

CARMEL COLLEGE (Nationally Re-Accredited with A Grade) MALA - 680 732

Thrissur (Dt), Kerala

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GENDER SENSITIZATION ACTION PLAN 2015-2016

CI NI	Focal Area	Action Plan
1.	Gender issues with special focus onwomen empowerment	 Organize seminars, lectures, and awareness classes of national, state and regional levelson gender concerns and women empowerment Provide comprehensive orientation to faculty and students to undertake research on various dimensions of gender Observe national/international days associated with girl child and women Conduct competitions, fests, expo etc. to groom the organizational, innovative and creative flair of students Facilitate expert training to groom youn sports women Campus Radio for students to vocalize their views and showcase skills Offer training for women of locality in tailoring, embroidery, handicrafts, ornament making, bookmaking and binding book through Carmel Extension Centre for Women
COLL	Women Health and Hygiene	 Organize awareness sessions on health and hygiene Offer counselling and mentoring services for mental well-being Organize anti-drug orientation classes Offer training in yoga and relaxation therapy Extend services of fitness centre Arrange medical camps and blood

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		donation campsunder the aegis of NSS and NCC units
3.	Safety and Security	 Offer training in self-defense and karate Ensure proactive engagement of Antisexual Harassment Cell to redress issues of sexual misconduct reported Undertake infrastructural augmentation to facilitate better sanitary conditions
4.	Higher Studies/Career Orientation/Entrepreneurship/Skill Acquisition Programmes	 Conduct informative career guidance sessions Offer expert coaching for PSC/Bank/Civil service, NET Offer skill enhancement programmes Offer training in making sustainable and other daily use home products



Principal
Carmel College
Mala