



CARMEL COLLEGE (AUTONOMOUS)

(A Government Recognised Aided College, Affiliated to the University of Calicut)

Re-Accredited by NAAC with 'A' Grade (4th Cycle)

Mala, Thrissur District, Kerala-680732 www.carmelcollegemala.ac.in, 0480-2890247



CRITERION VII

INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 - Institutional Values and Social Responsibilities

7.1.1 - Measures initiated by the Institution for the promotion of gender equity during the year

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL



CARMEL COLLEGE (AUTONOMOUS) MALA
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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247



W
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day

Seminar on

"Moving Forward Together: Solutions for Women's Equity and Inclusion"

Organized by

**Women Development Cell,
Carmel College (Autonomous), Mala**

in Collaboration with

**District Women and Child Development Department,
Thrissur and
Department of Police, Govt. of Kerala**

In Honour of



**Our Retiring Principal
Dr. Sr. Kochuthressia K. P.**

on

7th March 2024

Venue: Auditorium

**International Women's Day 2024
Invest in women: Accelerate Progress**

International Women's Day 2024
Invest in women: Accelerate Progress

Moving Forward Together: Solutions for Women's Equity and Inclusion

Achieving true women's equity and inclusion is no longer a mere aspiration but a necessary step towards a more just and prosperous future. To ensure progress, we must come together as a society to implement tangible solutions that empower women and create a more inclusive world. We must invest in the education and training of women, creating opportunities for them to acquire knowledge and skills that will enhance their employability and career advancement.

Women Development Cell, Carmel College (Autonomous), Mala is organising a one - day seminar in honour of Dr. Sr. Kochuthressia K. P., the retiring Principal of the College on ' Moving Forward Together: Solutions for Women's Equity and Inclusion' on 7th March 2024. The aim of the Seminar is to raise awareness and challenge societal norms and stereotypes in promoting women's equity and inclusion. By implementing these solutions, we can pave the way for a more equitable and inclusive society where every woman has the opportunity to reach her full potential. Only by moving forward together, can we create lasting change for women and make our world a better place for all.

ALL ARE WELCOME

Ms. Reena T.K.
Co-ordinator, Women Development Cell
Carmel College(Autonomous), Mala

Ms. Ancilyn Ant K
Ms. Saranya M. P.
Joint Co-ordinators
Women Development Cell
Carmel College(Autonomous), Mala

Dr. Sr. Kochuthressia K P
Principal
Carmel College(Autonomous), Mala

Programme Schedule

07/03/2024(Thursday)

Registration : 9.00am - 9.30 am

Inaugural Session

Prayer

Welcome

: Ms. Reena T K
Co-ordinator, Women Development Cell
Carmel College(Autonomous), Mala

Presidential Address

: Dr. Sr. Kochuthressia K. P.
Principal, Carmel College(Autonomous), Mala

Inauguration

Felicitation

: Ms. Nithya P
Asst.Professor, Department of Physics
Carmel College(Autonomous), Mala

Technical Session I

: 10 am to 11 am



'Women's Security : Issues and Challenges

Ms. Seema A R
(Civil Police Officer, Department of Police, Mala)

Technical session II

: 11.30 am to 12.30 am



"Gender Equality: Issues and Challenges"

Ms. Deepa Jose
(Gender specialist, District Hub for Empowerment of women,
Women and child development department, Thrissur)

Lunch Break

1.30 pm to 2.30 pm

: Cultural Programme

2.30pm to 3.30 pm

: Training Programme on Self Defence

Department of Police, Govt. of Kerala.

Vote of Thanks

: Ms. Ancilyn Antu K
(Asst. Professor, Department of Chemistry, Carmel College
(Autonomous), Mala)

International Women's Day 2024
Invest in women: Accelerate Progress

International Women's Day 2024
Invest in women: Accelerate Progress

Carmel College (Autonomous), Mala, a first grade college for women under the University of Calicut, stands nestled in an idyllic locale in a small town called Mala near the southern tip of Thrissur district, the cultural capital of Kerala. This college, which began in the year 1981, is run by the Sisters of the Congregation of Mother of Carmel who, guided by their founders Saint Kuriakose Elias Chavara and Rev. Fr. Leopold Boccaro, have taken up the apostolate of education.

The Management adopts a proactive approach providing infrastructural facilities and learning resources that are periodically enhanced and up-graded in order to ensure the smooth execution of the academic and administrative process. Consistent support and ample platforms are extended to students who aspire to excel in academics, sports and arts.





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DEPARTMENT OF HINDI

As part of MOU in collaboration with

ST. MARY'S COLLEGE THRISSUR, KERALA

WEBINAR

'ममता कालिया की रचनाओं मे नारी विमर्श'



Dr.May Flower K A
Assistant Professor &HoD
Department of Hindi
St. Mary's College, Thrissur



20/3/24



10.30-12.00



Seminar Hall

Ms. Swetha C K
Staff-Co- Ordinator

Ms. Veenamol K.V
HoD

Dr.Sr. Kochuthressia K.P
Principal



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DEPARTMENT OF HINDI

REPORT OF SEMINAR ON GENDER

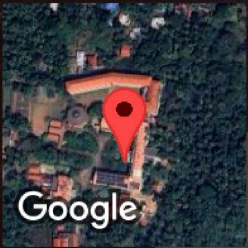
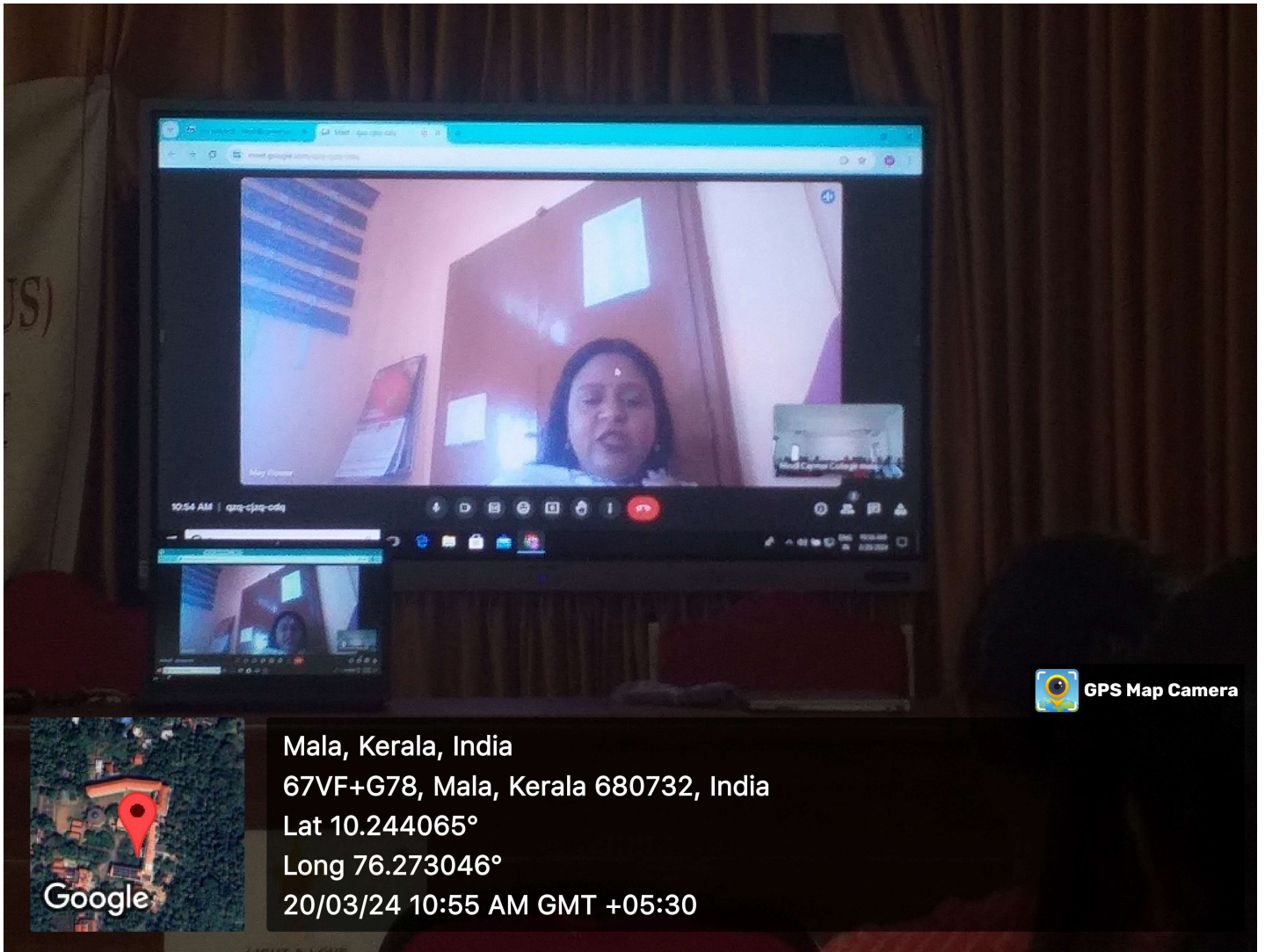
Mamta Kalia, an Indian feminist writer, is best known for her contributions to Hindi literature. She has portrayed the lives of women with depth and sensitivity, shedding light on their struggles, aspirations, and the societal constructs that shape their existence. While Kalia's works encompass various themes, including social issues, relationships, and human emotions, feminism is a recurring motif in many of her writings. The Department of Hindi organized a seminar on "Feminism in Mamata Kaliya's Writings". Dr May Flower K A, Assistant Professor, Department of Hindi, St. Mary's College, Thrissur was the resource person.

OUTCOME

Mamta Kalia's works advocate for gender justice and social change, advocating for women's rights, equality, and empowerment. She raises awareness about issues such as domestic violence, gender-based discrimination, and the need for gender-sensitive policies and interventions. The seminar was so enlightenment for students.



Head
Department of Hindi
Carmel College (Autonomous)
Mala-680732



Mala, Kerala, India
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20/03/24 10:55 AM GMT +05:30

17

CARMEL COLLEGE (AUTONOMOUS), MALA

DEPARTMENT OF HINDI

WEBINAR

Resource Person

Dr. May Flower KA

Venue: Seminar Hall

Assistant Professor & HOD

Date: 20/3/24

Department of Hindi

Time: 10.30-12.00

St. Mary's College, Thrissur

Sl	Name	Department	Signature
1	Nasriya Bheera M A	II nd BSc Botany	Nasriya
2	Nandana V.S	"	Nandana
3	Parvathy V.V	II nd BA Sociology	Parvathy
4	Ritbu Rose A.J	II nd BSc Botany	Ritbu
5	Aasha Mariya	II nd BSc. Mathematics	Aasha
6.	Austina Sojan	"	Austina
7.	Nandhana Suresh	II nd B.Sc. Botany	Nandhana
8.	Remeya Roy	I nd BSc Mathematics	Remeya
9.	Vineetha B	I nd BSc Botany	Vineetha
10	SREELAKSHMI.T.R.	II nd B.Sc BOTANY	Sreelakshmi
11.	Nandana. D.K.M	II nd B.Sc. Mathematics	Nandana
12.	Adithya Sekhar.T	"	Adithya
13.	Lisriya Michael	"	Lisriya
14	Jisna sojan	"	Jisna
15	Vyshnavi KA	II nd B.Sc Chemistry	Vyshnavi
16.	Anandhalakshmi K.S	II nd B.A Functional English	Anandhalakshmi
17.	Aparnika A.C	"	Aparnika
18.	Vismaya V.S	"	Vismaya
19.	Anjali Janeesh	II nd B.Sc chemistry	Anjali
20.	Akhila.K.S	"	Akhila
21	keesthana KB	"	Keesthana
22	Sahala thasneem. Sun	II nd Functional English	Sahala
23.	Anjana Sunil Kumar	"	Anjana
24	Anshaya Das	II nd BA Sociology	Anshaya



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DEPARTMENT OF SOCIOLOGY

Association Inauguration

Seminar

**Sociology of Women
" Empowerment "**



Ms. Beena C A
Assistant Professor
Department of Sociology
St. Joseph's College (Autonomous) Irinjalakuda



20 September 2023



2:00 PM



Seminar Hall

Sona S P

Association Secretary

Sr. Jisha Chakkunny M

Head of the Department

Dr. Sr. Kochuthressia K P

Principal



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ASSOCIATION INAUGURATION AND SEMINAR ON 'SOCIOLOGY OF WOMEN EMPOWERMENT'

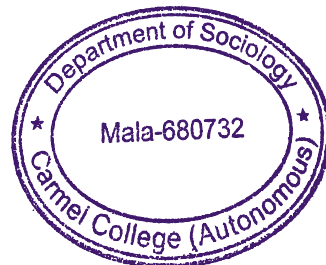
The Department of Sociology inaugurated the activities of Carmel Sociology Association (CSA) for the year 2023-2024 on 20th September 2023 at 2 pm in College auditorium. The programme was anchored by Fathima Saniya, student of IV MA Integrated Sociology. The event began with a prayer by Aneeta Shaju, student of III BA Sociology. Miss Aswathi A, the CSA Coordinator delivered a welcome address. Principal Dr. Sr. Seena was presided over the function and she delivered the presidential address. This was followed by the inauguration of the association. The inauguration was initiated with lighting the lamp by the dignitaries. The chief guest was Miss

Beena C A, Assistant Professor and HOD, Department of Sociology, St. Joseph's College, Irinjalakuda gave the inaugural address. Sr. Jyothi, HOD of Department of Sociology delivered felicitation. It was followed by the seminar on the topic 'Sociology of Women Empowerment'. Miss Beena C A highlighted women's ability to achieve greater control over their lives, resources and opportunities and women empowerment is a multifaceted process that involves economic, political and social dimensions. The lecture was an enlighten one. After the seminar, Sona S P, the Association Secretary proposed the vote of thanks. The programme was concluded by 3.30 pm.

