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CARMEL COLLEGE, MALA

Nationally Re-accredited with 'A' grade (Third Cycle)

GENDER SENSITIZATION ACTION PLAN

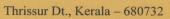
Sl:No	Focal Area	Action Plan
1	Gender Sensitization Gender Rights and Equality	 Conduct seminars/webinars to raise gender awareness Promote research, paper presentation and publication on areas concerning gender by faculty and students Commemorate national/international days celebrating gender diversity
2	Women Empowerment	 Collaborate with Souhridham Trust, Udaya Province for FEMINA project to support young women students through financial schemes and resourceful sessions Organize expert talks/webinars on women empowerment within campus and as part of extension initiative Offer training in tailoring, embroidery, handicrafts, ornament making, bookmaking and binding book through Carmel Extension Centre for Women Offer platforms for students to coordinate and equally participate in resourceful events/competitions and the like to nurture their inherent talents, organizational skill, and team work Groom aspiring sports women
3	Wel College	 Conduct awareness classes on healthy lifestyle, balanced diet, and mentalwellbeing Offer workshops on yoga to build immunity Offer professional counselling and mentoring services Organize anti-drug campaigns and awareness sessions Extend services of fitness centre

4	Safety and Security	 Conduct awareness class on women safety issues and means to combat harassment of any form Ensure proactive engagement of ICC to redress issues of sexual misconduct, if reported
5	Career/Entrepreneurship/Skill Acquisition Programmes	 Encourage student participation in events conducted as part of government funded schemes like YIP, IIC, NISP, ARIIA to promote innovation and start-ups Organize entrepreneurship skill set programmes and interactive sessions with entrepreneurs Conduct aptitude training programmes and orientation sessions on job opportunities in the changing scenario Conduct skill development certificate courses and workshops to groom soft skills and industry specific skill requirements Offer expert coaching in UGC NET/JRF, bank, Civil Service, PSC Organize campus recruitment drives













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GENDER SENSITIZATION ACTION PLAN

Sl:No	Focal Area	Action Plan
1	Gender Sensitization Gender Rights and Equality	 Organize insightful sessions on various dimensions of genderto raise sensitivity towards issues faced by individuals embracing different gender identity Encourage research, paper presentation and publication on gender-related topics among faculty and students
2	Women Empowerment	 FEMINA project in collaboration with Souhridham Trust, Udaya Province to support young women students with resourceful talks and financial aid Organize national/state/regional seminars/webinarsdisseminating awareness on women empowerment Offer training in tailoring, embroidery, handicrafts, ornament making, bookmaking and binding book through Carmel Extension Centre for Women Commemorate national/international days associated with girl child and women Organize competitions and fests for the students to showcase and vocalize their talents and opinions Groom aspiring sports women
3	Women Health and Hygiene	 Conduct awareness classes on women mental-physical health and food habits Offer counselling and mentoring services Organize invited talks to raise awareness on drug abuse and its aftermath Conduct AIDS awareness campaigns Offer training in yoga and relaxation therapy Extend services of fitness centre



4	Safety and Security	 Conduct self-defense and karate training Conduct awareness class on cyber security Ensure proactive engagement of ICC to redress issues of sexual misconduct, if reported
5	Career/Entrepreneurship/Skill Acquisition Programmes	 Organize entrepreneurship skill set programmes Encourage participation of student innovators in government funded schemes like YIP and IIC Arrange career guidance classes, certificate courses and workshops for soft skill and technical skill development Provide coaching in UGC NET/JRF, bank, Civil Service, PSC Organize campus recruitment drives Conduct extension/outreach activities among neighborhood women units and adopted villages on ways to secure stable livelihood
6	Infrastructural Augmentation	InstallationCCTV, toilet construction renovation of Students'Corner







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GENDER SENSITIZATION ACTION PLAN

Sl:No	Focal Area	Action Plan
1.	Gender Sensitization Gender Rights and Equality	 Organize awareness sessions to sensitize students on gender diversity, inclusivity and rights Conduct invited lectures and interactive sessions on LGBTQ concerns Encourage research on gender-related concepts among faculty and student community
2.	Women Empowerment	 Organize national/state/regional seminars and paper presentations on various dimensions of women's engagement in society Organize legal awareness sessions for staff and students and as part of extension activity Commemorate national/international days associated with girl child and women Organize competitions and talk shows for the students to showcase their talents and raise their voice Woman-centric short film Groom aspiring young sports women Offer training in tailoring, embroidery, handicrafts, ornament making, bookmaking and binding book through Carmel Extension Centre for Women



