



# **CARMEL COLLEGE, MALA**

Nationally Re-accredited with 'A' grade (Third Cycle)

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## **Report of the Events**

**2016-2017**

*Submitted to*



**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**

## Personal skills for professional success

A session on “Personal skills for professional success” was handled by Dr. Kuriakose of Michigam University. The thoughts shared by him influenced both staff and students.



## Seminar on ‘Spices and it’s Extraction’

**Date: 16/06/2016**

**Venue: Audio Visual Room**

**Participants: Faculty and B.Sc. Chemistry students**

Department of Chemistry organized a seminar on **Spices and it’s Extraction** on 16<sup>th</sup> June 2016. Prof. Francis Joseph, the Guinness World Record Winner-2016 was the resource person. He explained the essential oils present in different Spices and it’s Extraction process in detail. Chemistry Association honoured him with a memento for his great achievement- Guinness World Record Winner-2016 for continuous lecture series. Dr. Sr. Lizy C.I., Principal presided over the function and handed over the memento. Dr. Princy K.G. welcomed the gathering. Dr. Vidya Francis proposed vote of thanks. All students of Chemistry department and faculty members participated in the programme.



## DEPARTMENT OF ENGLISH

### REPORT ON

### THE WORKSHOP ON “PHOTOGRAPHY: SHOOT @ SIGHT”

Resource Person: Ms. Anjana T. R., Freelance Photographer and Alumnae (21.07.2016)



The Department of English conducted a workshop on “PHOTOGRAPHY: SHOOT @ SIGHT” on 21<sup>st</sup> July 2016 by our ALUMNAE Ms. Anjana T.R., a known freelance photographer. She explained about the different objects and shared features of photography creating genuine interest amongst students. She started with the term ‘Photography’ as an art or practice of taking and processing photographs. She also gave insights into the objects of Photography and Spiral Photography, High Speed Photography, Light Trial Photography. Her simple explanations and demonstrations made the workshop a fruitful success.



# INTERNATIONAL YEAR OF PULSES -2016

Sponsored by  
**KERALA STATE COUNCIL FOR SCIENCE AND TECHNOLOGY  
AND ENVIRONMENT**

Conducted by  
**Department of Botany, Carmel College Mala**

## REPORT

Carmel College Mala celebrated International Year Of Pulses -2016 from march 2016 to September 2016 . Department of Botany in support of Kerala State Council of Science and Technonology and Envionment (KSCSTE) in collaboration with Nature Club of Carmel College Mala conducted various programmes on these days. 61 students were participated in the programme. The major events were Inauguration, intercollegiate quiz competition , class , herbal plants exhibition, food preparation with legumes, Karkadakathile Arogyam programme . Karkadakakkanji workshop, essay writing competitions and valedictory functions with distribution of cash awards and prizes to the winners.

### Programmes in Detail-

#### Inauguration - 21-07-2016

At 10.00am International year of pulses 2016 was inaugurated by the chief Guest Dr.Rosmary Wilson Kandamkulathy Vydhasala, by lightning the lamp. Our principal Dr.Sr.Lizy C.I presided the function. She delivered a talk on the importance of the Day.. Dr.Bindhu K.B. .HOD Botany welcomed all. Programme Co ordinator Dr.Sr.Kochuthressia K.P said vote of thanks.

#### Talk. 10.30 am.

Dr.Rosmary Wilson Kandamkulathy , Dr.Jiji George & Dr.Patric took a class on "The importance of legumes in Ayurveda". It was very informative and interesting to the young generation.

#### Workshop. 11-30 am

In collaboration with Kadamkulathy Aryavydhasala we conducted a workshop on Karkadakakkanji preparation .1200 students and 105 teachers were actively participated in the

programme. We prepared the Kanji and distributed to the whole college and nearby Soccorso school.

#### **Essay writing competition - 22-07-2016**

We conducted Essay writing competition on the topic "Traditional health practices in Karkidakam. at 9.30.am. About 30 students were participated in the competitions . 1<sup>st</sup> prize- Steffy Francis –Dept.of Commerce , 2<sup>nd</sup> prize – Athira Menon , Sociology & 3<sup>rd</sup> prize – Meera M.Menon, Botany.