Outcome

1. Extension activities and activities for experiential learning.
2. Active participation of students.
3. Planned to more seminars on socially relevant topics.

jisha
JISHA CHAKKUNNY M
Assistant Professor
Dept. of Sociology
Carmel College, Mala

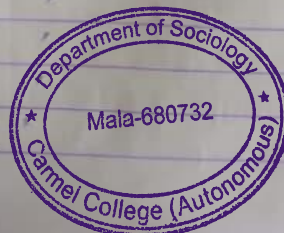






Programme : Association Inauguration and Seminar
 Date : 20-09-2023
 Time : 2 pm
 Venue : College Auditorium
 Resource Person : Ms. Beena CA, Assistant Professor and HOD,
 St. Joseph's College, Izingalakuda

	Name	Designation/ ^{Class} Dept	Signature
1	Akashina shaji S.D	1 st BA Sociology	[Signature]
2	Preelabshini D.H	" "	[Signature]
3	asthithya M.L	" "	[Signature]
4	Sreelakshmi T.S	" "	[Signature]
5	Akhya P.P	" "	[Signature]
6	Swalora V Viced	" "	[Signature]
7	Shobana shaji	" "	[Signature]
8	risini Jibodu	" "	[Signature]
9	Athulya P.P	" "	[Signature]
10	Sora S.P	" "	[Signature]
11	Apsara M.V	" "	[Signature]
12	Anita P	3 rd MA integrated Sociology	[Signature]
13	Sona V.S	" "	[Signature]
14	Vaishnavi D	" "	[Signature]
15	Shabeeka	4 th MA integrated Sociology	[Signature]
16	KrishnaVeni K.R	3 rd BA Sociology	[Signature]
17	Aracisha M.S	" "	[Signature]
18	Sankari Krishnan	" "	[Signature]
19	Nardana S	" "	[Signature]
20	Anjana P.R	" "	[Signature]
21	Jesna K.J	" "	[Signature]
22	Anamika P.M	" "	[Signature]
23	Ajumenachery	" "	[Signature]

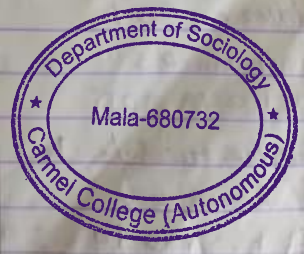


	<u>Name</u>	<u>Designation/Dept</u>	<u>Signature</u>
24	Aswathy V.P	2 nd BA sociology	
25	Anu Maria M.S	"	
26	ANA Aswathi K.T	"	
27	Anju M.P	"	
28	Aneceta Shaju	"	
29	Greeshma C.S	1 st BA Sociology	
30	Ponvathy P.B	"	
31	Keerthi Biju	"	
32	Akashya Das	"	
33	Sri Diana Philo Joseph	1 st BA sociology	
34	Rejeesha P.R	1 st BA Sociology	
35	Alhina TR	1 st BA sociology	
36	Chaitanya K.V	"	
37	Akhila K.J	3 rd MA Integrated sociology	
38	Greeshma C	2 nd BA sociology	
39	Nima K.U	"	
40	Liba	"	
41	Amrita Aji	2 nd BA sociology	
42	Vandana K.R	2 nd BA sociology	
43	Sririthi unnikrishnan	1 st MA Integrated Sociology	
44	Aswani K	2 nd Integrated sociology	
45	soorYA P.P	1 st MA sociology	
46	Mary Alena Veshulas	"	
47	Maria Justina Johny	1 st MA Sociology	
48	Arja Ramesh	1 st MA Sociology	
49	Anjana V.B	"	
50	Bhavana M.S	"	
51	Jishmi Biju	"	
52	Aisha A	1 st BA sociology	
53	Prashya Joti	"	
54	Devika Krishna S	"	
55	Akshaya K.V	"	

	Name	Designation/ Dept	Signature
56	Neha P.P	1 st BA Sociology	
57	Shahana S.K.S	2 nd BA sociology	
58	Ruksana U.S	2 nd BA sociology	
59	Crano Rose Pathani	"	
60	Sandra P. Madhu	"	
61	Aschane V Cape	III rd BA Sociology	
62	Jayana C.S	III rd BA sociology	
63	Harsha V.M	3 rd BA sociology	
64	Treasa Davis	2 nd BA sociology	
65	Rehana Fathima	2 nd BA "	
66	Meeraja	AJ "	
67	Ajina P	"	
68	Mariya Ibrahim	I st BA sociology	
69	Shamshereza A.Z	"	
70	Hanna Fathima	III rd BA sociology	
71	Archana K.S	"	
72	Aswani K.C	"	
73	Amarika Joseph	"	
74	Christiana Scaring	"	
75	Maana K.M.	I st M.A Sociology	
76	Smratalakshmi T.G	II nd BA Sociology	
77	Milaha D. Nair	"	
78	Sandra P	II nd BA sociology	
79	Archana K	II nd BA sociology	
80	Zahra	"	
81	Lakshmi Priya R.K	"	
82	Meghna Manoj	I st M.A Int sociology	
83	Sanya Krishna N.S	III rd MA int sociology	
84	Sneha K	"	
85	Arusara C	"	
86	Smratalakshmi	"	
87	Vychnavi D. Mangalam	"	
88	Parasara K.J	III rd BA sociology	

	Name	Designation/Dept	Signature
89	Alisha C	III rd BA Sociology	
90	Geethu M.S	III rd MA Sociology	
91	Kavyasurendran	"	
92	Archana K.R	"	
93	Ann Steephan	3 rd MA Integrated Sociology	
94	Nandana K.S	"	
95	Ashya	"	
96	farsana	"	
97	Arini Ks	3 rd BA Sociology	
98	Aswathy vs	"	
99	Aleena Rose Roy	"	
100	Rani Jose	Faculty	
101	Swarin	"	
102	Aswathi A	"	
103	Bindhya Suresh	Faculty	
104	Amrutha Anesh	"	
105	Anuraha Elga Varughese	"	
106	Lakshmi C.D	"	
107	Manjusaranya M.M	"	
108	Jisha Rajan	"	
109	Sr Jyothi	"	

jisha
JISHA CHAKKUNNY M
 Assistant Professor
 Dept. of Sociology
 Carmel College, Mala





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BRAIN SOCIETY IN COLLABORATION WITH

DEPARTMENT OF SOCIOLOGY

ORGANISES A SEMINAR ON THE TOPIC

Orange the World Campaign - DV Act 2005



Date: 29/11/2023

Time: 2:30 pm

Venue: Ruby Jubilee block

PROGRAMME LIST

- Prayer : Aneeta Shaju
- Welcome Speech : Sri. A. V. Thomas, Director
Brain Society
- Presidential Address : Dr. Sr. Kochuthressia K P, Principal
- Seminar : Adv. K. R. Retnakumari
Legal Councillor

MS.SALIN THOMAS
CO-ORDINATOR

SR.JISHA CHAKKUNNY M
HEAD OF THE DEPARTMENT

DR.SR.KOCHUTHRESSIA .K.P
PRINCIPAL





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SEMINAR REPORT

DEPARTMENT OF SOCIOLOGY

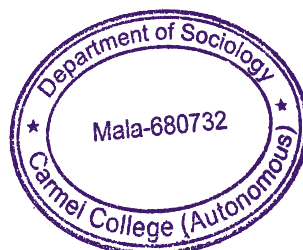
ORANGE THE WORLD CAMPAIGN SEMINAR (2023-2024)

November 29, 2023, at 2:30 PM Carmel College Autonomous, Department of Sociology conducted in collaboration with the Brain Society and the Department of Sociology, aimed to raise awareness and engage students in discussions related to the "Orange the World" campaign. Welcome and Opening Greeting by the faculty representative. Objectives of the seminar is Keynote Speech Distinguished speaker from the Brain Society discussing the significance of the "Orange the World" campaign. It provides insights into global efforts addressing gender-based violence. She also talk about the protection of women from domestic violence act 2005 is an act of the parliament of India enacted to protect women from domestic violence The seminar successfully provided a platform for meaningful discussions, enhanced understanding of the "Orange the World" campaign, and fostered collaboration between the Brain Society and the Department of Sociology in addressing societal issues.

Outcome

1. Awareness enhancement.
2. Networking opportunities
3. Students get knowledge about the gender based violence

jisha
JISHA CHAKKUNNY M
Assistant Professor
Dept. of Sociology
Carmel College, Mala





 **GPS Map Camera**



Mala, Kerala, India
67VC+5HJ, Mala, Kerala 680732, India
Lat 10.24372°
Long 76.271627°
29/11/23 02:32 PM GMT +05:30



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Long 76.271627°
29/11/23 02:32 PM GMT +05:30



Programme : A Seminar (orange The world campaign)
 Date : 29/11/2023
 Time : 2.30 pm
 Venue : Carmel College (Autonomous) Mala.

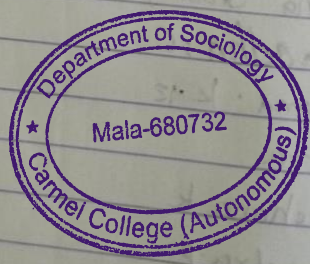
Name	Designational class	Signature
Aneeta Shaju	3 rd BA sociology	
Diana Philo Joseph	"	
Chaitanya. K. V	"	
Alisha. C	"	
Danassree. K. J	"	
Nadiga Neresi	3 rd MA Integrated Sociology	
Mathicoma.	"	
Vyshnavi Manoj.	"	
Vyshnavi. D.	"	
Adithya Rajesh	"	
Ajina. P	3 rd BA sociology	
Meeraya. R. J	"	
Rabana Fathima. MR	"	
vishnupriya	"	
Birdiya - C. V	"	
Dhina Theresa James.	II nd MA. Inte. Sociology.	
Abwani K	"	
Treasa Davis	III rd BA sociology	
Gayana. C. S	"	
Ashana - V. gopal	"	
Anila Tp	III rd MA integrated sociology	
Som vs	"	
Snegha. k	"	
Shiya krishna Ns	"	

Shilpa Sevedar	I nd MA Inte. sociology	Shilpa
Arya Ramesh	II nd MA sociology	Ana
Anjana v.B	"	Jishni
Jishni Biju	"	Jashna
Maria Jashna Johny	"	P.
Bhavana M.S	II nd BA Sociology	Aditi
Adithya M.L	"	Adithy
Sreelakshmi M.H	"	Asam
Disny Jihadha	"	Veetha
tanthi Beja	"	Aditya
AKshaya Das	"	Saan
Sona S.P	"	Aditha
Adhulya A.P	"	Saulana
Sandra v. Vinod	"	Sreelaksh.
Sreelakshmi T.S	III rd BA Sociology	Asathi
Acelha . K.S	"	Asathi
Avani K.S	"	A
Aswathy vs	"	Aswathy
Sivani V.m	"	Anuradha
Anusree P.J	III rd Ints. MA. Sociology	Anuradha
Anjana . KA	II nd BA Sociology	shahna
Sreelakshmi . T.G	I nd BA sociology	shahna
shahna shani.p	II nd BA sociology	shahna
Anuradha :C	"	Vandana
Vandana . K.12	"	Anuradha
Zahra	"	Lakshmi
Archana.k	"	Sahana
Sandra.p	III rd BA sociology	Sahana
sandra P.S	"	Adithy
Aswani K.T	II nd BA sociology	Pankaj
Panvathy P.B	"	Conch
Greechma c.G	III rd BA sociology	Adithy
Aswini k.c	"	Adithy

Hana Fathma	3 rd BA Sociology	Hana Fathma
Milaha David	"	Milaha David
Sandra K.S	"	Sandra K.S
Kavya Surindran	II nd MA Sociology	Kavya Surindran
Sanya P.P	"	Sanya P.P
Mary Alena Yesudw	"	Mary Alena Yesudw
Megha Manar	II nd M.A integrated sociology	Megha Manar

Biney K.F	Faculty	Biney K.F
Anugraha Anush	"	Anugraha Anush
Bindhya Suresh	"	Bindhya Suresh
Lakshmi CD	"	Lakshmi CD
Anugraha Rija Varughese	"	Anugraha Rija Varughese
Jisha Rajan	"	Jisha Rajan
Alena Antony P.A	"	Alena Antony P.A
Salin Thomas	"	Salin Thomas

jisha
JISHA CHAKKUNNY M
 Assistant Professor
 Dept. of Sociology
 Carmel College, Mala





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Department of BFSI

Organising

Debate Competition

Gender Equality



Balanced participation in Decision Making

Venue: Seminar Hall II

Date: 05/02/2024

Time: 2.45 P.M.

Program Co-ordinator
Ms. Divya Chandran

Principal
Dr. Sr. Kochuthressia K.P.



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DEPARTMENT OF BVOC BANKING FINANCE SERVICES AND INSURANCE

Activity Report on Debate Competition

The debate competition on "Gender Equality: Balanced Participation in Decision Making " was organized on February 5, 2024, by the Department of BFSI. The event aimed to address the crucial issue of gender equality and the need for women's active involvement in decision-making processes across various sectors of society. The competition witnessed enthusiastic participation from students, emphasizing the significance of promoting gender equality and women's empowerment. Participants engaged in insightful debates, presenting diverse perspectives and proposing strategies to ensure equitable representation and participation of women in decision-making roles. Structured into multiple rounds, including preliminary debates and a final round, the competition provided a platform for participants to articulate their arguments, substantiate their claims with evidence, and engage in constructive dialogue with their peers. Participants demonstrated a deep understanding of the subject matter, backed by empirical research and real-world examples.

Outcome: the debate competition on "Gender Equality: Balanced Participation in Decision Making " served as a catalyst for raising awareness, fostering dialogue, and mobilizing collective action towards achieving gender equality. The event underscored the importance of collaborative efforts in addressing systemic barriers and creating opportunities for women to contribute meaningfully to decision-making processes in all sectors of society.


Head
Department of Banking, Financial Service & Insurance
Carmel College (Autonomous)
Mala-680732





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Google



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67WF+26V, Kavanad Rd, Mala, Kerala 680732, India
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Long 76.272524°
05/02/24 02:56 PM GMT +05:30



Name of the event: Debate Competition

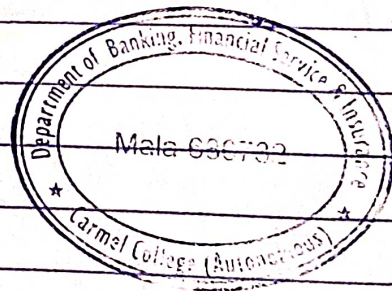
Date: 05/02/2024

Venue: Seminars Hall II

Sl. No.	Name of Student	Dept.	Signature
1.	Fasiela ER	Bvoc AI	[Signature]
2.	Rumaisa Paveen	Bvoc BFSI	[Signature]
3.	Hasna	Bvoc AI	[Signature]
4.	Sarjanakrishna P.R.	Bvoc AI	[Signature]
5.	Unnimaya K.S. Libiya S460	Bvoc BFSI AI	[Signature]
6.	Andasree P J	Bvoc Agri	[Signature]
7.	Cropiba K.	Bvoc Agri	[Signature]
8.	Anjana M.R	Bvoc Agri	[Signature]
9.	Unnimaya K.S.	Bvoc BFSI	[Signature]
10.	Vinod Vinod	Bvoc BFSI	[Signature]

[Signature]

Head
Department of Banking, Financial Service & Insurance
Carmel College (Autonomous)
Mala-680732





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Department of Accounting & Taxation

8th

Suffrage Spar

Debate competition in
connection with Women's Day

ON 11 MARCH 2024 2:30 PM

Venue : BFSI Lab

Ms.Anju P D

Staff Co-ordinator

Ms.Christeena Wilson K

HoD

Dr.Sr.Kochuthressia K.P.

