



CARMEL COLLEGE (AUTONOMOUS)
MALA , THRISSUR, KERALA 680732
Re-accredited with 'A' Grade by NAAC (Fourth Cycle)



NSS UNITS 2 & 89

HARITHAMITHRAM

App Installation

EXTENSION PROGRAMME

@

Mala Gramapanchayat

Ward 11

30 & 31 December 2023

Ms.Smitty V. Isidhore
Dr. Merin Francis
NSS Programme Officers

Sandra P.
Zahra
Student Co-ordinators

Dr.Kochuthressia K.P.
Principal



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited By NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247

Program Outcome Report: Extension Activities at Annamanada Grama Panchayath by NSS Units(2, 89)

Dates: December 30, and 31, 2023

Location: Mala Grama Panchayath

Over the course of three days, a total of 96 enthusiastic NSS volunteers actively participated in the extension activities in collaboration with Mala Grama Panchayath on December 30 and 31, 2023. The event aimed to promote environmental sustainability and community engagement through the installation of the "Harithamithra App," a smart waste management solution developed by Suchitwa Mission, in households across ward 11 of the panchayath. The primary objective was to raise awareness about efficient garbage collection and instill a sense of responsibility among residents towards waste management.

Program Outcomes:

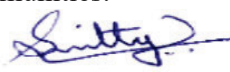

Technological Empowerment: Residents gained technological proficiency by using the Harithamithra App, enhancing their ability to participate in waste management efforts actively.

Increased Environmental Awareness: The program significantly raised awareness about sustainable waste management practices, promoting a cleaner and greener environment.

Community Collaboration: The program strengthened community bonds and instilled a sense of shared responsibility by involving residents directly in the waste management process.

In conclusion, the extension activities at Mala Grama Panchayath served as a testament to the positive change that can be achieved through collective efforts and community engagement. We remain committed to organizing similar initiatives in the future, furthering our mission of creating sustainable, eco-friendly communities.





NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



 **GPS Map Camera**

Valiyaparambu, Kerala, India

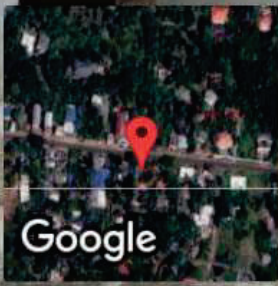
Annamanada - Mala Road, P.O Kuruvilassery, Valiyaparambu, Kuruvilassery, Kerala

680732, India

Lat 10.231515°

Long 76.285956°

30/12/23 12:27 PM GMT +05:30



21.	SANDRA V VINOD	BA	Sociology		Handwritten
22.	RISNI JIHADA. M	BA	Sociology		Handwritten
23.	NIMA K.U	BA	Sociology		Handwritten
24.	SANDRA P	BA	Sociology		Handwritten
25.	ARCHANA. K	BA	Sociology		Handwritten
26.	ZAHRA	BA	Sociology		Handwritten
27.	ATHULYA A.P	BA	Sociology		Handwritten
28.	SREELAKSHMI TS	BA	Sociology		Handwritten
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30.	SREELAKSHMI M H	BA	Sociology		Handwritten
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36.	ANCIYA JOLLY	BBA			Handwritten
37.	AISWARYA T V	BCom	Corporation		Handwritten
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39.	AVINABALACHANDRAN	BCom	Corporation		Handwritten
40.	HISANA THEHSIN VM	BCom	Corporation		Handwritten
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44.	PRANATHY NP	BCom	Corporation		Handwritten
45.	NISHANA.N.N	BCom	Corporation		Handwritten
46.	FATHIMATH SWALIHA V.M	BCom	Corporation		Handwritten
47.	APARNA BABU	BCom	Finance		Handwritten
48.	ANUSHA P.J	BCom	Finance		Handwritten
49.	NANDHA KRISHNA P.S	BCom	Finance		Handwritten

50.	ADITHYA N S	BCom	Finance		
51.	ANUSREE.B.LAKSHMI	BCom	Finance		
52.	ANANYA T.R	BCom	Finance		
53.	AISWARYA K.S	BCom	Finance		
54.	MARIYA MICHAEL	BCom	Finance		
55.	ARDRA A.S	BCom	Finance		
56.	JOSNA JOY	BCom	Finance		
57.	ABHIRAMI BIBISH	BCom	Finance		
58.	ARCHA T. A	BCom	Finance		
59.	NEETHU JOHNSON	BCom	Finance		
60.	AKSHAYA PRASANNAKUMAR	BCom	Finance		
61.	GOPIKA JAYAN	BCom	Finance		
62.	VARSHA VARGHESE	BCom	Finance		
63.	ATHEENA C S	BCom	Finance		
64.	DEVIKA E S	BCom	Finance		
65.	FATHIMA SHAMNU	BCom	Finance		
66.	KRISHNAPRIYA V R	BCom	Finance		
67.	ASHLY SEBASTIAN	BCom	Finance		
68.	BHAVANA P. S	BCom	Finance		
69.	VISMAYA VINOD	BCom	Finance		
70.	GOPIKA.K.S	BVoc	Accounting and Taxation		
71.	ANSABA KS	BVoc	Accounting and Taxation		
72.	LIBIYA SABU	BVoc	Accounting and Taxation		
73.	KRISHNA GAYATHRI. P	BVoc	Agriculture		
74.	L. LINTA	BVoc	Agriculture		
75.	AMMU VINOD. S	BVoc	Agriculture		



CARMEL COLLEGE (AUTONOMOUS)

MALA , THRISSUR, KERALA 680732

Re-accredited with 'A' Grade by NAAC (Fourth Cycle)



NSS UNITS 2 & 89

**BALA SOUHRUDA PANCHAYAT
SURVEY**

**ANNAMANADA
GRAMAPANCHAYATH**

Date : 18/02/2024

**Ms. Smitty V. Isidhore
Dr. Merin Francis
NSS Programme Officers**

**Angel Mariya Joy
Student Co-ordinator**

**Dr. Kochuthressia K. P.
Principal**



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited By NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247

On February 18, 2024, NSS volunteers conducted a Bala Souhrdha Panchayath survey in association with Annamanda Panchayath. This initiative aimed to assess the well-being of children in the community and gather insights to support the development of child-friendly policies and programs. Volunteers carried out a comprehensive survey across Annamanda Panchayath, focusing on various aspects of child welfare. The survey involved collecting data from children, parents, and local stakeholders through interviews, questionnaires, and focus group discussions. Key areas of assessment included health, education, safety, and living conditions.

Outcomes:

- **Comprehensive Data Collection:** The survey successfully gathered detailed information on the status of children's health, education, and safety in the panchayath.
- **Identification of Key Issues:** The data highlighted critical areas requiring attention, such as gaps in healthcare access, educational resources, and child protection services.
- **Community Engagement:** The survey fostered active participation from community members, enhancing awareness and collaboration on child welfare issues.
- **Volunteer Experience:** Volunteers gained practical experience in conducting community surveys, enhancing their research, communication, and organizational skills.

In conclusion, the Bala Souhrdha Panchayath survey was a significant step towards creating a child-friendly environment in Annamanda Panchayath. The active involvement of NSS volunteers and the support of the local community played a crucial role in the success of this initiative.