#### **Medicinal Plant Exhibition 26-07-2016**

We conducted an interdepartmental medicinal plant exhibition competition on 22-07-2016 . 9 Departments participated. It was very informative to the audience because the students have listed the name of the plant, morphology of the useful part, and their medicinal uses. Students also the prepared health drinks and taisty curries for the exhibition. So it was a colorful day for them. The prizes are the following

1<sup>st</sup> prize –Dept.of Botany, 2<sup>nd</sup> prize –Dept of Zoology , 3<sup>rd</sup> Prize Dept .of History

#### **Intercollegiate Quiz competition - 30-09-2016**

We conducted an Intercollegiate Quiz competition on the Topic Pulses and its role in nutrition on 30-09-2016. 9 teams were participated. Mis Anu mol Thomas UC College was the quiz master. 1<sup>st</sup> prize received by St.Thomas college Trissur, 2<sup>nd</sup> prize -Christ college irinjalakuda, b& 3<sup>rd</sup> prize-St.Mary's College Trissur .

#### **Valadictory function**

At 1.30 pm Valadictory function was started. Quiz master evaluated programme and encouraged the participants. Principal distributed the prizes and cash awards to the winners. Programme Co ordinator Dr.Sr.Kochuthressia K.P said vote of thanks.

#### **Acknowledgement**

The principal , all staff and student were actively participated in the entire programme and made it successful .The Programme Co ordinator Dr.Sr.Kochuthressia K.P.is very great full to Kerala State Council for Science and Technology & Environment for their financial support



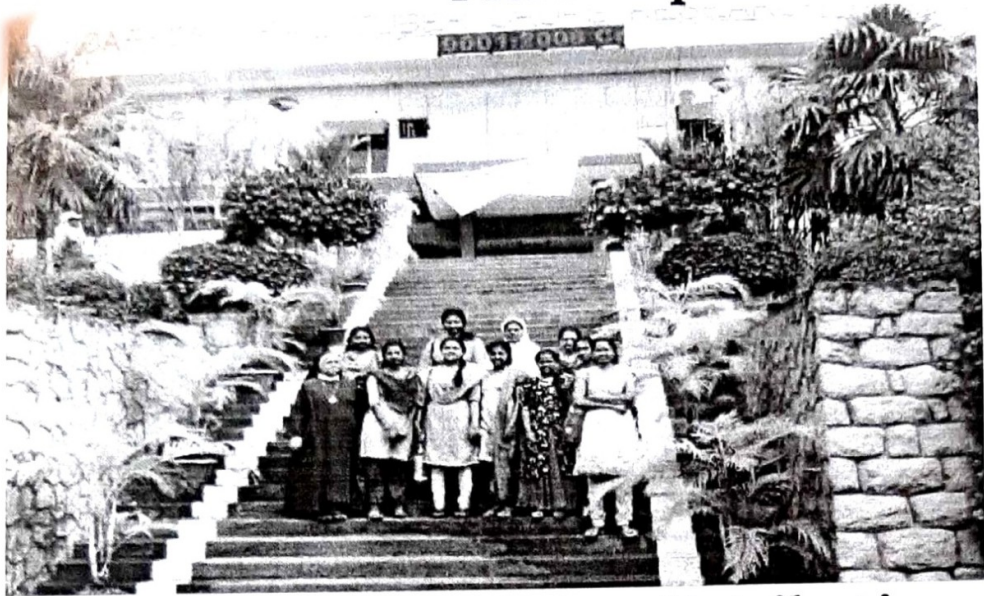
INTERNATIONAL YEAR OF PULSES 2016  
CARMEL COLLEGE MALA  
**Inauguration**



**Karkadakkanji Preparation**



## Field Trip



Quiz competition - Prize distribution





# കർക്കടക രുചിയനിഞ്ഞ് കാർമൽ കോളജ് വിദ്യാർഥിനികൾ

മാള • കർക്കടക മാസത്തിൽ കർക്കടക കഞ്ഞിയുടെ രുചിയനിഞ്ഞ് പാചകം ചെയ്തും കാർമൽ കോളജ് വിദ്യാർഥിനികൾ 'കർക്കടകത്തിലെ ആരോഗ്യം' പരിപാടി വ്യത്യസ്തമാക്കി.



