING EMERGING TRENDS
AND INNOVATIONS"**

(Hybrid mode)

19.01.2024 | AUDIO VISUAL ROOM

ABOUT THE SEMINAR

Carmel College (Autonomous) Mala, established in the year 1981, a first-grade college for women under Calicut University stands nestled in an idyllic locale in a small town called Mala near the southern tip of Thrissur district. The department of chemistry started functioning with the very inception of the college and has the history of 42 years so far. B.Sc Chemistry Programme started in the year 1995 and uplifted to P.G department in the year 2015. The department provides a scholastic atmosphere through competent instruction, curricular and extra- curricular activities.

The Department of Chemistry, Carmel College (Autonomous), Mala is organizing a National Seminar on “Advancements in Chemical Research: Unveiling Emerging Trends and Innovations” scheduled on 19th January 2024. The primary goal of this seminar is to assemble a diverse group of experts, scholars, and trailblazers from academic, research and development, and industrial sectors within the relevant disciplines. This will offer students a platform to gain insights into the current landscape of science and technology. By bringing together individuals with a shared passion for advancing scientific understanding, we aim to bridge the gap between theory and application. Through interactive sessions, participants will have the opportunity to delve into the intricacies of cutting-edge research, gaining valuable perspectives that extend beyond conventional classroom teachings. Furthermore, the seminar strives to cultivate research enthusiasm among emerging graduates, fostering an environment conducive to staying abreast of the latest discoveries in the field of chemistry.

Dr. Vidya Francis
Convenor

Dr. Princy K.G
HOD

Dr. Sr. Kochuthressia K. P.
Principal

PROGRAMME SCHEDULE

10.00 AM

- Inauguration



DR. MATHEW PAUL UKKEN

Principal,
Sahrdaya College of Advanced Studies,
Kodakara

10.30 AM

- Teabreak

SESSION I

10.45 AM

PROF. DR. DEBASISH HALDAR

FRSC,
Alexander von Humboldt Fellow,
JSPS Fellow & Professor,
Department of Chemical Sciences, IISER Kolkata,



TOPIC: SELF-ASSEMBLY OF PEPTIDE MIMETICS: STRUCTURE AND FUNCTION

12.00 PM

- Paper presentations

1.00 PM

- Lunch break

SESSION II

1.30 PM

DR. MIDHUN DOMINIC C D

Assistant Professor & Dean of Research
Department of Chemistry
Sacred Heart College (Autonomous), Thevara



TOPIC: NANOMATERIALS FOR SUSTAINABLE DEVELOPMENT

3.00 PM

- Paper presentations

3.30 PM

- Valedictory function

Organising Committee

Dr. Princy K.G (HOD)

Dr. Roshini K.Thumpakara

Dr. Vidya Francis

Ms. Neethu Sunny

Ms. Ancilyn Antu K

**All correspondence may kindly be
addressed to**

Dr. Vidya Francis (Convenor)

+91 8547558972

Department of Chemistry

Carmel College (Autonomous), Mala, Thrissur-680732

Sendpaperstochemistry@carmelcollegemala.ac.in





CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala 680732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

DEPARTMENT OF ENGLISH MEDIA CLUB

Organizes
WORKSHOP
ON

"SINIMA" IN/AS CON-TEXT: THE POLITICALITY OF VISUAL TEXTS
(and what to do about it in 2024!)



16 JANUARY
2024



AUDIO-VISUAL
HALL



10:00 AM

Organizing Committee

Ms. Keerthy Sophiya Ponnachan
Ms. Linda P. Joseph
Dr. Anu Antony
Ms. Annaliya Shaijan
Ms. Ansa Maria Lincon
Ms. Delfna Daly
Ms. Amrutha Chandrashekar
Ms. Ashira Das



RESOURCE PERSON

Mr. Abhijith Radhakrishnan
Assistant Professor
Department of English
Sacred Heart College (Autonomous)
Thevara, Kochi

MS. SIFNA XAVIER
Staff Co-ordinator

MS. SONA VIJO
Student Co-ordinator

DR. PRETTY JOHN P
Head & Staff Co-ordinator

DR. SR. KOCHUTHRESSIA K.P.
Principal



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited by NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

Department of Agriculture

Organizes

A National Webinar on

Herbarium preparation



Ms. Kavya R

Project Associate
Sugarcane Breeding Institute, Coimbatore



SATURDAY
30 MARCH, 2024



TIME
07:00 PM



GOOGLE PLATFORM

Ms. Krishna Gayathri P
Student coordinator

Dr. Archana K A
Ms. Jipcy Mol P
Staff coordinators

Dr. Sr. Kochuthressia K P
Principal



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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

P.G. Department of History

organizes

Seminar

on

**Unveiling Our Roots: Exploring the History of
Migrated communities to Bharathapuzha region**

06/03/2024

10.30 AM

Audiovisual Room

Resource Person



Dr. Kamakshi V.
Assistant Professor & Head,
Department of History,
Assumption College, Changanassery

Faculty Coordinators

Ms. Reena T.K.

Dr. Sandhya P.A

Ms. Brighty Robert

Dr. Vinitha N Vijayan

Head,

Department of History

Dr. Sr. Kochuthressia K.P.

Principal



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala 680732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

DEPARTMENT OF ENGLISH

INVITED LECTURE

ON



INTRODUCTION TO RESEARCH METHODOLOGY

Resource Person:

Ms. Amritha Lakshmi

Assistant Professor

Department of English

St. Mary's College, Thrissur



15 November, 2023



11:00 AM – 12:00 PM



SEMINAR HALL, MAIN BLOCK

JOIN US!

MS. LINDA P. JOSEPH
MS. KEERTHY SOPHIYA PONNACHAN
Co-ordinators

DR. PRETTY JOHN P.
Head
Department of English

DR. SR. KOCHUTHRESSIA K.P.
Principal

CARMEL COLLEGE (AUTONOMOUS), MALA

RE-ACCREDITED BY NAAC WITH 'A' GRADE (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in 0480-2890217



In association with

NIRMALA COLLEGE FOR WOMEN (AUTONOMOUS)

ACCREDITED WITH 'A++' GRADE BY NAAC IN 4th CYCLE WITH CGPA 3.78

RED FIELDS, COIMBATORE-18, TAMILNADU, INDIA

As a part of MOU Xavier Board

PG DEPARTMENT OF COMMERCE

ORGANISING WEBINAR ON

National Workshop on Research Methodology



Resource Person

Dr. A. Revathy

Assistant Professor & Head
Department of Commerce (E-Commerce)
Nirmala College for Women, Coimbatore



23/02/2024



1:30PM



SEMINAR HALL

Dr. Stegy V.J
HoD

Dr. Sr. Kochuthressia K.P
Principal



CARMEL COLLEGE (AUTONOMOUS)
Mala, Thrissur District, Kerala- 680732
(Affiliated to University of Calicut
Re- Accredited by NAAC with 'A' Grade in the Fourth Cycle)

DEPARTMENT OF PHYSICS



Seminar on “ISRO’s Achievements in Space Science”

And

Awarding of meritorious students of
ISRO START Programme

TUESDAY

TIME

30 JANUARY 2024

10:30 AM

SPEAKER

DR. MANESH MICHAEL

Assistant Professor,
Department of Physics
Bharata Mata College, Thrikkakara



Dr. Maya Mathew
Coordinator

Ms. Greatel Francis Paremel
HoD

Dr. Sr. Kochuthressia KP
Principal



CARMEL COLLEGE (AUTONOMOUS) MALA

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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

DEPARTMENT OF PHYSICS

ASSOCIATION INAUGURATION

Seminar

"RESEARCH CAREER IN PHYSICS"

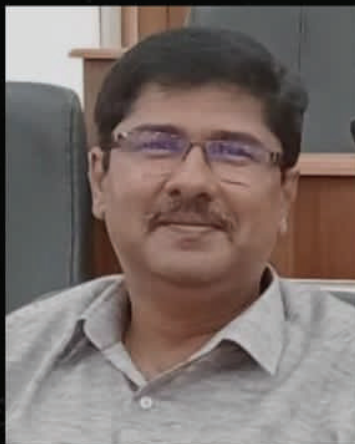
on 21-09-23 @ 11:30 am

Venue: Audio Visual Room

Resource person

Dr. SUDHEENDRAN K.

Research officer on special duty
Kerala State Higher Education Reforms
Implementation Cell
KSHEC Trivandrum .