3.	Women Health and Hygiene	 Conduct educative sessions and campaigns on women health and hygiene management, in particular menstrual hygiene and reproductive health Organize extension classes in neighborhood community and schools on healthy lifestyle Offer counselling and mentoring services Organize anti-intoxication awareness programme Offer training in yoga and relaxation therapy Extend services of fitness centre Organize medical camps
4.	Safety and Security	 Conduct awareness classes, self-defense and karate training Ensure proactive engagement of ICC (Anti-sexual Harassment Cell) to redress issues of sexual misconductreported
5.	Career/Entrepreneurship/Skill Acquisition Programmes	 Organize insightful talks by women entrepreneurs Conduct UGC-sponsored Addon course Language Acquisition Skills, certificate course/seminars/workshopsfor developing soft skills, interview skills andorientation sessions on career planning and building Organize campus placement drives Offer coaching in UGC NET/JRF, bank, Civil Service, PSC Organize exhibition cum sale of products made by students Offer training in making sustainable, daily need products for use and sale Conduct extension/outreach activities among neighborhood women units and adopted villages on ways to secure stable livelihood
6.	Infrastructural Augmentation	Installation of incinerator, renovation of common staff room, canteen, and Carmel Extension Centre for Women







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GENDER SENSITIZATION ACTION PLAN

• Organize national/state/regional seminars and paper presentations on women empowerment from diverse perspectives • Awareness talks, screening of films and documentaries on themes related to gender equality and rights • Utilize government funded projects to conduct workshops and training sessions that can encourage self-sufficiency in the women of locality • Encourage research on gender-related areas by faculty and student • Commemorate national/international days associated with girl child and women • Training in tailoring, embroidery, handicrafts, ornament making, bookmaking and binding book throug Carmel Extension Centre for Women • Woman-centric short filmmaking venture by the Department of Vocational Studies • Organize competitions, fests and workshops as capacity building initiatives and to groom students' mental and physical faculty, creativity and organizational skills • Groom aspiring students in sports through expert coaching 2 Women Health and Hygiene • Conduct educative sessions and campaigns on women health and hygiene • Offer counselling and mentoring services • Organize awareness sessions on drug	Sl:No	Focal Area	Action Plan
 Women Health and Hygiene Conduct educative sessions and campaigns on women health and hygiene Offer counselling and mentoring services Organize awareness sessions on drug 	1	Gender Equality, Rights and Women Empowerment	seminars and paper presentations on women empowerment from diverse perspectives • Awareness talks, screening of films and documentaries on themes related to gender equality and rights • Utilize government funded projects to conduct workshops and training sessions that can encourage self-sufficiency in the women of locality • Encourage research on gender-related areas by faculty and student • Commemorate national/international days associated with girl child and women • Training in tailoring, embroidery, handicrafts, ornament making, bookmaking and binding book through Carmel Extension Centre for Women • Woman-centric short filmmaking venture by the Department of Vocational Studies • Organize competitions, fests and workshops as capacity building initiatives and to groom students' mental and physical faculty, creativity, and organizational skills • Groom aspiring students in sports
Organize awareness sessions on drug			Conduct educative sessions and campaigns on women health and hygiene
and the state of t	r cor	ECE	services
		*)	 Organize awareness sessions on drug abuse Conduct AIDs awareness programme

		 Offer training in yoga and relaxation therapy Extend services of fitness centre Organize medical camps and blood donation campsunder the aegis of NSS and NCC units
3	Safety and Security	 Conduct self-defense and karate training Organize extension classes on Child Abuse and Child Protection in neighboring schools Ensure proactive engagement of ICC(Anti-sexual Harassment Cell) to redress issues of sexual misconduct reported Infrastructural augmentation – construction of new toilets
4	Career Guidance/Entrepreneurship/Skill Acquisition Programmes/ Employability	 Commence new Vocational Studies programmes and diploma courses that offers better chances at employability Invited career guidance classes by experts, specific to different industry/job sector Expert sessions on UGC NET/JRF, PSC, Bank, and Civil Service Conduct UGC-sponsored Addon course Language Acquisition Skills to groom the communication and interview skills of students Offer training programmes to developthe soft skills and requisite technical skills Conduct entrepreneurship development programmes