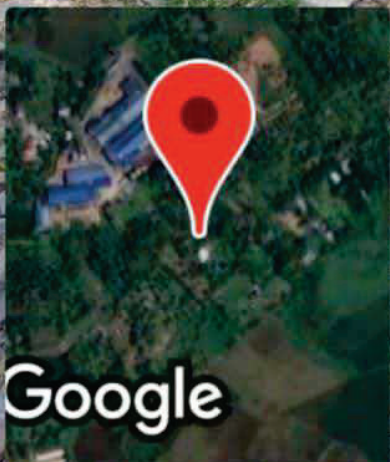




NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



 GPS Map Camera



Kallur Thekkummuri, Kerala, India

6846+WC2, Poovathussery Rd, Kallur

Thekkummuri, Kerala 680741, India

Lat 10.207251°

Long 76.309716°

11/08/23 02:39 PM GMT +05:30

CARMEL COLLEGE (AUTONOMOUS), MALA
NSS UNITS 2,89

SURVEY FOR BALASOUHRUDA PANCHAYATH
at Annamanada Grama Panchayath
on 18/02/2024

1.	1	Sreelakshmi.T.R.	II nd B.Sc Botany	Srs
2.		Fathima.P.S	"	fathima
3.		Nandana.P.S	"	nandana
4.		Lithiya.C.M	"	
5.		Akasha shaju.S.O	II nd BA Sociology	A.
6.		Anjana Sunilkumar	II nd BA English	Anjana
7.		Anusha R	"	A.
8.		Sandya.P	II nd BA Sociology	Sandya
9.		Archana.k	"	Archana
10		Zahra	"	Zahra
11		Nandana.V.S	II nd Bsc Botany	Nandana
12		Nasrifa shirin M.A	"	Nasrifa shirin
13		Gayathri P.T	"	Gayathri
14		Dhina Theressa james	II nd MA Integrated sociology	Dhina
15.		Atbira Ajith	Bcom Finance	Atbira

Sl. No	Name of the Student	Department	Signature
16	Libiya Sabu	Ind B.Voc AT	
17	Gopika K.S	"	
18	Ansaba K.S	"	
19	Krishnakanthi Jayan	B. Com Finance 1 st	
20	Nayana N.B	B.Voc AT 1 st	
21	SANDRA PS	B.Voc AT 1 st	
22	Laxana T.V	"	
23	Shifa M.S	"	
24	Anuja Satheesan	"	
25	Malavika M.M	"	
26	Meenakshi P.M	1 st B.com co-operation	
27	Anagha E.K	"	
28	Sivanya K.S	1 st B.com Finance	
29	Ananya M.K	"	
30	Sana Fathima	2 nd Bsc. Chemistry	
31	Sreya Anna Eby	1 st Bsc. Botany	
32	Aleena Babee	1 st Bsc. Chemistry	
33	Saniya Rafi	1 st B.com co-operation	
34	Sanjana KT	1 st B.com Finance	
35	Devikaowadas	2 nd B.com co-operation	
36	AI-Ameena Mol	1 st B.com Finance	
37	Saniya C.S	"	
38	Joyna K. Jose	1 st Bvoc SD	
39	Scorpa MP	1 st Bvoc SD	
40	Neha PJ	1 st Bvoc SD	
41	Saniya Francis	"	
42	Sona Sinaj	1 st B.com Finance	
43	Disna George	"	
44	Athulya AP	1 st B.A Sociology	




 NSS Programme Officer
 NSS Unit (2 & 89)
 Carmel College (Autonomous)
 Mala - 680732



CARMEL COLLEGE (AUTONOMOUS)

(A Government Recognised Aided College, Affiliated to the University of Calicut)
Re-Accredited by NAAC with 'A' Grade (4th Cycle)

Mala, Thrissur Dt., Kerala-680732 www.carmelcollegemala.ac.in, 0480-2890247



NSS UNIT 2 & 89



CENTRAL BUREAU OF COMMUNICATION
MINISTRY OF INFORMATION & BROADCASTING
GOVERNMENT OF INDIA



FIELD OFFICE : THRISSUR, KERALA

INTEGRATED COMMUNICATION AND OUTREACH PROGRAMME (I.C.O.P)

സംയോജിത ബോധവൽക്കരണ പരിപാടിയും പ്രദർശനവും

2023 ജൂലൈ 25,26,27

പാനപ്പുറം ജയകേശള എസ്.എൻ.ഡി.പി. ഹാൾ

In Association With :

» KUZHUR GRAMA PANCHAYATH

» KUDUMBASHREE » ICDS » INDIA POST » KERALA STATE EXCISE DEPARTMENT
FIRE & RESCUE DEPARTMENT » KERALA POLICE » NCC/NSS CARMEL COLLEGE MALA

July 25,26,27 - 2023

Suhaila. T
Nandhana. P. S

Student Co-ordinators

Ms. Smitty V. Isidhore

Dr. Merin Francis

NSS Programme Officers

Dr. Sr. Rini Raphael

Principal



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited By NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247

From July 25 to 27, 2023, NSS volunteers actively participated in the Integrated Communication and Outreach Program in association with Kuzhur Grama Panchayath. This comprehensive initiative aimed to provide essential services and educational sessions to the local community. The program featured a variety of services and awareness activities, including:

- **Ayurveda Medical Camp:** Provided traditional healthcare consultations and treatments.
- **Homeopathy Medical Camp:** Offered homeopathic medical services to the community.
- **Free Aadhaar Services:** Facilitated Aadhaar card registrations and updates for residents.
- **Awareness Classes:** Conducted educational sessions on various topics, enhancing community knowledge and awareness.

Outcomes:


- **Skill Development:** Volunteers enhanced their skills in event management, communication, and coordination, gaining valuable experience in organizing community programs.
- **Increased Awareness:** Exposure to public health and administrative processes broadened volunteers' understanding of community issues and challenges.
- **Community Bonding:** Direct interactions with local residents helped volunteers build stronger connections and develop a deeper empathy for the community's needs.
- **Personal Growth:** The initiative fostered a sense of social responsibility and personal development, encouraging volunteers to continue contributing to community welfare.

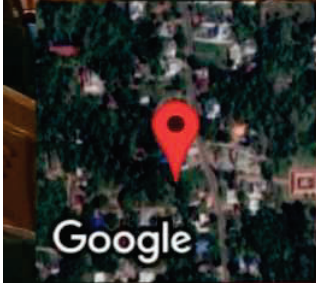
In conclusion, the Integrated Communication and Outreach Program successfully provided essential services and educational opportunities to the community, with NSS volunteers significantly contributing to its success through their active participation and dedication.



NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732




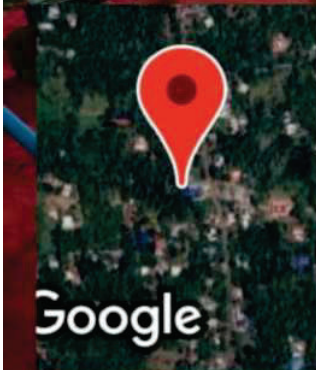
 GPS Map Camera



Kuzhur, Kerala, India
678P+MF9, Parappuram, Kuzhur, Kakkulissery, Kerala 680734, India
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 GPS Map Camera



Kuzhur, Kerala, India
678P+MF9, Parappuram, Kuzhur, Kakkulissery, Kerala 680734, India
Lat 10.21671°
Long 76.286175°
26/07/23 10:22 AM GMT +05:30

CARMEL COLLEGE (AUTONOMOUS) MALA
NSS UNITS (2, 89)

Volunteering in Awareness Programme (3 days)
Central Bureau of Communication at
Kuzhady Gramapanchayath (25/7/23 to 27/7/23)
Participants List.

25/7/2023

1. Fathima PS
2. Nandhana P S
3. Lithiya C M
4. Baina
5. Anitta

26/7/2023


1. Suhaila T
2. Ammu Vinod S
3. Asna N
4. L. Linta
5. DhinaTheressa James

27/7/2023

1. Anjana M R
2. Krishna Gayathri
3. Simple Babu
4. Anjana Sunil Kumar
5. Anusha R

Sanctioned
25/7/23

Thanking you in Advance


Smitty V. Isidhore

NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



CARMEL COLLEGE (AUTONOMOUS)
MALA , THRISSUR, KERALA 680732
Re-accredited with 'A' Grade by NAAC (Fourth Cycle)



NSS UNITS
2 & 89

MEDICAL CAMP

In Collaboration with

**Gurudharmam Medical
Mission Hospital, Mala**

DATE : 31/12/2023

TIME : 9.30 AM

**VENUE: MITHRALAYAM SPECIAL SCHOOL, SNEHAGIRI
WARD 11**

**Ms. Smitty V. Isidhore
Dr. Merin Francis
NSS Programme Officers**

**Nandana P. S.
Student Co-ordinator**

**Dr. Kochuthressia K. P.
Principal**



CARMEL COLLEGE (AUTONOMOUS) MALA

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On December 31, 2024, a collaborative medical camp was organized in partnership with Guru Dharmam Mission Hospital, Mala. This healthcare initiative focused on addressing lifestyle diseases and was open to both volunteers and local community members. The medical camp offered a range of health services, including consultations, screenings, and educational sessions on lifestyle diseases. Medical professionals from Guru Dharmam Mission Hospital provided personalized care and advice to the attendees. Volunteers assisted in coordinating the event, ensuring smooth operations and supporting participants throughout the day.

