



CARMEL COLLEGE (AUTONOMOUS)

IQAC ACTIVITY REPORT

2023- 2024

INTERNAL QUALITY ASSURANCE CELL
CARMEL COLLEGE (AUTONOMOUS),
MALA, THRISSUR, KERALA

The Internal Quality Assurance Cell (IQAC) of Carmel College (Autonomous), Mala, plays a pivotal role in ensuring the academic quality, institutional performance, and continuous development of the college. As part of the framework to maintain and improve quality in higher education, the IQAC is responsible for academic monitoring and development, facilitation of research and innovation, accreditation and re-accreditation, student feedback and evaluation, curriculum enrichment and inclusivity, quality enhancement initiatives and internal audits and reporting. The IQAC team comprises of ten faculty members with Dr. Sr. Kochuthressia K .P as the Chairperson and Ms. Mary Philip as the Coordinator.

The College secured an A grade in the Fourth Cycle of Accreditation with a grade point of 3.23, awarded in June 2022. The College also participates in NIRF Rankings.

As an autonomous institution, Carmel College has greater flexibility in shaping its curriculum and academic policies. The IQAC at Carmel College is instrumental in maintaining its autonomous status by ensuring that all academic and administrative processes are aligned with national and international standards of quality education.

COMPOSITION OF IQAC

The Internal Quality Assurance Cell (IQAC) of Carmel College (Autonomous), Mala is a vital body dedicated to maintaining and enhancing the quality of education and administrative processes in the institution. The IQAC works toward implementing best practices, ensuring continuous academic and infrastructural improvements, and achieving the strategic goals of the college.

The IQAC is composed of a diverse group of members, each contributing their expertise and perspective to strengthen the college's quality management system. The key members of the IQAC include:

Chairperson: Dr. Sr. Kochuthressia K. P, Principal

Coordinator: Ms. Mary Philip, Assistant Professor and Head, Department of Political Science

Core Team Members:

Ms. Linda P Joseph, Assistant Professor, Department of English

Mr Geo Joseph, Assistant Professor, Department of Botany

Mrs. Smitty V Isidhore, Assistant Professor, Department of Computer Science

Dr. Maya Mathew, Assistant Professor, Department of Physics

Criteria Leaders:

Dr. Roshini K. Thumpakara, Assistant Professor, Department of Chemistry

Ms. Greatel Francis, Assistant Professor, Department of Physics

Ms. Brighty Robert, Assistant Professor, Department of History

Ms. Meenu Jose, Assistant Professor, Department of Mathematics

Ms. Divya Chandran, Assistant Professor, Department of BFSI

Ms. Priya N.P., Assistant Professor, Department of Commerce

Ms. Annliya Shaijan, Assistant Professor, Department of English

IQAC ACTIVITY REPORT 2023-2024

This report includes the activities conducted under the leadership of the IQAC of Carmel College (Autonomous), Mala during the academic year 2023- 24.

Activities of the IQAC

Submission of KSHEC Survey 2022- 23 data

The Kerala State Higher Education Council (KSHEC) conducts various surveys and data collection exercises to assess the performance, development, and challenges of higher educational institutions in Kerala. The data submitted by colleges for these surveys typically includes detailed information across a wide range of academic, administrative, infrastructural, and student-related aspects. The college submitted the data for All Kerala Higher Education Survey conducted by Kerala State Higher Education Council.

Submission of NIRF Data

The National Institutional Ranking Framework (NIRF) is a system developed by the Ministry of Education, Government of India, for ranking higher educational institutions in India based on various parameters like teaching, learning, resources, research, and social impact. The College participated in College and Overall levels and the data was submitted on 30th January, 2023.

Submission of AISHE Data 2022-23

The data collected through AISHE survey is essential for planning and policy formulation, and it helps in assessing the status of education, institutional infrastructure, faculty, students, research, and more.

Submission of AQAR 2022-23

AQAR report serves as an important tool for assessing the institution's performance in various areas of quality assurance and highlights the steps taken to improve the quality of education and institutional functioning.

Administrative and Academic Audits

Administrative and Academic Audits are essential mechanisms for ensuring accountability, transparency, and continuous improvement within an educational institution. These audits help in evaluating and enhancing the institution's academic and administrative performance, ensuring that processes, policies, and practices align with the institution's mission, goals, and accreditation standards.

ACTIVITIES CONDUCTED UNDER THE AQAR CRITERIA

Curricular Aspects

Under curricular aspects, the IQAC focuses on the development, implementation, and review of curricula to ensure that it meets academic and professional standards, and is aligned with institutional goals.

Seminar on Curriculum Framework for Four Year Undergraduate Programme

On 18th September 2023, the Internal Quality Assurance Cell (IQAC) organized a seminar on the theme "Curriculum Framework for Four-Year Undergraduate Programme" for all the teaching faculty. The seminar featured Prof. G. Simon Thattil, Director of IQAC, University of Kerala, a renowned academician and curriculum expert, as the chief resource person. Prof. Thattil's vast experience in curriculum design and his contribution to shaping educational practices across universities made him an ideal speaker for the session. This seminar delved into the curriculum framework under the Four Year Undergraduate Programme (FYUGP), providing a platform for academic discussions and insights. Faculty members actively participated, contributing to the ongoing curriculum development process.

