

## ANNUAL REPORT FOR THE YEAR 2019-20

Since 1981, Carmel College, under the management of CMC Udaya Educational Society, has strived to stay committed to its vision and mission of empowering young women through quality education. Re-accredited with an 'A' grade by NAAC in the third cycle, Carmel College is one of the leading institutions affiliated to the University of Calicut.

This year Carmel bids farewell to principal Dr. Sr. Lizy C. I., a veteran academician who is assuredly a person of distinct charisma and vision. Having made her nascent steps in this institution in 1994 as an assistant professor in the Department of English, later assuming the office of a college principal in 2015, Dr. Sr. Lizy C.I. have effectively rendered her service for the greater good of the institution.

The college offers 18 UG courses including 6 B.Voc courses, 8 PG courses along with 2 Diploma courses by Community College. The Department of Vocational Studies has been upgraded with a new course 'Agriculture'. In addition, the college also provides Add-on Courses and Certificate courses under UGC Schemes and diverse Computer courses offered by C-DIT and ICES, and a Certificate course in Value Education affiliated to the Christian Chair under Calicut University. Moreover, there are a variety of clubs and forums to complement academic and nonacademic activities. RUSA has sanctioned 2 crores for enhancing the institutional infrastructure facilities. The Ek Bharath Shreshtha Bharath programme has been initiated in the college this academic year to celebrate the spirit of national integration through faculty and student exchange programmes with Higher Educational institutions.

The faculty members as well as students have participated in various international and national seminars, workshops, conferences, refresher courses and orientation programmes and have presented research papers. The departments of the college have conducted several national seminars, workshops and have international and national publications in reputed journals by the teaching faculty. Active involvement in consultancy and extension programmes is also undertaken by the faculty, broadening our institution's academic pursuits.

The academic year 2019-2020 was remarkable in terms of all the meritorious achievements secured by both teaching staff and students. Sr Rini Raphael, Head, Department of Zoology & Ms. Jismy Joseph, Head, Department of Mathematics was awarded PhD Degrees from Bharathidasan University, Tiruchirappalli & MG University, Kottayam



respectively. Dr. Sr. Kochuthressia K.P. was conferred with the Best Educationist Award by Achievers Association for Health and Educational Growth.

The college has surged ahead upon the outstanding performance of the students who have proved their mettle in the University examinations. Kum. Nisha Mary Joseph and Kum. Jayasree C.J of the Department of Physics secured I and II ranks and Kum. Asma MP and Kum. Suni N. of the Department of Sociology secured II and III ranks in Calicut University Examination. It's also a matter of pride for the college to be acknowledged for the making of the short film *Little Things* by B.Voc Multimedia which bagged the Best Motivational short film award in the Carmel Melody Competition conducted by CMC Udaya Province.

The various departments of the college organize annual linkage programmes, namely visits to old age homes, schools for differently-abled and special kids, spending quality time interacting with the inmates. Furthermore, the departments & various clubs and forums of the college have productively hosted several inter-collegiate and inter-departmental fests. The college has outstanding achievements in sports which require special mention. The Ball Badminton team won the Overall Championship at Calicut University and various medals and titles were pursued in Football, Cricket, Archery and Karate.

### IQAC

IQAC organized an orientation programme for faculty on “Revised Assessment and Accreditation Framework of NAAC – An Overview” by Dr. S V. Sudheer, Professor-Director, UGC- HRDC, Kerala university. IQAC in collaboration with the Department of Sociology jointly organized NET coaching for arts and humanities students. In collaboration with the Department of English, IQAC conducted a 3-month certificate course on Essential Communication skills for first-year degree students of various streams. An interactive session on the revised accreditation process of NAAC was led by Mr. Jain J Therattil, Assistant Professor of Zoology, St. Aloysius College, Elthuruth. IQAC also organized an Insight programme in collaboration with the Department of Botany on the importance of biodiversity conservation. IQAC submitted the data for NIRF Ranking and participated in institutional Swatcha Ranking -2019. IQAC in association with Research Cell mobilized financial assistance from management for conducting national seminars.