Sameeha K M
Association Secretary

Ms. Greatel Francis Paremel
Head of the Department

Dr. Sr. Kochuthressia K P
Principal



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala 680732

Re-Accredited by NAAC with 'A' grade (IV cycle)

DEPARTMENT OF ZOOLOGY

Organizes

WORKSHOP

On

RESEARCH METHODOLOGY

DATE : 12/12/2023

**Venue : VETA Genomics, Pallimoola,
Thrissur**

**RESOURCE PERSON :
SAJEESH K S**

Scientist, VETA Genomics

**JOINT CO-ORDINATORS :
AYRIN JOSE
HARITHA P NAIR**

**HOD & CO-ORDINATOR
DR.SR. RINI RAPHAEL**

**PRINCIPAL
DR. SR. KOCHUTHRESSIA K P**



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited by NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

DEPARTMENT OF SOCIOLOGY ORGANISES A TALK ON "RELEVANCE OF SOCIAL RESEARCH IN CONTEMPORARY SOCIETY"




Resource Person

RAKHI N

**ASSISTANT PROFESSOR
ZAMORINS GURUVAYURAPPAN
COLLEGE, CALICUT**

 **9 June, 2023**

 **01:30 PM**

AT RUBY JUBILEE BLOCK

" ALL ARE WELCOME "

**DR.SR. KOCHUTHRESSIA K. (PRINCIPAL)
SR.NJISHA CHAKKUNNY M (HOD)
LAKSHMI C D (STAFF COORDINATOR)**



CARMEL COLLEGE (AUTONOMOUS) MALA
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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

DEPARTMENT OF SOCIOLOGY

ORGANIZING
A SEMINAR ON

ETHICAL RESPONSIBILITY IN SOCIAL RESEARCH

Resource person

DR. DEEPIKA KRISHNAN P. K
ASSISTANT PROFESSOR
P. S. G COLLEGE OF ARTS AND SCIENCE,
COIMBATORE

DATE: JANUARY 15, 2024
TIME: 1:00 PM

MS.SALIN THOMAS
CO-ORDINATOR

SR.JISHA CHAKKUNNY M
HEAD OF THE DEPARTMENT

DR.SR.KOCHUTHRESSIA .K.P
PRINCIPAL



CARMEL COLLEGE (AUTONOMOUS)

MALA , THRISSUR, KERALA 680732

Re - accredited by NAAC with ' A ' Grade (Fourth Cycle)

PG DEPARTMENT OF COMMERCE

Organising a Seminar on

RESEARCH METHODOLOGY



TUESDAY

27th JUNE 2023



TIME

2.00 P.M



VENUE

AUDIO VISUAL ROOM

Dr.Sr.Kochuthressia K.P
Principal

Ms.Priya N.P
Staff Co-ordinator

Dr. Stegy V.J
HoD

Rabiya Shaji
Nimitha C.G
Student Co-ordinators



Resource Person

Dr. SHAFEER P.S

Assistant Professor
MES Asmabi College,
P Vemballur, Kodugallur



CARMEL COLLEGE (AUTONOMOUS), MALA

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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

**Department of BFSI
Organises**

Seminar

Understanding the Paradigms in Research Projects



**Dr. Sreelakshmi K
Assistant Professor
Department of Commerce
St. Aloysius College, Elthuruth**

**Date: 23/02/2024
Time: 2.40 P.M.
Venue: Seminar Hall II**

**Ms. Divya Chandran
HoD**

**Dr. Sr. Kochuthressia K.P.
Principal**



CARMEL COLLEGE (AUTONOMOUS) MALA

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SEMINAR



DEPARTMENT OF SOFTWARE
DEVELOPMENT & RESEARCH
AND DEVELOPMENT CELL



USE OF AI TOOLS IN RESEARCH



TUESDAY

NOVEMBER 7, 2023



TIME

2.00 PM



MS. REESHA P. U

ASST. PROFESSOR & HEAD

ST. JOSEPH'S COLLEGE(AUTONOMOUS), IRINJALAKUDA

MS. LAKSHMI ANAND
HOD

DR. VIDYA FRANCIS
CO-ORDINATOR
(RESEARCH CELL)

DR. SR. KOCHUTHRESSIA K. P
PRINCIPAL



CARMEL COLLEGE (AUTONOMOUS) MALA
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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

Head
Department of Business Administration
Carmel College (Autonomous)
Mala 680732

Department of Business Administration

'ASSOCIATION INAUGURATION' & SEMINAR

On

**"From Curiosity to Clarity:
Navigating the Art of Research Topic
Formulation"**



12-10-23



9:30-12:30



AUDIO VISUAL ROOM

Sona M.B.

Shidhana Shirin

Association Secretary

Student Co-ordinator

Ms. Shalu Paul

Dr. Rema.P.

Dr. Sr. Kochuthressia.K.P

Staff co-ordinator

HOD

Principal



DR. SALINI.K.

(Assistant Professor and Research Guide),
Vimala College (Autonomous), Thrissur





CARMEL COLLEGE (AUTONOMOUS) MALA
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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247



Research Centre, Department of Botany
Carmel College(Autonomous) Mala
in collaboration with
Department of Botany, University of Calicut

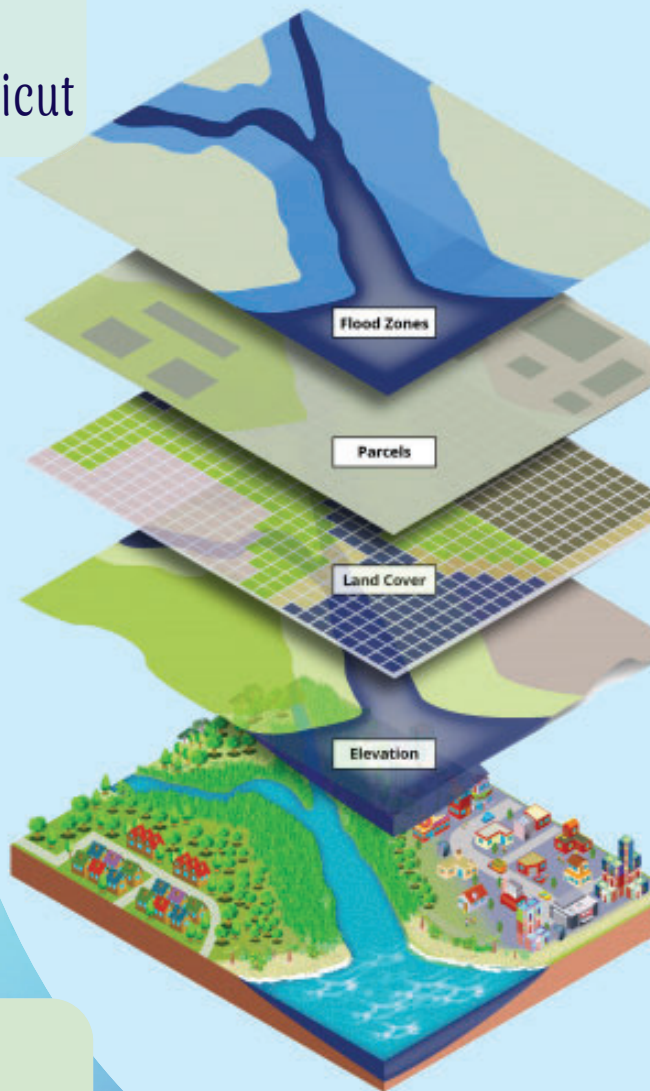
**Organising in honour of
Dr. Sr. Kochuthressia K. P.**

TWO DAY WORKSHOP ON

“GEOGRAPHIC INFORMATION SYSTEMS (GIS)”

Date : 13th and 14th March 2024

Venue : Carmel College (Autonomous), Mala



Prof. (Dr) C.C. Harilal

HOD, University of Calicut

Dr. Sinjumol Thomas

Carmel College (Autonomous), Mala

Co ordinators

Dr. Bindhu K. B.

HOD, Dept. of Botany

Carmel College (Autonomous), Mala

Dr. Sr. Kochuthressia K. P.

Principal

Resource person : Dr. Roby T. J.

Assistant Professor & Research Guide

Department of Botany

Carmel College (Autonomous) Mala

ABOUT THE WORKSHOP

The PG and Research Department of Botany, Carmel College (Autonomous) Mala proudly presents a two-day workshop on Geographic Information Systems (GIS). This transformative workshop aims to provide participants with a comprehensive understanding of GIS applications in the field of biology and environmental research.

HIGHLIGHTS

- *Basics of GIS*
- *Software's used for GIS (preparatory and open source)*
- *Open source GIS data base*
- *Tools used for GIS analysis*
- *Applications of GIS in biological and environmental research*
- *Hands on session on Open Source Software QGIS*

TIME SCHEDULE

Day 1

09.30 - Registration

10.00 - Inauguration (Audiovisual Hall)

10.30 - Tea Break

10.45 - Session 1 (Computer Lab)

**An Introduction to GIS and its application
in biological and environmental research.**

12.15 - Lunch Break

01.00 - Session II

02.00 - Break

02.20 - Session III

03.20 - Tea

Day II

10.00 - Session IV

11.00 - Tea Break

11.15 - Session V (Computer Lab)

**Hands on session on Opens Source GIS
Software - Quantum GIS**

12.15 - Lunch Break

01.00 - Session IV

02.30 - Break

02.45 - Valedictory Function

03.15 - Tea

Registration link : <https://forms.gle/injV71kQKLztkS576>

Fee details - Faculty : Rs. 2500/-
Research Scholars : Rs. 2000/-
Students : Rs. 1000/-

Bank details -

Bank : STATE BANK OF INDIA, MALA BRANCH
Account name : CARMEL COLLEGE
Account number : 42069601126
IFSC : SBIN0013752

Contact Information:

**For Enquiries and Registration assistance,
please contact: 9447918640, 8281166212**



CARMEL COLLEGE (AUTONOMOUS)

RE-ACCREDITED BY NAAC WITH 'A' GRADE (FOURTH CYCLE)
MALA, THRISSUR-680732

DEPARTMENT OF BOTANY

Organizing

AWARENESS OF TRENDS IN TECHNOLOGY

Resource person:

Dr. Roby T. J.