The seminar focused on the importance of a well-structured curriculum framework for the four-year undergraduate programs, aligning it with the latest national policies, especially the National Education Policy (NEP) 2020, and ensuring that it meets the evolving needs of students and the

global job market. Prof. Thattil began with a detailed overview of the four-year undergraduate program curriculum design, explaining the importance of structuring the curriculum to balance core academic content, skill development, and interdisciplinary learning. He emphasized that a well-structured curriculum not only imparts discipline-specific knowledge but also fosters broader life skills and competencies that are crucial for students' success in the global economy.



 **CARMEL COLLEGE (AUTONOMOUS)MALA**
RE-ACCREDITED BY NAAC WITH A GRADE (4TH CYCLE)
THRISSUR DT. KERALA-680732,

SEMINAR
CURRICULUM FRAMEWORK FOR
FOUR YEAR UNDERGRADUATE
PROGRAMME

 **PROF. G. SIMON THATTIL**
DIRECTOR, IQAC
UNIVERSITY OF KERALA

Date:18/9/23
Venue:Audio Visual Room
Time: 9.30 a.m.

ORGANIZING COMMITTEE
MS.MARY PHILIP
MS.LINDA JOSEPH
DR.MAYA MATHEW
DR.GEO JOSEPH
MS.SMITTY ISIDHORE

PRINCIPAL
DR.SR.KOCHUTHRESSIA.K.P

Orientation Session on Code of Conduct

The IQAC conducted a comprehensive orientation session on the Code of Conduct for students on 1st June, 2023, emphasizing the importance of ethical behavior, academic integrity, and responsible citizenship. The session aimed to instill a sense of discipline and commitment among the student body. The orientation is part of the institution's ongoing efforts to promote an environment of integrity, respect, and academic excellence. The session was structured to introduce students to the various rules, regulations, and codes that govern student behavior, both inside and outside the classroom.



Session on Code of Conduct and Professional Ethics

In alignment with our commitment to uphold the highest standards of professionalism, the IQAC organized a session addressing the Code of Conduct and Professional Ethics for both teaching and non-teaching staff on 1st June, 2023. The session focused on fostering a positive work environment and maintaining ethical standards in all professional interactions. The session focused on the importance of ethical behavior and adhering to the Code of Conduct to ensure that all faculty

members contribute to a positive and productive academic environment. By discussing the principles of professional ethics, the session aimed to highlight the roles and responsibilities of faculty members in maintaining institutional integrity, student welfare, and overall academic excellence.




Seminar on NEP and Curriculum Framework

In alignment with the national education agenda, a seminar was organized on 21st September, 2023, to discuss the effective implementation of the National Education Policy (NEP). The session aimed to align our academic practices with the evolving educational landscape. This seminar aimed to explore the transformative impact of the National Education Policy (NEP) 2020 on curriculum design and implementation at the undergraduate and postgraduate levels. The seminar was intended for faculty members, academic leaders, and curriculum designers, and provided a comprehensive discussion on how the NEP's vision can be integrated into the curriculum framework for enhancing educational quality and student outcomes.

The seminar featured Dr. Sudheendran K, Research officer on Special Duty, Kerala State Higher Education Reforms Implementation Cell, a well-known expert in curriculum development and

NEP implementation, as the keynote speaker. The event provided an invaluable platform for academic dialogue on the evolving landscape of higher education and the necessity of aligning the curriculum with the broader objectives outlined in the NEP.

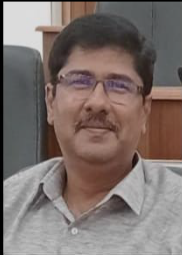


CARMEL COLLEGE (AUTONOMOUS) MALA
Re-Accredited By NAAC with 'A' Grade (4th Cycle)
Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

Internal Quality Assurance Cell
Seminar
"NEP and Curriculum Framework"

on 21-09-23 @ 09:30 am
Venue: Audio Visual Room

Resource person
Dr. SUDHEENDRAN K.
Research officer on special duty
Kerala State Higher Education Reforms
Implementation Cell
KSHEC Trivandrum .



Organizing Committee
Ms. Mary Philip
Ms. Linda Joseph
Dr. Maya Mathew
Dr. Geo Joseph
Ms. Smitty V. Isidhore

Principal
Dr. Sr. Kochuthressia K P

Teaching, learning and Evaluation

Induction Programme for First Year Students

To facilitate a smooth transition for first-year students, an induction program was conducted from 10th July, 2023 to 14th July, 2023, introducing them to the college environment, academic expectations, and support services. The induction programme served as an essential platform for fostering a positive and engaging learning environment, helping students feel welcomed and well-prepared for the challenges and opportunities ahead. The induction programme was divided into several key sessions to ensure comprehensive engagement with students. These sessions were designed to address various aspects of student life, from academic rigor to personal well-being.