## **RESEARCH CELL**

The Research Advisory Committee meeting of the Botany Research Department was conducted by Dr. A. K. Pradeep, Associate Professor, Dept. of Botany, University of Calicut was the University Nominee and subject expert of the same. Research scholars, Anitha M A and Binimol K.J. registered as full-time scholars for PhD under Dr. Sinjumol Thomas, Assistant Professor in Botany, Carmel College Mala.

The Research Centre conducted a one-day National Workshop on "Classical and Molecular Taxonomy" in collaboration with Rapinat Herbarium and the Centre for Molecular systematic Thiruchirapalli, Tamil Nādu. The Research Cell organized a technical session on *Classical and Molecular Taxonomy* and a workshop on *Herbarium Techniques and Plant Classification*.

## **LIBRARY**

The Reading Week and Library Club were inaugurated by Ms. Anu P.P., Asst. Prof, Dept. of Malayalam, Vimala College, Thrissur. In collaboration with the Department of English a "Book Fair" by D C Books, Irinjalakuda was organized. The library also acknowledged the faculty and students (from PG and UG) with the Best Library User award.

## **PARENT-TEACHERS' ASSOCIATION**

The Parent-Teachers' Association of Carmel College Mala is a very strong and active body standing for the development of college and students. The activities started with a general body meeting and an awareness class by Mr. Sebi Maliekkal, senior sub-editor, to the first-year degree students and parents. The executive meetings were held regularly. PTA decided to contribute one lakh rupees for sports activities and to sponsor the placement drive organized by the Career Guidance Cell. They also instituted endowment in honour of retiring staff.

## **ALUMNAE ASSOCIATION**

The Alumnae Association is always there to maintain good relationships with its alma mater. This year the association got registration as 'Carmel Alumnae Association' under the Travancore Cochin Literary Scientific Charitable Societies Registration Act 12 of 1955. Executive meetings were held regularly to discuss various activities of the association.



The annual general body meeting was inaugurated by alumnae Ms. Majo Paul, Assistant Educational Officer, Mala. The retiring college Principal Dr. Sr. Lijo CMC was honoured. Alumnae Association also honoured awardees and rank holders of this academic year. The association sponsored LED TV to the student's corner and 100 steel glasses to support the 'plastic-free campus' mission. Alumnae Ms. Aparna Balakrishnan (English), Ms. Indulekha (English), Ms. Krishnapriya (Botany) have qualified UGC/NET in July 2019.

### UNIVERSITY EXAMINATION RESULTS

The academic year 2018-2019 saw a pass percentage of 80% in UG and 85% in PG programmes.

#### **Pass Percentage UG Programme**

Program Name	Number of students who appeared in the final year examination	Total number of students who passed	Pass Percentage
B. Sc Botany	26	26	100
B.Sc. Chemistry	33	31	94
B. Sc. Mathematics	33	24	73
B. Sc. Applied Physics	35	24	69
B. Sc Zoology	16	12	75
BCA	9	7	78
BBA	16	15	94
B.Com Computer Application	35	29	82
B.Com Finance	45	44	98
B. Voc Software Development	10	10	100
B. Voc Multimedia	4	2	50
B.A History	11	1	9
B.A. Political Science	22	15	68
B.A Sociology	33	23	70
B.A Functional English	20	14	70
<b>Total</b>	<b>348</b>	<b>277</b>	<b>80%</b>



## Pass Percentage

### PG Programme

Program Name	Number of students who appeared in the final year examination	Total number of students who passed	Pass Percentage
M.Sc Botany	12	12	100
M. Sc Chemistry	12	9	75
M. Sc. Mathematics	19	15	79
M.A Sociology	9	7	78
M.A History	16	13	81
M.A English	11	11	100
M. Com (I Batch)	14	13	93
M. Com (II Batch)	14	11	79
<b>Total</b>	<b>107</b>	<b>91</b>	<b>85%</b>

### RANK HOLDERS

The following students secured university ranks, adding to the prestige of the institution:

Among undergraduates, Ms. Nisha Mary Joseph and Ms. Jayasree C J of III B.Sc Applied Physics secured 1st and 2nd ranks and Ms. Asma M P and Ms. Suni N of III B.A. Sociology achieved 2nd and 3rd ranks, respectively. Among postgraduates, Ms. Dilna T. S, Ms. Anna Juliya, Ms. Sijitha K P of II M.A. Sociology and Ms. Nimisha N of II M.Sc Botany secured 1st, 2nd, 9th and 9th respectively in the university examination.