Principal



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DEPARTMENT OF ACCOUNTING AND TAXATION (B.VOC)

Report on "Suffrage spar"

In honor of International Women's Day, on March 11, 2024, the Department of Accounting and Taxation organized the "Suffrage Spar" debate competition at BFSI Lab. This event aimed to commemorate the achievements of women's rights movements and foster meaningful discussions on gender equality. A total of 17 students participated in the competition, showcasing their debating skills and advocating for gender equality. The Suffrage Spar debate competition, organized by the Department of Accounting and Taxation in connection with International Women's Day, was a resounding success. The event provided students with an opportunity to engage in meaningful dialogue, advocate for gender equality, and celebrate the achievements of women's rights movements.

Outcome:

- The Suffrage Spar debate competition served as a platform for raising awareness about women's rights issues and empowering students to become advocates for gender equality.
- A panel of judges comprised of faculty members and experts in gender studies evaluated the debates based on criteria such as clarity of arguments, persuasiveness, relevance of evidence, and overall presentation.
- Participants delivered compelling arguments and presentations, showcasing their research skills and understanding of the issues at hand.

Conclusion

The Suffrage Spar debate competition, organized by the Department of Accounting and Taxation in connection with International Women's Day, was a resounding success. The event provided students with an opportunity to engage in meaningful dialogue, advocate for gender equality, and celebrate the achievements of women's rights movements. Through their participation, the students demonstrated their


commitment to advancing the cause of gender equality and fostering a more inclusive society. The Department looks forward to organizing similar initiatives in the future to continue promoting awareness and dialogue on women's rights issues.



A handwritten signature in red ink, appearing to be "S. S. S.", written in a cursive style.

Head
Department of Accounting & Taxation
Carmel College (Autonomous)
Mala-680732



 GPS Map Camera

Mala, Kerala, India
67WF+26V, Kavanad Rd, Mala, Kerala 680732, India
Lat 10.244521°
Long 76.273113°
11/03/24 02:52 PM GMT +05:30



Google



 GPS Map Camera

Mala, Kerala, India
67VF+G78, Mala, Kerala 680732, India
Lat 10.244449°
Long 76.273088°
11/03/24 02:55 PM GMT +05:30



Google

DEPARTMENT OF ACCOUNTING & TAXATION

Name of the Event : Suffrage Spar (Women Day)

Date : 11.06.2024

Venue : BFSI Lab.

Sl.No.	Name of the Student	Department	Signature
1	Aleena M.S	II nd Bvoc DT	
2	Jyothika K.A	"	
3	Libiya Sabu	"	
4	Geopika K.S	"	
5	Ansaba K.S	"	
6	Akshara M.S	"	
7	Shiha M Shaju	"	
8	Hasna V.B	"	
9	Sanjana Krishna P.R	"	
10	Faseela E.R	"	
11	Vaishna Vinod	II nd Bvoc BFSI	
12	Unniraya K.S	"	
13	Krishnapriya V.A	"	
14	Sandra N.B	"	
15	Anamol Ginesh	"	
16	Purnaisa Paveen	"	
17	Anjali K.S	"	
18	Shamsiya P.B	"	



Head

 Department of Accounting & Taxation
 Carmel College (Autonomous)
 Mala-680732



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**DEPARTMENT OF
SOFTWARE DEVELOPMENT**

SLOGAN WRITING COMPETITION

**International Day for the
Elimination of Violence
against Women**

25 NOV 2023

CLICK HERE:

**[HTTPS://FORMS.GLE/HTVVMR
H1XXNJBMFZ6](https://forms.gle/HTVVMRH1XXNJBMFZ6)**

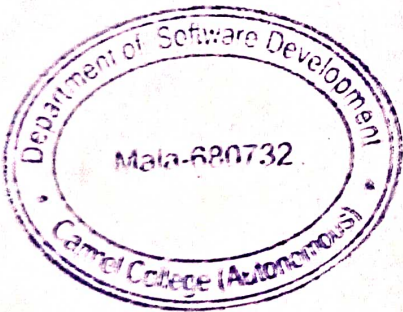
**DEPARTMENT OF SOFTWARE DEVELOPMENT
CARMEL COLLEGE(AUTONOMOUS), MALA**


SLOGAN WRITING COMPETITION

The department organized a slogan writing competition in connection with International Day for Elimination of Violence against Women on 25 Nov 2023. Students from various departments participated in the competition.

Outcome

- Helped the students to get an awareness on rights of women
- The programme aimed to create awareness of the fact that violence against women is a human rights violation




Head
Department of Software Development
Carmel College (Autonomous)
Mala-680732

PARTICIPANT LIST

Timestamp	Name	Department	Class	Mobile Number	Topic/Signature
11/25/2023 18:47:12	Anwar A A	Software Development	I B Voc SO	8089049020	End violence, refuse to be silent
11/25/2023 18:48:21	Anwar A A	Software Development	I B Voc SO	8089049020	Raise voice for yourself, nobody can do that much and become emotionally independent
11/25/2023 18:49:10	Lila Deepa	Software Development	II B Voc SO	8521542394	If your partner is violent, don't be silent
11/25/2023 18:49:21	Abhishek V B	Software Development	II B Voc SO	8207280814	Shatter the silence, stop the violence
11/25/2023 18:49:39	Ansh P S	Software Development		7510236234	Threatening once means tolerating forever
11/25/2023 18:49:50	Ansh Vignesh	Software Development		7559948437	Give respect, get respect
11/25/2023 18:50:26	Shaheem Sham P	Software Development	I B Voc SO	9168464621	Come up with a resolution, violence is never a solution
11/25/2023 18:50:45	Devipriya Praveen	Software Development	I B Voc SO	8598537969	As long as women are tortured, the society is not free
11/25/2023 18:51:21	Fanana	Software Development	II B Voc SO	7034743069	Violence is not the solution, it's the problem
11/25/2023 18:54:36	Angi Rose	Software Development	I B Voc SO	8521357301	Happy women, happy family
11/25/2023 18:54:52	Anwita C M	Software Development	I B Voc SO	6225492495	Real men don't hit women
11/25/2023 18:55:31	Fahima A S	Software Development	I B Voc SO	7907871271	Be a man, respect women
11/25/2023 18:55:44	Sumayyath	Software Development	II B Voc SO	9497147292	Use your brain, domestic violence is insane
11/25/2023 18:55:29	Kristina Anilbama	Software Development	II B Voc SO	9048252663	Abuse is a crime, not an excuse
11/25/2023 18:56:46	Jayashra	Software Development	I B Voc SO	9529141605	A life lived violently is a life wasted
11/25/2023 20:11:36	Amrutha Jaysham	Software Development	I B Voc SO	9037142640	Staying, hitting doesn't suit men
11/25/2023 20:11:59	Sreethika A S	Software Development	I B Voc SO	779547305	It is brighter to fight
11/25/2023 21:11:04	Jutha F J	Software Development	I B Voc SO	9403022945	Never calm, it's your violence makes you look like a fool
11/25/2023 21:40:21	Pousha	Software Development	II B Voc SO	9497295228	Enough is enough, stop violence now
11/25/2023 21:14:19	Janya	Software Development	II B Voc SO	91-85833484	Having a fight, you ruin a relationship
11/25/2023 21:15:45	Nandana P S	Software Development	I B Voc SO	9778790362	No justification can be for violence
11/25/2023 21:21:31	Sivaram	Software Development	II B Voc SO	8547496753	If you keep going getting violent, you are your own enemy
11/25/2023 21:24:42	Rose Jose	Software Development	I B Voc SO	7022212193	All marriages are sacred, but not all are safe
11/25/2023 21:35:20	Rareeya	Software Development	II B Voc SO	7326104587	Domestic violence is an epidemic, and yet we don't address it. Until it happens to celebrities
11/25/2023 23:10:40	Shruthika T S	Software Development	II B Voc SO	9496754340	Seek help, it's not hiding behind closed doors
				9745226478	Never let a finger against a woman



Sl. No.	Name	Department	Class	Mobile Number	Type your Search Query
1	XXXXXXXXXX	Software Development	B.A. (Hons) SD	8009049375	First sentence: solution to be stored
2	XXXXXXXXXX	Software Development	B.A. (Hons) SD	8009049375	Steps since for your self: nobody can do that much and become extraordinarily intelligent
3	XXXXXXXXXX	Software Development	B.E. (Voc) SD	9877343301	if you prefer a content: don't be silent
4	XXXXXXXXXX	Software Development	B.E. (Voc) SD	9877343301	to alter the device: stop the violence
5	XXXXXXXXXX	Software Development	B.E. (Voc) SD	7518246284	forwarding: never means forwarding forever
6	XXXXXXXXXX	Software Development	B.E. (Voc) SD	3553846437	love respect: get respect
7	XXXXXXXXXX	Software Development	B.E. (Voc) SD	3188484671	Come up with a resolution: solution is never a solution
8	XXXXXXXXXX	Software Development	B.E. (Voc) SD	3308537969	As long as women are locked: the society is not free
9	XXXXXXXXXX	Software Development	B.E. (Voc) SD	7838743005	Violence is not the solution: it's the problem
10	XXXXXXXXXX	Software Development	B.E. (Voc) SD	8011257904	Happy women: happy family
11	XXXXXXXXXX	Software Development	B.E. (Voc) SD	6215482495	Real men don't hit women
12	XXXXXXXXXX	Software Development	B.E. (Voc) SD	7907871777	Be a man: respect women
13	XXXXXXXXXX	Software Development	B.E. (Voc) SD	9497147292	Use your brain: domestic violence is not love
14	XXXXXXXXXX	Software Development	B.E. (Voc) SD	9048262553	Abuse is a crime: not an excuse
15	XXXXXXXXXX	Software Development	B.E. (Voc) SD	9528141603	A physical violence is a life scarred
16	XXXXXXXXXX	Software Development	B.E. (Voc) SD	8037104847	Staying: hitting doesn't suit men
17	XXXXXXXXXX	Software Development	B.E. (Voc) SD	7736547364	Hit her: not to fight
18	XXXXXXXXXX	Software Development	B.E. (Voc) SD	9490222963	Real man: don't ever violence in case you look like a fool
19	XXXXXXXXXX	Software Development	B.E. (Voc) SD	9497255228	Enough is Enough: Stop violence now
20	XXXXXXXXXX	Software Development	B.E. (Voc) SD	9848563453	Having a fight only ruin a relationship
21	XXXXXXXXXX	Software Development	B.E. (Voc) SD	9772793362	Violence can be the solution
22	XXXXXXXXXX	Software Development	B.E. (Voc) SD	8617497753	if you keep going getting: violence you are your own enemy
23	XXXXXXXXXX	Software Development	B.E. (Voc) SD	7012212193	Almanages a man's ego: but not a life ego
24	XXXXXXXXXX	Software Development	B.E. (Voc) SD	7900134157	Domestic: not
25	XXXXXXXXXX	Software Development	B.E. (Voc) SD	8495764345	Seek help: not
26	XXXXXXXXXX	Software Development	B.E. (Voc) SD	9745223373	Never hit a: love

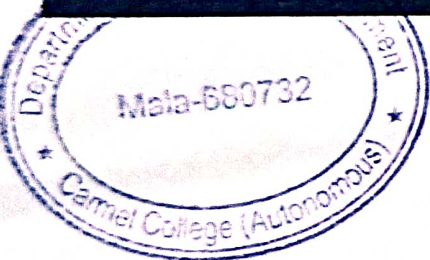


Carmel College, Mala

Lat 10.208786°

Long 76.200109°

26/11/23 11:11 AM GMT +05:30





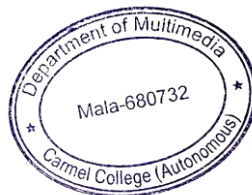
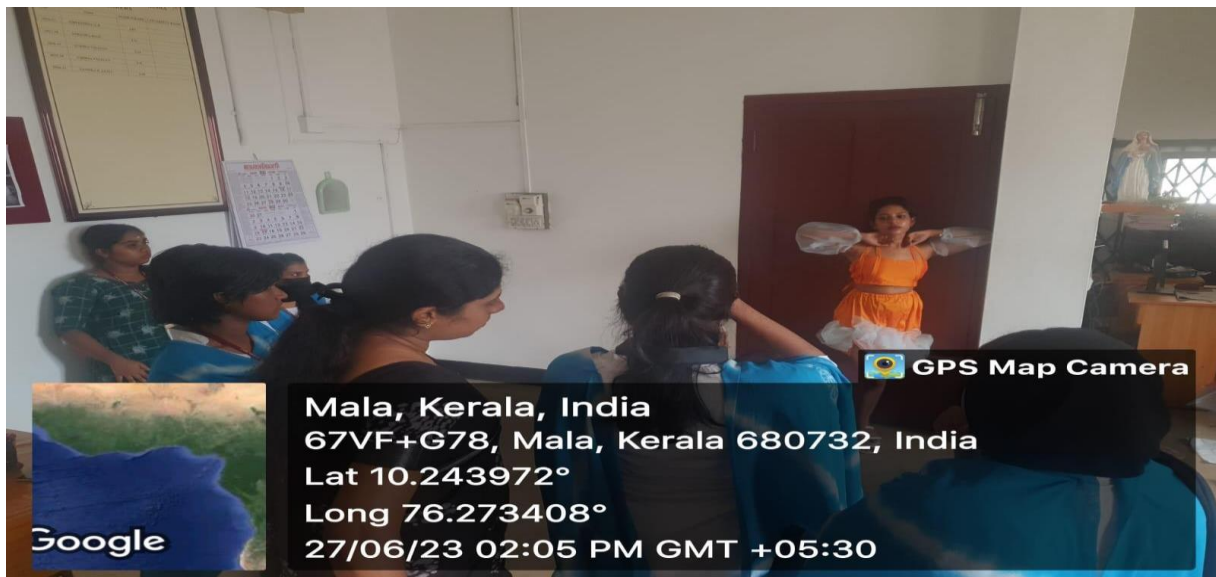
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Gender

Portfolio shoot

The Department of Multimedia conducted a portfolio shoot focused on showcasing the gender diversity of Fashion Technology students. The objective of this shoot was to create an inclusive and representative visual portfolio that highlights the creative and professional talents of students across all genders within the field of fashion technology. A gender-related photo or video shoot can focus on various themes to explore and challenge societal norms, highlight gender diversity, or celebrate gender identities.

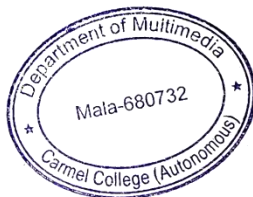


Head
Department of Multimedia
Carmel College (Autonomous)
Mala-680732



Outcome

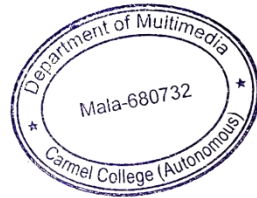
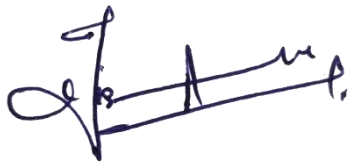
- To represent the diversity of gender identities within the Fashion Technology student body.
- To provide students with a professional-quality portfolio piece that they can use for career advancement.
- To promote the inclusive nature of the Fashion Technology program and the broader fashion industry.