The main segments included:

- Institutional Introduction and Academic Structure
- Academic Integrity and Code of Conduct
- Support Services and Campus Resources
- Student Mentoring and Peer Support
- Extracurricular activities and Student Clubs
- Health, Well Being and Personal Development

CARMEL COLLEGE (AUTONOMOUS)

INDUCTION PROGRAMME FOR I YEAR STUDENTS 2023-24

Date	Task	Teacher In-charge	Time
10/7/23	Inaugural Function		9.30 a.m.
	Anchoring : Aparna Prayer song : Sherin Paul Welcome : Dr.Geo Joseph Presidential address: Principal Inaugural address : MLA Felicitation : Dr.Vinitha Awardees : Ms.Sarasu Ms.Keerthy I & II Sem toppers Vote of Thanks : Mymoona	Ms.Smitty Stage,bouquet Ms.Linda Anchoring Dr.Roshini Mementos and certificates	
	Entertainment programmes Video of the College	Ms.Rajeshwary & Ms.Nithya	10.00 a.m.
	Orientation session	Ms.Gilu Mathew	10.30 a.m.
11/7/23	Anchoring: Technical session	Ms.Linda Mr. Alex Mathew	9.30 a.m.-11.00 a.m
	Ice-breaking session with games	Ms.Greatel & Ms.Meenu	11.30 a.m
12/7/23	Presentations of Clubs & Committees Videos of departments	Afra Sherif	9.30a.m. 10.00 a.m
	Session	Dr.Sr.Rini	11.00a.m.
13/7/23	Campus Tour	Dr.Rini,Dr.Nivya Ms..Keerthy,Ms.Brighty Dr.Sinju,Ms.Meenu	9.30 a.m
	Interaction with Principal		11.00a.m.
14/7/23	Visit to the department		9.30 a.m.
10/7/23	Refreshments	Dr.Maya,Sr.Sajeeva & Union members	
	Discipline	Dr. Vinitha,Dr.Jismy,NCC cadets & Dr Geo	
On all days	Media Photos & Videos	Ms.Rajeshwary Ms.Jisna & Dept.of Multimedia	
On all days	Participation lists	Ms.Brighty & Ms.Reshma	

Research, Innovation and Extension

NAAC Sponsored Two Day National Seminar on “NEP: Roadmap for Higher Education Institutions”

Our institution proudly hosted a National Seminar sponsored by the National Assessment and Accreditation Council (NAAC) on 23rd and 24th June, 2023. Eminent speakers and scholars deliberated on pertinent issues in higher education, contributing valuable insights to the academic community. The seminar created awareness and orientation among the stakeholders in higher education on the new policies introduced by NEP. The seminar prepared the teaching faculty to critically analyze and conceptualize the effective implementation of the new policies.

The two- day National Seminar began with a keynote session delivered by Dr. Jyoti Pail, Principal of Renuka College, Nagpur through Google Meet. She talked on “Overhauling the NAAC’s evaluation process with regard to NEP 2020. She talked of various committees and commissions of Higher education in India and highlighted the vision of NEP as an education system rooted in Indian ethos, being multidisciplinary, creative and skill based and providing lifelong learning opportunities for all. The concept of quality being gauged by outcome based education, SOP, Stated policies and procedures, Issue Management System, Learning Outcome, Programme Outcome, Course outcome and graduate attributes. The basic structure of the syllabi of a 3year and 4year degree programme was discussed. Also the number of metrics and weightages for each of the quantitative and qualitative metrics under NAAC assessment were also highlighted.

The NAAC sponsored Two Day National Seminar was formally inaugurated by Dr. D Dhanuraj, Director, Centre for Public Policy Research, Kochi. Our Principal Dr. Sr. Seenaa welcomed the gathering, Provincial Superior and Manager Dr. Sr. Vimala CMC gave the presidential note and Controller of Examinations, Dr. Princy KG felicitated on the occasion and IQAC Coordinator Ms. Mary Philip delivered the vote of thanks.

Dr.D Dhanuraj handled the session on “Structural changes for the implementation of the NEP. The speaker talked of the ongoing crisis faced by higher educational institutions due to the extensive

migration of students to foreign universities. It is high time to change the existing form of monodisciplinary learning to a multidisciplinary one so as to make students competent to the newly emerging jobs which require expertise from more than one discipline.

The first session in the afternoon was handled by Prof. Dr. KS Gupta, Director, KSG Centre for Quality Minds Bangalore. The speaker talked of the current trend of students who continued to be teacher dependent and lacked the ability to learn by themselves which is the major roadblock to transform to an adult and learner.

The second session in the afternoon was handled by Dr. Shakila T Shamsu, Former OSD of New Education Policy, Department of Higher Education, Ministry of Education. She talked on the “Curriculum Framework and Delivery under NEP”. She spoke of the basic course structure under NEP where each student has to earn 40 credits each year during their undergraduate programme. There is flexibility to leave and rejoin, resulting in no dropouts. An undergraduate student completing a single year with a internship project can get a 1 year diploma. The common courses envisaged under the NEP are focused on digital, communicative, collaborative and research skills. The disciplinary courses would be the core subjects. NEP suggests a T shaped graduate in place of I shaped by incorporating multidisciplinary.

The second day of the NAAC sponsored Two Day National Seminar began with the insightful session by Dr. Jayakumar IAS, Rtd. Vice Chancellor, Malayalam University, on the “Role of teachers in Curriculum Framework and Delivery”. He emphasized on the key point that educational institutions should change its policies according to the demands of the changing world at its pace. He also discussed the visions of the new NEP.