### SCHOLARSHIPS, ENDOWMENTS AND CONCESSIONS

Scholarships are awarded to promote meritorious and economically backward students every year. The scholarships that the students' avail are:

- Kerala State Higher Education Scholarship
- Suvarna Jubilee Scholarship



- State Merit Scholarship
- Central Sector Scholarship
- Vidhyakiranam Scholarship
- Pragathi Scholarship
- Samunnathi Scholarship
- Post-Metric Scholarship
- Snehapoorvam Scholarship
- Lakshadweep Scholarship
- C. H. Muhammed Koya Scholarship
- Fisheries E Grants
- E Grants
- Inspire Scholarship
- Other scholarships

In addition to fee concession to the deserving students, staff, PTA and well-wishers of our college have instituted poor student scholarships, gold medals and prizes as Endowments.

### **COLLEGE UNION**

Carmel College union was officially inaugurated by our Principal Dr. Sr. Lizy C.I. The newly elected members are:

- Annie Divya K.B (Chairperson)
- Sandra K (Vice-Chairperson)
- Thushara Subash (Secretary)
- Aswathy P.M. (Joint Secretary)



- Hadiya and Kavya T.C (UUC)
- Kavya K.V (Fine arts Secretary)
- E.R.Mariya (Student Editor)
- Sreelakshmi. V. (General Captian)
- Hidha Mol M. (IDC Representative)
- Mirfath T.N. (II DC Representative)
- Maria Joseph, (III DC Representative)
- Alfy Joy (P.G. Representative)

13 Association secretaries from each department were selected to assist the union members in their activities.

### **FINE ARTS**

The Fine Arts activities were flagged off by hosting the Fresher's Day celebration. 'Super Bumper', a game show on the Zee Keralam channel filmed three episodes at our college. 'Prime Talks', an online web channel for academicians and students recorded presentations made by staff and students on various topics. The Arts Fest for the year 2019-20 was inaugurated by Cine Artist, Mr. Krishna Shankar, *Premam* Movie fame.

### **SPORTS**

The Department of Physical Education functions as per the motto "Health is Wealth" and provides coaching in Archery, Ball Badminton, Cycling Football, karate, Taekwondo, Sepak Takraw, Yoga, Throwball and Cricket. The students have brought laurels to the college by winning National, State and University championships. A mass yoga awareness program was organized in connection with International Yoga Day celebrations inaugurated by Dr Sr. Ancy. The department of physical education organized a sports day "Apocalypse 2020" for the staff and students.



### *Archery*

1. Jesna K.J-All India inter-varsity bronze medalist and Gold Medalist in Indian Round-Individual Champion
2. Compound Team-Silver Medalists in Calicut University
3. Indian Team- Silver Medalists in Calicut University
4. Sreelakhshmi.V-Secured bronze medal in Compound round
5. Calicut University Team Members -Sreelakhshmi V., Jesna K.J and Reshma

### *Ball Badminton*

1. Overall Champions in Calicut University
2. Gold medal winners-Kerala State Ball Badminton Tournament held at Alappuzha
3. Ronisha R-Awarded "Star of Kerala" in All Kerala Junior Ball Badminton Tournament in the year 2019-20
4. Calicut University Ball Badminton team members – Alna Mariya, Rosna Prince, Sandra A. M., Meenu Thomas and Ronisha R

### *Cricket*

1. Linsa Jacob and Besteena Mathew - (Calicut University Cricket Team Reserve players)

### *Football*

1. Silver Medalists in Calicut University
2. Winners in All Kerala 7s tournament held at Thrissur, Perumbavoor and Malappuram
3. Calicut University Football Team members -Ashley Y.M. Indian International (University Captain) Athulya K. V, Archana A. A(V.Captain).. Aparna P. K, Archana Sanju and Krishnapriya AT., Nisari. K
3. Football Team became South -Zone Runner up. (Christ University, Chennai)





4. Football-Indian Senior League ---Ashley Y.M., Anjitha K.T(Misakha FC, Banglore), Nikhila T and Athulya K.V -(Gokulam FC)