മാള കാർമൽ കോളജ് സന്ധ്യശാന്ത്ര വിഭാഗം അന്താരാഷ്ട്ര പയർവർഗ്ഗ വർഷാചരണത്തിന്റെ ഭാഗമായി സംഘടിപ്പിച്ച 'കർക്കടകത്തിലെ ആരോഗ്യം' പരിപാടിയുടെ ഭാഗമായി കർക്കടക കഞ്ഞി പാചകം ചെയ്യുന്നു.

രാജ്യാന്തര പയർവർഗ്ഗ വർഷാചരണത്തിന്റെ ഭാഗമായി കോളജ് സന്ധ്യശാന്ത്ര വിഭാഗമാണു പരിപാടി സംഘടിപ്പിച്ചത്. കണ്ടുകൂട്ടത്തി ആയുർവേദ വൈദ്യശാല ചീഫ് ഫിസീഷ്യൻ ഡോറോസ്മേരി വിത്സൻ ഉദ്ഘാടനം ചെയ്തു. പ്രിൻസിപ്പൽ സിസ്റ്റർ ലിജോ അധ്യക്ഷത വഹിച്ചു. 'ആയുർവേദത്തിലെ പയർവർഗ്ഗ പെരുമ' എന്ന വിഷയത്തിൽ ഡോ.പി.റ്റർ, ജിജി ജോർജ് എന്നിവർ ക്ലാസെടു

ത്തു. വിദ്യാർഥിനികൾ പാചകം ചെയ്ത കഞ്ഞി 1500 പേർക്കു വിതരണം ചെയ്തു. ബോട്ടണി വിഭാഗം മേധാവി ഡോ. കെ.ബി.ബി

ന്ദു, കെമിസ്ട്രി വിഭാഗം മേധാവി ഡോ. കെ.ജി.പ്രിൻസി, കെ.പി. കൊച്ചുത്രേസ്യ, ഡോ. സിസ്റ്റർ സിന തുടങ്ങിയവർ പ്രസംഗിച്ചു.

# മാള കാർമൽ കോളജിൽ 'കർക്കടകത്തിലെ ആരോഗ്യം'

മാള • രാജ്യാന്തര പയർ വർഗ്ഗ വർഷാചരണത്തിന്റെ ഭാഗമായി കേരള ശാന്ത്ര സാങ്കേതിക പരിസ്ഥിതി കൗൺസിലിന്റെയും കൃഷുർ കണ്ടുകൂട്ടത്തി ആയുർവേദ വൈദ്യശാലയുടെയും സഹകരണത്തോടെ കാർമൽ കോളജിൽ 'കർക്കടകത്തിലെ ആരോഗ്യം' പരിപാടി നടക്കും. ഇന്ന് 10ന് വിത്സൻ കണ്ടുകൂട്ടത്തി ഉദ്ഘാടനം ചെയ്യും.

പ്രിൻസിപ്പൽ സിസ്റ്റർ ലിജോ അധ്യക്ഷത വഹിച്ചു. 10.30ന് ഡോ. റോസ്മേരി വിത്സൻ 'ആയുർവേദത്തിലെ പയർവർഗ്ഗ പെരുമ' എന്ന വിഷയത്തിൽ ക്ലാസെടുക്കും. 11.30ന് കർക്കടക കഞ്ഞി തയാറാക്കലും വിതരണവും നടക്കും. 22ന് ഉപന്യാസ മത്സരം, 25ന് ക്വിസ് മത്സരം, 26ന് ഔഷധസസ്യ പ്രദർശനം എന്നിവ നടക്കും.