The second technical session was handled by Dr. Bindiya M Varghese, Dean, Department of Computer Science, Rajagiri College of Social Sciences, on the “Online and Distance Education: Changing modes of teaching”. She talked on various currently relevant topics like the challenges faced by higher education sector, the new age degree model, innovation and research, partnerships and linkages, global competition, designing curriculum, exposure to professional space and so on.

The afternoon session was engaged with panel discussions with Dr. Kala MS, Dr. Fr. Anil George K, Dr. Najil George and Dr. Robinson P as panelists and Dr. Bindiya M Varghese as the moderator. Dr. Kala MS, Vice Principal, St Theresa’s College (Autonomous), gave a glimpse of

the changes in curriculum of 3-year and 4-year degree programmes due to the new National Education Policy in the context of the education system in Kerala. Dr. Fr. Anil George K, Vice Principal, St Thomas College (Autonomous), highlighted the fact that the present education sector is incompetent to offer an applicability level of what is being taught. It calls for an innovative approach by the institutions. Dr. Najjil George, Assistant Professor St Joseph's College (Autonomous), stressed the need of expertise from within the institution to face the challenges encountered in the higher education sector. Dr. Robinson P, Assistant Professor, Christ College (Autonomous), put forward some challenges associated with the Academic Bank of Credits. Some of them were the guidelines and authorizing agency for distant learning and credit transfer procedure.

The panel discussions were followed by queries from the audience and positive criticisms on NEP. This two-day national seminar proved fruitful in understanding the evolving scenarios of the higher education sector with the new National Education Policy.



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur Dt. Kerala - 680732

**NAAC SPONSORED TWO DAY NATIONAL SEMINAR
ORGANISED BY IQAC**

" NEP : ROADMAP FOR HIGHER EDUCATION INSTITUTIONS "

Date: 23rd & 24th June 2023

Time: 09:30 am

Venue - Audio Visual Room

**LINK FOR
REGISTRATION**

*CARMEL COLLEGE (AUTONOMOUS)
Re-Accredited by NAAC with 'A' Grade (4th Cycle)
Mala, Thrissur Dt. Kerala - 680732 | www.carmelcollegemala.ac.in | 0480 - 2890247*

Technical Sessions

23rd June 2023



Tips
Learn how to add widgets to

Inauguration : 9.30 am -10.00 am

Session 1



Accreditation and Assessment Methodology in
Revised Accreditation Framework

Dr.Devender Kawday

Adviser,NAAC

10.00 am -11.00 am

Session 2



Structural changes for the implementation
of NEP

Dr.D.Dhanuraj

Director, Centre for Public Policy
Research, Kochi

11.30 am -12.30 pm

Session 3



Transformation of Student to Adult and Learner
as envisioned under NEP

Prof.Dr.K.S.Gupta

Director,KSG Centre for Quality
Minds,Banglore

1.30 pm -3.00 pm

Session 4



Curriculum Framework and Delivery under NEP

Dr Shakila T Shamsu

Former OSD(New Education
Policy),Dept.of Higher Education,MoE

3.00 pm -4.00 pm

Technical Sessions

24th June 2023

Session 5



Role of Teachers in Curriculum Framework and Delivery

K. Jayakumar IAS

(Rtd.) Vice-Chancellor
Malayalam University

10.00 am - 11.00 am

Session 6



Online and Distance education: Changing modes of Teaching

Dr. Bindiya M. Varghese

Dean, Computer Science, Rajagiri
College of Social Sciences

11.30 am - 12.30 pm

Session 7

Panel Discussion

1.30 pm - 3.00 pm

Panelists



Dr. Kala M. S.

Vice-Principal, St. Teresa's College
(Autonomous)



Dr. Fr. Anil George K.

Vice-Principal, St. Thomas
College (Autonomous), Thrissur



Dr. Naijil George,

Assistant Professor, St Joseph's
College (Autonomous), Irjalakuda



Dr. Robinson P

Assistant Professor, Christ College
(Autonomous)

Moderator



Dr. Bindiya M. Varghese

Dean, Computer Science, Rajagiri
College of Social Sciences

Session 8

Valedictory

3.00 pm - 3.30 pm

Student Support and Progression

Life Enrichment Programme for Students

Cognizant of the holistic development of students, a Life Enrichment Programme was conducted on 3rd November, 2023, to enhance their life skills, emotional intelligence, and overall well-being. The Life Enrichment Programme, organized by the Internal Quality Assurance Cell (IQAC), was designed to provide students with a holistic learning experience that extends beyond the classroom. This programme aimed at enhancing various life skills, fostering personal growth, and preparing students for the challenges and opportunities they will face in both professional and personal life. The sessions were conducted using a mix of interactive lectures, group discussions, hands-on activities, and multimedia presentations. Experienced professionals and guest speakers were invited to share their expertise. The use of real-life case studies, role-playing, and simulations allowed students to apply the concepts discussed in the sessions.