5. Our Indian International player Nikhila. T inaugurated the "Keralothsavam" Football Tournament of Mala Block Panchayath for the year 2019-20

6. Our Junior Football player -State award winner, Krishnapriya A.T inaugurated All Kerala Football Shoot out competition held at Valiyaparambu, Mala

### ***Karate***

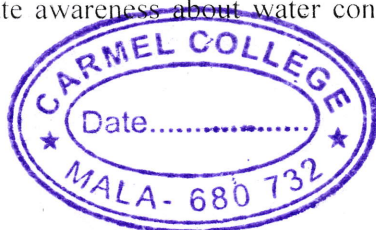
Divya E.T secured a silver medal in National Karate Championship

### **ASAP**

30 second-year students and 28 first-year students have enrolled for the Additional Skill Acquisition Programme (ASAP) in this academic year. In connection with the birthday of Dr A P J Abdul Kalam, the ASAP students organised KALAM DAY and as part of the final project, students made presentations on socially relevant topics.

### **NCC**

NCC enrollment was conducted on 12<sup>th</sup> July 2019. 57 students were enrolled on our NCC unit. International Yoga Day was observed. The unit organized a blood donation camp in association with the NSS unit of Carmel College. The Kargil Vijay Diwas was observed on 26<sup>th</sup> July. On 19<sup>th</sup> August 2019, NCC cadets collected flood relief items and send them to Nilambur. The Annual Training Camp of 7 Kerala Girls Bn, NCC was hosted from 7<sup>th</sup> September 2019 to 16<sup>th</sup> September 2019. 600 cadets from 16 institutions attended the camp. Cadets of our college won the best drill contingent prize in the same. In connection with the International Day of Disaster Reduction, NCC organized a disaster management class for college students. The session was handled by the Mala Fire and Rescue station officer Dibin K.S. In connection with World Environment Day, tree saplings were distributed to NCC cadets. CSM Swathi Krishna T.U and CDT Ansu Maria attended the IGC-RDC 2019 camp at JNV Mayannur from 11th October to 20th October 2019. On 2<sup>nd</sup> October cadets cleaned the Mala Grama Panchayath Office and both sides of the road in connection with Swachta Bharat. An awareness programme was organized for water conservation on 8/11/2019. To create awareness about water conservation among the public, a rally was conducted at the



private bus stand, Mala. The NCC cadets did a street play in the private bus stand, Mala on the same day to make the public aware of the necessity for saving water. The NCC Day was celebrated on 6/12/2019 with various competitions and a flash mob. In connection with Swachhta Pakhwada, our cadets did various activities like awareness rally, hand wash day observation cleaning nearby water bodies etc. from 1<sup>st</sup> December to 13<sup>th</sup> December 2019. CSM Swathi Krishna T.U attended Ek Bharat Shrestha Bharat Camp (NIC) 2019 held at Govt. College, Kasaragod from 21<sup>st</sup> December 2019 to 1<sup>st</sup> January 2019.

### NSS

National Service Scheme Units (Unit No.2 and 89) with the Motto-" Not Me But you" of Carmel College, Mala have 200 NSS volunteers and functions well under the Guidance of the two Programme Officers, Dr. Princy K.G. and Dr. Vinitha N. Vijayan have completed three years of service and organized various programmes for the personality development of the Volunteers and community development.

- NSS activities of the year 2019- 20 was initiated by cleaning of the campus and road. In connection with World Environment Day, saplings were distributed to the students.
- In connection with Blood Donor Day, an awareness talk on blood donation was organized by Ms. Goldy Davis, department of Zoology, Carmel College, Mala.
- International Yoga Day Celebration was led by Dr. Sr. Ancy Jacob, Yoga Instructor, Sahrdaya College of Advanced Studies and Team members. The resource person explained the importance of Yoga, Meditation and Asanas on Health and Happiness.
- Anti-Narcotics Day was observed on 26<sup>th</sup> June 2019 and the anti-drug pledge was taken.
- Blood donation camp was organized in association with BODHI, Thrissur and Indian Medical Association, Thrissur on 9th July 2019. The camp was inaugurated by our Principal Dr. Sr. Lijo. 54 students donated blood.
- Awareness session on "Naturopathy" by Smt. Mary C.L., Navadhara Life and Yogatherapy Centre, Kolazhy, Thrissur was organized on 2<sup>nd</sup> August 2019. Inauguration and oath-taking in connection with SwachthaPakwatha were also organized on the same day.