Assistant Professor,
Department of Botany,
Carmel College (Autonomous), Mala



Date- 25th March 2024

Time - 2.30 pm

Venue- Audiovisual hall

DR. BINDHU KB
(HOD)

DR. SR. KOCHUTHRESSIA KP
(PRINCIPAL)



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala, India

Re-Accredited by NAAC with 'A' Grade (Fourth Cycle)

Marking the end of
the National Reading Month Celebrations

DEPARTMENT OF ENGLISH

cordially invites you to

*Workshop
on*

DEVELOPING CREATIVE WRITING SKILLS

MEET AND INTERACT

"Creativity is seeing
what others see and
thinking what no one else
ever thought."



SAMEEHA JUNAID

✍️ Author of



One World, One Life, One You, BE YOU

Inner Voice, Unheard Noise



Podcaster | Blogger | YouTuber



DATE: 19-07-2023

TIME: 1.30 pm

VENUE: Audio-Visual Room

Hannath Habeeb Secretary English Association	Ms. Linda P. Joseph Secretary Dept. of English	& Dr. Pretty John P. Head Dept. of English	Dr. Sr. Kochuthressia K.P. Principal
Staff Co-ordinators			

Organizing Committee

Ms. Keerthy Sophiya Ponnachan, Ms. Annliya Shaijan, Ms. Sifna Xavier, Ms. Anu Antony,

Ms. Amrutha Chandrasekhar, Ms. Jaan Mariat V.M. & Ms. Athira R. Das

Student Co-ordinators: Mymoonah Korothe, Lakshmi Priya, Esha Esarath, Aparnika A.C. & Mibia Martin



Carmel College (Autonomous)

Re-accredited by NAAC with 'A' Grade (4th Cycle)

Affiliated to University of Calicut

Mala - 680732, Thrissur Dt., Kerala



Department of Physics & IIC

"Illuminate Your Creativity: LED Star Crafting Workshop"

On 30/11/2023 @ Physics Lab

Coordinator
Ms. Nithya P

HOD
Ms. Greatel Francis Paremél

Principal
Dr. Sr. Kochuthressia K.P



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR, KERALA 680732

RE-ACCREDITED BY NAAC WITH 'A' GRADE (IV CYCLE)

DEPARTMENT OF ZOOLOGY

ORGANIZING

A SKILL DEVELOPMENT WEBINAR

ON

"DRAW YOURSELF CALM"



AMBILI PARAYIL

Trainee, The colour
Villa school of art and
craft

DATE - February 14, 2024

TIME - 7:30 PM

JOINT CO-ORDINATORS :

AYRIN JOSE

HARITHA P NAIR

HOD & CO-ORDINATOR

DR. SR. RINI RAPHAEL

PRINCIPAL

DR. SR. KOCHUTHRESSIA K P



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala-680732

Re-Accredited by NAAC with 'A Grade' (Fourth Cycle)

DEPARTMENT OF ENGLISH

cordially invites you to the

Inauguration

of the Activities of

ENGLISH ASSOCIATION

for the Academic Year 2023-2024

&

MEET

THE FLAVOURFUL SOULFUL MIND

MRINAL DAS VENGALAT

IN

LIMELIGHT

ON

**Good Food B/Vlogs:
How to Create Better Content**



Mr. Mrinal Das Vengalat

Renowned Food Vlogger,
Motivational Speaker and
International Restaurant Management
Consultant
Vengalat, India &
HMC, Middle East

"My family members are not only good cooks but they also appreciate food greatly. My connection with food also comes from reading Vaikom Muhammad Basheer whose books are littered with culinary references. In N. S. Madhavan's *Lanthan Batheriyile Luthiniyakal*, there is a whole biryani recipe. I would imagine what a date fruit looked like by reading fantasy adventure stories of the Arab world"

- Mrinal Das Vengalat

Join us on

14.08.2023

@ 1.00 pm

in the College Auditorium

Hannath Habeeb
Secretary
English Association

Ms. Keerthy Sophiya Ponnachan
Programme Co-ordinator

Dr. Pretty John P.
Head, Department of English
Ms. Linda P. Joseph
Secretary, Department of English

Dr. Sr. Kochuthressia K.P.
Principal

PROGRAMME SCHEDULE

Prayer

Welcome Address: Dr. Pretty John P. (HoD, Dept. of English)

Presidential Address: Dr. Sr. Kochuthressia K.P. (Principal)

Association Inauguration: Mr. Mrinal Das Vengalat

Felicitation: Dr. Merin Francis (HoD, Dept. of Malayalam)

Vote of Thanks: Hannath Habeeb (Secretary, English Association)

Meet Flavourful Souful Mind MRINAL DAS VENGALAT

in LIMELIGHT: Ms. Keerthy Sophiya Ponnachan

ORGANIZING COMMITTEE

FACULTY: Ms. Annliya Shaijan, Ms. Sifna Xavier, Ms. Anu Antony, Ms. Amrutha Chandrasekhar, Ms. Athira R. Das, Ms. Jaan Mariat, Ms. Ansa Maria
STUDENTS: Ms. Lakshmi Priya, Ms. Esha Esarath, Ms. Aparnika, Ms. Mymoonah Koroth, Ms. Megha A.A., Ms. Afra Sherif, Ms. Fathimath Zuhra, Ms. Nayana Enson, Ms. Aiswarya K.M. and Ms. Mibia Martin



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala-680732

Re-Accredited by NAAC with 'A Grade' (Fourth Cycle)

DEPARTMENT OF ENGLISH

cordially invites you to the

International Seminar

on

FOOD, FOODSCAPES AND FOODWAYS: DIVERSE PERSPECTIVES

16 - 18 August 2023

Join us at Seminar Hall, Main Block

Ms. Hannath Habeeb

Secretary

English Association

Dr. Pretty John P.

Head, Department of English

Seminar Convenor

Dr. Sr. Kochuthressia K.P.

Principal

FACULTY CO-ORDINATORS

Ms. Keerthy Sophiya Ponnachan

Ms. Linda P. Joseph

Ms. Annliya Shaijan

Ms. Sifna Xavier

Ms. Ansa Maria Lincon

Ms. Anu Antony

Ms. Amrutha Chandrasekhar

Ms. Athira R. Das

Ms. Jaan Mariat V.M.

Organizing Committee

STUDENT CO-ORDINATORS

Ms. Mymoonah Koroth (Chairperson)

Ms. Mibia Martin (PG Representative)

Ms. Lakshmi Priya

Ms. Esha Esarath

Ms. Aparnika A.C.

Ms. Aiswarya K.M.

Ms. Megha A.A.

Ms. Afra Sherif

Ms. Fathimath Zuhra

Ms. Nayana Enson

Eminent Resource Persons



Dr. C.G. Shyamala

Assistant Professor & Research Guide
Department of English &
Research Centre for Comparative Studies
Mercy College, Palakkad



Fr. Davis Chiramel

Founder and Chairman of Kidney Federation of India
General Secretary, Accident Care and Transport Service (ACTS)
Co-ordinator, Hunger Hunt Project, Agri My Culture &
Cloth Bank Project



Ms. Diby Jins

Physiotherapist
St. Peter's Park
Bexhill-on-Sea, United Kingdom



Dr. Vrinda Varma

Author, Translator &
Assistant Professor
Department of School of Management Studies &
Centre for Women Welfare and Social Empowerment
National Institute of Technology, Calicut



Mr. Martin Jacob

General Manager, Human Resources
Mane Kancor Ingredients Pvt. Ltd.



Dr. Bindhu K.B.

Associate Professor, Research Guide & HoD
Department of Botany
Carmel College (Autonomous), Mala

ABOUT THE COLLEGE

Carmel College (Autonomous) under the University of Calicut, stands nestled in an idyllic locale, Mala, the southern tip of Thrissur District, the cultural capital of Kerala. This college, which began in the year 1981, is run by the Sisters of the Congregation of Mother of Carmel (CMC) who, guided by their founders Saint Kuriakose Elias Chavara and Rev. Fr. Leopold Boccato, have taken up the apostolate of education. The Management adopts a proactive approach providing infrastructural facilities and learning resources that are periodically enhanced and upgraded in order to ensure the smooth execution of the academic and administrative process. Consistent support and ample platforms are extended to students who aspire to excel in academics, sports and arts. The college offers 17 UG Programmes including 6 B. Voc., 9 PG Programmes including 2 M. Voc., 1 Integrated PG Programme, 1 Ph. D Programme and 2 Diploma Courses.

ABOUT THE CONCEPT

Food is not just something we eat to fill our stomachs. It is consciousness and has been the cornerstone of any food culture around the world. Food culture can be defined as habits, rituals, practices, belief systems, values, lifestyle, traditions, and customs centered around growing, producing, procuring, cooking, eating, serving, and celebrating food. The food culture is influenced by individuals or small networks and institutions, such as families, or large ones, such as societies, companies, and countries. People's lifestyles, religions, social status, family background, heritage and lineage along with race, ethnicities, class, caste, gender, geographic divides, climates, media, literature, social and political situations have immensely influenced the food culture. In difficult times, like poverty, war or pandemics, no matter how little, food has comforted people time and again.

The fast-food phenomenon has changed the paradigm of eating everywhere. The emergence of food delivery apps like Swiggy, Zomato and the like, food b/vlogging, mukbangs, food art and photography and glocalised foodscapes have transcended the borders resulting in the hybridity of food cultures and to an extent, acculturation of society.