Head
Department of Multimedia
Carmel College (Autonomous)
Mala-680732

Participation List

1. Adhithya M
2. Amrita K A
3. Amritha Viju
4. Amarthyanjana P S
5. Anamika K S
6. Anjaly K A
7. Anu K Bhasi
8. Aparna Rani
9. Fidha Faizal P M
10. Hridhya Mohan
11. Lakshmi K S
12. Misha M.S
13. Shifana Parvin
14. Sona Prakash
15. Sreelakshmi C S
16. Subeena P S
17. Vismaya N V
18. Agnus Mary Joshy
19. Nadhiya Usman T
20. Krishnapriya K P
21. Joshna John V
22. Sandra Shantoo



Head
Department of Multimedia
Carmel College (Autonomous)
Mala-680732



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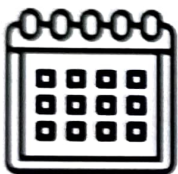
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DEPARTMENT OF BUSINESS
ADMINISTRATION
Seminar on

"GENDER SENSITIVITY"

Resource Person



15-01-2024



AUDIO VISUAL



2:30PM - 3:30PM



Athira Sugathan

Research Scholar

St. Teresa's College Ernakulam

Ms. Gilu Mathew
Staff Co-ordinator

Dr. Rema P.
HOD

Dr. Sr. Kochuthressia K. P.
Principal



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DEPARTMENT OF BUSINESS ADMINISTRATION

“Gender Sensitivity”

SEMINAR REPORT

Department of Business Administration, Carmel College (Autonomous) Mala, Thrissur organised a talk on “Gender Sensitivity”

The talk on Gender Sensitivity was held on 15th January 2024 @ 2.30 p.m. The session led by Ms. Athira Sugathan, Research Scholar, St.Teresa’s College, Ernakulam. The seminar began at 2.30 p.m. in the presence of all the members from the department of Business Administration. Ms. Ardra Paul started the seminar with brief introduction of the chief guest Ms. Athira Sugathan and welcome the participants. The topic was explained by the resource person and it was very informative for the students on the different studies conducted on gender sensitivity. 16 Students attended the session and they participated in the interactive question/answer session at conclusion. Ms. Dilsha Parveen proposed Vote of Thanks.

Outcome: The programme helped to provide awareness among students about Gender Sensitivity.



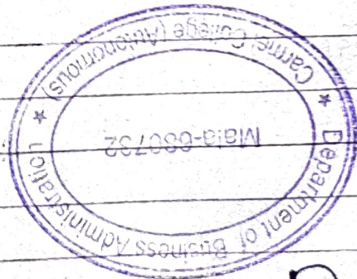
Reena P.
Dr. Reena P.

Head
Department of Business Administration
Carmel College (Autonomous)
Mala-680732

Seminars

Gender Sensitivity

1.	Dhilsha Parveen	II nd BBA	<u>Dhilsha Parveen</u>
2.	Fathimath Riswana	"	<u>Fathimath Riswana</u>
3.	Shikhana shirin v s	"	<u>Shikhana shirin v s</u>
4.	Husna Nabida	"	<u>Husna Nabida</u>
5.	Fathima K S	"	<u>Fathima K S</u>
6.	Nahala K M	"	<u>Nahala K M</u>
7.	HISANA KA		
8.	Anamika		
9.	vismaya T-J		
10.	H. Abarna Sree	"	<u>H. Abarna Sree</u>
11.	Mubeena N.K	III rd BBA	<u>Mubeena N.K</u>
12.	Rismi sukana K-s	"	<u>Rismi sukana K-s</u>
13.	Aparna Prakashan P	"	<u>Aparna Prakashan P</u>
14.	Sherin paul	"	<u>Sherin paul</u>
15.	Suvarna E-s	"	<u>Suvarna E-s</u>
16.	Anagha V-s	"	<u>Anagha V-s</u>



Accepted
 for Rema. P.

Head
 Department of Business Administration
 Camel College (Autonomous)
 Mala-680732



Vadama, KL, India

Chalakkudy, Vadama, 680732, KL, India

Lat 10.243872, Long 76.272876

01/15/2024 03:22 PM GMT+05:30

Note : Captured by GPS Map Camera



Dr. Remya
Head
Department of Business Administration
Carmel College (Autonomous)
Mala-680732



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PG DEPARTMENT OF COMMERCE

INVITED LECTURE ON

"The journey to a women entrepreneur"



Ms. NIMMY ANTLO
Entrepreneur
Alankaar Boutique
Thrissur, Mala

DATE 22/11/2023

VENUE Audio Visual Room

TIME 2.00 PM

Ms. SARANYA M.S.
Staff Co-ordinator

Dr. STEGY V.J.
HoD

Dr. Sr. KOCHUTHRESSIA K.P.
Principal



CARMEL COLLEGE (AUTONOMOUS) MALA
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PG DEPARTMENT OF COMMERCE

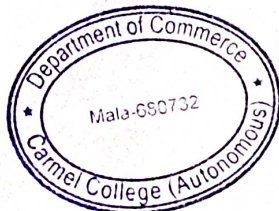
ON THE TOPIC THE LIFE OF A WOMEN ENTREPRENEUR

PG Department of Commerce conducted a seminar on the topic "*The life of a Entrepreneur*" on 22nd November 2023 @ 2.00 PM in Audio visual room. Here we the department of commerce decided to conduct a programme to inspire our students through a successful story of an entrepreneur. Our programme started with prayer song delivered by *Akshaya and varsha*. Anchoring session was beautifully handled by our b.com first year student *Athira Ajith*. The welcoming address handled by our head of the department *Dr.Stegy V.J.*. After that the session handled by our *Chief Guest Ms. Nimmy Antlo (Alankaa Boutique,mala Thrissur)*. She had provided a fruitful motivational session about passion more than profession. There is no more force powerful than a woman determined to rise. she proved it through her life story. Then after her lecture our beloved principal *Dr.Sr.Kochuthressia K.P. CMC* hand over our token of love on behalf of our department of commerce to our Chief Guest *Ms. Nimmy Antlo*. After that staff co-ordinator of the programme *Ms. Saranya M.S* delivered Vote of thanks.

Outcome: This programme inspired the students to think about their passion. Because our passion is entirely different from our profession. There is a failure story behind every successful story. Just like our chief guest story also motivated and inspired our students to think forward.

Dr. Stegy V.J
Head

Department of Commerce
Carmel College (Autonomous)
Mala - 680 732





 **GPS Map Camera**

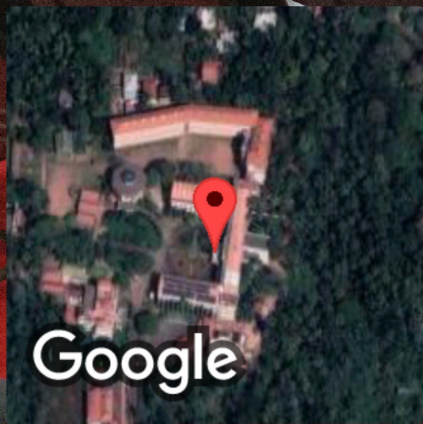
Mala, Kerala, India

67VF+G78, Mala, Kerala 680732, India

Lat 10.24398°

Long 76.273089°

22/11/23 02:09 PM GMT +05:30



Seminar On the Topic:- "The journey of an Entrepreneur"

Date: 22/11/2023 "

Time: 2:00 pm -

Venu: Audio Visual Room

Resource Person - Ms. Nimmy Antlo

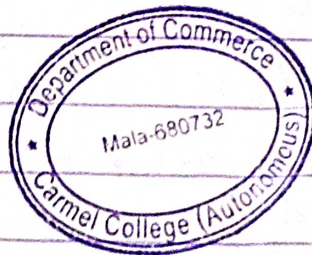
Staff co-ordinator - Saranya M.S

No.	Name	class	Signature.
1	Anjana EM	II Bcom cooperation	
2	Sara Paul	II Bcom Finance	
3	Avanthika Nath	II Bcom Cooperation	
4	Pranaya Sajeewan	II Bcom Cooperation	
5	Afeefa M.B	II B.com finance	
6	Anagha P.S	II B.com Finance	
7	Keerthana M.D	II B.com cooperation	
8	Hida Salam	II nd B.com cooperation	
9	Anusha P.S	II nd B.com Finance	
10	Bhavans P.S	"	
11	Navya K.S	"	
12	Hadi Prayag P.U	II nd BCom Co-Operation	
13	Aswathy V.B	II nd Bcom Finance	
14	Devika TL	II nd Bcom Cooperation	
15	Sivaganga V.R	"	
16	Adithya N.S	II nd B.com Finance	
17	Hisana Thekuri V.m	II nd B.com Co-operatives	
18	Mariya michael	II nd B.com Finance	
19	Riswana CA	"	
20	Al-shifa C.S	II nd Bcom wop	
21	Akshayya TV	" "	

22	Amritha W.M	II Bcom CO	Anurag
23	Puanathy V.P	"	Pranav
24	Anjana P.S	"	Anand
25	Anjamaudha	"	Anya
26	Parishmapriya	II Bcom fin	Kashika
27	Anna balachandram	II Bcom CO	Anna
28	Ancha T.A	II Bcom fin	Prithvi
29	Devika . E.S	"	Dan
30	Athana C.S	"	Asha
31	Akshaya prasannakumar	"	Abhis
32	Varsha vargheese	"	Varun
33	Anra A.S	"	Ana
34	Cropika Jayan	"	Gayatri
35	Neethy Johnson	"	Neetha
36	Nandha krishna	"	Nandha
37	Ashly Sebastian	"	Analy
38	Nishana N.N	I nd Bcom CO.	Ash
39	Fathima ath swalima	"	Fathima
40	Archana	"	Archana
41	Shahma Nassrin	"	Shahar
42	Anagha K.b	"	Anagha
43	Anwarje K.S	I nd B.com fin	Anwarje
44	Ananya T.R	"	Ana
45	Alanya EV	"	Alana
46	Abiya Babu	II nd Mcom	Abiya
47	Adhulya M.R	"	Adhulya
48	Anitta Kns Shaba	"	Anitta
49	Lakshmi N.S	"	Lakshmi
50	Migsa	"	Migsa
51	Anakha Satheesh Babu	"	Anakha
52	Anitta Justina Sojan	"	Justina
53	Jemconiya Johnson	"	Jem
54	Anjitha M.S	"	Anjitha

55	Nandhana Suresh	11 nd M.Com	<u>Nandhana</u>
56	Jincy P.J	"	<u>Jincy</u>
57	Ashna M.A	"	<u>Ashna</u>
58	Ayana Xavier	"	<u>Ayana</u>
59	Alra K.A	"	<u>Alra</u>
60	Anjano Jose	"	<u>Anjano</u>
61	Dhanya P.D	"	<u>Dhanya</u>
62	Shancy Jose	"	<u>Shancy</u>
63	Rosemaria KJ	"	<u>Rose</u>
64	Hibha	"	<u>Hibha</u>
65	Fathima K.S	"	<u>Fathima</u>
66	Archana Ravi	"	<u>Archana</u>
67	Anitta K.S	"	<u>Anitta</u>
68	Sreekutty C	"	<u>Sreekutty</u>
69	Sreekutty S R	"	<u>Sreekutty</u>

Head
Department of Commerce
Carmel College (Autonomous)
Mala - 680 732





CARMEL COLLEGE (AUTONOMOUS)

Mala ,Thrissur District, Kerala -680 732

Affiliated to the University of Calicut

Re-accredited by NAAC with 'A'Grade in the Fourth Cycle

Department of Political Science

ASSOCIATION INAUGURATION & SEMINAR

On The Topic

Gender Sensitization



Dr.Satheesh Kumar P.K

(Assistant Professor)

Department of Political Science

P. M. Govt. College

Chalakkandy

On 25 .07.2023 •@Audio-visual Room • @10 :30 AM

Co-ordinator

Ms.Ushus Mol E.U

HoD

Ms.Mary Philip

Principal

Dr.Sr.Kochuthressia K.P



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala, India

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Department of Political Science

2023-24

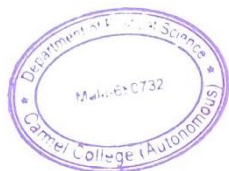
Report: Association inauguration and seminar on gender sensitization

On July 25, 2023, the Department of Political Science at Carmel College (Autonomous), Mala, held an association inauguration and seminar on gender sensitization in the Audio-Visual Room. The seminar was led by Dr. Satheesh Kumar P.K., Assistant Professor in the Department of Political Science at PMG College, Chalakudy, and was presided over by Dr. Sr. Kochuthresia K.P. The event was coordinated by Ms. Mary Philip, Head of the Department of Political Science, with collaborative efforts from Ushus Mol EU, Sujith K.S., and Amilsha A.A.

The seminar, which began at 10:30 AM, was attended by 73 students and provided an in-depth exploration of gender issues, focusing on enhancing gender sensitivity. Dr. Satheesh Kumar's expert presentation and interactive discussions offered valuable insights into gender dynamics and the importance of fostering gender equality.

Outcome of the Program

The students gained a thorough understanding of gender issues and practical approaches to promoting gender equality. The engaging discussions and presentations facilitated a deeper awareness of the impact of gender sensitivity in various aspects of life. The successful organization of the event and the active participation of the students highlighted the department's dedication to addressing critical social issues and advancing educational initiatives on gender awareness.



Mary Philip
Department of Political Science
Carmel College (Autonomous)
Mala - 680 732



 GPS Map Camera



Mala, Kerala, India
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Google

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Carmel College (Autonomous), Mala

3

Department of Political Science.

Association Inauguration and Seminar
on the topic Gender Sensitization

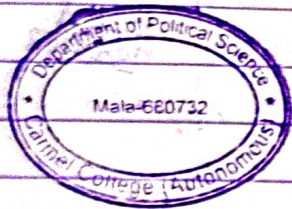
Dr. Sathesh Kumar. P.K.

25/07/2023 @ Audio-Visual Room 10:30 AM.