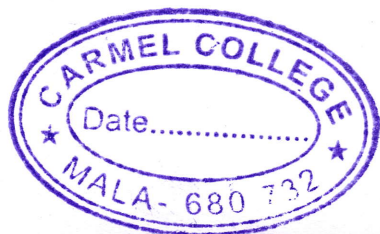
- In connection with the Swach Bharat Internship programme, 80 volunteers took internships and cleaning programmes organized at Eriad Beach, Chalakudy bus stand area, Mala police station premises and Karunakaran Square, Mala.
- Independence Day was celebrated by the Flag Hoisting ceremony and the distribution of sweets to the volunteers. Volunteers actively participated in the Campus Cleaning Programme on 16<sup>th</sup> August and cleaned the premises of the Auditorium, Garden, Library, Roadside etc. and collected the waste materials and separated the plastic waste.
- NSS Seven-day Special camp- "*Unarvu-2019*" based on the theme *Women Empowerment and Health* was organized from 6<sup>th</sup> to 12<sup>th</sup> of September at Mithralayam Special School, Snehagiri- School for the mentally challenged and disabled. A pre-camp meeting was held on 2<sup>nd</sup> September to discuss the activities during the special camp which was organized from 6<sup>th</sup> to 12<sup>th</sup> of September. Carmel College Principal, Dr. Sr. Lijo CMC, Ward member Sri Biju Urumees, Sacred Heart Church, Snehagiri Vicar Rev. Fr. Jose Chirappanath, NSS Programme Officers Dr. Princy K.G. and Dr. Vinitha N. Vijayan, NSS Volunteer representatives, Church Office-bearers, and people of the locality attended the function.

The camp was formally inaugurated by the Hon. MLA, Adv. Sunil Kumar on 6<sup>th</sup> September. Prof. K.N.Ramesh- NSS Thrissur District Co-ordinator of Calicut University; E.Keshavankutty- President, Mala Block Panchayat, Rev. Fr. Jose Chirappanath- Vicar of Sacred Heart Church, Snehagiri; Dr. Sr. Lijo- Principal, Carmel College, Mala, Dr. Sr. Vimala CMC – Provincial and Manager, Udaya Province; Sri Biju Urumees- ward Member; Sri Varghese Vadakkan- Ward member, Sri P.K. Radhakrishnan, Ward member, Sri Thomas Cheriyan- PTA President, Sr. Joslin- Superior, Holy Child Convent parents and members of the locality attended the inaugural function. Yoga training by Heartfulness Institute, orientation by Dr. Arun K.L, awareness talks on "Women Empowerment" through Kudumbasree Units by Deepa K.L, "Ayurveda and Health" by Dr. Rosemary Wilson, Drug Abuse by Sri Sajeev K.M. Cyber Crime by Sri Sujith C, training programmes for making paper pen, cloth bags, paper files, umbrella, soap powder, dishwasher etc. by Ms. Tessy Jose, workshop on "Mushroom Cultivation" by Sri Unnikrishnan K, vegetable garden making, vegetable saplings and seedling distribution, cleaning activities, Onam celebration with the inmates of Mithralayam Aged Home and distribution of Onakkodi etc. were the important activities of the camp. The valedictory function was inaugurated by Mala Panchayath Vice



president, Smt. Gouri Damodaran in presence of Dr. Sr. Seenra, ward members, Fr. Jose Chirappanath, Smt. Sona K.Kareem and Parents.