As globalization and neoliberalism have transformed food systems, some people have responded by seeking to return to their roots. Similar to the Indian Ayurveda, the traditional medicines of China, Korea and Japan with the integration of nutrition, medicine and foods have conquered the hearts of many. Some have embraced local ingredients and notions of cultural heritage too much that Fabio Parasecoli identifies the phenomenon of "gastronautism," the ideological use of food to advance ideas about who belongs to a community and who does not. Food as a human right protects the right of all human beings to live in dignity, free from hunger, food insecurity and malnutrition.

PAPER PRESENTATIONS

We invite paper presentations and the suggested areas for the same are, but not limited to:

Food and Literature	Food and Memory	Foodporn/Gastroporn	Gastronautism and Identity Politics
Food and Advertising	Food and Music	"Camera Eats First"	Food Products and Intellectual Property Rights
Food and Caste	Food and Occupation	Food as Human Right	Historical Impact of Religion on Cuisine
Food and Class	Food and Pandemic	Food Writing	Significance of Bromatology in Daily Life
Food and Culture	Food and Race	Culinary Arts and Narratives	Online Foodscape and Digital Satiation
Food and Economy	Food and Religion	Culinary Consumptionscapes	Theorizing Contemporary Foodscapes
Food and Education	Food and Sexuality	Food App Culture and Market	The Politics of Genetically Modified Food
Food and Ethnicity	Food and Space	Food and Travel: B/Vlogging	Urbanization and Fast-Food Culture
Food and Film	Food and War	Food Choice Ideologies	Food Democracy Versus Food Dictatorship
Food and Gender	Food as Medicine	Foodways and Folkways	Size Zero to Plus Size: Food and Fashion
Food and Law	Food Narratives	Popular Diets and Health	Global/Local/Glocalization of Food
Food and Lifestyle	Food Trauma	Food and Environment Sustainability	Emergence of Mukbangs, Binge Eating and
Food and Media	Foodie Culture	Korean Wave and Food Culture	Parasocial Interactions

ABOUT THE DEPARTMENT OF ENGLISH

The Department of English started functioning ever since the inception of Carmel as a junior college in the year 1981. In 1998, the Department of English was officially inaugurated with the introduction of the new UG Programme, B.A. Functional English. M.A. English Language and Literature was sanctioned in 2013 as a self-financing PG Programme. At present, the Department of English offers 2 Certificate Courses and 1 Value Added Course. The four Clubs and Forums functioning under the Department and the extension activity programmes in the nearby villages help students to equip themselves with skills and values needed to face the real-time challenges.

Food takes on significance that transcends the biological function and survival context, affecting even our perceptions of edibility and constitutes a meaning system imbued with subtle unconscious cultural connotations of all kinds. Foodways deals with the ways in which food shapes and is shaped by society and culture, and it includes food politics, social inclusion/exclusion.

Literary traditions have often relied on the inclusion of food within narratives for realistic or metaphoric purposes. The forbidden fruit in the *Book of Genesis* to food metaphors in literary works like *Fairy Tales*, Arundhati Roy's *The God of Small Things*, Virginia Woolf's *To the Lighthouse*, Haruki Murakami's *The Wind-Up Bird Chronicle*, Italo Calvino's *Under the Jaguar Sun* and Margaret Atwood's *The Edible Woman* substantiate them. Fiction and food also affect each other by creating alternate creative, linguistic, and narrative possibilities. Literary expressions of food offer ways for exploring the multiple meanings that surround food. In *The Physiology of Taste* (1825), Jean Anthelme Brillat-Savarin states: "Tell me what you eat, and I will tell you what you are" (xxxv). This seems to be true because food has always had something to tell us – which, fortunately, literature lets it to do effectively.

The Seminar on "Food, Foodscapes and Foodways: Diverse Perspectives" aims to deal with numerous food/power dynamics from varied perceptions. Let's dream for sustainable food systems providing healthy food to everyone irrespective of social and economic disparities creating sustainable environment.

PAPER SUBMISSION GUIDELINES

- File Format: MS Word
- Paper size: A4 (with 1 inch margin on all sides)
- Font: Times New Roman (12 point)
- Line Spacing: 1.5
- Plagiarism: Free
- Title: Upper Case and Bold (less than 20 words)

- Author/Co-Author Details: Name, Designation, Department, Name of the Institution, Postal Address, Email id and WhatsApp-Enabled Mobile Number
- Abstract: 100-150 words
- Key Words: 4-7 words
- Word Limit for Full Paper: 1500-3000 words (excluding figures, tables and references)

IMPORTANT DATES

Submission of abstracts: 05.08.2023
Notification of acceptance: 07.08.2023
Full Paper Submission: 14.08.2023
Date of Presentation: 16.08.2023/17.08.2023/18.08.2023

	Participation Only	Paper Presentation (Online/Offline)
Faculty Members	Rs. 250	Rs. 400
Research Scholars	Rs. 200	Rs. 250
PG/UG Students	Rs. 100	Rs. 150
Others	Rs. 250	Rs. 400

Authors must send their abstract/full paper at

english@carmelcollegemala.ac.in

Register at

<https://forms.gle/MXi2dRYmyikwcKdw9>

After Registration,

please join the WhatsApp Group using the link:

<https://chat.whatsapp.com/C3ackwxdlF85iGWM0MuLiR>
for the Seminar

PAYMENT DETAILS

G PAY: 09446583241 (Pretty John P.)

Add Note: Seminar Reg. Fee- (Name of the Participant)

FOR QUERIES

Please contact:

Dr. Pretty John P. (9446583241)

Ms. Keerthy Sophiya Ponnachan (8281361876)

Ms. Linda P. Joseph (9633327566)

PROGRAMME SCHEDULE

16. 08. 2023

INAUGURAL SESSION

Prayer

Welcome:

Dr. Pretty John P.
Assistant Professor & HoD, Dept. of English

Inauguration:

Dr. Sr. Kochuthressia K.P.
Principal

Felicitation:

Dr. Princy K.G.
Associate Professor & HoD, Department of Chemistry

Vote of Thanks:

Ms. Linda P. Joseph
Assistant Professor & Secretary, Department of English

Session I

FOOD CULTURE AND NARRATIVES

Dr. C.G. Shyamala
Assistant Professor & Research Guide, PG Department of English & Research Centre for Comparative Studies, Mercy College, Palakkad

Paper Presentations

Session II

FOOD AS HUMAN RIGHT

Fr. Davis Chiramel
Founder and Chairman of Kidney Federation of India,
General Secretary, ACTS, Co-ordinator, Hunger Hunt Project,
Agri My Culture & Cloth Bank Project

Paper Presentations

17.08. 2023

Session I

FOOD SAFETY AND ENVIRONMENT SUSTAINABILITY

Mr. Martin Jacob

General Manager HR, Mane Kancor Ingredients Pvt. Ltd.

Paper Presentations

Session II

FOOD: CULTURE AND LIFESTYLE

Ms. Diby Jins

Physiotherapist, St. Peter's Park, Bexhill-on-Sea, UK

Paper Presentations

18.08. 2023

Session I

WE ARE WHAT WE EAT: BUT WHAT DO WE EAT?

Dr. Vrinda Varma

Author, Translator & Assistant Professor, Department of School of Management Studies & Centre for Women Welfare and Social Empowerment, NIT, Calicut

Paper Presentations

Session II

AHARA, ANNA AND AYURVEDA: FOOD AS MEDICINE IN INDIAN CULTURE

Dr. Bindhu K.B.

Associate Professor, Research Guide & HoD,
Department of Botany, Carmel College (Autonomous), Mala

Paper Presentations

Valedictory Function



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala 680732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

DEPARTMENT OF ENGLISH

SPEAKER'S FORUM

Organizes
Seminar on

DEVELOPING ADVANCED MEDIA SKILLS AND PROFESSIONAL ETHICS



19 FEBRUARY 2024



AUDIO-VISUAL HALL



02:00 PM



RESOURCE PERSON

MS. ANJANA P.V.
MULTIMEDIA JOURNALIST
THE HINDU BUSINESSLINE

JOIN US

MS. LINDA P JOSEPH
MS. ANNLIYA SHAIJAN
Staff Co-ordinators

MS. GOURI VINOD
Student Co-ordinator

DR. PRETTY JOHN P
HOD

DR. SR. KOCHUTHRESSIA K.P.
Principal

Organizing Committee:

*Ms. Keerthy Sophiya Ponnachan, Dr. Anu Antony, Ms. Sifna Xavier, Ms. Ansa Maria Lincon, Ms. Delfa Daly,
Ms. Athira Das, Ms. Amrutha Chandrashekar*





CARMEL COLLEGE (AUTONOMOUS) MALA

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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

DEPARTMENT OF BUSINESS
ADMINISTRATION

Experiential Learning

GEOJIT FINANCIAL SERVICES Ltd. MALA

Date : 26-10-2023

Staff Coordinator
Ms. Gilu Mathew

HoD
Dr. Rema P.

Principal
Dr. Sr. Kochuthressia K. P.