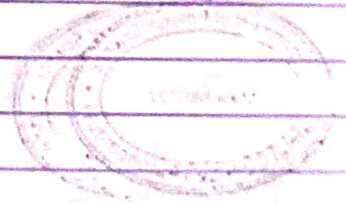
S.NO	NAME	institution / class	Signature.
1.	FATHMA ASNAKV	3 rd B.A Political Science	
2	Shabana sherein EV	"	
3	Angama Geopinath	"	
4	Sreesha A.K	"	
5	Shelvi Theres - V.S	"	
6	Jesna Joy	1 st B.A Political Science	
7	Ansiya K.R	"	
8	Saniya Xavier	"	
9	Akshara Sudheesh	"	
10	Souparnika P.S	"	
11	Liya Leo	"	
12	Krishna Sudheesh	"	
13	Sikshitaa C.G	"	
14	ANTONIYA MARY	2 nd BA POLITICAL SCIENCE	
15	Noushiya	"	
16	Pavithra C	"	
17.	Swathi V.S	"	
18)	Ferna swain	"	
19)	charety	"	
20	Auska	"	
21)	Smeha Sultan.	"	
22)	Angama Arjana	"	
23	Sainaks	3 rd BA Political Science	
24	Abhirami Murali	"	
25	Shalva P.B	"	
26	Athira V.G	"	
27	Athula kushna S. kumar	"	
28	Arjana T.S	"	

29.	Aswathy. T.S	III rd BA political science	Aswathy
30.	Ladshmi priya M.B	"	Ladshmi priya
31.	Aleena John	"	Aleena
32.	Nandhana Arakan	"	Nandhana
33.	Devika T.S	"	Devika
34.	Aswathy P.U	"	Aswathy
35.	Rashida V.A	"	Rashida
36.	Afna Moushad	"	Afna Moushad
37.	Meera As	"	Meera
38.	Nandhana shaju	"	Nandhana shaju
39.	Dina P.S	"	Dina
40.	Vandana. K.R	II nd BA sociology	Vandana
41.	Anuradha. c	I st BA sociology	Anuradha
42.	Athulya P.R	III rd BA sociology	Athulya
43.	Vinaya VM	II nd BA Sociology	Vinaya
44.	Greeshma G	"	Greeshma
45.	Nima KV	"	Nima
46.	Greeshma C.U	"	Greeshma
47.	Parvathy P.B	"	Parvathy
48.	Akshaya. Das	"	Akshaya
49.	Keevithi Biju	"	Keevithi
50.	Sree Lakshmi M.H	"	Sree Lakshmi
51.	Sree Lakshmi T.S	"	Sree Lakshmi
52.	Sona S.P	"	Sona
53.	Athulya A.P	"	Athulya
54.	Sandra v. vinod	"	Sandra
55.	Adhithya M.L	"	Adhithya
56.	Shahana Sheri	"	Shahana
57.	Risti Jibadha	"	Risti
58.	Afsana A/sal	"	Afsana
59.	Apsara M.V	"	Apsara
60.	Sandra. P	"	Sandra
61.	Archana. t	"	Archana

62	Chithra . K . R	II nd BA Sociology	<i>Chithra</i>
63	Zabra	"	<i>Zabra</i>
64	Lakshmi Priya . P . K	"	<i>Lakshmi Priya</i>
65	Jyothika MS M . S	"	<i>Jyothika</i>
66	Amrita Aji	"	<i>Amrita</i>
67	parvathy v . v	"	<i>parvathy</i>
68	Devika K . D	"	<i>Devika</i>
69	Angel Shaju	"	<i>Angel</i>
70	Rahana Fathima . MR	III rd BA sociology	<i>Rahana</i>
71	Anyali . K . J	III rd BA English	<i>Anyali</i>
72	Hana Nowrin	III rd Bvoc Agriculture	<i>Hana</i>
73	Anaswara . V . G	III rd Bvoc Agriculture	<i>Anaswara</i>



Maryphilip
 Head
 Department of Political Science
 Carmel College (Autonomous)
 Mala - 680 732





CARMEL COLLEGE (AUTONOMOUS) MALA

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Department of Political Science

IN CONNECTION WITH

NATIONAL LEGAL SERVICE DAY

Organizes

A TALK ON

"WOMEN AND GENDER DEMOGRAPHY"

AND

INAUGURATION OF FORUM FOR SOCIAL JUSTICE



Adv. K.G. Satheeshan
'Gramya' Kizhuthani, Manapadi P.O
Irinjalakuda

ON 9.11.23 @ 2:00PM

VENUE-AUDIO VISUAL ROOM



Principal
Dr. Sr. Kochuthressia K.P.

CO-ORDINATORS

Ms. Amilsha A.A.

Ushus Mol E.U.

Sujith K.S.

HoD

Ms. Mary Philip



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala, India

Re-Accredited by NAAC with 'A' Grade (Fourth Cycle)

Department of Political Science

2023-24

Report: Women and Gender Democracy

On November 9, 2023, at 2:00 PM, the seminar on "Women and Gender Democracy" took place in the Audio Visual Room. The event commenced with a welcoming address from Ms. Mary Philip, Head of the Department of Political Science, who provided an overview of the theme and set the tone for the forthcoming discussions.

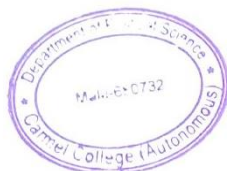
The keynote address was delivered by C.A. Francis, Programme Coordinator from the Legal Service Authority. His insightful speech provided a comprehensive overview of the intersections between women's rights and gender democracy, highlighting the challenges and progress in these areas. Francis emphasized the importance of legal frameworks and societal changes in promoting gender equality and democratic values.

Following the keynote address, K.G. Satheesan from the Irinjalakuda Sub Court conducted a detailed class on the topic "Women and Gender Democracy." Satheesan's presentation delved into legal perspectives on gender equality, exploring how laws and policies impact women's rights and contribute to democratic governance. The session included discussions on various legal instruments and their effectiveness in addressing gender disparities. The seminar was attended by 62 participants, who engaged actively with the content and discussions.

The seminar was meticulously coordinated by Ms. Mary Philip, with essential support from joint coordinators Ms. Ushus Mol E.U., Ms. Amilsha A.A., and Mr. Sujith K.S. Their efforts ensured the event was well-organized and engaging for all participants.

Outcome of the Program

The seminar achieved several significant outcomes. Participants developed a deeper understanding of how gender democracy intersects with women's rights and the effectiveness of legal frameworks in advancing these issues. The event also heightened awareness about the ongoing challenges and progress in the realm of gender equality. Attendees left feeling more empowered to engage in discussions and actions related to gender democracy. Additionally, the seminar provided valuable networking opportunities, connecting professionals, students, and activists committed to promoting gender equality and democratic principles. Overall, the seminar made a meaningful contribution to the discourse on women's rights and gender democracy, fostering a collaborative and informed community.




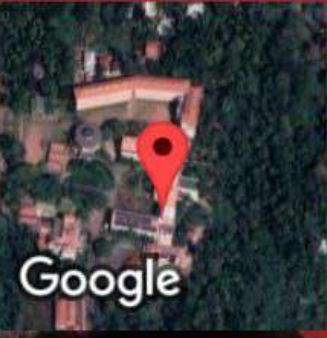
Mary Philip
Department of Political Science
Carmel College (Autonomous)
Mala - 680 732



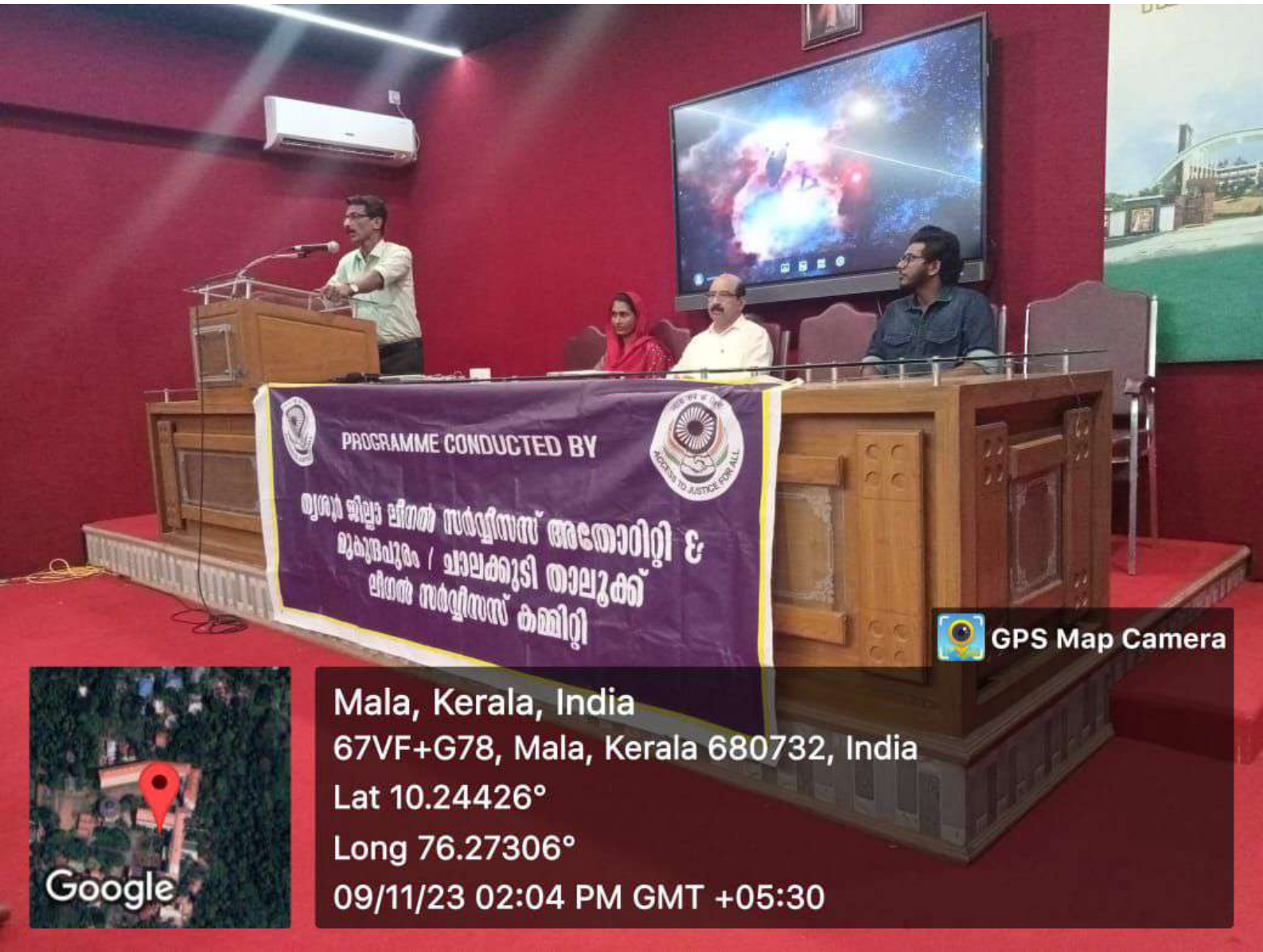

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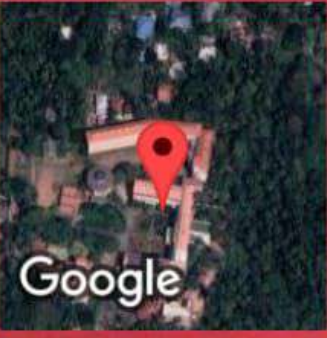


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 67VF+G78, Mala, Kerala 680732, India
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തൃശ്ശൂർ ജില്ലാ ലിനക്സ് സർവ്വീസസ് അതോറിറ്റി &
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67VF+G78, Mala, Kerala 680732, India
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Carmel College (Autonomous), Male.

13

Department of Political Science.

Inauguration of Forum for social justice
by Advocate K.G. Sabeeshan. (Cinjalkuda
sub court)

9/11/23

2.00 pm

at Audio visual room

Sl.no	name	Designation/Institution	Signature
1	Lakshmi Priya R.K	2 nd B.A Sociology	Laksh Priya
2	Sandra P	"	Sandra
3	Zahra	"	Zahra
4	Liya Leo	I st B.A Political Science	Liya
5	Anjana M.S	"	Anjana
6	Sekitha C	"	Sekitha
7	Fahma T.A	"	Fahma
8	Jasla Jaleel	"	Jasla
9	Krishna Sudheesh	"	Krishna
10	shahma T.A	"	shahma
11	Akshara Sudheesh	"	Akshara
12	Ansiya K.R	"	Ansiya
13	Jesna Joy	"	Jesna
14	Sona Vijo	II nd BA functional English	Sona
15	shahanas P	"	shahanas
16	Fathima Noujira K.M	"	Fathima
17	Vani Nasser K.A	"	Vani
18	Bhauya Babu	"	Bhauya
19	Anusha K.S	II nd BA political Sciences	Anusha
20	Fathima pavin	"	Fathima
21	Antoniyam Mary	"	Antoniyam
22	Noujya sannath	"	Noujya
23	pavithra K	"	pavithra
24	Ameena K.S	I st BA Sociology	Ameena
25	Ameena T.A	"	Ameena
26	Nadiya	"	Nadiya
27	Hiba	"	Hiba

28	Esha Esath N.C	II B.A.F.E	Esha
29	Lakshmi Biya	"	Lakshmi
30	Hannathi Habeeb	"	Hannathi
31	Gowri Vinod	"	Gowri
32	Vandana K.R	II B.A sociology	Vandana
33	Nirna K.V	"	Nirna
34	HIBA NAZRIN	2nd BA sociology	Hiba
35	Greeshma S	2nd BA sociology	Greeshma
36	Amrita Aji	2nd BA sociology	Amrita
37	Devika K.D	2nd BA sociology	Devika
38	Angel Shaju	2nd BA sociology	Angel
39	Shahna Shaji P	"	Shahna
40	Apsara M.V	"	Apsara
41	Risni Jihada.M	"	Risni
42	Athulya P.R	"	Athulya
43	Sona.S.P	"	Sona
44	Athulya A.P	"	Athulya
45	Sandra v.vinod	"	Sandra
46	Sreelakshmi T.S	"	Sreelakshmi
47	Adithya M.L	"	Adithya
48	Sreelakshmi M.H	"	Sreelakshmi
49	Maneesha.M	2nd BA Functional	Maneesha
50	Akashha Shaju S.D	2nd BA sociology	Akashha
51	Anjana K.K	2nd B.A politics	Anjana
52	Bhadra T.S	"	Bhadra
53	Sneha Sajan	"	Sneha
54	Keerthi Biju	2nd B.A. sociology	Keerthi
55	Parvathy P.B	"	Parvathy
56	Greeshma C.S	"	Greeshma
57	Nimisha.ME	"	Nimisha
58	Akshama SAJEEVAN C	"	Akshama
59	Fasna Shirin	2nd B.A politics	Fasna
60	Greeshy	"	Greeshy

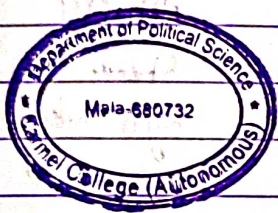
G1. Akhila v.m.

IInd politics.