## DEPARTMENT OF ENGLISH

### Seminar on “Film Technology” (30.08.2016)

Resource Persons: **Mr. John Browny, Associate Film Director**



The Department of English in collaboration with the Department of Vocational Studies conducted a Seminar on “Film Technology” on 30<sup>th</sup> August 2016. Mr. Johny Browny, Associate Film Director was the Resource Person. Mr. Johny Browny talked about the development of techniques for recording, creation and presentation of motion pictures by tracing the history of film technology. He introduced to the participants terms like Film stock, video and digital. His amazing and lively presentation arrested the attention of the participants. Students thoroughly enjoyed the discussions which followed after the question and answer session.

## Seventy years of independent India

The Department of History organized a lecture on Seventy years of Independent India in connection with Independence Day by Adv. Jayasankar political observer and analyst on 12/08/2016



## Introduction to Real Analysis

On 17th October, Association organized Lecture series I, a lecture on 'Introduction to Real Analysis' by Prof. Albert Antony, Assistant Professor, PMG College, Chalakudy.



## Malayalam Speech Recognition System

Department of Computer science and Techie Club organized a talk on Malayalam Speech Recognition System by Dr. Sonia Sunny, Vice principal, HOD - Department of Computer Science, Prajyothi Nikethan, Pudukad. It was a great success and all the BCA students got benefited from the program.



## DEPARTMENT OF ENGLISH Workshop on “The Language of Research”

Resource Person: Dr. Joycee O.J, Associate Professor and Research Guide, Department of English, Vimala College (Autonomous), Thrissur (27-10-2016)



On 27<sup>th</sup> October 2016, the association activities of the Department of English by organizing a Workshop on “The Language of Research.” Dr. Joycee O.J, Associate Professor and Research Guide, Department of English, Vimala College, Thrissur was the Resource Person. Dr. Joycee O.J explained research methodology in English Language and Literature with examples how to choose a topic, conduct research, decide methodology, organize thoughts, form arguments or interpretations, cite sources, write the first draft, and finally, apply the necessary revisions. She also shared her own personal experience as a research guide. The programme was extremely useful for the faculty and students who intend to pursue research work.

## Seminar on 'Petroleum and Energy Conservation'

**Date: 02/11/2016**

**Venue: Audio Visual Room**

**Participants: Faculty and B.Sc. Chemistry students**

Chemistry Association was formally inaugurated by Dr. Kochubaby Manjooran, Manager, Energy and Environment Section, BPCL Kochi Refinery on 2<sup>nd</sup> Nov,2016. Seminar on '**Petroleum and Energy Conservation**' was also arranged in connection with this. Dr. Sr. Lizy C.I., Principal presided over the function. Dr. Princy K.G. welcomed the gathering. Anjali S. Menon, Association Secretary proposed vote of thanks. All students of Chemistry department and faculty members participated in the programme.



# **Carmel College, Mala**

## **Department of Business Administration**

**Report on Seminar on the topic “Contract of Sale”**

**16/11/2016**

Business Administration Department, Carmel College Mala, Thrissur conducted a seminar on 16/11/2016 on the topic “contract of sales”. The resource person was Miss Mini M J Assistant professor PG Department of Commerce, S H College Chalakudi. Students from 1<sup>st</sup> year, 2<sup>nd</sup> year BBA participated. Total number of participants 44.





## Historical Sense among the Keralites

The Department of History organized a talk in connection with the topic Historical Sense among the Keralites by Professor T.P.Sankarankutty Nair, from The University of Kerala. He discussed the historical sense among the Keralites in a detailed manner.



## REPORT ON TALK ON ONLINE TRADING

Department of commerce has organized a Talk on Online trading, dated 29-11-2016. The event was conducted in the college auditorium at 2 PM. Pro. Tomy M.J, HOD of the Department of Commerce, Sacred Heart College, Chalakudy was the resource person for the session. The event started with a prayer followed by official function. The HOD of the Department of commerce, Sr. Anna Rose has delivered welcome speech. Further, the Speaker, Pro. Tomy M. J began the session by explaining various platforms for better online trading as well as the pros and cons of e-trading. Besides, the procedure of opening a Demat Account was also detailed by the speaker. It was an informative session for both students and teachers. Furthermore, with a vote of thanks the program has wound up at 4 PM.