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala, India

Re-Accredited by NAAC with 'A' Grade (Fourth Cycle)

**DEPARTMENT OF BOTANY
ORGANISING**

A Workshop On

Herbal Cosmetics



Chief Guest

Jayalakshmi Manoj

Cosmetologist,
High Tech Beauty Parlour,
Mala

Date : 9/10/2023
Time : 2:30 pm
Venue : Botany Lab

Dr. Sr. Sinjumol Thomas
Ms. Mirsha M
(Program Coordinators)

Dr. Bindhu K B
(Head Of Dept.)

Dr. Sr. Kochuthressia K P
(Principal)



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**DEPARTMENT OF BUSINESS
ADMINISTRATION**

INDUSTRIAL VISIT

MODERN BREADS, EDPALLY

**DATE :
29 NOVEMBER 2023**

STAFF COORDINATOR

Amal Byju

HOD

Dr. Rema P.

PRINCIPAL

Dr. Sr. Kochuthressla K.P.



CARMEL COLLEGE (AUTONOMOUS) MALA
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Thrissur Dt.Kerala-680732 www.carmelcollegemala.ac.in.0480-2890247

Department of Hindi Webinar

'केरल में हिंदी अध्ययन की समस्याएं '



Ajeesh A S
Assistant Professor
Department of Languages
Don Bosco College, Mannuthy



10/1/2024



1.40PM



Audio Visual Room

Swetha C K
Staff-Co- Ordinator

Veenamol K.V
HoD

Dr.Sr.Kochuthressia K.P
Principal



CARMEL COLLEGE

(AUTONOMOUS)

MALA, THRISSUR - 680732

(Affiliated to the University of Calicut
Re-accredited by NAAC with 'A' grade in fourth cycle)



DEPARTMENT OF BUSINESS ADMINISTRATION

*In Collaboration with IQAC
Organizing International Seminar on*

"EMERGING TRENDS IN COMMERCE, MANAGEMENT AND ECONOMY"

DATE : 30th JUNE 2023 TIME : 9:30 AM VENUE : AUDIO VISUAL ROOM

Ms. Mary Philip
IQAC Co-ordinator

Dr. Rema P
Dean and HOD

Ms. Gilu Mathew
Programme Co-ordinator

Dr. Sr. Kochuthressia K P
Principal-in-Charge



Head
Department of Business Administration
Carmel College (Autonomous)
Mala-680732

ABOUT THE COLLEGE

Carmel, a first-grade college for women under the University of Calicut, stands nestled in an idyllic locale in a small town called Mala near the southern tip of Thrissur district, the cultural capital of Kerala. This college, which began in the year 1981, is run by the Sisters of the Congregation of Mother of Carmel who, guided by their founders Saint Kuriakose Elias Chavara and Rev. Fr. Leopold Broccaro, has taken up the apostolate of education. The management adopts a proactive approach providing infrastructural facilities and learning resources that are periodically enhanced and upgraded in order to ensure the smooth execution of the academic and administrative process. Consistent support and ample platforms are extended to students who aspire to excel in academics, sports and arts.

ABOUT THE DEPARTMENT

The Department of Business Administration Initially functioned as a part of the Department of Commerce. On 17th August 2015, the Department got identified as an independent Department and thereby assumed its activities in full swing. Students from this department have proved their calibre in sports, arts and many other curricular and co- curricular areas. The department is proven for its commitment with qualified, dedicated and experienced faculty members. The department feels proud of its alumni and its contributions.




Dr. Rema
Head
Department of Business Administration
Carmel College (Autonomous)
Mala-680732

ABOUT THE RESOURCE PERSON



Dr Justin Paul, is the Chief Editor of International Journal of Consumer studies, a globally A ranked academic journal with an Impact Factor 7.1. He is ranked among the World's top 92 highly cited Professors in Business & Economics subject areas, by Web of Science with citations increasing at record rate 530 per month with an H Index 58. A former faculty member with the University of Washington, he holds dual appointment as Professor of MBA and Director/ Chair-Research and PhD program, University of Puerto Rico, USA and as an honorary

Professor- Henley Business school, University of Reading, England.

He has also served as MBA Director & AACSB Co-ordinator at Nagoya University, Japan and as Department Chair at IIM-Indore. Dr. Paul introduced the Masstige model and measure for brand management, CPP Model for internationalization, SCOPE framework for Small firms, 7-P Framework for International Marketing and TCCM Framework for literature reviews. He holds titles as 'Distinguished Professor' with three reputed universities including- Indian Institute of Management-Kozhikode, Kerala, and SIBM, Pune & MS University. In addition, he has taught full courses at Aarhus University- Denmark, Grenoble Ecole de Management-& University of Versailles -France, University-Lithuania, Warsaw -Poland and holds/ has held a visiting professor positions at University of Chicago, Vienna University- Austria, Fudan & UIBE-China, UAB-Barcelona and Madrid.

He has published three best selling case studies with Ivey & Harvard. He is known as an author/co-author of books such as Business Environment (4th ed), International Marketing, Services Marketing, Export-Import Management (2nd edition), Management of Banking & Financial Services by McGraw-Hill, Oxford University Press & Pearson respectively. He is/has served as an Associate Editor with Journal of Business Research, European Management Journal, & Journal of Strategic Marketing.



Dr. Rema P.
Head
Department of Business Administration
Carmel College (Autonomous)
Mala-680732

IMPORTANT DATES

LAST DATE OF REGISTRATION	18 JUNE 2023
SUBMISSION OF ABSTRACT	23 JUNE 2023
FULL PAPER SUBMISSION	26 JUNE 2023
DATE OF PRESENTATION	30 JUNE 2023

CERTIFICATES WILL BE PROVIDED FOR ALL PARTICIPANTS
CASH PRIZE WILL BE AWARDED FOR THE BEST PAPER
PAPERS FROM ALL STREAMS ARE EXPECTED

SUBMISSION GUIDELINES

1. The minimum limit for the paper is 2000 words.
2. The paper required in MS Word, A4 size with 1-inch margin on all sides.
"Times New Roman", font size 12, line spacing 1.5, headings bold, sub-headings italic
3. All table, figure, graphs, included in the text with mentions of the source, captions and proper numbering.
4. Tables, graphs, figures need to be in black and white only with 300 dpi.
5. Proper citation and referencing as per APA guidelines.
6. Abstract 150-200 words, with 3-4 keywords.

REGISTRATION FEE

Academicians	Rs. 300/-
Research Scholars	Rs. 250/-
Students	Rs. 150/-

GOOGLE PAY : 09496347045 (Dr. Rema P)

CLICK HERE FOR REGISTRATION : <https://forms.gle/J4iUhPCD55U8wDdj9>

Send Papers to the Mail Id : bba@carmelcollegemala.ac.in

FOR MORE DETAILS :

Student co-ordinator
Rismi Suhana
Contact : 9562281996

Staff Co-ordinator
Shalu Paul
Contact : 9388878725

Staff Co-ordinator
Amal Byju
Contact : 9562345707



Department of Business Administration
Carmel College (Autonomous)
Mala-680732

Dr. Rema P
Head



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR, KERALA 680732

Re-accredited with 'A' Grade by NAAC (4th Cycle)

Department of Malayalam

FOLKLORE CLUB

TALK

KARKKIDAKAPPERUMA



Dr. REMA P.

HoD

Department of Business Administration

Carmel College (Autonomous), Mala

08.08.2023

@ 9.30 am

@ Audio Visual Room

All are invited.....

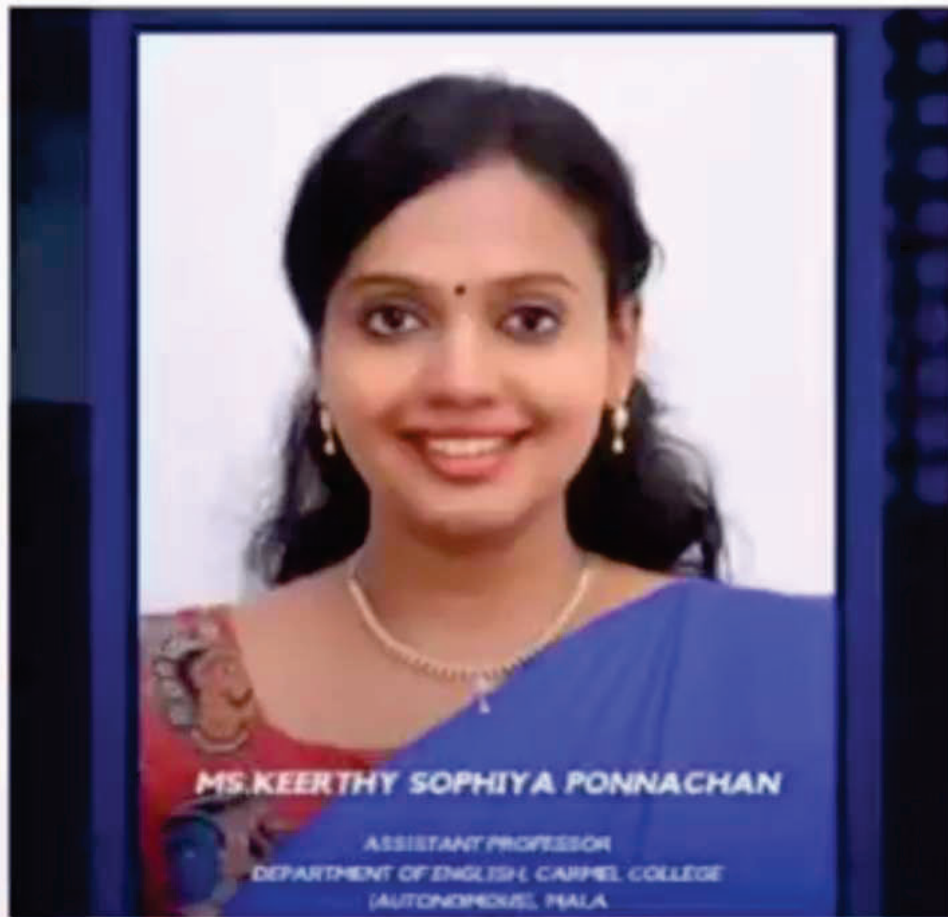
Rajeswary P.K
Co-ordinator

Dr. Merin Francis
HoD

Dr. Sr. Kochuthressia K.P
Principal

GVHSS CHALAKUDY

NATIONAL SERVICE SCHEME



**A SEMINAR ON " UNLOCKING
OPPORTUNITIES; THE POWER
OF ENGLISH LANGUAGE AND
CAREER ADVANCEMENT"**

**ON 20th JULY
2023(Thursday)
At 10.30 AM**

കാവേറ്റം

തെയ്യം അവതരണം



Auditorium , @1.30 pm

On 2/11/23



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR, KERALA 680732
RE-ACCREDITED WITH 'A' GRADE BY NAAC (FOURTH CYCLE)