- As a part of the Swachta Hi Seva Programme, Dr. Princy K.G, Associate Professor, Department of Chemistry delivered an awareness talk to the volunteers and they visited each class and continued the programme and motivated the students to reduce the use of plastic, use steel bottles for bringing drinking water, use paper pen and cloth bag etc. Volunteers were trained to make cloth bags and paper pens and to use them.
- As a part of Poshanmah observation, students were advised to use nutritious food and to avoid junk food.
- NSS Day was celebrated by taking a pledge and distributed sweets to the volunteers. Mala Block level Speech competition was organized on "Patriotism and Nation Building" in association with Nehru Yuva Jan Kendra, Thrissur. Out of the 9 participants, Varsha Varghese and Jesna Jexan of Carmel College Mala secured the I and II Prizes. Dr. Princy K.G. delivered a talk on this occasion.
- In connection with Ozone Day Observation, NSS organized a poster making competition on the topic "Save Ozone and Save the Earth" on 25<sup>th</sup> September.
- Volunteers actively participated in the Cleaning Programme held at Divine Nagar Railway station. They cleaned the premises of the Railway, collected the waste materials and separated the plastic waste on 2<sup>nd</sup> October. NSS volunteers also organized a skit and quiz programme in connection with the Golden Jubilee Celebrations of Gandhijayanthi. As a part of SEVANAVARAM, all of our students actively participated in the Campus Cleaning Programme on the 4<sup>th</sup> of October and cleaned the classrooms, laboratory, auditorium, garden, library, botanical garden, roadside etc. and collected the waste materials and separated the plastic waste under the support of NSS volunteers.
- Programme Officer Dr. Princy K.G. attended the meeting at Kodungallur as per the instruction from MLA for conducting a Proclamation rally on 10<sup>th</sup> of October at Kodungallur in connection with "JALOLSAV 2019" at Kottappuram on 12<sup>th</sup> October and to Volunteer the Programme on the same day. Our volunteers participated in the rally.
- As a part of the National Unity Day observation, a patriotic song and speech competition was organized and the pledge was taken.



- An awareness programme on “Food Habits” was organized on 25<sup>th</sup> October 2019. Dr. Princy K.G, Associate Professor, Department of Chemistry delivered a talk and the NSS volunteers of B.Sc. Zoology presented the matter through PowerPoint.
- A medical camp was organized on 8<sup>th</sup> November in collaboration with Neem Care Hospital, Mala. 186 patients consulted the doctors. The function was inaugurated by the Principal, Dr. Sr. Lijo. The treatments were available in General Medicine- EMO Dr. Manu Asharaf, Orthopaedics- Dr. Antony J. Kannampilly, Dental- Dr. Merlin Varghese and Physiotherapy.
- The palliative care programme was arranged on 6<sup>th</sup> November and the money was handed over to Alpha Palliative Care Unit, Vadama, Mala.
- A cleaning programme was conducted on 5<sup>th</sup> November.
- An Anti-intoxication awareness programme was organized on 15<sup>th</sup> November in association with *Kerala Madya Varjana Bodhavalkarana Samithi*. The programme was formally inaugurated by the Principal and the awareness talk was delivered by Sri Benny Antony, Faculty member and Trainer, Bharata Matha College of Commerce and Arts, Choondy. Ms. Riya Jose, Asst. Professor, Dept. of Mathematics, Carmel College, Mala welcomed the gathering.
- Constitution Day was observed, followed by pledge taking
- 36 NSS Volunteers participated in the Walkathon held at Thrissur in connection with the VIMUKTHI programme organized by the Excise Department on 24<sup>th</sup> November.
- AIDS Day awareness programmes- Rally and screening of the short film- *A Small Mistake* -was organized on 2<sup>nd</sup> December. Dr. Vinitha N.Vijayan gave an introduction to the programme.
- As a part of creating awareness against the use of plastics, 1 year NSS Volunteers were given the training to make cloth bags and motivated the students and the family members to use cloth bags in their daily use on 6<sup>th</sup> December 2019.
- An awareness programme on “Menstrual Hygiene Management” was organized by Reeta Hygiene Pvt. Ltd, Aluva on 13<sup>th</sup> December. CHRD Director Sudheer P.S; Vice President, Jojin, and Reeta Hygiene Pvt. Ltd Director, Jithi Joseph delivered talks.