## Introduction to Cryptography

The Mathematics Association was inaugurated by Dr. Joju K.T, Associate Professor, Prajyothi Niketan College, Pudukad on 7<sup>th</sup> November 2018, followed by a lecture on Introduction to Cryptography.



## Preparing an effective Resume

Preparing an effective Resume by Mr. Arvind of Soft Skills Academy



## **REPORT ON CLASS ON INDUSTRIAL FAMILIARIZATION**

The Department of Commerce has organized a class on the topic Industrial Familiarization, on 15-12-2016. The event was conducted in the college auditorium at 10 AM. Mr. Jaffer is the chief resource person for the session.

The program was started with a prayer followed by official function. The HOD of the Department of Commerce, Sr. Anna Rose had delivered welcome speech. Further, the speaker, began the session by explaining the important industries in the society. Besides, he has detailed about the budding industries. It was an informative session for both students and teachers. Furthermore, with a vote of thanks the program has wound up at 12:30 PM.



## Advanced Multimedia Software

Advanced Multimedia Software by Flame school of animation and VFX,  
Thrissur



**seminar**

**“Lingistic Structuralism.”**

**18-01-2017**

Sociology department, Carmel college Mala ,conducted a one day seminar on 18-01-2017 on the topic “Lingistic Structuralism.” Prof. Varghese R.K(Head Department of sociology Sacred Heart College, Thevara) detailed about the different perspectives in Sociology and their application in social science research. The session delineated the ways of doing research to uncover the structures by exploring all the things that humans do think and feel.



## Flower Making

Flower Making by Ms. Silpa T.S.





**DEPARTMENT OF ENGLISH**  
**Workshop on**  
**“The Art of Film Making” (30.01.2017)**



The Media Club of the Department of English organized a One-Day Workshop on “The Art of Film Making” led by Mr. Sumesh S. J. (Assistant Film Director) and Mr. Amith Raj (Cinematographer) on 27<sup>th</sup> January 2017. Their talks were based on photographs and films. Their presentations with demonstrations helped the students to know about the relevance of moving images.



Students and faculty eagerly participated in the programme which ended with the discussions on contemporary films. Mr. Sumesh S. J. stated that with the changing ways and advancement in the digital forefront, the future is limitless for the ever-evolving field of mass communication and journalism.

Mr. Amith Raj added that aspiring participants can go for a career in films, television, journalism, direction, editing, filmmaking, scriptwriting, public relations, publishing and the like. Such careers would bring about a great deal of satisfaction and expression of creativity.

**DEPARTMENT OF ENGLISH**  
**Workshop on**  
**“HOW TO READ A FILM” (27/01/2017)**

**Resource Person: Mr. Binil Kumar, Assistant Professor, Department of English, St. Paul’s College, Kalamassery**



On 27<sup>th</sup> January 2017, the Department of English conducted a Workshop on “How to Read a Film.” The Resource Person was Mr. Binil Kumar, Assistant Professor, Department of English, St. Paul’s College, Kalamassery. He explained that film is not a language, but is like a language, and since it is like language, some of the methods that we use to study language might probably be applied to a study of film. The fact is that film, unlike written or spoken language, is not composed of units, as such, but is rather a continuum of meaning. A shot contains as much information as we want to read in it, and whatever units we define within the shot are arbitrary. Like written language, but to a greater degree, a film image or sound has both denotative and connotative meanings and we have to strive to recognize it.

The programme ended with the question -answer discussions. The session developed subject specific skills in film theory and film techniques amongst students helping them to analyze films based on contemporary film, literary and cultural theory.



- **Report on ‘Importance of women’s day remembrance in Kerala scenario’**

The department of sociology conducted a talk on A talk ‘Importance of women’s day remembrance in Kerala scenario’ regarding the celebration of International Women’s day celebration. The resource person was Ms. Jilu Mathew, administrative officer, skill development center, Govt. of Kerala on March 2017. The objective of the programme was to give awareness on women’s power. The programme held on college auditorium. Women’s issues are one of the most significant area in sociological research in present scenario.