Akhila,

G2 ANTONIYA MARY

Subject



Sanyalip
Head

Department of Political Science
Carmel College (Autonomous)
Mala - 680 732



CARMEL COLLEGE (AUTONOMOUS) MALA
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DEPARTMENT OF POLITICAL SCIENCE

IN ASSOCIATION WITH

BRAIN SOCIETY

AWARENESS SEMINAR ON

DOMESTIC VIOLENCE ACT 2005

Resource Person



Smt. Maya. S. Panickar
Women Protection Officer Thrissur



07/02/2024



10.30 AM



AUDIO VISUAL ROOM

Sree. A.V . Thomas
Director, Brain Society

Ms. Mary Philip
HOD

Principal
Dr.Sr. Kochuthressia K. P.



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala, India

Re-Accredited by NAAC with 'A' Grade (Fourth Cycle)

Department of Political Science

2023-24

Report: Domestic Violence Act 2005

On February 7, 2024, a seminar on the Domestic Violence Act 2005 was held at 10:30 AM in the Audio Visual Room. The event was inaugurated by Ms. Maya S. Paniker, Women Protection Officer from Thrissur, who set the stage with her insightful remarks on the importance of addressing domestic violence through legal frameworks and community efforts. Following her, Mr. A.V. Thomas, Director of Brain Society, delivered the welcome address, emphasizing the significance of legal literacy in combating domestic violence.

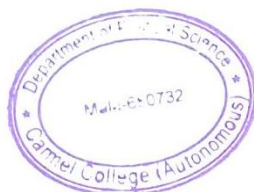
Dr. Sr. Kochuthresia K.P. provided the presidential address, underscoring the need for robust legal measures and heightened societal awareness. Her speech reinforced the seminar's role in educating individuals about their rights and available legal resources.

The seminar, attended by 94 students, featured a comprehensive session led by Advocate K.R. Retnakumari, a respected legal counsellor. Advocate Retnakumari's presentation covered the scope and definitions under the Domestic Violence Act 2005, key legal provisions such as protection orders and residence orders, and practical insights into the Act's implementation. She also shared case studies to illustrate real-life applications of the law.

The event was coordinated by Ms. Mary Philip, Head of the Department of Political Science, with crucial support from joint coordinators Ms. Ushus Mol E.U., Ms. Amilsha A.A., and Mr. Sujith K.S. Their combined efforts ensured the seminar ran smoothly and effectively.

Outcome of the programme

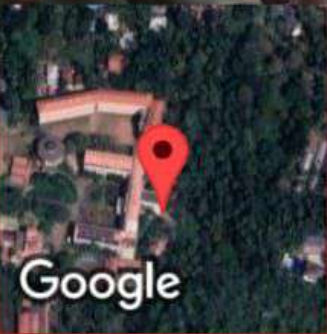
The seminar achieved notable outcomes, including a deeper understanding of the Domestic Violence Act 2005 among participants, increased awareness about domestic violence and legal remedies, and greater empowerment for individuals to advocate for themselves and others. The event also provided valuable networking opportunities for professionals, students, and activists involved in domestic violence prevention and support. Overall, the seminar successfully contributed to the broader goal of combating domestic violence and promoting legal knowledge in the community.



Mary Philip
Department of Political Science
Carmel College (Autonomous)
Mala - 680 732



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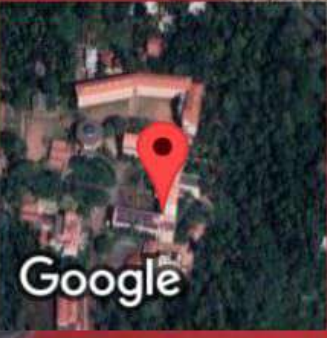


Mala, Kerala, India
67VF+G78, Mala, Kerala 680732, India
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Long 76.273412°
07/02/24 11:00 AM GMT +05:30



**DOMESTIC
VIOLENCE ACT 2005**

 **GPS Map Camera**



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67VF+G78, Mala, Kerala 680732, India
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Long 76.273127°
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Department of Political Science

AWARENESS SEMINAR ON DOMESTIC VIOLENCE ACT 2005


07/02/2024

10:30 AM

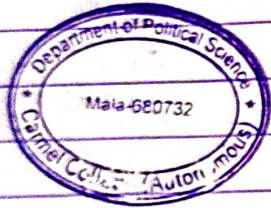
at AUDIO VISUAL ROOM

Sl. No	NAME	DEPARTMENT	SIGNATURE
1.	Alourin TM	1 st BA Sociology	<u>Alourin</u>
2.	Anaswara PS	1 st BA Sociology	<u>Anaswara</u>
3.	Asna Thasneem	1 st BA Sociology	<u>Asna</u>
4.	Akshara	1 st B.A sociology	<u>Akshara</u>
5.	Nimisha ME	1 st B.A sociology	<u>Nimisha</u>
6.	Sandra P.S	3 rd BA sociology	<u>Sandra P.S.</u>
7.	Aneeta Shaju	8 th BA Sociology	<u>Aneeta</u>
8.	Anju A.p	3 rd BA sociology	<u>Anju A.p</u>
9.	Devi Chandhana.p	3 rd BA sociology	<u>Devi</u>
10.	Akhil Krishna S. Kumar	3 rd BA Political Science	<u>Akhil</u>
11.	Akshara Sudheesh	1 st BA Political Science	<u>Akshara</u>
12.	Sirishtha CG	1 st BA Political Science	<u>Sirishtha</u>
13.	Sandra P. Maelhe	1 st BA Sociology	<u>Sandra</u>
14.	Carra Rose Puthur	"	<u>Carra</u>
15.	Akshaya KV	"	<u>Akshaya</u>
16.	Aswini K.C	3 rd BA sociology	<u>Aswini</u>
17.	Meesaja R.J	"	<u>Meesaja</u>
18.	Rahana Fathima MR	"	<u>Rahana</u>
19.	Vishnu priya . K	"	<u>Vishnu priya</u>
20.	Aswani . K T	"	<u>Aswani</u>
21.	Harshamol V	"	<u>Harshamol</u>
22.	Sayana C.S	"	<u>Sayana</u>
23.	Treesa Davis	"	<u>Treesa</u>
24.	Archeena V. Gopal	"	<u>Archeena</u>
25.	Athira . TR	"	<u>Athira</u>
26.	Teeshra Jayaraj	"	<u>Teeshra</u>
27.	Sandra K.S	"	<u>Sandra</u>

Sl. No	NAME	DEPARTMENT	SIGNATURE
28	GREETY ANN ROY	IInd B.A Political science	
29	Fasna Shidain	"	Fasna
30	Anusha K.S	"	Anusha
31	ANJANA MIS	I nd BA political science.	MISA
32	Swani k	II nd Integrated sociology	Swani
33	Dhina Theresia James.	"	Dhina
34	Meghna Manoj.	"	Meghna
35	Smriti unnikrishnam.	"	Smriti
36	Shilpa sivasan.	"	Shilpa
37	Aleena Rose Roy	III-BA Sociology	Aleena
38	Christeena Sunny	"	Christeena
39	Amenta Joseph	"	Amenta
40	Sreelakshmi T.G	"	Sreelakshmi
41	ASWATHI T.S	III nd BA Political science	Aswathi
42	LAKSHMI PRIYA M.B	"	Lakshmi Priya
43	ANJANA T.S	"	Anjana
44	Arshiga K.R	Ist BA political science	Arshiga
45	Jesna	"	Jesna
46	Shabma	"	Shabma
47	Krishaa	"	Krishaa
48	Fahma	"	Fahma
49	Liya Leo	"	Liya
50	Jasla	"	Jasla
51	Akshara	"	Akshara
52	Liya Je Shikitha	"	Liya
53	Souparnika	"	Souparnika
54	Anjana M.S	"	Anjana
52	Bhadra T.S	II nd BA political science	Bhadra
53	Sneha Sajan	"	Sneha
54	CHAITANYA K.V	III BA Sociology	Chaitanya
55	Sri. Diana Philo Joseph	"	Diana

Sl. NO	NAME	DEPARTMENT	SIGNATURE
56	Akhya V.G	III rd BA political Science	
57	Ameena T.A	I st BA sociology	<u>Ameena</u>
58	Ameena K.S	"	<u>Ameena</u>
59	Nadiya M.S	"	<u>Nadiya</u>
60	Devika K.D	II nd BA sociology	<u>Devika</u>
61	Angel Shaju	"	<u>Angel</u>
62	pamathy V.V	II nd BA sociology	<u>pamathy</u>
63	Jwala K.B	3 rd B.A political Science	<u>Jwala</u>
64	Saina K.S	"	<u>Saina</u>
65	AFNA NOWSHAD	"	<u>Afna</u>
66	DEVIKA T.S	"	<u>Devika</u>
67	MEERA A.S	"	<u>Meera</u>
68	AFTER JANEETA	"	<u>Janeeta</u>
69	NANDHANA AIDHAN	"	<u>Nandhana</u>
70	ALEENA JOHN	"	<u>Aleena</u>
71	Aravudha .C	2 nd BA sociology	<u>Aravudha</u>
72	Vandana .K.R	"	<u>Vandana</u>
73	SREELAKSHMI M.H	"	<u>Sreelakshmi</u>
74	ADITHYA M.L	"	<u>Adithya</u>
76	RISNI JIHADA .M	"	<u>Risni</u>
76	Athulya .P.R	"	<u>Athulya</u>
77	Shahna Shashi.P	"	<u>Shahna</u>
78	SOIYA KRISHNA N.S	II nd MA Int sociology	<u>Soiya</u>
79	Shahna P.B	III rd BA political Science	<u>Shahna</u>
80	Shahna Shermu	III BA political Science	<u>Shahna</u>
81	Archana .K	II nd BA . sociology	<u>Archana</u>
82	Sandra .P	"	<u>Sandra</u>
83	Zahra	"	<u>Zahra</u>
84	M.S JyothiKa	"	<u>JyothiKa</u>
85	Keerthi Biju	"	<u>Keerthi</u>
86	Akshaya Das	"	<u>Akshaya</u>

SINO	NAME	DEPARTMENT	SIGNATURE
87	Sudha V. Vinod	II nd BA Sociology	
88	ABARA M.V	II nd BA Sociology	
89	Amsita Aji	II nd BA Sociology	
90	Bhreeshma C	II nd BA Sociology	
91	Poswathy P B	II nd BA Sociology	
92	Anjana K.K	II nd B.A. Political Science	
93	Pavithra C	"	
97	Fathima parvin	II nd B.A. political science	



Department of Political Science
 Carmel College (Autonomous)
 Mala - 680 732



CARMEL COLLEGE (AUTONOMOUS) MALA
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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247

DEPARTMENT OF MATHEMATICS

International Women's
day

Commemorating
"Women in Mathematics"

Coordinators
Remeya Roy (AS)
Nandana OKM (II UG)

Dr Jismy Joseph
HOD

Dr. Sr. Kochuthressia K P
Principal

11 March 2024
3 pm
Room no. 126

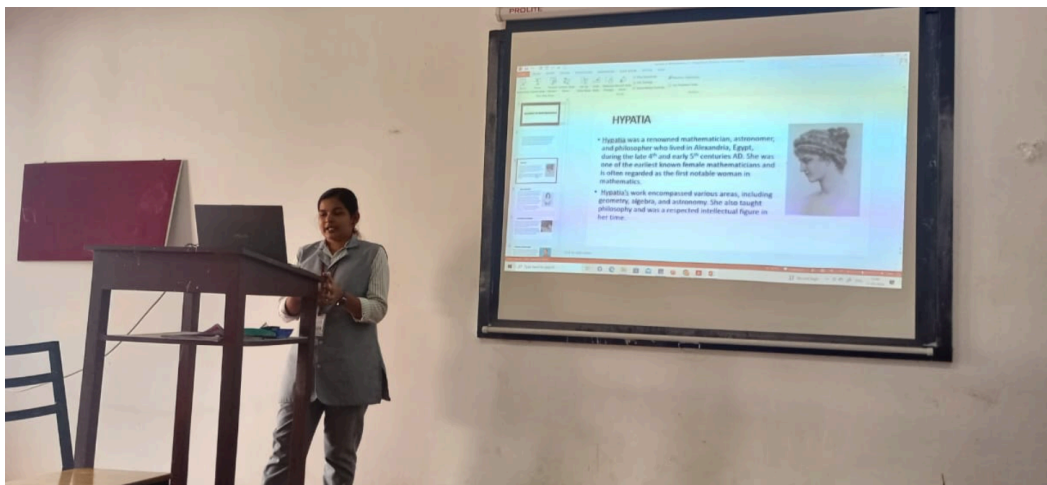


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DEPARTMENT OF MATHEMATICS

In connection with International Women' day, the department of Mathematics organized a PPT presentation and discussion on "Commemorating Women in Mathematics" on March 11, 2024 in Room no. 126 at 3.00 pm. It was led by Ms. Nandana O K M of II BSc Mathematics. Other students of the department actively participated in the same.




Outcome: Students got motivated and inspired by knowing about Women Mathematicians. Advanced learners got a chance to collect data and present a PPT on the topic.



Head
Department of Mathematics
Carmel College (Autonomous)
Mala-680732



Mala, Kerala, India
67VF+G78, Mala, Kerala 680732, India
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Long 76.27311°
11/03/24 03:40 PM GMT +05:30

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Alumnae Association

Department of Mathematics

Dream it, wish it, Do it

Eclat

Brilliance of Success

ALUMNI INTERACTION SESSION-5



2021 UG Batch

Rose U T

Senior System Associate

INFOSYS

11 December 2023 | 1.30 pm

Seminar Hall

Ms. Riya Jose
Ms. Meenu Jose
Ms. Siji Michael
Joint Coordinators

Ms. Meena Pious
President, Carmel
Alumnae Association

Dr. Jismy Joseph
HOD & Coordinator

Dr. Sr. Kochuthressia K.P.
Principal



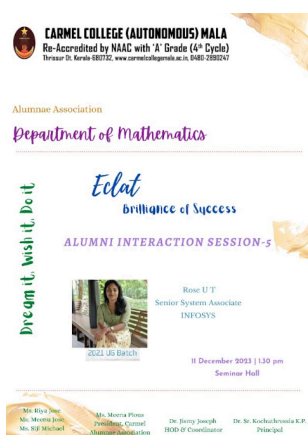
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DEPARTMENT OF MATHEMATICS

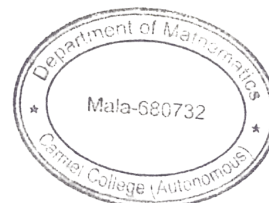
Report On ECLAT -5 held on 11-12-2023

The Department of Mathematics organized the fifth Alumni interaction session of ECLAT on December 11, 2023 at 1.30 pm in Seminar Hall. Our alumni for this session was Ms. Rose U T, System Senior Associate, INFOSYS. She is our 2021 passout UG batch member. The session was so interesting and inspirational for students. UG students of the Mathematics Department participated in this session.



Outcome: The session motivated students to achieve their life goals and inspired them to be financially independent.