Outcomes:

- **Healthcare Access:** Nearly 100 individuals benefited from the medical camp, gaining access to essential health services and expert consultations.
- **Increased Awareness:** The camp raised awareness about lifestyle diseases, their prevention, and management, empowering participants with knowledge to make healthier choices.
- **Community Engagement:** The initiative fostered a sense of community involvement, with volunteers and medical professionals working together to improve local health outcomes.
- **Preventive Health Measures:** Early detection and preventive advice provided during the camp helped participants take proactive steps towards better health.

In conclusion, the collaborative medical camp with Guru Dharmam Mission Hospital was a significant step towards enhancing community health, particularly in the area of lifestyle diseases. The event successfully combined healthcare services with community education, making a positive impact on the well-being of both volunteers and locals.





NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



GPS Map Camera

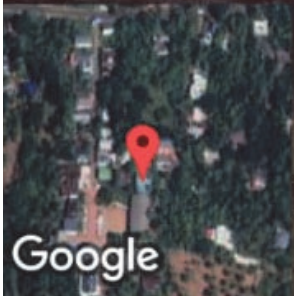


Google

Kuruvilassery, Kerala, India
67HR+W3M, Meladoor, Kuruvilassery, Kerala 680732, India
Lat 10.229882°
Long 76.290137°
31/12/23 10:23 AM GMT +05:30



GPS Map Camera



Google

Kuruvilassery, Kerala, India
67HR+W3M, Meladoor, Kuruvilassery, Kerala 680732, India
Lat 10.229867°
Long 76.290072°
31/12/23 10:41 AM GMT +05:30

21.	SANDRA V VINOD	BA	Sociology		Handwritten marks
22.	RISNI JIHADA. M	BA	Sociology		Handwritten marks
23.	NIMA K.U	BA	Sociology		Handwritten marks
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NSS UNITS 2 & 89

HARITHAMITHRAM

App Installation

EXTENSION PROGRAMME

@

Annamanada Gramapanchayat

10, 11 & 25 August 2023

Ms.Smitty V. Isidhore
Dr. Merin Francis
NSS Programme Officers

Sandra P.
Zahra
Student Co-ordinator

Dr. Kochuthressia K.P.
Principal



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Program Outcome Report: Extension Activities at Annamanada Grama Panchayath by NSS Units(2, 89)

Dates: August 10, 11, and 25, 2023

Location: Annamanada Grama Panchayath

Over the course of three days, a total of 125 enthusiastic NSS volunteers actively participated in the extension activities in collaboration with Annamanada Grama Panchayath on August 10, 11, and 25, 2023. The event aimed to promote environmental sustainability and community engagement through the installation of the "Harithamithra App," a smart waste management solution developed by Suchitwa Mission, in households across the panchayath. The primary objective was to raise awareness about efficient garbage collection and instill a sense of responsibility among residents towards waste management.

Program Outcomes:

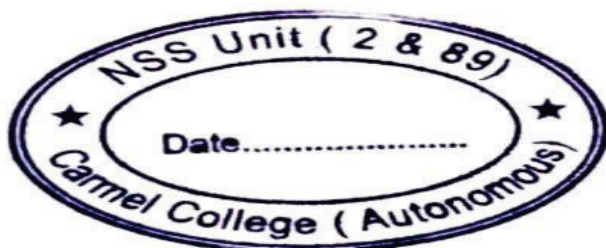
Technological Empowerment: Residents gained technological proficiency by using the Harithamithra App, enhancing their ability to participate in waste management efforts actively.

Increased Environmental Awareness: The program significantly raised awareness about sustainable waste management practices, promoting a cleaner and greener environment.

Community Collaboration: The program strengthened community bonds and instilled a sense of shared responsibility by involving residents directly in the waste management process.

Skill Enhancement: Volunteers developed communication, teamwork, and organizational skills, valuable assets that will serve them well in their future endeavors.

In conclusion, the extension activities at Annamanada Grama Panchayath served as a testament to the positive change that can be achieved through collective efforts and community engagement. We remain committed to organizing similar initiatives in the future, furthering our mission of creating sustainable, eco-friendly communities.



NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



GPS Map Camera

Kallur Thekkummuri, Kerala, India
68WV+VQQ, West Koratty, Kallur Thekkummuri, Kerala 680308, India
Lat 10.247188°
Long 76.3141000



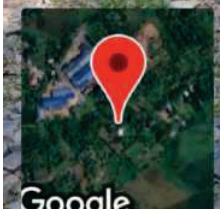
GPS Map Camera

Kallur Thekkummuri, Kerala, India
6846+WC2, Poovathussery Rd, Kallur
Thekkummuri, Kerala 680741, India
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Long 76.309716°






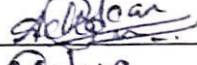
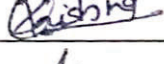


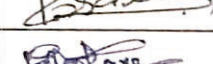


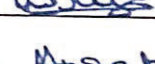



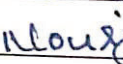
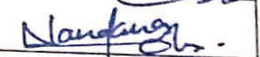

GPS Map Camera

Annamanada, Kerala, India
Annamanada pvt bus stand building, Annamanada Valoor Rd, Annamanada,
Kallur Thekkummuri, Kerala 680741, India
Lat 10.239543°
Long 76.32845°
10/08/23 11:28 AM GMT +05:30



CARMEL COLLEGE (AUTONOMOUS), MALA
NSS UNITS (2, 89)

Harithamithram App Installation on 10/8/2023
PARTICIPANT'S LIST

Sl. No	Name of the Student	Department	Signature
1.	Josna Joy	B.com Finance	
2.	ANTONINA MARY T. B	" BA Poli. Sci	
3.	Avina Balachandran	B.com Cooperation	
4.	Ascha. T. A	B.com Finance	
5.	Krishnapriya V.R	"	
6.	Aiswariya FV	B.com Cooperation	
7.	Amitha. A.M.	"	
8.	Pranathy MP	"	
9.	Ashara Ms	B.Voc. A.T	
10.	Vasindha Vinod	B.Voc BASI	
11.	Libiya Sabu	B.Voc AT	
12.	Ansaba K.S	"	
13.	Gopika K.S	"	
14.	Shamsiya P.B	B.Voc BASI	
15.	Sanjana kishna p.R	B.Voc AT	
16.	Mouliya Jannath	BA politics	
17.	Nandana. O.K.M	II BSc Mathematics	

18	Bandha V. Vinod	II nd BA Sociology	Bandha
19	Adithya NS	II nd B.com Finance	Adithya
20	Mariya Michael	"	Mariya
21	Hisami Thekshin V.V.M	I st B.com Co-op	Hisami
22	Sivaganga V.R	"	Sivaganga
23	Devika TL	"	Devika
24	Anusha P.J	I st B.com Finance	Anusha
25	Nandha Krishna P.S	"	Nandha
26	Aparna Babu	"	Aparna
27	Devika E.S	"	Devika
28	Necther Johnson	"	Necther
29	Aishwarya RP	II nd BA Sociology	Aishwarya
30	Sona SP	"	Sona
31	Snehalakshmi TS	"	Snehalakshmi
32	Adithya M	"	Adithya
33	Aishwarya	"	Aishwarya
34	Snehalakshmi ML	"	Snehalakshmi
35	Aishwarya Das	"	Aishwarya
36	Parvathy PB	"	Parvathy
40	Greeshma G	"	Greeshma
41	Nima K.U	"	Nima
42	Anitha N.B	2 nd B.com co-op	Anitha
43	Bairna KB	II nd B.com co-op	Bairna
44	Atheena S	II nd B.com Finance	Atheena
45	Saniya Thankachan	II nd BBA	Saniya
46	Sona M.B	"	Sona
47	Gopika Jayan	II B.com finance	Gopika
48	Janitha J	II nd BBA	Janitha
49	Anciya Jolly	"	Anciya
50	Agna A	"	Agna