Department of Malayalam

KERALAPIIRAVI DAY CELEBRATION

One day Workshop

RITUAL AND CULTURAL PREMISES OF THEYYAM

Resource Person

Sri C.K. Sivadasan

Theyyam Performer
Folklore Academy Award Winner
Drisyakala Kendram, Kozhikode



Date : 2/11/23 @11.30.am Venue: Audio-visual Room

Ms.Rajeswary P.K
Programme Co-ordinator

Dr.Merin Francis
HoD

Dr.Kochuthressia K.P.
Principal



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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

PG DEPARTMENT OF COMMERCE

HEALTH AWARENESS SESSION MENSTRUAL HYGIENE AND NUTRITION



Date: 11/03/2024

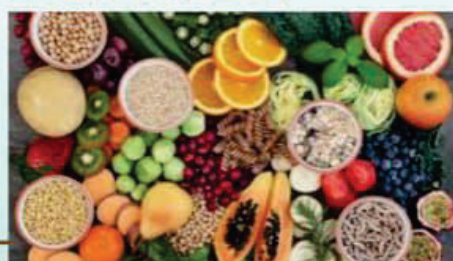
Time: 2.30 pm

Venue: Seminar Hall

Mrs. SHOLY C R

Nutrition Counsellor

Saroj Devi Foundation (SDF)



Ms. Jisha Jose
Staff co-ordinator

Dr. Stegy VJ.
HoD

Dr. Sr. Kochuthressia K.P.
Principal



CARMEL COLLEGE (AUTONOMOUS)

MALA ,THRISSUR,KERALA 680732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

Department of Malayalam & Folklore Club

International Folklore day

Talk on

*'Some Folk Thoughts in
Kudaku kurippukal '*

Date : 22/08/2022

Time : 9.30 am

Venue : Audio -Visual room

Resource person



Dr.Remya P.P.

Assistant professor

**Department of Malayalam
St.Aloysius College,Elthuruth**

**Ms.Rajeswary P K.
Programme Co-ordinator**

**Dr.Merin Francis
HoD**

**Dr. Kochuthressia K.P.
Principal**



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR, KERALA 680732

Re-accredited with 'A' Grade by NAAC (4th Cycle)

Department of Malayalam
SEMINAR

Gender Issues in
Pramod Raman's Short Stories

Resource Person



Dr. Annam Sini A..P

Assistant Professor

Department of Malayalam

Little Flower College, Guruvayoor

14.09.2023

@ 11.30 am

@ Audio Visual Room

Rajeswary P.K
Co-ordinator

Dr. Merin Francis
HoD

Dr. Sr. Kochuthressia K.P
Principal



CARMEL COLLEGE(AUTONOMOUS)

MALA,THRISSUR,KERALA 680732

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**Department of Malayalam
In Collaboration with Library**

READING DAY 2023

CHIEF GUEST



Dr.Jency K. A

**Assistant Professor &
Research Guide**

Department of Malayalam

**St.Joseph's College(Autonomous),
Irinjalakuda**

TQPIC:

***Contemporary
Reading and Cognitive
Society***



Date:19.06.2023

Time: 11.30am

Venue : Audio - visual Room

**Rajeswary P.K
Co-ordinator**

All are invited.....

**Dr. Merin Francis
HoD**

**Dr.Jesmi Rose CMC
Librarian**

**Dr. Sr.kochuthresia K.P
Principal in Charge**



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR, KERALA 680732

Re-accredited with 'A' Grade by NAAC (4th Cycle)

Department of Malayalam

FOLKLORE CLUB INAUGURATION

CHIEF GUEST



C.K.THILAKAN

**Teacher, Social Activist &
Folk Performer**

27.07.2023

@ 2 PM

Venue : Auditorium

Topic

FOLK TRADITION OF KERALA

"POLIKA"

A FOLK PERFORMANCE



Bhasker

Folk singer

All are invited.....

**Rajeswary P.K
Co-ordinator**

**Dr. Merin Francis
HoD**

**Dr. Sr. Kochuthressia K.P
Principal**



CARMEL COLLEGE (AUTONOMOUS)
MALA ,THRISSUR,KERALA 680732
Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

Department of Malayalam

Workshop

'New Trends In Film Technology'

Session I



Ms. Jisna Sojan
HoD
Dept.of Multimedia
Carmel College (Autonomous)
Mala

Session II



Ms. Meghna U.M.
Asst.Professor
Dept.of Multimedia
Carmel College (Autonomous)
Mala

Date:25/09/2023

@ 11.30 am

Venue : Audio -Visual room

Ms.Rajeswary P.K.
Programme Co-ordinator

Dr.Merin Francis
HoD

Dr. Kochuthressia K.P.
Principal





CARMEL COLLEGE (AUTONOMOUS) MALA

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DEPARTMENT OF MATHEMATICS

ASSOCIATION INAUGURATION AND SEMINAR ON STATISTICAL PACKAGE: SAS

RESOURCE PERSON:

MR.MIDHUN M MADHU
SENIOR PROGRAMMER
ANALYST II, PPD

AT 10.30 AM
06 OCTOBER 2023
SEMINAR HALL



**Joint
Coordinators**

Ms. Meenu Jose
Ms. Riya Jose
Ms. Siji Michael

Remeya Roy
Association Secretary

Dr. Jismy Joseph Dr. Sr. Kochuthressia KP
HOD **Principal**

PROGRAMME SCHEDULE
15th March 2024 (FRIDAY)

10.00 AM - Inaugural Session

Prayer

Welcome Address:

Dr. Bindhu K B

Head, Department of Botany,
Carmel College (Autonomous),
Mala, Thrissur

Introductory Remarks:

Dr K Pradip Kumar

Senior Scientist & Head,
Crop Improvement & Biotechnology Division,
Indian Cardamom Research Institute,
Myladumpara, Idukki

Inauguration & Presidential Address:

Dr. Kochuthressia K P

Principal
Carmel College (Autonomous),
Mala, Thrissur

Felicitations:

Dr. Sinjumol Thomas

Assistant professor, Department of Botany
Carmel College (Autonomous), Mala, Thrissur

Tea Break

10.30 AM - Technical Session

An overview of Indian Spice Industry Varietal wealth and breeding strategies in cardamom

Dr K Pradip Kumar

Senior Scientist & Head,
Crop Improvement & Biotechnology Division,
Indian Cardamom Research Institute,
Myladumpara, Idukki

Management of diseases & pests of spices

Dr K A Saiju

Senior Scientist, Division of Plant Pathology,
Indian Cardamom Research Institute,
Myladumpara

Lunch Break

Value Addition & quality evaluation in spices

Ms Lijini K R

Research Associate, Quality Evaluation Lab,
Indian Cardamom Research Institute,
Myladumpara

Plenary Session

Vote of Thanks:

Ms. Amiya Shaju

Guest Faculty, Department of Botany
Carmel College(Autonomous), Mala, Thrissur

Tea Break

**Mera Yuva Bharat (MY Bharat) Sugandha
Udyog Manthan
Training on Improved Agro-Techniques,
Post-Harvest and Value Addition on Spices**

Jointly Organized
by



Carmel College (Autonomous)
Mala, Thrissur Kerala



Indian Cardamom Research Institute
Spices Board, India
(Ministry of Commerce & Industry)
Myladumpara, Kailasanadu P.O Idukki

15/03/2024
Seminar Hall

Coordinator
Dr. Sinjumol Thomas

HOD
Dr. Bindhu K B

Principal
Dr. Kochuthressia K P



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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

Department of Business Administration

Seminar On

JOB OPPORTUNITIES IN LOGISTICS

Resource Persons :



Sophy Aneesh
Centre Incharge
Alive Academy, Thrissur



Greena Varghese
PG Department HOD
Alive Academy, Thrissur



Ligi Antony
Faculty
Alive Academy, Thrissur

Date: 05-02-2024

Time: 2.00 P.M

Venue: Audio Visual Room

Ms. Gilu Mathew
(Staff Co-ordinator)

Dr. Rema P.
(HOD & Convenor)

Dr. Sr. Kochuthressia K. P.
(Principal)



CARMEL COLLEGE (AUTONOMOUS)

MALA ,THRISSUR,KERALA 680732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

Department of Malayalam

International Mother Language Day

***'Socio-Cultural Premises of
Linguistic Diversity'***

Resource Person



Dr. Merin Joy

Asst. professor

**Department of Malayalam
St. Aloysius College, Elthuruthu**

Date : 22/02/2024

Venue : Auditorium

@ 10.30 am

**Ms.Rajeswary P.K.
Programme Co-ordinator**

**Dr.Merin Francis
HoD**

**Dr. Kochuthressia K.P.
Principal**



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala 680732

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DEPARTMENT OF ENGLISH

INVITED LECTURE

ON

RADIO: THEATRE OF THE MIND

Join us on

15 November 2023

@ 11:00 am

Ruby Jubilee Block



Resource Person

Ms. Abhini P. K.