Head
Department of Mathematics
Carmel College (Autonomous)
Mala-680732





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11/12/23 01:51 PM GMT +05:30

Google

GPS Map Camera

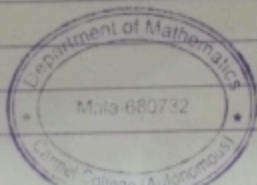
8. Name of Programme: Kclat-Alumni Interaction session - 5

Date: 11-12-2023

Time: 1:30 pm

Venue: Seminar Hall

Sl. No	Name	Class	Signature
1	Geopika NP	III BSc mathematics	<i>Geopika NP</i>
2	Sreya R Vinod	"	<i>Sreya R Vinod</i>
3	Adithya K.R	"	<i>Adithya K.R</i>
4	Ishana K.K	"	<i>Ishana K.K</i>
5	Nandana Subhash	"	<i>Nandana Subhash</i>
6	Sreelakshmi .M.P	"	<i>Sreelakshmi .M.P</i>
7	Aparna Menon	"	<i>Aparna Menon</i>
8	E. G. Anagha	"	<i>E. G. Anagha</i>
9	Arunima .A.S	"	<i>Arunima .A.S</i>
10	Sneha K	"	<i>Sneha K</i>
11	Aswari Krishna . C	"	<i>Aswari Krishna . C</i>
12	ARSHA MATHA	II BSc. Mathematics	<i>ARSHA MATHA</i>
13	Hridhya .R	III BSc Mathematics	<i>Hridhya .R</i>
14	Sayana .T.S	III B.Sc Mathematics	<i>Sayana .T.S</i>
15	Rithurama .R.	III BSc Mathematics	<i>Rithurama .R.</i>
16	Amiable Vinni	III BSc Mathematics	<i>Amiable Vinni</i>
17	Remya .Roy	II BSc Mathematics	<i>Remya .Roy</i>
18	Lissiya Michael	II BSc Mathematics	<i>Lissiya Michael</i>
19	Jisna Sojra	"	<i>Jisna Sojra</i>
20	Adithya sekhar .T	"	<i>Adithya sekhar .T</i>
21	Nandana .O.K.M	"	<i>Nandana .O.K.M</i>



Head
Department of Mathematics
Carmel College (Autonomous)
Mala-680732



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR, KERALA 680732

Re-Accredited by NAAC with 'A' grade (IV cycle)

DEPARTMENT OF ZOOLOGY

Organizing

Webinar

On

GENDER AND EDUCATION

DATE : 07/02/2024

7:00 - 8:00 PM

AKHIL. A. R

**Ph.D Research Scholar, Centre for
Historical Studies, Jawaharlal
Nehru University, Delhi.**



Joint Co-ordinators :

Ayrin Jose
Haritha P Nair

HOD & Co-ordinator

Dr.Sr. Rini Raphael

Principal

Dr. Sr. Kochuthressia K P



CARMEL COLLEGE (AUTONOMOUS)

Mala, Thrissur, Kerala, India

Re-Accredited by NAAC with 'A' Grade (Fourth Cycle)

DEPARTMENT OF ZOOLOGY

REPORT - WEBINAR ON GENDER AND EDUCATION

Date & Time : 07/02/2024, 7-8 PM

Venue : Google Meet

Topic : Gender and Education

Department of Zoology Carmel College (Autonomous), Mala conducted a webinar on Gender and Education on Online Platform. The major objective of the programme was to explore and discuss the intersection of gender and education, addressing pertinent issues and disparities. The programme conducted on 7th February 2024 on Google Meet with the blessing of Dr. Sr. Kochuthressia, Principal and Dr. Sr. Rini Raphael vice principal, HOD, of zoology department. Then Ms. Haritha P Nair, faculty of our department were introduced the resource person Mr. Akhil A R (Ph.D Research Scholar, Centre for Historical Studies, Jawaharlal Nehru University, Delhi). Akhil A R provided an overview of the importance of understanding the link between gender and education. He presented a historical perspective on gender and education, outlining key milestones and challenges faced over the years. The session included examples of successful initiatives and interventions that have positively impacted gender inclusivity in education. The class was very informative. It starts at 7.00 PM and ends at 8.00 PM. 21 students participated in the programme. The Department of Zoology expressed gratitude to Akhil Sir for his valuable contribution to the understanding of gender and education. Students were very well cooperated with the resource person.

OUTCOMES

- The programme helps to aware about gender.
- Get an idea about historical perspective on gender and education,
- Outlining key milestones and challenges faced over the years
- Discuss about the current affairs related to Gender



Head
Department of Zoology
Carmel College (Autonomous)
Mala-680732


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Aashi Maria




Sona




Niya



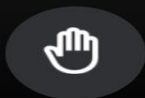
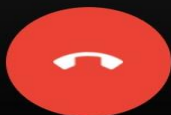
Krishnapriya



You



Akshaya 2 others



CARMEL COLLEGE (AUTONOMOUS) MALA
DEPARTMENT OF ZOOLOGY

31

Webinar On
GENDER AND EDUCATION

Resource Person :- Mr. Akhil A.R
Ph.D Research Scholar
Centre for Historical
Studies, Jawahar Lal
Nehru University, Delhi

Date :- 07/02/2024

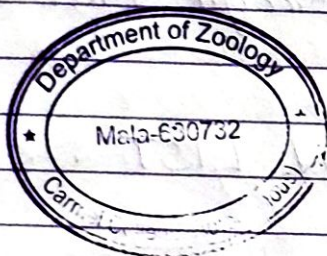
Time :- 7-8 PM

Venue :- Google Meet

PARTICIPATION LIST

Sl No	Name of the student	Department	Signature
1.	Nesni PJ	III rd BSc Zoology	Nesni
2.	Aashi Maria Babu	III rd BSc Zoology	Aashi
3.	ANCHITHA.P.V	III rd B.Sc Zoology	Anchor
4.	Dona Rose M R	III BSc Zoology	Dona
5.	Fathima Sherin P	III rd BSc Zoology	Fathima
6.	Krushnapriya A	III rd BSc Zoology	Krushna
7.	PRINSI PRAKASAN	III rd BSc zoology	Prin
8.	Sona Sunny	III rd BSc Zoology	Sona
9.	Nandhana CS	III rd BSc Zoology	Nandhana
10.	Divya.M	III rd BSc Zoology	Divya
11.	Janila KT	1 st BSc Botany	Janila
12.	Akhaya P.V.	1 st BSc Botany	Akhaya
13.	Rimi K.J	1 st BSc Botany	Rimi
14.	Adheeba K.K	"	Adheeba
15.	Merlin Mary Paul	"	Merlin
16.	Gayathri V.D	"	Gayathri
17.	Sreya Anna Eby	"	Sreya

18	Nija Joy	I st Botany	Nisa
19	Ann Mary Tariya	"	Ann
20	Aswathy P. M	"	
21	Reema K. J	3 rd Botany	<u>Reema</u>



Head
 Department of Zoology
 Carmel College (Autar)
 Mala-680. J.



CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR-680732

RE-ACCREDITED BY NAAC WITH 'A' GRADE (FOURTH CYCLE)

Department of Botany

Organizing
A talk on the topic:

INCLUSIVE INSIGHTS: EXPLORING GENDER DYNAMICS

Resource person:

Ms. Sneha E.S.

(2nd MSc. Botany Student)

Date: 23/02/2024

Time: 2.30 pm

Venue: 1st MSc Classroom

Dr. Sinjumol Thomas
(Coordinator)

Dr. Bindhu KB
(HOD)

Dr. Sr. Kochuthressia KP
(Principal)



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Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247

Research & PG Department of Botany

Organizing

Talk on Gender Sensitization

23.02.2024

The Department of Botany organized a Gender Sensitization Session on February 23, 2024, at the I MSc Classroom. The primary objective of the session was to create awareness and foster understanding about gender-related issues. The event aimed to contribute to a more inclusive and respectful environment within the academic community. The session took place at 2:30 PM and was conducted in the I MSc Classroom. The topic of discussion was "Gender Sensitization," and the resource person for the session was Sneha E S, a distinguished II MSc student. Dr. Sinjumol Thomas served as the coordinator for the program. Anagha V S, Student from MSc Botany welcomed the gathering. Sneha E S, with her insightful knowledge and understanding, led the session on Gender Sensitization. The content covered a broad spectrum, including the importance of understanding gender, challenging stereotypes, and promoting inclusivity. The resource person facilitated discussions on the significance of creating a gender-sensitive environment and the role each individual plays in contributing to a more equitable society. The session saw active participation from 29 enthusiastic participants, including students and faculty members. The interactive nature of the discussion allowed for open conversations and the sharing of perspectives on gender-related issues. The engagement of both students and faculty members highlighted the relevance and importance of such discussions in an academic setting. The department remains committed to organizing more events that contribute to creating an inclusive and respectful atmosphere within the campus.

Outcome: The Gender Sensitization Session achieved its intended outcome by creating awareness and fostering a deeper understanding of gender-related issues among the participants. The discussions helped challenge stereotypes and promoted a more inclusive mindset within the

academic community. Participants gained insights into the importance of sensitivity towards gender-related concerns and the role they can play in creating a supportive and respectful environment.

Talk on Gender Sensitization - 23.02.2024





A handwritten signature in blue ink, appearing to read "Anella", written in a cursive style with a long horizontal stroke extending to the right.

Head
Department of Botany
Carmel College (Autonomous)
Mala-680732

DEPARTMENT OF BOTANY

organizing a talk on
GENDER SENSITIZATION

Resource person : Ms. Sneha E.S
Student, II Msc. Botany
Carmel College (Autonomous), Mala

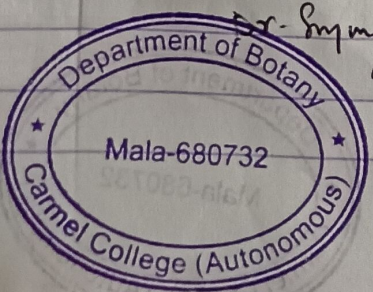
Date : 23/02/2024

Venue : I PG Classroom

Time : 2.30 pm

Sl No.	Name	Class/Designation	Sign
1.	Devika T	1 st MSc Botany	
2.	Jesline Mariya	II nd Msc Botany	
3.	Cransipriya MR	1 st Msc Botany	
4.	Deepthij Salilan	"	
5.	Anagha John	"	
6.	Anagha V.S	"	
7.	Aleena Ann Thomas	"	
8.	Suremya. P.S	"	
9.	Arathi. P.N	"	
10.	Copika K.G	"	
11.	ASHIFA FATHIMA S	"	
12.	Rithula U	"	
13.	Jyothika Sidharthan	"	
14.	Arjana T's	2 nd Msc Botany	
15.	Jayalakshmi Gotuldas	"	
16.	Aima	"	
17.	Sneha E.S.	"	
18.	Aparna. N	"	

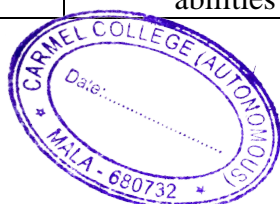
Dr. Symol Thomas
Co-ordinator



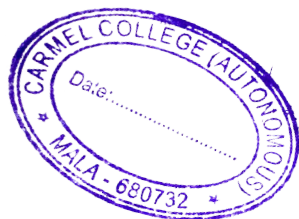
Department of Botany
Carmel College (Autonomous)
Mala-680732

Gender Sensitization Action Plan 2023-2024

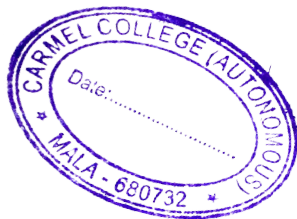
Sl. No.	Focal Area	Action Plan
1	Gender Sensitization Gender Rights and Equality	<ul style="list-style-type: none"> • Organize regular seminars, webinars, and panel discussions focusing on gender equality and rights., addressing stereotypes and biases and Laws protecting against gender discrimination and harassment. • Celebrate national and international days that honour gender diversity by organizing special events and activities. • Inspire faculty and students to engage in research, present scholarly papers, and publish work on gender-related topics to contribute to academic discourse and advocacy.
2	Women Empowerment	<ul style="list-style-type: none"> • To promote women empowerment in colleges, institutions can implement a multifaceted action plan aimed at fostering inclusivity, equality, and opportunities for students and staff. • Integrate awareness programs on gender equality, women's rights, and safety measures into the academic calendar. Provide mentorship programs connecting female students with accomplished women professionals for guidance and encouragement. • Establish support systems, such as counselling services and women-focused committees, to address challenges related to mental health, harassment, or discrimination. • Celebrate national and international days dedicated to women through events like debates, panel discussions, and cultural activities to highlight their achievements and issues. • Forge partnerships to offer financial assistance and organize resourceful sessions that support young women in achieving their academic goals. • Provide hands-on training in tailoring, embroidery, handicrafts, ornament making, bookbinding, and similar skills through the Carmel Extension Centre for Women, enabling participants to achieve self-sufficiency and express their creativity. • Encourage students to actively participate in resourceful events, competitions, and collaborative projects that help develop their talents, organizational skills, and teamwork abilities in an inclusive environment.



		<ul style="list-style-type: none"> • Support aspiring sportswomen by offering comprehensive training, coaching, and guidance to enhance their athletic potential and foster a competitive spirit.
3	Women Health and Hygiene	<ul style="list-style-type: none"> • Conduct awareness sessions on healthy lifestyles, balanced nutrition, and mental well-being to empower women with the knowledge to make informed choices and prioritize their overall wellness. • Offer professional counselling and mentoring services, providing personalized support to help individuals overcome challenges, set meaningful goals, and achieve both personal and academic success. • Enhance the fitness centre by introducing a broader range of services and programs that cater to the diverse needs and preferences of the college community. • Organize anti-drug campaigns and awareness programs to educate students and staff about the risks of substance abuse, encourage healthy lifestyle choices, and provide resources and support for those affected by addiction.
4	Safety and Security	<ul style="list-style-type: none"> • Organize regular workshops and awareness campaigns about anti-harassment, gender-based violence, and personal boundaries. • Provide confidential counselling services for students to discuss issues related to anxiety, stress, or safety concerns. • Organize mental health awareness campaigns to reduce the stigma around seeking help. • Encourage peer support groups for students to discuss safety and personal well-being in a trusted environment. • Ensure the active involvement of the Internal Complaints Committee (ICC) in promptly addressing and handling any reported cases of sexual misconduct.



		<ul style="list-style-type: none"> • Develop partnerships with industries and organizations to provide internship and job opportunities for students. • Organize career fairs, recruitment drives, and networking events, where students can meet potential employers, learn about job opportunities, and gain insights into industry trends. • Provide skill development certificate courses and workshops aimed at enhancing both soft skills (communication, leadership, teamwork) and industry-specific competencies (technical, management, etc.). • Offer expert coaching services for competitive exams such as UGC NET/JRF, banking, Civil Services, and PSC to help students achieve success in their chosen career paths. • Co-ordinate campus recruitment drives, connecting students with leading employers, and offering valuable opportunities for internships, jobs, and career advancement in their respective fields.
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 PRINCIPAL - IN-CHARGE
 Carmel College (Autonomous)
 Mala

MEETING

Chairperson : Dr. Sr. Kochuthressia K.P.