51	Sandra P	2 nd B.D Sociology	<i>Sandra</i>
52	Akebhaya Prasannakumar	2 nd B.com finance	<i>Akebhaya</i>
53	Vansha Varghese	" "	<i>Vansha</i>
54	Aradhya A.S	" "	<i>Aradhya</i>
55	Mameesha M	I B.A F.E	<i>Mameesha</i>
56	Aranya T.R	II B.com finance	<i>Aranya</i>
57	Anjana K.R	"	<i>Anjana</i>
58	Aiswarya K.S	"	<i>Aiswarya</i>
59	Vismaya Vinod	"	<i>Vismaya</i>
60	Sneha Sajan	B.A Politi cul science	<i>Sneha</i>



[Signature]
NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732

List of the NSS Volunteers participating in the
Extension activity at AnnamanadaPanchayat

On 11/8/2023

SI NO	Name	II Year
1.	Sandra P	B A Sociology
2.	Archana k	B A Sociology
3.	Avinabalachandran	B Com Co-operation
4.	Pranathynp	B Com Co-operation
5.	Aiswarya T V	B Com Co-operation
6.	Amritha NM	B Com Co-operation
7.	Archa T. A	B Com Finance
✓ 8.	Nandhakrishnaps	B Com Finance
9.	GOPIKA JAYAN	B Com Finance
10.	Krishna Priya V R	B Com Finance
11.	AkshayaPrasannakumar	B Com Finance
✓ 12.	Neethu Johnson	B Com Finance
13.	Devika E S	B Com Finance
14.	AparnaBabu	B Com Finance
15.	Atheena C S	B Com Finance
16.	AbhiramiBibish	B Com Finance
17.	Suhaila T	B Sc. Botany
18.	Akshara M. S	B Voc. Accounting & Taxation
19.	Libiyasabu	B Voc. Accounting & Taxation
20.	Ansaba K S	B Voc. Accounting & Taxation
21.	L. Linta	B Voc. Agriculture
22.	AnnamolGinesh	B Voc. Banking, Financial Services and Insurance
23.	VrindhaVinod	B Voc. Banking, Financial Services and Insurance
24.	Shamsiya P B	B Voc. Banking, Financial Services and Insurance
25.	Aswanipd	B Voc. Software Development
26.	Faseela EN	B Voc. Software Development

Sandra
Archana
Avinaba
Pranathynp
Aiswarya
Amritha
Archa
Nandhakrishnaps
GOPIKA
Krishna
Akshaya
Neethu
Devika
Aparna
Atheena
Abhirami
Suhaila
Akshara
Libiyasabu
Ansaba
L. Linta
Annamol
Vrindha
Shamsiya
Aswanipd
Faseela

27.	Diya kp	B Voc. Software Development
28.	Sona M.B	BBA
29.	Ardra Paul	BBA
30.	Saniya Thankachan	BBA

[Handwritten signatures and initials]



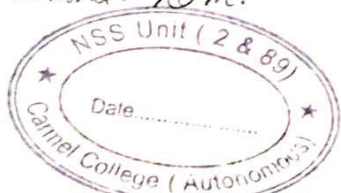
[Handwritten signature]
NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732


CARMEL COLLEGE (AUTONOMOUS), MALA
 EXTENSION ACTIVITY at ANNAMONADA GIRAMAPANCHAYATH
 HARITHAMITHRAM APP INSTALLATION ON 25/8/2023
 PARTICIPANTS LIST

No	Name	Class	Sign.
1	Haya Rose Shaji	III rd BSc Applied Physics	
2	Lakshmi Anand	"	
3	Akshara Rajesh	"	
4	Sayana K.S	3 rd BSc chemistry	
5	Fathima Shamnu.	3 rd Bcom Finance.	
6	Bhavana P.S	"	
7	Anusha P.J	"	
8	Nandana PS	3 rd BSc Botany	
9	Sreelakshmi P.T.R	"	
10	Lithiya C.M	"	
11	Fathima ps	"	
12	Atheena CS	3 rd Bcom Finance	
13	Aiswarya K.S	"	
14	Varsha Varghese	3 rd Bcom finance	
15	Aridra A.S	"	
16	Geopika Jayar	"	
17	Akshaya Prasanna Kumari	"	
18	Anusree B Lakshmi	"	
19	Ashley Sebastian	"	
20	Anusha R	III rd BA FE	
21	Anjana K.R.	3 rd Bcom finance	
22	Neethu Johnson	"	

	Name	Class	Sign.
23.	Adithya N S	III rd B.com Finance	<u>Adithya</u>
24.	Mariya Michael	"	<u>Mariya</u>
25.	Devika E.S	"	<u>Devika</u>
26.	Sathimath Swalika V.M	B.com Co-operation	<u>Swalika</u>
27.	Nishana A.N	"	<u>Nishana</u>
28.	Shahma Nasrin M.S	"	<u>Shahma</u>
29.	Anitta N.B	"	<u>Anitta</u>
30.	Bairya KB	"	<u>Bairya</u>
31.	Devika TL	"	<u>Devika</u>
32.	Aiswarya T.V	III rd B.com cooperation	<u>Aiswarya T.V.</u>
33.	Archa T.A	III rd B.com finance	<u>Archa</u>
34.	Krishnapriya V.R	"	<u>Krishna</u>
35.	Anna Balakandran	III rd B.com cooperation	<u>Anna</u>
36.	Pranathy NP	"	<u>Pranathy</u>
37.	Sivaganga V.R	"	<u>Sivaganga</u>
38.	Hisana Thehsin V.M	"	<u>Hisana</u>
39.	Rusmi Jihede.M	III rd BA Sociology	<u>Rusmi</u>
40.	Sreelakshmi M.H	"	<u>Sreelakshmi</u>
41.	Poovalthy P.B	"	<u>Poovalthy</u>
42.	Anyana Sunilkumar	BA F.E	<u>Anyana</u>
43.	Sreelakshmi T.S	III rd BA Sociology	<u>Sreelakshmi</u>
44.	Akasha shaju S.D	"	<u>Akasha</u>

45.	Adithya ML	III rd BA sociology	<u>Adithya</u>
46.	Archana Das	"	<u>Archana</u>
47.	Sneha V. Vinod	"	<u>Sneha</u>
48.	Diana Theresia James	3 rd sem. Integrated Sociology	<u>Diana</u>
49.	Aparna Babu	3 rd Bcom Finance	<u>Aparna</u>
50.	Abhirami Bibish	"	<u>Abhirami</u>
51.	Josna Joy	"	<u>Josna</u>
52.	Aranya TR	"	<u>Aranya</u>
53.	Nandha Krishna P.S	"	<u>Nandha</u>
54.	Nandana VS	3 rd Bsc. Botany	<u>Nandana</u>
55.	Devamsutha	"	<u>Devamsutha</u>
56.	Vismaya Vinod	3 rd Bcom Finance	<u>Vismaya</u>
57.	Gayathri P.T	III rd Bsc Botany	<u>Gayathri</u>
58.	Nasriya Shilin	"	<u>Nasriya</u>
59.	Nousiya Jannath KT	III BA Political Science	<u>Nousiya Jannath</u>
60.	Antonuya Mary	"	<u>Antonuya</u>
61.	Sneha Sajan	"	<u>Sneha</u>
62.	Zahra	III BA Sociology	<u>Zahra</u>
63.	Sandra P	"	<u>Sandra</u>
64.	Archana.k	"	<u>Archana</u>
65.	Nandana. O.K.M	III Bsc Maths	<u>Nandana</u>
66.	Amritha. A.M.	III Bcom	<u>Amritha</u>