Governance, Leadership and Management

7-day Online Faculty Development Programme in association with KSHEC

Collaborating with the Kerala State Higher Education Council, a comprehensive 7-day Online Faculty Development Programme (FDP) on “Outcome Based Education and Essential AI Tools for Teachers” was organized from 10th August to 18th August, 2023, to enhance the pedagogical and research skills of our faculty members. The resource persons were Dr. Mendus Jacob, Dr. Sunil Job KA and Dr. Suresh Namboothiri. The FDP focused on providing teachers with a practical understanding of OBE concepts and how to implement them in their respective courses. Additionally, the programme delved into the potential of Artificial Intelligence (AI) tools to optimize educational practices and facilitate better learning outcomes.



Online Faculty Development Program



The Kerala State Higher Education Council
കേരള സംസ്ഥാന ഉന്നതവിദ്യാഭ്യാസ കൗൺസിൽ

The Internal Quality Assurance Cell (IQAC)
of Carmel College (Autonomous), Mala, Thrissur

is organising

7 Day National level Online Faculty Development Program on

Outcome Based Education and Essential AI Tools for Teachers

in association with

The Kerala State Higher Education Council



Dr. Rajan Gurukkal
Vice Chairman, KSHEC



Dr. Rajan Varughese
Member Secretary, KSHEC



Dr. Sr. Kochuthressia K P
Principal, Carmel College (Autonomous)

Date: 10th to 18th August 2023 (7 Days)
Live sessions: 02:00 pm to 04:00 pm IST

FREE Registration for Online Sessions

(those who are unable to attend the live session can watch the recordings of same)

- Hands-on activities through LMS
- Additional sessions on ChatGPT for Educators
- FDP Certificate from KSHEC
- Recordings of the sessions available through LMS

Fee for LMS access and processing of Certificate:
INR 500/-

Resource Persons



Dr. Mendus Jacob
M.Sc., M.Phil., Ph.D., MIO



Dr. Sunil Job K.A
M.Sc., M.Ed., M.Phil., Ph.D., RHCE



Dr. Suresh Namboothiri
M.Tech, MBA, Ph.D.

FDP Registration

Registration form (Submit your details to get the link to join the online sessions): t.ly/zmBED

Processing Fee (Fee for LMS access and processing of Certificate): Pay **INR 500/-** online to the following account and share the transaction details through whatsapp to 9020592530

Scan this QR Code to Pay



SHIM UPI

Account No: 42069601126

IFSC: SBIN0013752

Account Name: CARMEL COLLEGE

Bank: State Bank Of India, Mala Branch

Staff Enrichment Programme

As part of our commitment to staff development, a Staff Enrichment Program was organized on 28th July 2023, to enhance the professional skills and knowledge of our teaching and non-teaching staff. The program covered diverse topics to ensure continuous growth and adaptability. The aim was to provide staff members with essential skills and knowledge that will not only enhance their individual performance but also contribute to the overall growth and effectiveness of the institution. This programme focused on holistic development, including soft skills, time management, work-life balance, leadership, and effective communication. The Programme saw active participation from staff members, including both teaching and non-teaching staff from various departments. The diversity of participants allowed for a rich exchange of ideas, and the discussions fostered a sense of unity and common purpose across the institution.

CMC UDAYA PROVINCE, IRINJALAKUDA

ഏകദിന സെമിനാർ

**ജൂലായ് 28 രാവിലെ 9.30 മുതൽ 4.00 വരെ
മാള കാർമ്മൽ കോളേജ് ഓഡിറ്റോറിയത്തിൽ വെച്ച്**

ഉദയ എജ്യൂക്കേഷണൽ സൊസൈറ്റിയുടെ കീഴിൽ പ്രവർത്തിക്കുന്ന എല്ലാ വിദ്യാഭ്യാസ സ്ഥാപനങ്ങളിലെയും ടീച്ചിങ്ങ് & നോൺ ടീച്ചിങ്ങ് സ്റ്റാഫിനുവേണ്ടി സംഘടിപ്പിക്കുന്ന ഏകദിന സെമിനാറിലേക്ക് ഏവർക്കും സ്വാഗതം...

സെമിനാർ നയിക്കുന്നത്
ബ്ര. സന്തോഷ് കുരുമാത്ര

Seminar

Institutional Values and Best Practices

Talk on “Beat Plastic Pollution in the Plastic Planet”

A Talk on “Beat Pollution Pollution in the Plastic Planet” was organized by IQAC in association with the Department of Botany and Ethno Botany Club on June 5th, 2023, in the College Auditorium. Ms R Lakshmi, Assistant Conservator of Forest, DFO, Vazhachal was the resource person. The session aimed to highlight the detrimental impact of plastic on ecosystems, human health, and the planet at large, while offering practical solutions to reduce plastic waste. The talk was an initiative to encourage individuals to take responsibility for minimizing plastic usage and contribute to building a more sustainable future. The session not only educated attendees about the urgency of the issue but also motivated them to take active steps toward a cleaner, plastic-free environment. The talk concluded with a renewed commitment from attendees to incorporate sustainable practices in their daily lives and advocate for broader societal changes.