Co-ordinator : Ms. Jyoti Mathew

Date : 02.08.2023

Venue : Principal Room

Agenda : 1. Assess the activities for the academic year

2022-23

2. Plan the activities for

the academic year

2023-24

Members : Dr. Sr. Kochuthressia K.P.

Ms. Jyoti Mathew

Decisions Taken

1. Conduct orientation programme for first year UG & PG students

2. Conduct orientation programme for the parents

3. Observe World Mental Health

Day & Conduct Awareness on Suicide

& Start new batch (Batch 8)

Counselling & Guidance Course

5. Appoint JEEVANI Counsellor

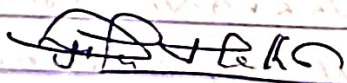
6. Appoint staff representative to FCC

Co-ordinator

Chairperson

Actions Taken

1. Conducted Orientation Programme for first year UG & PG students on 13.07.2023
2. Conducted Orientation Programme for parents alongwith PTA General Body on 10.07.2023
3. Conducted Awareness Programme on 'Suicide Prevention' by Ms. Sini A D Jeevari Counsellor on 21.09.2023
4. Conducted a session on 'TIME MANAGEMENT' on 9.10.2023
5. Conducted Seminar in connection with 'World Mental Health Day' Observance on 11.10.2023
Class led by Dr. Nila Mary Francis Associate Professor, Prajyoti Niketan College, Pudukkad
6. Ms. Sini A. D. took charge as Jeevari Counsellor on 08.08.2023
7. Counselling & Guidance Course Batch 8 commenced on 05.08.2023
8. Ms. Usha (Dept. of Pol. Science) is selected as staff representative



Co-ordinator


Principal

MEETING 2

Chairperson : Dr. Dr. Kochukrassie K.P
 Co-ordinator : Ms. Jyoti Madhav

Date : 19.01.24

Venue : Principal Room

Agenda : Assess the activities conducted during the academic year 2023-24

Members : Dr. Dr. Kochukrassie K.P
 Ms. Jyoti Madhav
 Ms. Ushasree E.C.

Decisions taken

1. To conduct offline class & practical sessions of Counselling & Guidance Bachel 8 on 23rd & 24th April 2024
2. To conduct final theory exam of Counselling & Guidance Bachel 8 on 24th April 2024
3. To conduct valedictory function of Counselling & Guidance Bachel 8 before 31st May 2024
4. Prepare action plan for the academic year 2024-25
5. Update counselling register and profoma for the academic year 2023-24

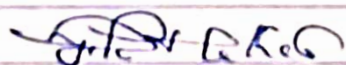
Jyoti Madhav

Co-ordinator

Dr. Dr. Kochukrassie K.P
 Chairperson

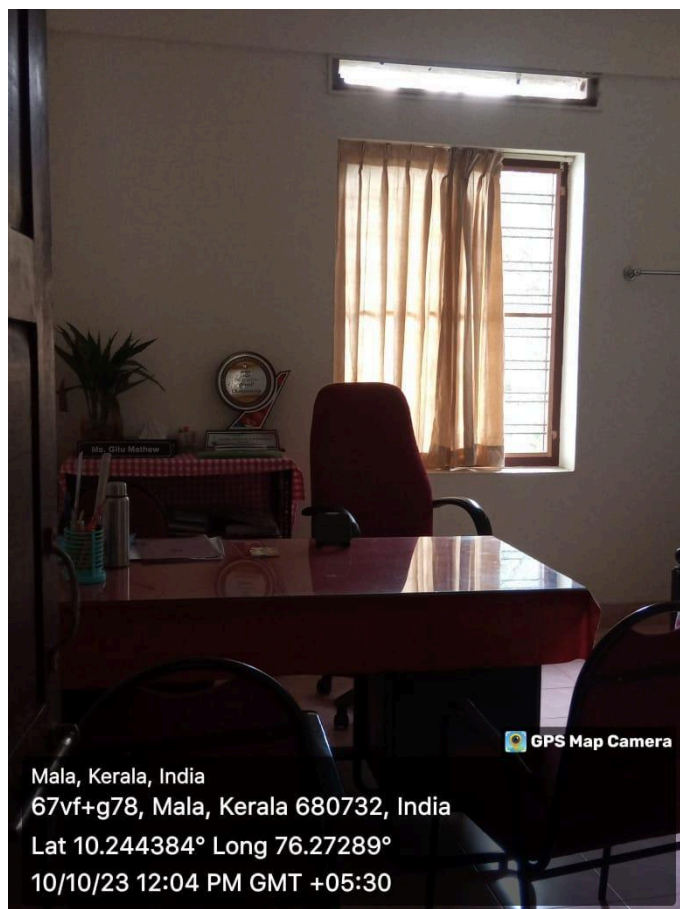
Acts taken

1. Updated Counselling register & programme for the academic year 2023-24
2. Ms. Sini A. D., Jeevari Counsellor is relieved from duty w.e.f 1st March 2024
3. Conducted offline classes for Counselling & practical sessions Guidance Course Batch 8 on 23rd & 24th April 2024 and final theory exam was conducted on 27th April 2024
4. Convocation Ceremony of Counselling & Guidance Course Batch 8 was conducted on 29th May 2024. 28 candidates have successfully completed the course and received certificates from Dr. S. Sana (MC Principal, Carmel College (Aldersonow))


Co-ordinator


Principal

COUNSELLING CENTRE

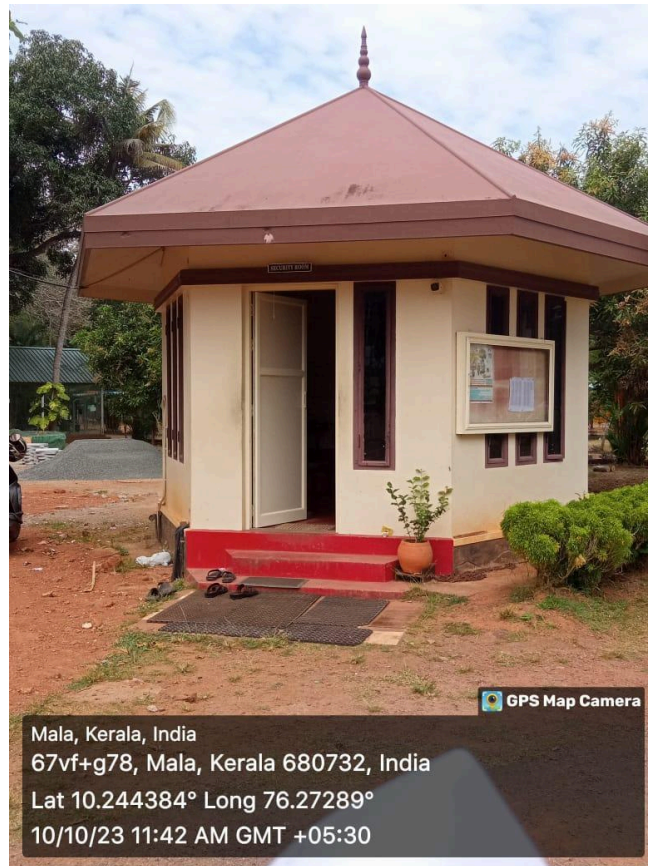


SAFETY AND SECURITY

Residential Facility



Security Room



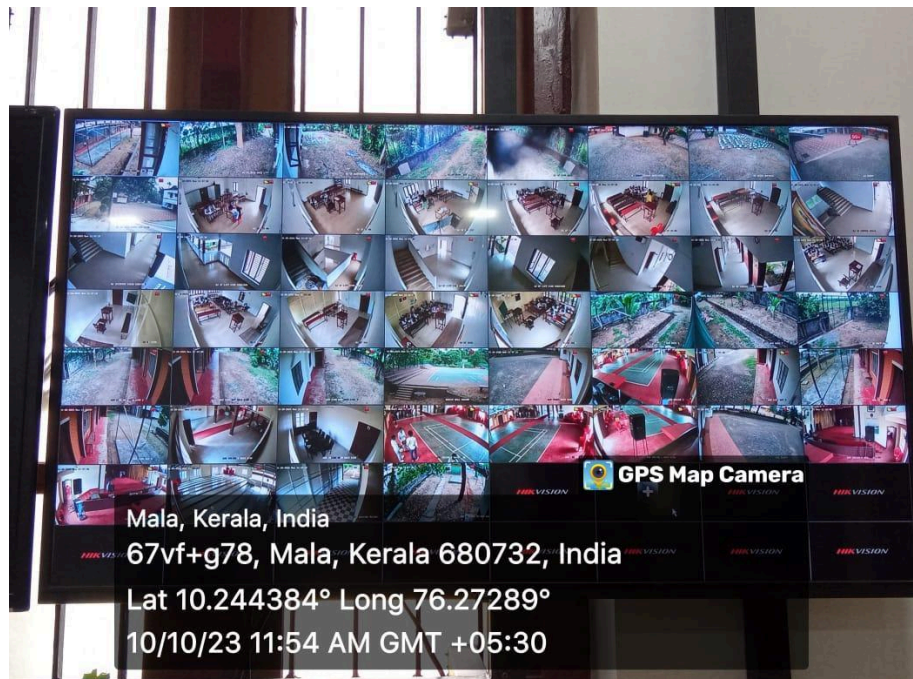
CCTV MONITORING



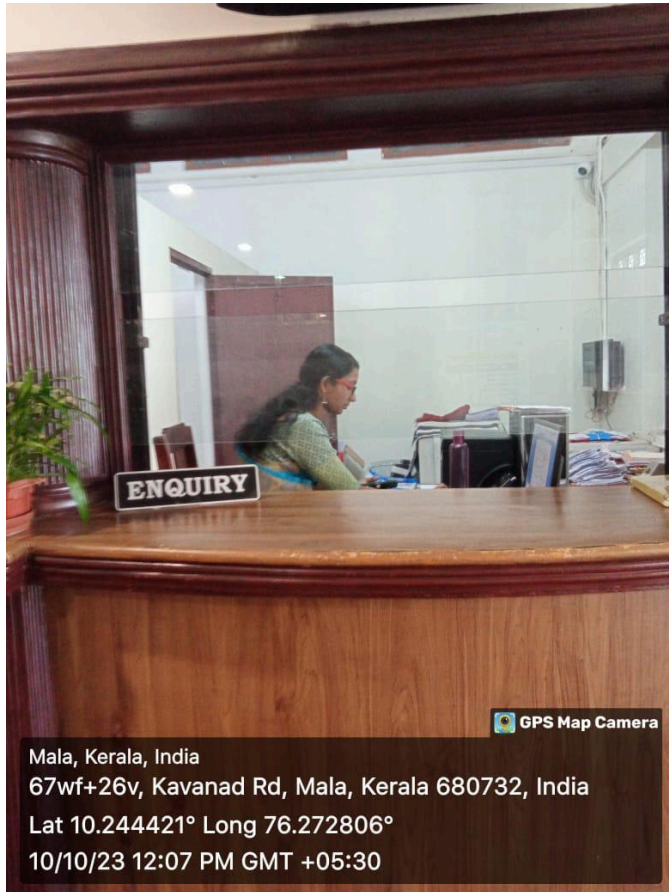
Biometric Authentication



CCTV

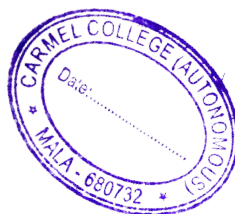


ENQUIRY

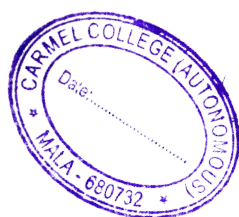


Specific Facilities Provided for Women

Sl. No.	Focal Area	Facilities Provided
1	Safety and Security	<ul style="list-style-type: none"> • The campus provides controlled access through gated entrances or security personnel, ensuring only authorized individuals can enter. • Adequate lighting across the campus, especially in high-traffic areas, enhances safety, particularly during evening hours. • Security guards patrol the campus, especially during late hours, offering an added layer of protection and reassurance. • Strategically placed surveillance cameras serve as a deterrent to criminal activity and provide valuable evidence in case of incidents. • Safe transportation options, such as college buses, are available to ensure secure travel for women, particularly during late hours. Additionally, workshops, seminars, and training sessions on safety awareness, self- defense and bystander intervention are organized to equip students with the necessary skills and knowledge to protect themselves and others.
2	Counselling	<ul style="list-style-type: none"> • The college offers support services such as counselling centres and helplines to assist students dealing with safety concerns or emotional distress. • Female counsellors are available on staff, trained to address a range of issues that particularly affect women, including gender-based violence, reproductive health, career planning, and gender identity. • The college also organizes support groups and therapy sessions for women, providing a space to discuss common challenges, foster peer support, and build a sense of community. • Workshops, seminars, and discussion groups focusing on women’s mental health and well-being are held, covering topics like stress management, self-esteem, assertiveness training, and healthy relationships. • Confidentiality and privacy are strictly maintained to protect sensitive information shared during counselling sessions. • Counselling services are designed to be culturally sensitive and inclusive, respecting the diverse backgrounds and experiences of women. • Additionally, these services are made accessible to all women, including those with disabilities or specific needs.



3	Common Rooms	<ul style="list-style-type: none"> • The college offers dedicated common rooms for women, creating a comfortable and secure environment that caters to their specific needs. • Comfortable seating arrangements are provided in these spaces, allowing for relaxation and informal gatherings. • Common restrooms, department rooms, and staff rooms are available for female faculty members, ensuring they have access to well-equipped, private spaces for work and relaxation.
4	Day-care Centre	<ul style="list-style-type: none"> • The college offers on-campus hostel facilities for women, providing a safe and convenient living arrangement. • Nutritious meals and snacks are served throughout the day, with attention given to any dietary restrictions or allergies. • The college strives to keep hostel fees affordable for students and may offer discounts or subsidies to those in financial need. • Health and wellness resources are provided, including access to healthcare professionals and support for parenting-related issues. • Educational support services, such as tutoring or early intervention programs, are available or can be referred to for students who require additional assistance.
5	Any other relevant information	<ul style="list-style-type: none"> • The college offers scholarships or grants specifically for women students, providing financial assistance to support their academic pursuits and ease any financial burdens. • Leadership development programs, workshops, and networking opportunities are organized to empower women students and help them excel in both their academic and professional careers. • Various support cells, such as the Grievance Redressal Cell, Anti-Ragging Cell, and Women's Cell, are actively engaged in addressing issues related to women and ensuring a safe and supportive environment. • Mentorship opportunities are facilitated, allowing women students to connect with faculty, alumni, or professionals in their field for valuable guidance and support.




 PRINCIPAL - IN-CHARGE
 Carmel College (Autonomous)
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