Assistant Professor

Department of English

St. Mary's College, Thrissur

MS. LINDA P. JOSEPH

MS. KEERTHY SOPHIYA PONNACHAN

Co-ordinators

DR. PRETTY JOHN P.

Head

Department of English

DR. SR. KOCHUTHRESSIA K.P.

Principal



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala 680732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

DEPARTMENT OF ENGLISH

INVITED LECTURE

ON

BASIC GRAMMAR IN USE



WEDNESDAY

15 NOVEMBER 2023



TIME

11:00 AM



VENUE

AUDIO-VISUAL HALL



Resource Person

*Ms. Jency James
Assistant Professor
Department of English
St. Mary's College, Thrissur*

MS. LINDA P. JOSEPH
MS. KEERTHY SOPHIYA PONNACHAN
Co-ordinators

DR. PRETTY JOHN P.
Head
Department of English

DR. SR. KOCHUTHRESSIA K.P.
Principal



CARMEL COLLEGE (AUTONOMOUS), MALA

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Thrissur Dt. Kerala - 680732

www.carmelcollege.ac.in, 0480-2890247

DEPARTMENT OF COMMERCE

Organising a Seminar on

"THE ROUTE TO A SUCCESSFUL CAREER IN ACCOUNTING WITH SAP"

11th July, 2023
Tuesday

@2:00 PM

Venue: Audio Visual Room



Resource Person:

Mr. MUHAMMAD BAKHER

Marketing Manager

**Cochin Institute of Accountants,
Edappally**

Gopika M

Laya A L

Student co-ordinators

Ms.Jisha Jose

Staff co-ordinator

Dr.Stegy V J

HoD Commerce

Dr.Sr.Kochuthressia I

Principal



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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

P.G.Department of History

Resource Person

organises

Faculty Exchange Programme

on



Scope of Archaeological Explorations

Ms. Swapna K.P.
Assistant Professor
Department of History
St.Mary's College, Thrissur

04/03/2024 10.30 A.M

Seminar Hall

Faculty Coordinators

Ms. Reena T.K.

Dr.Sandhya P.A

Ms. Brighty Robert

Dr.Vinitha N Vijayan

Head,Department of History

Dr.Sr.Seena CMC

Principal

CARMEL COLLEGE (AUTONOMOUS), MALA



Re-Accredited By NAAC With 'A' Grade (Fourth Cycle)

Mala, Thrissur, Kerala 680732

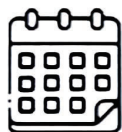


DEPARTMENT OF BUSINESS ADMINISTRATION

Organising

Seminar On

SAP-for a promising career



29-01-2024



2.00 P.M



Audio Visual Room



Jumana Naurin

Business Development

Executive

Vintage Info Solutions



Rismi Suhana K.S.

Student Co-ordinator

Ms. Shalu Paul
Staff Co-ordinator

Dr. Rema P.
HOD & Convenor

Dr. Sr. Kochuthressia K.P.
Principal



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala -680732
Re-accredited by NAAC with 'A' Grade

Alumnae Talk

**Department of Business
Administration**

organizing a seminar

**"Need for decision -
making in different
stages of life"**



Ms. Sahalamol V.S

BBA, MSW

Diploma in

Human Psychology & Counselling

Time : 2 pm

Date : 14/06/2023

Venue : Audio visual Room

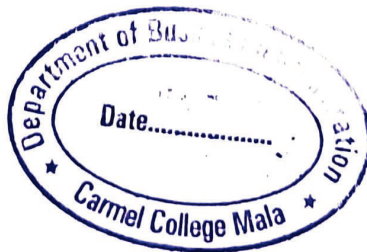
Shidhana
Anamika

Student co-ordinator

Dr. Rema P
Dean & HOD

Ms. Shalu Paul
Staff co-ordinator

Dr. Sr. Kochuthressia K.P
Principal



Rema P

Dr. Rema P

Head of the Department of
Business Administration
Carmel College Mala



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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

Department of Business Administration

Resource Person



Dr.P.A Ameer

Associate Vice President at JAIN
Group Of Institutions

Seminar On

CAREER SUPPORT & ADVANCEMENT

Date: 04-12-2023

Time: 2.00 P.M

Venue: Audio Visual Room

Hanna Shibu

(Student Co-ordinator)

Mr.Amal Byju

(Staff Co-ordinator)

Dr.Rema P.

(HOD)

Dr.Sr.Kochuthressia K. P.

(Principal)



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DEPARTMENT OF BUSINESS ADMINISTRATION

Organising
Seminar

On

**'ROUTE MAP TO YOUR
DREAM CAREER'**



MR. DIJU JOSE

**CENTRE DIRECTOR
T.I.M.E. THRISSUR**



21/11/23



2 pm



Seminar Hall

Saniya Thankachan
Student co-ordinator

Ms. Shalu Paul
Staff co-ordinator

Dr. Rema.P.
HOD

Dr. Sr. Kochuthressia K.P.
Principal



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Department of Business Administration

Seminar on

ENHANCING SOFT SKILLS AND PERSONALITY

RESOURCE PERSON



**20th FEBRUARY,
2024**



02:00 PM



**AUDIO VISUAL
ROOM**



Mr. SATISH NAIR

Assistant Professor & HoD

Department of Human Excellence

(Sahrdya College of Advanced Studies)

Amal Byju

Staff Co-ordinator

Dr. Rema P.

HoD and Convenor

Dr. Sr. Kochuthressia K. P.

Principal



CARMEL COLLEGE (AUTONOMOUS), MALA

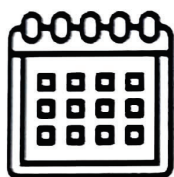
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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

DEPARTMENT OF BUSINESS ADMINISTRATION

Seminar on

"GENDER SENSITIVITY"



15-01-2024



AUDIO VISUAL



2:30PM - 3:30PM

Resource Person



Athira Sugathan

Research Scholar
St. Teresa's College Ernakulam

Ms. Gilu Mathew
Staff Co-ordinator

Dr. Rema P.
HOD

Dr. Sr. Kochuthressia K. P.
Principal



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DEPARTMENT OF BUSINESS ADMINISTRATION

SEMINAR ON

Human Values



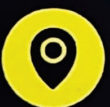
DATE

21 March , 2024



TIME

10.30 AM



LOCATION

Audio Visual Room



RESOURCE PERSON

MS. RAJESWARI P. K.

Assistant Professor
Department of Malayalam
Carmel College (Autonomous), Mala

Staff Coordinator

Ms.Shalu Paul

HoD

Dr.Remap P.

Principal

Dr.Sr. Kochuthressia K. P.



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Department of Business Administration

Organising
Seminar On
**"PAVING YOUR WAY TO SUCCESS WITH A
PROFESSIONAL DEGREE"**



14-02-2024



2.30 P.M-3.30 P.M



Audio Visual Room



Mr.Nirmal Abraham

Dean-T&D, HGAMS



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DEPARTMENT OF BUSINESS ADMINISTRATION

SEMINAR ON **WOMEN'S HEALTH**



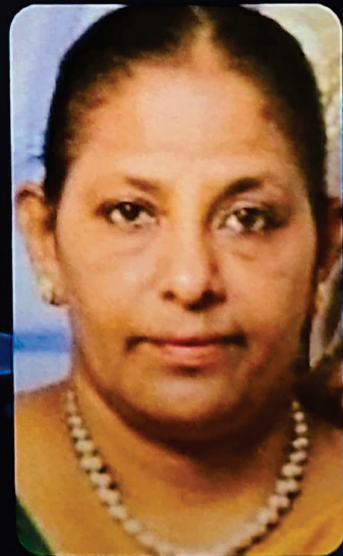
21st MARCH, 2024



2:30 PM



AUDIO VISUAL
ROOM



RESOURCE PERSON
Dr. Litty. M. Ittiyachan
AYURVEDACHARYA

STAFF COORDINATOR

Ms. Gilu Mathew

HoD

Dr. Rema P.

PRINCIPAL

Dr. Sr. Kochuthressia K. P.