CARMEL COLLEGE (AUTONOMOUS)
MALA, THRISSUR - 680732
NATIONALLY RE-ACCREDITED BY NAAC WITH "A" GRADE (4TH CYCLE)

“ WORLD ENVIRONMENT DAY 2023 ”

DEPARTMENT OF BOTANY
IN COLLABORATION WITH
IQAC &
ECO FRIENDLY & ETHNO BOTANY CLUB

ORGANIZING A TALK ON THE TOPIC
“BEAT PLASTIC POLLUTION IN THE
PLASTIC PLANET ”

RESOURCE PERSON



MS. R LAKSHMI
ASSISTANT CONSERVATOR OF
FOREST, DFO VAZHACHAL

Date : 5th June 2023
Time : 2pm
Venue : Auditorium



DR. BINDHU KB (HOD) **MS. MARY PHILIP** **ARYA GOPI** **DR. SR.KOCHUTHRESSIA KP**
DR. GEO JOSEPH **(IQAC COORDINATOR)** **(STUDENT** **(PRINCIPAL-IN-CHARGE)**
DR. ROBY TJ **(COORDINATORS)** **REPRESENTATIVE)**

A session on 'Assessment and Accreditation Post NEP' was conducted on 17th January 2024 with 68 participants in attendance. The session aimed to provide insights into the evolving landscape of education assessment and accreditation in the context of the National Education Policy (NEP) 2020. The event was graced by Dr. Sudhir Singh, a renowned expert in the field, who served as the resource person for the session. Dr. Singh began by discussing the fundamental shifts in educational assessment and accreditation that have emerged following the NEP's implementation. He elaborated on the policy's emphasis on holistic evaluation, fostering critical thinking, and the integration of technology in assessments. The session highlighted key aspects of accreditation bodies, assessment frameworks, and the need for aligning educational institutions with national standards. The resource person also addressed the challenges and opportunities presented by the NEP, stressing the importance of a transparent and robust accreditation system for improving educational quality. Participants actively engaged in discussions, asking questions and sharing their perspectives on the practical implications of the policy in their institutions. The session concluded with a Q&A, leaving participants with a deeper understanding of the critical role of assessment and accreditation in shaping the future of education in India.

CARMEL COLLEGE(AUTONOMOUS), MALA
Re-Accredited By NAAC With 'A' Grade(4th Cycle)
Thrissur, Kerala-680732

CARMEL FAMILY COUNSELLING CENTRE
in association with
JEEVANI & IQAC
Organizes

**AWARENESS PROGRAMME ON
SUICIDE PREVENTION**

TALK ON
**"CREATING HOPE THROUGH
ACTION"**

VENUE: COLLEGE AUDITORIUM
DATE: 21-09-2023
THURSDAY
TIME: 9.30 A.M - 10.30 A.M

RESOURCE PERSON



Sini A D
Consultant Psychologist
Jeevani Counsellor

ALL ARE INVITED!

Ms GILU MATHEW
Co-ordinator
Family Counselling Centre

Ms Mary Philip
IQAC Co-ordinator

DR.SR. KOCHUTHRESSIA K.P
Principal

An awareness programme on the Prevention of Suicide was conducted on 21st September 2023 at Carmel College Autonomous. The session was aimed at raising awareness about mental health, the importance of early intervention, and strategies to prevent suicide, particularly among students. A total of 140 students participated in the event, creating a platform for open discussion about mental health challenges and suicide prevention. The programme began with a brief introduction to the significance of mental well-being in academic and personal success. The resource person, an experienced mental health professional, delivered an insightful talk, emphasizing the warning signs of suicidal tendencies, factors that contribute to mental health struggles, and ways to cope with emotional distress. Special focus was placed on creating a supportive environment, recognizing the need for empathy, and encouraging students to seek help when needed. Interactive activities, including group discussions and role-playing exercises, helped participants better understand how to identify individuals at risk and how to approach such sensitive topics in a constructive manner. The session also included sharing available resources for mental health support, such as helplines, counseling services, and peer support groups. The students were encouraged to engage in dialogue about their own experiences and learn from one another. The event concluded with a note of appreciation for everyone's participation and commitment to fostering a mentally healthy campus environment. Overall, the programme was an essential step in promoting mental health awareness and prevention of suicide among students at Carmel College.



CARMEL COLLEGE (AUTONOMOUS)

Nationally Re-accredited with 'A' Grade (Fourth Cycle)
 Affiliated to University of Calicut
 MALA – 680 732, Thrissur (Dt), Kerala
 E mail: mail@carmelcollegemala.ac.in Ph: +91480 - 2890247

Workshop on



GeM
 Government
 e Marketplace

**“Professional Development of
 Administrative Staff”**

Organised by The Internal Quality Assurance Cell
 &
 Non-Teaching Staff Association

Ms. Jiji M D
 Non-Teaching Staff Secretary

Ms. Mary Philip
 IQAC Co-ordinator

Dr. Sr. Seena CMC
 Principal

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2nd MARCH 2024
 09:30 AM to 03:30 PM

IN HONOUR OF RETIRING
 PRINCIPAL
 &
 SUPERINTENDENT

Dr. Sr. Seena CMC
 Sr. Jasmine CMC

Contact : 9497315743



About the College....