 NSS Programme Officer
 NSS Unit (2 & 89)
 Carmel College (Autonomous)
 Mala - 680702



CARMEL COLLEGE (AUTONOMOUS)
MALA , THRISSUR, KERALA 680732
Re-accredited with 'A' Grade by NAAC (Fourth Cycle)



NSS UNITS 2 & 89

75
Azadi Ka
Amrit Mahotsav

Meri Maati Mera Desh

09th-15th August 2023

AMRIT VATIKA CAMPAIGN

Date : 15/08/23

Time: 9.30 am

Venue: Puzhayoram , Annamanada

Ms.Smitty V. Isidhore
Dr. Merin Francis
NSS Programme Officers

Lakshmi Anand
Student Co-ordinator

Dr. Kochuthressia K.P.
Principal



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited By NAAC with 'A' Grade (4th Cycle)

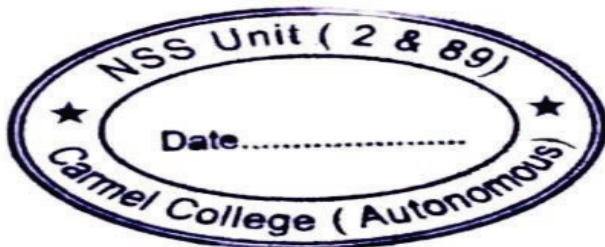
Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247



As part of the Meri Matti Mera Desh programme, NSS volunteers participated in the Amrit Vadika - 75 Tree Plantation Programme at Puzhayoram, Annamanada, organized by Annamanada Grampanchayat on August 15, 2023. This initiative aimed to enhance environmental conservation and promote greenery in the community. Volunteers actively took part in planting 75 saplings at Puzhayoram. The program included preparing the site, planting a variety of native trees, and providing initial care to ensure their growth. The event also featured educational sessions on the importance of tree plantation for environmental sustainability.

Outcomes:

- **Environmental Impact:** The plantation of 75 trees contributed to increased greenery, improved air quality, and enhanced biodiversity in the area.
- **Volunteer Engagement:** NSS volunteers demonstrated their commitment to environmental sustainability through active participation.
- **Community Involvement:** The program fostered a sense of responsibility towards environmental conservation among community members.
- **Educational Awareness:** The initiative educated participants on the significance of tree plantation and its role in combating climate change.

In conclusion, the Amrit Vadika - 75 Tree Plantation Programme successfully engaged NSS volunteers and the community in a meaningful environmental activity, promoting sustainability and enhancing the natural landscape of Puzhayoram.





NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



മഹാത്മാജി
ജി.പി.എസ്. സ്മാരക പദ്ധതി
അമൃത് വാടിക

GPS Map Camera

Annamanada, Kerala, India
8724+49M, Annamanada, Kerala 680662, India
Lat 10.234851°
Long 76.334073°
15/08/23 10:44 AM GMT +05:30





CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala - 680732

Re-Accredited by NAAC with 'A' Grade(fourth Cycle)



NSS UNITS 2 & 80

As part of Manava Mythri Celebration



പുസ്തകത്തണൽ (Shelter of Books)

ON 10/10/2023 | Tuesday

AT 3:30 PM

Dr. Merin Francis
Ms. Smitty V Isidhore

Programme Officers

Dr. Sr. Kochuthressia, K.P
Principal



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited By NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247


On October 10, 2023, the Pusthaka Thanal initiative was conducted, focusing on distributing books in public places to promote reading and literacy among the community. Volunteers collected old library books and magazines and placed them in key public areas such as the KSRTC stand in Mala, the Private stand in Mala, and the college bus steps for passengers to access and read during their commute.

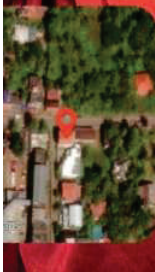
Outcomes:

- **Increased Accessibility to Books:** The initiative made a variety of reading materials available to the public, fostering a culture of reading and continuous learning.
- **Promotion of Literacy:** By providing easy access to books and magazines, the program encouraged reading habits among passengers and the general public.
- **Community Engagement:** The initiative engaged volunteers and the community, promoting a sense of shared responsibility for educational enrichment.
- **Sustainable Use of Resources:** The collection and redistribution of old library books and magazines gave new life to previously unused resources, promoting sustainability.

Overall, the Pusthaka Thanal programme successfully achieved its goal of enhancing access to reading materials, encouraging literacy, and engaging the community in a meaningful educational activity.

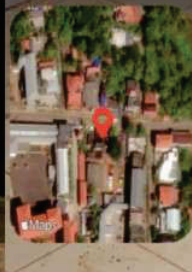




NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



Vadama, KL, India

Annamanada Mala Pallipuram Road,
Chalakkudy, Vadama, 680732, KL, India
Lat 10.240378, Long 76.273818
10/25/2023 04:00 PM GMT+05:30
Note : Captured by GPS Map Camera



Vadama, KL, India

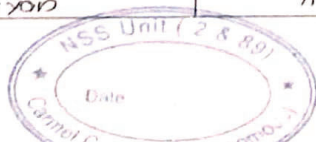
Annamanada Mala Pallipuram Road,
Chalakkudy, Vadama, 680732, KL, India
Lat 10.240401, Long 76.273361
10/25/2023 03:59 PM GMT+05:30
Note : Captured by GPS Map Camera

CARMEL COLLEGE (AUTONOMOUS)
MALA

NSS UNITS 2, 89

PUSTHAKATHANAL PROGRAMME

Sl. No	Name of the Student	Department	Signature
1	Mancesha M	I st BA Eng	
2	Bhavana P.S	II nd B.com Finance	
3	Fathima Shamru	"	
4	Abhisami Bibish	"	
5	Vaishnavi E.U	I st Bsc applied physics	
6	Anusha D.J	II nd B.com Finance	
7	Sneha Sajan	II nd BA Political Science	
8	Antoniya mary	"	
9	Anjali Krishna V.S	I st B.com Cooperatn	
10	Anusitha T.R	" "	
11	Theja K.J	" "	
12	Anamika T.M	" "	
13	Dhanusree M.V	I st B.com Finance	
14	Devapriya K.S	"	
15	Kokila Ratheesh	"	
16	Fidha Fatiuma	"	
17	Zabira	II nd BA sociology	
18	Sandra P	"	
19	Archana K	"	
20	Vaishya G	III rd B.Voc. It	
21	Nima Bukendran	I st B.com Cooperatn	
22	Haya Rose Shaji	I st Bsc physics	
23	Akshara Rajesh	"	
24	Lakshmi Anand	"	
25	Atheena C.S	II nd B.com Finance	
26	Arada A.S	"	
27	Anusree b lakshmi	"	
28	Akshaya	"	
-	Geethika Jayan	"	



NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



CARMEL COLLEGE (AUTONOMOUS)
MALA , THRISSUR, KERALA 680732
Re-accredited with 'A' Grade by NAAC (Fourth Cycle)



NSS UNITS 2 & 89

ELDERFIT WELLNESS PROGRAMME

Will provide the following services:

Weight Check: Monitor and maintain a healthy weight.

Blood Pressure Check: Ensure a healthy heart and overall well-being.

Blood Sugar Check: Manage and monitor blood sugar levels effectively.

Blood Group Detection: Essential information for emergency medical care.

**Section Co -Ordinator
Sr. Annie Jose
Palliative Care Trainer**

Date : 20/10/23

Time : 2 pm

Venue: St Joseph's Aged home , Pyliyilakkunnu

**Ms. Smitty V. Isidhore
Dr. Merin Francis
NSS Programme Officers**

**Suhaila T.
Student Co - Ordinator**

**Dr. Kochuthressia K.P.
Principal**



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited By NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247

The ElderFit Wellness Program

The ElderFit Wellness Program, jointly organized by NSS Units (2,89) with Department of Zoology, Carmel College (Autonomous), Mala brought together enthusiastic NSS volunteers, expertise of the Department of Zoology under the leadership of dedicated healthcare professional Sr. Annie Jose, Nurse, Carmel Palliative to create a holistic health initiative tailored for our senior citizens of Aged Home Puliyalakkunnu . ElderFit Wellness Program held on October 20, 2023, at St. Joseph's Aged Home. The event aimed to enhance the well-being of our elderly community members by providing essential health services, including weight checks, blood pressure checks, blood sugar checks, and blood group detection.