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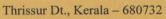
Sl:No	Focal Area	Action Plan
1.	Gender Concerns and Women Empowerment	 Organize expert talks, film/documentary screening on women empowerment Organize national/state/regional seminars on areas related to gender, rights and duties Avail government funded projects which can be utilized to assist the neighborhood women in building sustainable means of living Encourage research publications on topics related to gender Commemorate national/international days associated with girl child and women Offer training in tailoring, embroidery, handicrafts, ornament making, bookmaking and binding book through Carmel Extension Centre for Women Extend avenues to conduct competitions and fests to encourage the organizations skilland creative flair of students Offer expert coaching for young women aspirants in sports
2.	Women Health and Hygiene	 Offer counselling and mentoring services Organize awareness sessions on health and hygiene Offer training in yoga and relaxation therapy Organize awareness class on negative impact of drug abuse Extend services of fitness centre Organize medical camps and blood donation camps under the aegis of NSS and NCC units
3.	Safety and Security	Offer self-defense and karate trainingOrganize extension classes in
ELC		

		raise awareness on various issues of abuse and means to tackle them • Ensure proactive engagement of ICC(Anti-sexual Harassment Cell) to redress issues of sexual misconduct reported • Install extra CCTVs to fortify security measures
4.	Higher Studies/Career Orientation/Entrepreneurship/Skill Acquisition Programmes	 Organize informative sessions on higher studies and career guidance Conduct Job Fair Pool resources for PSC/Bank/Civil service coaching Conduct English language training programme including the UGC-sponsored Addon course <i>Language Acquisition Skills</i> Conduct workshops and training sessions for enhancing soft skills/industry specific skills

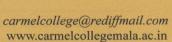


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Sl: No	Focal Area	Action Plan
1.	Gender, Rights and Responsibilities, Women Empowerment	 Conduct national/state/regional seminars and lectures on gender concerns Encourage faculty and student paper presentation and publication on topics related to gender Observe international and national days of importance as a means to encourage informeddeliberation on aspects of gender Facilitate student involvement in coordinating various extra-curricular programmes to groom their managingcapabilities and creativity Facilitate expert training to groom young sports women Campus Radiorun by students Offer training in tailoring, embroidery, handicrafts, ornament making, bookmaking and binding book through Carmel Extension Centre for Women
2.	Women Health and Hygiene	 Organize health awareness classes Offer professional counselling and mentoring services Organize awareness programmes on drug abuse Offer training in yoga and relaxation therapy Extend services of fitness centre Organize medical camps and blood donation camps under the aegis of NSS and NCC units

3.	Safety and Security	 Offerself-defense and karate training Ensure proactive engagement of Antisexual Harassment Cell to redress issues of sexual misconduct reported Augmentation of basic facilities including extra toilets, CC TV, incinerator to ensure a congenial space Organize extension classesin neighboring schools and community to raise awareness on measures to combat various forms of abuse
4.	Higher Studies/Career Orientation/Entrepreneurship/Skill Acquisition Programmes	 Organize expert classes to orient students on career prospects Offer coaching forPSC/Bank/Civil service, NET Conduct UGC-sponsored Addon course Language AcquisitionSkills for aspiring students to build communication and personal skills Conduct capacity building programmesto groom soft skills and technical skills of students

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SI:No	Focal Area	Action Plan
1.	Gender issues with special focus onwomen empowerment	 Organize seminars, lectures, and awareness classes of national, state and regional levelson gender concerns and women empowerment Provide comprehensive orientation to faculty and students to undertake research on various dimensions of gender Observe national/international days associated with girl child and women Conduct competitions, fests, expo etc. to groom the organizational, innovative and creative flair of students Facilitate expert training to groom young sports women Campus Radio for students to vocalize their views and showcase skills Offer training for women of locality in tailoring, embroidery, handicrafts, ornament making, bookmaking and binding book through Carmel Extension Centre for Women
2.	Women Health and Hygiene	 Organize awareness sessions on health and hygiene Offer counselling and mentoring services for mental well-being Organize anti-drug orientation classes Offer training in yoga and relaxation therapy Extend services of fitness centre Arrange medical camps and blood donation campsunder the aegis of NSS and NCC units



3.	Safety and Security	 Offer training in self-defense and karate Ensure proactive engagement of Antisexual Harassment Cell to redress issues of sexual misconduct reported Undertake infrastructural augmentation to facilitate better sanitary conditions
	Higher Studies/Career Orientation/Entrepreneurship/Skill Acquisition Programmes	 Conduct informative career guidance sessions Offer expert coaching for PSC/Bank/Civil service, NET Offer skill enhancement programmes Offer training in making sustainable and other daily use home products



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