CARMEL COLLEGE(AUTONOMOUS)MALA

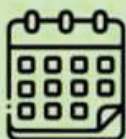


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Thrissur dt. Kerala-680723, www.carmelcollegemala.ac.in, 0480-2890247

DEPARTMENT OF AGRICULTURE

Organizing a skill development program

TOPIC: TOMATO SAUSE PREPARATION



11/08/2023



03:00PM



Soccorso HSS, Mala



SOCCORSO HSS, MALA
680723

Student coordinator

Anjana M R

Staff coordinators

DR. Archana K A

MS. Jipcymol P

Principal

DR. SR. Kochuthressia K P



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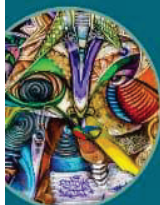
SKILL DEVELOPMENT CENTRE



IN ASSOCIATION WITH

IEDC & IIC

organizing



SKILL DAY



23rd August 2023

9.30 AM



Ms. Anna Rose Varghese
(IEDC STUDENT LEAD)

FACULTY COORDINATORS

Dr. Bindhu K. B. (IIC Coordinator)

**Dr. Sinjumol Thomas (Coordinator,
Skill Development Center)**

Ms. Brighty Robert (IEDC Nodal Officer)

Dr.Sr. Kochuthressia K.P.
(PRINCIPAL)

ORGANIZING COMMITTEE :

Rabiya Shaji, Anjana K P, Greeshma K S, Parvathy V.V
Greeshma KS, Fathima Thasneem CA, Nayana Shiju, Lulu Marjan





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DEPARTMENT OF MULTIMEDIA

NATIONAL WORKSHOP

DIFFUSION OF ARTIFICIAL INTELLIGENCE IN THE AREA OF MEDIA PRODUCTION



INAUGURATION

Dr. Sr. Kochuthressia K.P.

Principal, Carmel College
(Autonomous), Mala



CHIEF GUEST

Dr. Prasanth Koothoor

Assistant Professor,
Division of Media
Technology
and Sciences, Coimbatore

Programme Co-ordinators

Ms. Jisna Johnson
Mr. Nikhil K Sunny
Ms. Nithya K P
Ms. Meghna U M

03
october
2023

Time
10.30 pm - 12.30 pm

@ audio visual room
& Multimedia Lab

ALL ARE CORDIALLY INVITED...



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR-680732

RE-ACCREDITED BY NAAC WITH "A" GRADE (4TH CYCLE)



**IN CONNECTION WITH
WORLD YOUTH SKILL DAY**

**7(K) GIRLS BN NCC, THRISSUR &
SKILL DEVELOPMENT CENTRE**

CELEBRATE

" MONSOON FEST 2K23 "

**On 21st July 2023
@ College Auditorium**

**JUO ADITHYA MB
CSM ANCHITHA PV
MAIN SGT ARDRA RAJEEV
(STUDENT COORDINATORS)**

**LT. DR. JISMY JOSEPH
DR. SINJUMOL THOMAS
(STAFF COORDINATORS)**

**DR. SR KOCHUTHRESSIA KP
(PRINCIPAL)**



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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

SKILL DEVELOPMENT CENTRE



INNOVATION AND
ENTREPRENEURSHIP
DEVELOPMENT CENTRE

IN ASSOCIATION WITH

IEDC & IIC

organizing



INSTITUTION'S
INNOVATION
COUNCIL
Ministry of Education Initiative

SKILL DAY

23rd August 2023

9.30 AM

Ms. Anna Rose Varghese
(IEDC STUDENT LEAD)

FACULTY COORDINATORS

Dr. Bindhu K. B. (IIC Coordinator)

**Dr. Sinjumol Thomas (Coordinator,
Skill Development Center)**

Ms. Brighty Robert (IEDC Nodal Officer)

Dr. Sr. Kochuthressia K.P.
(PRINCIPAL)

ORGANIZING COMMITTEE :

Rabiya Shaji, Anjana K P, Greeshma K S, Parvathy V.V
Greeshma KS, Fathima Thasneem CA, Nayana Shiju, Lulu Marjan



Carmel College(Autonomous), Mala
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Thrissur Dt.Kerala, 680732 www.carmelcollegemala.ac.in



DIRECTION PERSPECTIVE

Mr.Melbin Thomas

Assistant Director

Movies: Paapan, King of Kotha

@AUDIO VISUAL ROOM

30.11.2023

@9.30 AM

Staff Cordinator

Mr. Nikhil K Sunny

HOD

Ms. Jisna Johnson

Principal

Dr.Sr.Kochuthressia K.P



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur District, Kerala - 680 732

Affiliated to the University of Calicut

Re-accredited by NAAC with 'A' Grade in the Fourth Cycle

THE DEPARTMENT OF POLITICAL SCIENCE

TRAINING & ORIENTATION SESSION

*Soft Skills - A Winning Strategy
in the Competitive World*



ANUKRISHA (MANAGER)

APTTITECH PLACEMENT & TRAINING

On 18.09.23 @ 9:30 AM

VENUE- COLLEGE AUDITORIUM

CO-ORDINATORS

Ms. Amilsha A.A

Ushas Mol E.U

Sujith K.S

Ms.MARY PHILIP

HoD

PRINCIPAL

Dr.Sr.KOCHUTHRESSIA K.P



CARMEL COLLEGE (AUTONOMOUS) MALA

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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247



DEPARTMENT OF MULTIMEDIA
WORLD PHOTOGRAPHY DAY
INTERCOLLEGIATE COMPETITION

**Selfie Hunt
Challenge**

**From
19 August 23
to
22 August 23**

**The winners
will be
awarded**

Ms. Jisna Johnson
HOD
Department of Multimedia

Dr. Sr. Kochuthressia K P
Principal, Carmel college
(Autonomous), Mala

Amrita Viju
Anjaly K A
Student Coordinator

Mr. Nikhil K Sunny
Ms. Meghna U M
Staff Coordinators

SELFIE HUNT CHALLENGES



Day 1 (19.08.23)

With a stranger
With your parents
With a kid
With your teammates
With a funny looking animal



Day 2 (20.08.23)

In a Mirror
At a restaurant
With a grandma
As soon as you wake up
with your favorite teacher



Day 3 (21.08.23)

In front of a tent
Next to Water
Wearing a flower
At sunrise
With a new friend



Day 4 (22.08.23)

Under a large tree
Making a Campfire
As a foodie
Doing something cool
Your face painted



Mail your challeges every day before 12.00 PM

multimedia@carmelcollegemala.ac.in

Fro more info: 9633011349, 96565 49150



CARMEL COLLEGE (AUTONOMOUS), MALA

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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

Department of Accounting & Taxation

Organizing Workshop on

Christmas Wreath Making

Date: 14th December, 2023

Time: 2.00 p.m.

Venue : BFSI Lab



Gopika M D

Alumnae Member

Self Employed

**Thrayambaka Dancing School,
Kodungaloor**

Instagram Id: regalo-by-gopz

Ms. Anju P D

Staff

Co-ordinator

Ms. Christeena Wilson K.

HoD

Dr. Sr. Kochuthresia K. P

Principal



CARMEL COLLEGE (AUTONOMOUS) MALA
Re-Accredited by NAAC with 'A' Grade (4th Cycle)
Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

DISHWASH MAKING

At
Vadama

Date : 06-03-2024

Staff Coordinator
Ms. Shalu Paul

HoD
Dr. Rema P.

Principal
Dr. Sr. Kochuthressia K. P.



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PG DEPARTMENT OF COMMERCE

SEMINAR ON CRITICAL THINKING AND PROBLEM SOLVING



Date: 28/02/2024

Time: 2.30 pm

Venue: Audio Visual Room

Mr. Anson Antony
Assistant Manager
Students Relation

T.I.M.E. Pvt. Ltd. Thrissur

Ms. Jasmi Babu	Dr. Stegy V.J.	Dr. Sr. Kochuthressia K.P.
Staff co-ordinator	HoD	Principal



Carmel College (Autonomous)

Re-accredited by NAAC with 'A' Grade (4th Cycle)

Affiliated to University of Calicut

Mala - 686722, Thrissur Dt., Kerala



**Department of Physics
Creative Spectra**
presents

**Christmas Star
Sales Expo**

On 13/12/2023 @ Auditorium

**Coordinator
Ms. Nithya P**

**HOD
Ms. Greatel Francis Paremél**

**Principal
Dr. Sr. Kochuthressia K.P**





CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR, KERALA 680732
RE-ACCREDITED WITH 'A' GRADE BY NAAC (FOURTH CYCLE)

Department of Malayalam

KERALAPIIRAVI DAY CELEBRATION

കാവേറ്റം

തെയ്യം അവതരണം

On 2/11/23

Auditorium , @1.30 pm

Ms.Rajeswary P.K
Programme Co-ordinator

Dr.Merin Francis
HoD

Dr.Kochuthressia K.P.
Principal





CARMEL COLLEGE (AUTONOMOUS)

MALA ,THRISSUR,KERALA 680732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)

Department of Malayalam

World Theatre Day

WEBINAR

As part of MOU with

Sahrdaya College of Advanced Studies,Kodakara

**'ഭഗവദ്ഗീത - മൂല്യ സംഘർഷങ്ങളുടെ
ശിഥിലഭൂമി'**

Resource Person



Dr. Swapna C Kombath

Assistant Professor & Head

Department of Malayalam

Sahrdaya College of Advanced Studies, Kodakara

@ 10.15 am

Date : 25/03/2024

Audio visual room

Ms.Rajeswary P.K.
Programme
Co-ordinator

Dr.Merin Francis
HoD, Department of
Malayalam

Dr. Kochuthressia K.P.
Principal