Outcomes:

- **Health Awareness:** Increased understanding of regular health monitoring.
- **Early Detection:** Identified potential health issues for timely intervention.
- **Community Engagement:** Strengthened bonds between the college and community.
- **Volunteer Experience:** Enhanced empathy and social responsibility among NSS volunteers.

Conclusion:

The ElderFit Wellness Program effectively enhanced the health of the elderly, showcasing the value of community collaboration in healthcare.





NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



Thrissur K1 India

GPS Map Camera

Maps

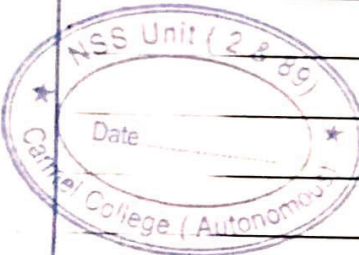
Thrissur, KL,India

Chalakkudy, Thrissur, 680741, KL, India Lat 10.265764, Long 76.285361

10/20/2023 02:38 PM GMT+05:30 Note: Captured by GPS Map Camera

CARMEL COLLEGE (AUTONOMOUS), MALA
 NSS UNITS (2, 89)
 ELDERFIT WELLNESS PROGRAMME ON 20/10/23

Sl. No.	Name	Department	Signature
1.	Ann Mary Taniya PA	Hnd of Botany	<i>Ann</i>
2.	Sreya Anna Eby	"	<i>Sreya</i>
3	Crayathen V.B	"	<i>Crayathen</i>
4	T Danila K I	"	<i>T Danila</i>
5	Vaishnavi E.C	Hnd Bsc physics	<i>Vaishnavi</i>
6	Nora Theresa	"	<i>Nora</i>



main
 NSS Programme Officer
 NSS Unit (2 & 89)
 Carmel College (Autonomous)
 Mala - 680732



CARMEL COLLEGE (AUTONOMOUS)

(A Government Recognised Aided College, Affiliated to the University of Calicut)
Re-Accredited by NAAC with 'A' Grade (4th Cycle)

Mala, Thrissur Dt., Kerala-680732 www.carmelcollegemala.ac.in, 0480-2890247



NSS UNIT 2 & 89



നവ ലകിരള സഭസ്യം

ജനകീയ ദ്രമിസന
ജനങ്ങൾക്കൊപ്പം

2023 നവംബർ 18 - ഡിസംബർ 24


























06/12/2023

**Suhaila. T
Nandhana. P. S**
Student Co-ordinators

**Ms. Smitty V. Isidhore
Dr. Merin Francis**
NSS Programme Officers

Dr. Sr. Rini Raphael
Principal



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited By NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247

On December 6, 2023, volunteers participated in the Navakerala Sadassu, an outreach program of the Kerala government where the Chief Minister and ministers traveled through all assembly constituencies of the state. This significant event aimed at fostering community engagement and development by bringing together various stakeholders, including local authorities, community leaders, and volunteers, to discuss and implement strategies for regional development.

Outcomes:

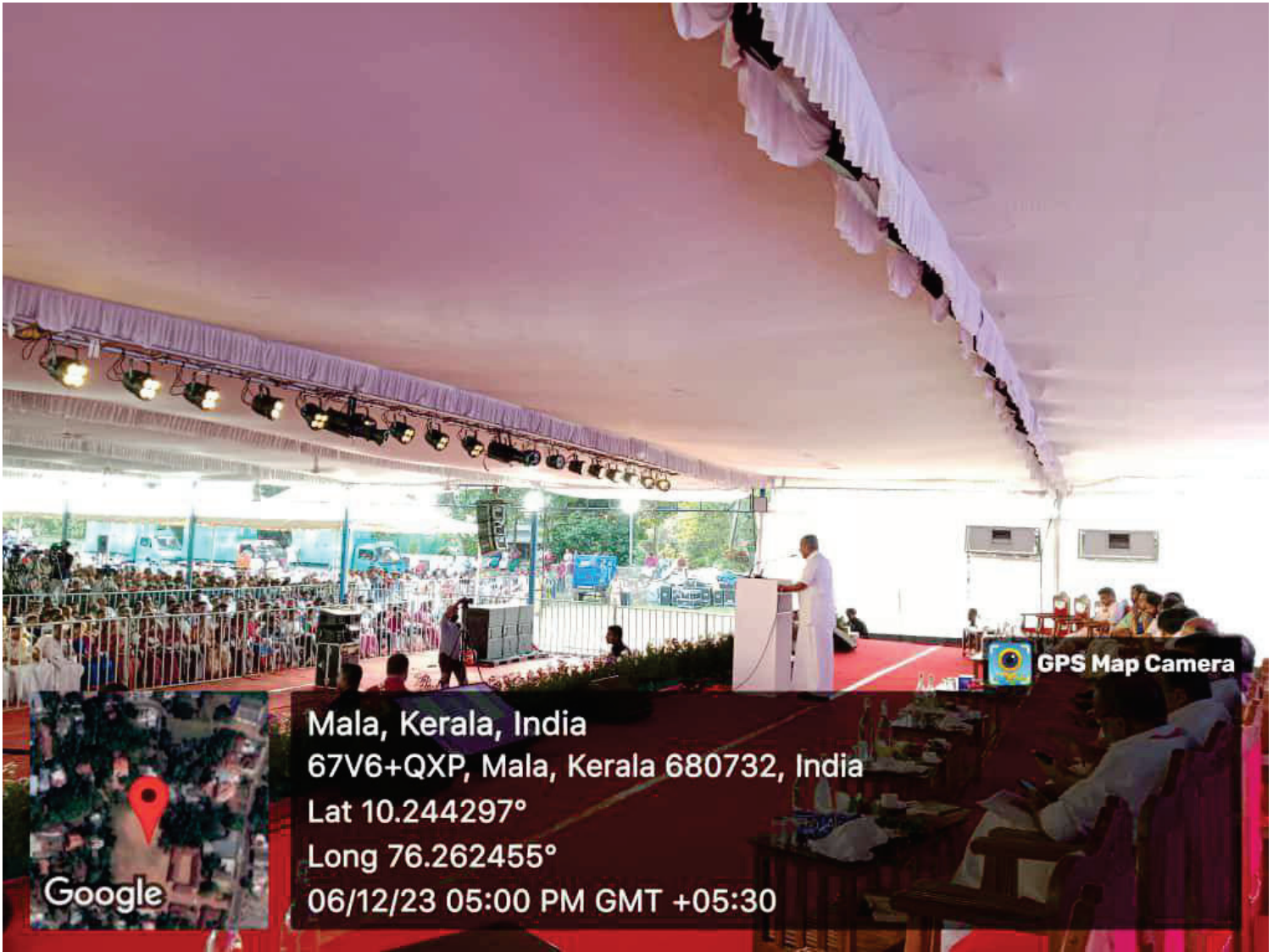
- **Enhanced Community Awareness:** The event successfully raised awareness about regional development initiatives and encouraged active community participation.
- **Improved Event Execution:** The involvement of volunteers contributed to the efficient management of the event, ensuring a seamless experience for all participants.
- **Strengthened Community Bonds:** The collaborative effort fostered a sense of unity and shared purpose among the attendees, volunteers, and organizers.
- **Skill Development for Volunteers:** Participation in the event provided volunteers with valuable experience in event management, communication, and community service.

In conclusion, the volunteering efforts at the Navakerala Sadassu significantly contributed to the success of the event, promoting community development and engagement. The collaborative spirit displayed during the program underscored the importance of collective efforts in achieving regional progress.