Nestled in Mala, renowned for its Jewish heritage and linguistic and cultural tapestry, Carmel College stands among the top 5 Autonomous Colleges in Thrissur District. Affiliated with the University of Calicut, the college offers diverse academic programmes, including 18 UG, 9 PG, 1 Integrated PG, 1 Ph.D and 7 Diploma courses with national skill certification besides 30 other certificate courses along with 2 Diploma Programmes offered under Community College, emphasizing experiential learning through 70 Clubs and Forums. Re-accredited with an A Grade (3.23) by NAAC, Carmel College (Autonomous) prioritizes academic excellence with a well-qualified faculty, modern facilities across a 20-acre campus, and a commitment to students' holistic development.

Breaking traditions, Carmel College (Autonomous), initially a Women's College and the only aided college in Mala, embraces inclusive excellence by introducing co-education from the academic year 2024-2025, contributing to the broader narrative of Mala's cultural identity for generations to come.

STATEWORKSHOP

PROGRAMME SCHEDULE

Inaugural Session- 9.30 am

- Welcome** : Dr. Maya Mathew
IQAC Core Team
Member
- Presidential address** : Dr. Sr. Seena CMC
Principal,
Carmel College
(Autonomous)
- Inauguration** : **Mr. Rajesh V**
Senior Superintendent
DD Office Thrissur
- Vote of Thanks** : Ms. Mary Jolve J
Representative,
Non-Teaching Staff

Session- 10.00 am

GeM - Government e Marketplace

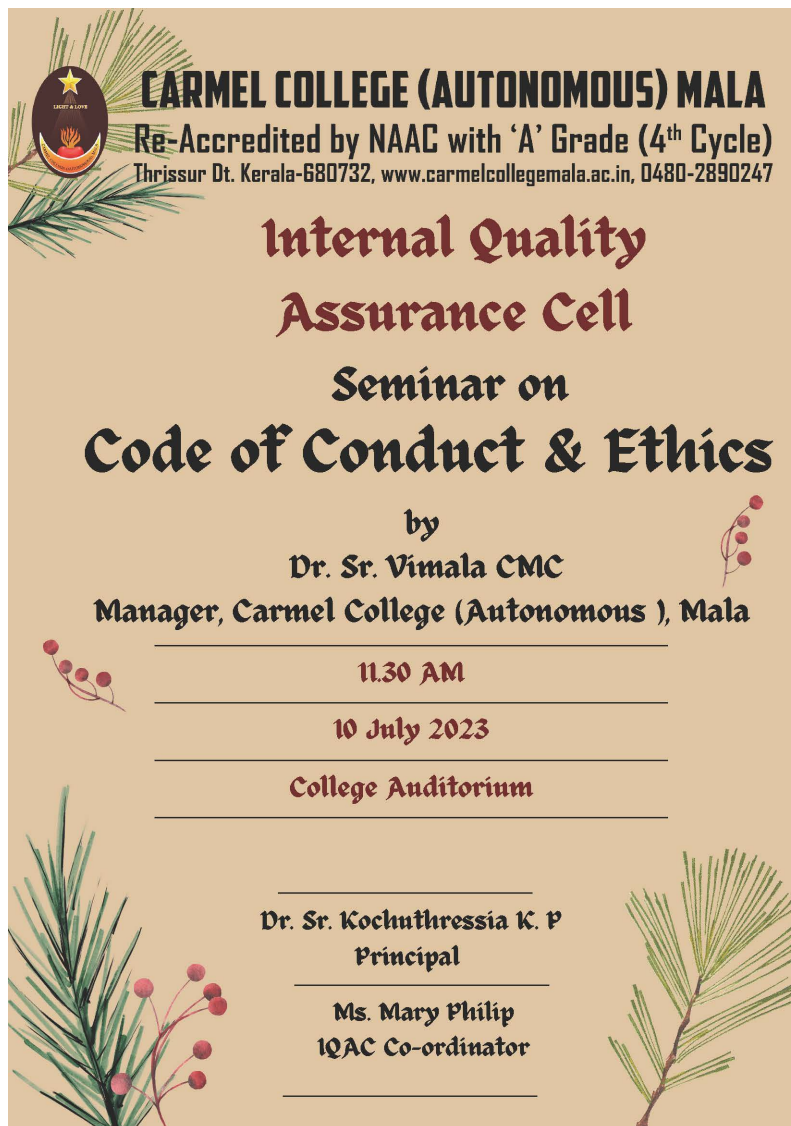
- Speaker** : Ms. Reena Sasikumar
Business Facilitator
Government
e Marketplace

For Registration
Use the Link Below

Registration Fee Rs :100/-

<https://forms.gle/C8Z9VvZZ2cHqAaVC>

A training session on the Government e-Marketplace (GeM) was conducted by the Internal Quality Assurance Cell (IQAC) on 2nd February 2024. The session was designed to familiarize participants with the functionalities and usage of the GeM platform, which is pivotal for government procurement and promoting transparency in the purchasing process. The session saw active participation from 42 ministerial staff from various institutions, all of whom were eager to understand the nuances of this online procurement system. The session was conducted by an expert trainer who walked the participants through the key features of the GeM portal, including how to register, create a user profile, search for products and services, and complete procurement transactions efficiently. Special attention was given to the benefits of GeM, such as ensuring cost-effectiveness, transparency, and simplifying the procurement process for government institutions. Throughout the training, participants were encouraged to ask questions and engage in discussions about practical challenges they might face while using the platform. A hands-on demonstration was also provided, allowing participants to explore the portal's interface and better understand its operations. The session concluded with a Q&A, where the trainer addressed any remaining doubts. The training was well-received by the participants, who expressed confidence in applying the knowledge gained to improve procurement practices in their respective institutions. The session successfully equipped ministerial staff with the necessary skills to navigate and use the GeM portal effectively.