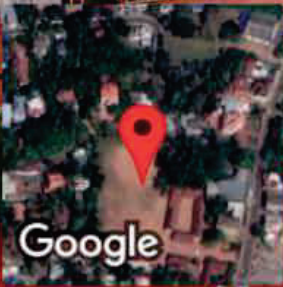




NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



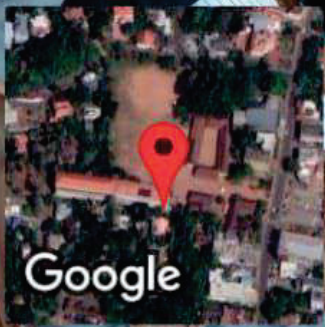
Mala, Kerala, India
67V6+QXP, Mala, Kerala 680732, India
Lat 10.244297°
Long 76.262455°
06/12/23 05:00 PM GMT +05:30



Google



 **GPS Map Camera**



Mala, Kerala, India
67V6+9W7, Mala, Kerala 680732, India
Lat 10.243592°
Long 76.262476°
06/12/23 10:37 AM GMT +05:30



CARMEL COLLEGE (Autonomous)
Nationally Re-accredited with 'A Grade' (Fourth Cycle)
Affiliated to University of Calicut
MALA – 680 732, Thrissur (Dt), Kerala
Phone: 0480 2890 247, Fax: 0480 2890247
E-mail: mail@carmelcollegemala.ac.in web: www.carmelcollegemala.ac.in

Date: 6.12.2023

Time: 10.30 am


Venue: St. Antony's School, Mala.

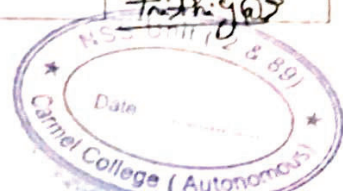
Activity: Nava Kerala Sadasu

Sl. No	Name of the Student	Department	Signature
1	Josna Joy	B.com Finance	
2	Avina Balachandran	B.com cooperation	
3.	ANTONIYA MARY T.B	II BA Poli.Scie	
4	Amalitha. M.M.	B.com cooperation	
5	Pranathy NP	"	
6	Ascha.PA	B.com finance	
7.	Krishnapriya V.R	"	
8.	Abhanya TV	B.com cooperation	
9.	Ashwara Ms	B.Voc A.T	
10	Vinodha Vinod	B.Voc BPSI	
11.	Annamol Gunesb	"	
12.	Libiya Sabu	B.Voc AT	
13.	Ansaba K.S	"	
14.	Cripika K.S	"	
15.	Shamsiya P.B	B.Voc BPSI	
16.	Sanjana Krishna P.R	B.Voc AT	
17.	Nandana.O.K.M	II BSC Mathematics	

18	Sundra V. Vimal	I nd BA Sociology	Parvathi
19	Hisana Thekum . V. M	I nd B. Com. Co-op	Jeeva
20	Sivaganga V R	"	Sivapanyu
21	Adithya N S	I nd B. Com Finance	Adithya
22	Masiya Michael	"	Masiya
23	Anusha P. J	"	Anusha
24	Devika TL	I nd B. Com co-op	Devika
25	Nandha Krishna . P. S	2 nd B. Com Finance	Nandha
26	Aparna Babu.	2 nd B. Com Fin	Aparna
27	Necthu Johnson	"	Alekhya
28	Devika . E - S	"	Devika
29	Sona . S . P	2 nd BA - Sociology	Sona
30	Sreelakshmi T. S	"	Sreelakshmi
31	Athulya A. P	"	Athulya
32	Sreelakshmi M. H	"	Sreelakshmi
33	Rpsay Jihadin	"	Rpsay
34	Adithya M. L	"	Adithya
35	Akshaya Das	"	Akshaya
36	Nima . K. U	"	Nima
37	Greeshma . G	"	Greeshma
38	Pasvathy P B	"	Pasvathy
39	Anita . N. B	2 nd B. Com co-op	Anita
40	Baina KB	I nd B. Com co-op	Baina
41	Janitha . J	I nd BBA	Janitha
42	Anciya . Jolly	"	Anciya
43	Agna A. J	"	Agna
44	Atheena C S	I nd B. Com Finance	Atheena
45	Akshaya Prashanakumari	" "	Akshaya
46	Varsha Varghese	" "	Varsha
47	Andra A. S	" "	Andra

46	Zaheda	1 st B.A. Sociology	Zaheda
49	Anchana K	"	Anchana
50	Sandra P	"	Sandra
51	Manasha M	I st B.A. J. E	Manasha
52	Sona M B	II nd BBA	Sona
53	Ananya T.R	I st B.com finance	Ananya
54	Anjana K.R	"	Anjana
55	Aiswarya K.S	"	Aiswarya
56	Vismaya Vinod	"	Vismaya
57	Sneha Sajan	B.A. Political Science	Sneha
58	Fathima Shamnu	I st B.com Finance	Fathima
59	Lakshmi Anand	I st B.Sc. A. Physics	Lakshmi
60	Haya Rose Shaji	"	Haya
61	Blavans P.S	II nd B.com Finance	Blavans
62	Fathimath Swaliba V.M	II nd B.com Co-operation	Swaliba
63	Akshara Rajesh	II nd B.Sc. Physics	Akshara
64	Anusree. B. Lakshmi	II nd B.com finance	Anusree
65	Krishna Gayathri P	II nd B. Voc Agriculture	Krishna
66	Simple Babu	"	Simple
67	Ana. V	I st B. Voc Agriculture	Ana
68	Annu Vinod S	"	Annu
69	Anjana MR	"	Anjana
68	L. Linte	"	L. Linte
69	Sayana K.S	2 nd B.Sc. Chemistry	Sayana
70	Gayathri P.T	2 nd B.Sc. Botany	Gayathri
71	Nasriya Shirin M A	"	Nasriya
72	Nandana V.S	"	Nandana
73	Devamrutha	"	Devamrutha
74	Nandana PS	II nd B.Sc. Botany	Nandana
75	Lithya C.M	"	Lithya


 NSS Programme Officer
 NSS Unit (2 & 89)
 Carmel College (Autonomous)
 Mala - 680732





CARMEL COLLEGE (AUTONOMOUS)

MALA , THRISSUR, KERALA 680732

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NSS UNITS 2 & 89



Suchitwa Mission

Sneharamam Project

Date:29/12/2023

Mala Grampanchayat

Valiyaparambu Junction

Ward 13

**Ms. Smitty V. Isidhore
Dr. Merin Francis
NSS Programme Officers**

**Suhaila T
Nandana P S
Student Co-ordinators**

**Dr. Kochuthressia K P
Principal**



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited By NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247

On December 29, 2023, volunteers actively participated in the creation of Senhararam at Valyaparambu Junction. This initiative aimed to address environmental cleanliness and promote sustainable practices through a series of impactful activities. The volunteers engaged in collecting plastic waste from the area, which helped reduce litter and prevent environmental hazards. Following this, the junction was thoroughly cleaned, significantly improving its hygiene and aesthetic appeal. Additionally, a garden was established in waste accumulation-prone zones by repurposing waste materials, enhancing the area's beauty and promoting sustainability.

Outcomes:

- **Improved Environmental Cleanliness:** The collection of plastic waste and area cleaning significantly reduced litter, contributing to a cleaner and healthier environment.
- **Promotion of Sustainable Practices:** By repurposing waste materials to establish a garden, the initiative encouraged sustainable practices and highlighted the value of waste management.
- **Enhanced Community Aesthetics:** The creation of the garden and the cleaning efforts beautified Valyaparambu Junction, making it a more pleasant space for the community.
- **Increased Community Awareness:** The initiative raised awareness about the importance of environmental cleanliness and sustainability, inspiring others to adopt similar practices.

In conclusion, the Senhararam initiative at Valyaparambu Junction successfully achieved its goals of improving environmental cleanliness, promoting sustainability, and enhancing the community's aesthetic appeal. The volunteers' dedication and hard work played a crucial role in transforming the area and fostering a culture of environmental responsibility.



NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



21.	SANDRA V VINOD	BA	Sociology		Handwritten marks
22.	RISNI JIHADA. M	BA	Sociology		Handwritten marks
23.	NIMA K.U	BA	Sociology		Handwritten marks
24.	SANDRA P	BA	Sociology		Handwritten marks
25.	ARCHANA. K	BA	Sociology		Handwritten marks
26.	ZAHRA	BA	Sociology		Handwritten marks
27.	ATHULYA A.P	BA	Sociology		Handwritten marks
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29.	SONA.S.P	BA	Sociology		Handwritten marks
30.	SREELAKSHMI M H	BA	Sociology		Handwritten marks
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71.	ANSABA KS	BVoc	Accounting and Taxation		
72.	LIBIYA SABU	BVoc	Accounting and Taxation		
73.	KRISHNA GAYATHRI. P	BVoc	Agriculture		
74.	L. LINTA	BVoc	Agriculture		
75.	AMMU VINOD. S	BVoc	Agriculture		



CARMEL COLLEGE (AUTONOMOUS)

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NSS UNITS 2 & 89



Swachh Bharat Abhiyan



Suchitwa Mission

Cleaning Drive

Date:28/12/2023

Mala Grampanchayat

Ward 11

**Ms. Smitty V. Isidhore
Dr. Merin Francis
NSS Programme Officers**

**Suhaila T
Student Co-ordinator**

**Dr. Kochuthressia K P
Principal**



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited By NAAC with 'A' Grade (4th Cycle)

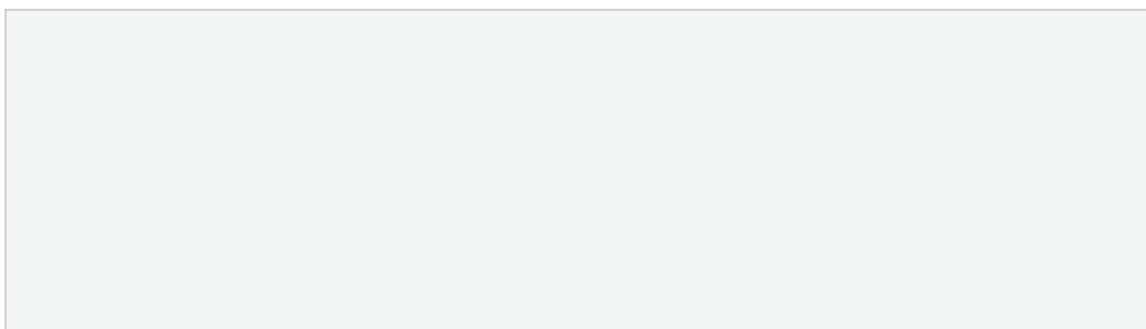
Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247

On December 28, 2023, NSS volunteers conducted a comprehensive cleaning drive in Ward 11 of Mala Panchayath as part of the Swachh Bharat Abhiyan and Suchitha Mission. This initiative aimed to promote cleanliness, environmental hygiene, and community awareness regarding waste management. Volunteers collected plastic waste, biodegradable waste, and other litter from streets, public spaces, and residential areas. The collected waste was carefully segregated into recyclable and non-recyclable categories to ensure proper disposal.


Outcomes:

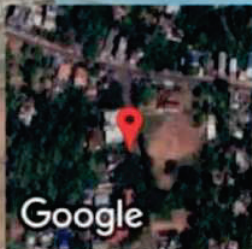
- **Improved Cleanliness:** The drive significantly improved the cleanliness and hygiene of Ward 11, creating a more sanitary living environment for residents.
- **Enhanced Community Awareness:** The awareness campaign educated residents on sustainable waste management practices, encouraging them to adopt cleaner habits.
- **Waste Management Practices:** Proper segregation and disposal of waste were promoted, contributing to the Panchayath's broader environmental goals.
- **Volunteer Impact:** Volunteers developed a stronger sense of civic responsibility and gained valuable experience in community service and environmental stewardship.

In conclusion, the cleaning drive in Ward 11 of Mala Panchayath was a successful initiative under the Swachh Bharat Abhiyan and Suchitha Mission. The active participation of NSS volunteers and the support of the local community played a crucial role in achieving a cleaner and healthier environment.





 **GPS Map Camera**



Google

Valiyaparambu, Kerala, India

67JM+FJ9, Mangalam Rd, Valiyaparambu, Kuruvilassery, Kerala 680732, India

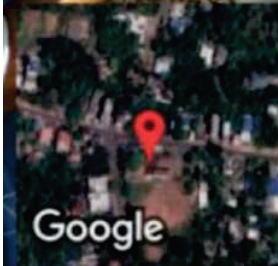
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 **GPS Map Camera**



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21.	SANDRA V VINOD	BA	Sociology		Handwritten
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71.	ANSABA KS	BVoc	Accounting and Taxation	<i>[Handwritten Signature]</i>
72.	LIBIYA SABU	BVoc	Accounting and Taxation	<i>[Handwritten Signature]</i>
73.	KRISHNA GAYATHRI. P	BVoc	Agriculture	<i>[Handwritten Signature]</i>
74.	L. LINTA	BVoc	Agriculture	<i>[Handwritten Signature]</i>
75.	AMMU VINOD. S	BVoc	Agriculture	<i>[Handwritten Signature]</i>



CARMEL COLLEGE (AUTONOMOUS)

MALA , THRISSUR, KERALA 680732

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NSS UNITS 2 & 89

As part of

Nasha Mukh Bharath Abhiyan



**Anti - Drug Awareness
Campaign**

Date : 29/05/2024

**Ms. Smitty V. Isidhore
Dr. Merin Francis
NSS Programme Officers**

**Angel Mariya Joy
Student Co-ordinator**

**Dr. Kochuthressia K. P.
Principal**



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited By NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247

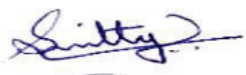

On May 29, 2024, NSS volunteers organized an Anti-Drug Awareness Campaign as part of the Nasha Mukta Bharat Abhiyan. This initiative aimed to raise awareness about the dangers of drug abuse and promote a drug-free community through direct engagement and informational distribution. NSS volunteers actively participated in distributing informative leaflets to nearby shops and local establishments. The leaflets contained crucial information about the harmful effects of drug abuse, resources for help, and contact information for support services. Volunteers also engaged with shop owners and customers, discussing the importance of staying drug-free and encouraging community participation in the fight against drug abuse.

Outcomes:

- **Community Engagement:** Volunteers effectively connected with the local community, fostering a collective sense of responsibility towards maintaining a drug-free environment.
- **Educational Impact:** The campaign provided valuable information on drug abuse prevention and available support services, empowering individuals to make informed decisions and seek help if needed.
- **Promoted Nasha Mukta Bharat Abhiyan:** The initiative reinforced the goals of the Nasha Mukta Bharat Abhiyan, contributing to the nationwide effort to combat drug abuse.

In conclusion, the Anti-Drug Awareness Campaign by NSS volunteers successfully disseminated crucial information and engaged the community in meaningful conversations about drug prevention. The volunteers' dedication and proactive approach played a vital role in promoting a healthier, drug-free society.

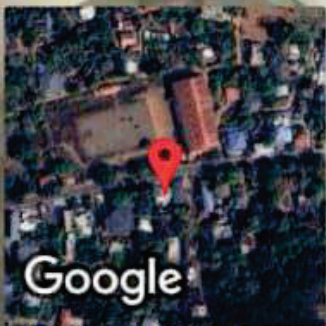




NSS Programme Officer
NSS Unit (2 & 89)
Carmel College (Autonomous)
Mala - 680732



 **GPS Map Camera**

Mala, Kerala, India
67R9+3XX, Mala, Kerala 680732, India
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50.	ADITHYA N S	BCom	Finance		
51.	ANUSREE.B.LAKSHMI	BCom	Finance		
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