A seminar on the 'Code of Conduct and Ethics' was organized by the Internal Quality Assurance Cell (IQAC) of Carmel College (Autonomous) on 10th July 2023 at 11:30 a.m. The seminar aimed to promote awareness among the faculty and staff about the importance of adhering to a defined ethical framework in both professional and personal conduct. The session was graced by Dr. Vimala from CMC as the esteemed resource person. Dr. Vimala opened the seminar with a thorough introduction to the concept of a Code of Conduct, emphasizing its significance in fostering a respectful, responsible, and professional environment within educational institutions. She discussed how a well-defined code can contribute to maintaining integrity, accountability, and ethical practices in everyday interactions.

The resource person elaborated on various ethical dilemmas that might arise in the academic environment, and the essential guidelines to navigate them with fairness and respect. She stressed the importance of ethical behavior in teaching, research, administration, and interactions with students. Furthermore, Dr. Vimala provided valuable insights into the implementation of ethical policies within the institutional framework and encouraged faculty to uphold the standards of the code both inside and outside the campus. The session included an interactive discussion, where participants raised questions and shared their perspectives on ethical practices. The seminar concluded with a vote of thanks and a call for greater commitment to maintaining high ethical standards within the institution.



CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited by NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

Internal Quality Assurance Cell Session

on

Code of Conduct & Ethics

by

Dr.Sr.Kochuthressia K.P

Principal, Carmel College (Autonomous),Mala

10th July 2023, 10.00 a.m



College Auditorium

Ms.Mary Philip

IQAC Co-ordinator

Dr.Sr.Vimala CMC

Manager



A seminar on 'Code of Conduct and Ethics for Students' was conducted by the Internal Quality Assurance Cell (IQAC) of Carmel College (Autonomous) on 10th July 2023. The seminar aimed to educate students on the importance of ethical behavior, personal responsibility, and adherence to the institutional code of conduct. The session was delivered by Dr. Sr. Kochuthressia, an expert in the field of ethics and education. The seminar began with an introduction by Dr. Kochuthressia, who emphasized the significance of understanding and upholding ethical values in both academic and social settings. She elaborated on the key elements of the Code of Conduct at Carmel College, which includes respect for peers, faculty, and the learning environment, honesty in academic endeavors, and adherence to institutional rules and regulations. Dr. Kochuthressia also discussed the role of ethics in shaping students' personal and professional lives. She highlighted the importance of integrity, discipline, and responsibility in fostering a positive campus culture and preparing students for their future careers. The resource person encouraged students to reflect on their actions, make ethical choices, and maintain a sense of accountability in all aspects of their academic journey. The session included an interactive discussion, where students actively participated by sharing their thoughts and concerns regarding ethical practices. Dr. Kochuthressia answered their queries, providing further clarity on how they could uphold the values of the college and society. The seminar concluded with a vote of thanks, and students were left with a deeper understanding of the significance of ethics and conduct in their personal and academic lives.



CARMEL COLLEGE (AUTONOMOUS)MALA

RE-ACCREDITED BY NAAC WITH 'A' GRADE (FOURTH CYCLE)

THRISSUR DT., KERALA - 680732

**CARMEL COLLEGE MANAGEMENT & IQAC
ORGANIZING
LIFE EMPOWERMENT
TRAINING PROGRAMME FOR STUDENTS**

" WHEELS OF LIFE "

Resource person :

DIMPLE REESHEN

Soft Skill Expert,
Counselling psychologist,
HR Mentor (Kerala Police Academy)



DATE - 03.11.2023 | TIME - 9.30-12.30 | VENUE - AUDITORIUM

Ms. Mary Philip
(IQAC Coordinator)

Dr.Sr. Kochuthressia KP
(Principal)

Dr.Sr.Vimala CMC
(Manager)

A Life Empowerment Training Programme was organized by the Internal Quality Assurance Cell (IQAC) for the students of Carmel College (Autonomous) on 3rd November 2023. The session aimed to equip students with essential life skills to enhance their personal growth, confidence, and success in both academic and professional life. The training was conducted by Ms. Dimple Reeshen, a renowned soft skills expert. Ms. Reeshen delivered an engaging and interactive session, focusing on key areas such as effective communication, time management, self-awareness, and decision-making. She emphasized the importance of emotional intelligence, resilience, and goal setting as tools for overcoming challenges and navigating life with confidence. Throughout the programme, students participated in various activities, including group discussions and role-playing exercises, which allowed them to practice and internalize the skills being taught. Ms. Reeshen also shared valuable insights on stress management and building a positive mindset, encouraging students to adopt a proactive approach towards their personal and academic challenges. The session concluded with a Q&A, where students sought advice on how to implement the strategies learned in their daily lives. Overall, the training was a great success, providing students with practical tools to empower themselves and prepare for future challenges.



PRINCIPAL - IN-CHARGE
Carmel College (Autonomous)
Mala