- Christmas was celebrated with the children of Mithralayam Special school, followed by lunch and cultural programmes.
- Dr. Vidya Francis, Asst. Professor, Department of Chemistry gave an awareness talk on “Plastic Pollution” on 10<sup>th</sup> January.
- National Youth Day was celebrated with a patriotic song competition, rally and skit and flash mob.
- Republic day was celebrated by the flag hoisting ceremony and distributed sweets to the volunteers.
- In collaboration with ENCON Club, as a part of the Oil and Energy Conservation campaign- SAKSHAM, quiz, poster making and essay competitions were organized, followed by taking the pledge on Oil and Energy Conservation.
- NSS volunteers visited the adopted village Kavanad and trained the Kudumbasree members and students to make LED bulbs, soap and soap powder and dish wash and distributed the items. They also gave legal awareness to the children.
- Financial assistance was provided to the construction of a house for one of the second-year students of B.Voc. Software Development.
- Dr. Princy K.G and Dr. Vinitha N. Vijayan attended the PFMS workshop at Calicut University.
- In association with District Medical Office, a one-day awareness programme on “Drug Abuse” and workshop on “First Aid” was organized on 3<sup>rd</sup> March 2020.

### **AICUF AND JESUS YOUTH**

The college was consecrated to the Sacred Heart of Jesus on the feast of Sacred Heart by Fr. Geo Alanolickel CMI. A retreat for degree students. A 13-hour adoration related to Feast of Mother Mary of Mount Carmel took place. Carmel Day was celebrated with Holy Mass in which His Excellency Mar. Pauly Kannoorkadan, Bishop of Irinjalakuda was the chief celebrant. Rosary Rally was conducted in October and tableau presentations were arranged. Sr. Emmanuel from France visited our college and shared her life experience to impart Divine Mercy in the heart of students. Jesus Youth organized a musical programme



for the promotion of *Encounter 2019*, a Diocesan level programme. In connection with Christmas, Jesus Youth and AICUF conducted several competitions. As the part of 150<sup>th</sup> death anniversary of St. Chazha Kuriakose Elias, the Sesquicentennial Jubilee was inaugurated by Fr. Biston Koola. Confession and Holy Mass were arranged on the first Thursday of every month. Every Monday, Sr. Anlia from Udaya Provincial House lead Prayer meeting and give counselling to the needy students.

### **SCHOLAR SUPPORT PROGRAMME (SSP)**

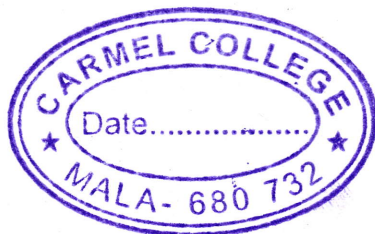
SSP is a Govt. funded programme that provides continuous support to needy students of the UG aided courses. Carmel College has 80 students from both first and second year UG courses who are active participants of this programme. The programme includes classes based on subject, English and skill development. The Subject classes and English classes are handled by the in-house faculty members and other classes are handled by ASAP trainers and external mentors. SSP programme provides ample opportunity for the students to improve their academic and Non-academic results.

### **WALK WITH A SCHOLAR (WWS)**

WWS provides specialized mentoring programs for students in Under Graduate Programs in Arts and Science aided streams. 90 students from various departments take benefit from this programme and 15 internal mentors motivate their students as a guide and friend. This programme arranges external as well as internal mentoring sessions on various topics that help their integral development. 18 hours of external mentoring sessions were handled by eminent scholars of different genres.

### **UNNAT BHARAT ABHIYAN**

Carmel College is a participating institution in Unnath Bharath Abhiyan 2.0. The college has selected 5 villages nearby namely Vadama, Poyya, Kakkulissry, Kallurthekummury and Vennoor. 200 students and 15 teachers are actively involved in UBA programmes such as village survey and household survey in these 5 villages. All collected data was uploaded to the UBA site. The first phase of the UBA programme is completed in this academic year.



## CAREER GUIDANCE AND PLACEMENT CELL

Career Guidance and Placement Cell has been organizing programmes on the campus to equip students with the necessary knowledge, skills and values to make informed decisions to manage their career pathways or to go for higher studies. Motivational Seminar on "Future Careers" was led by Dr T.N. Jagadeesh Kumar, Head, Employability Centre District Employment Exchange, Thrissur and Mr. Jomy P.L, Director, IMS Learning Centre, Thrissur on 22<sup>nd</sup> July 2019. HR Trainers and Software Developers Ms. Anna Unnimaya Daniel and Ms. Anagha Shibu of CognizInfotech, Palarivattam took sessions on "Moulding a Career: The First Step" on 15<sup>th</sup> October 2019. The seminar on "*LAKSHYA* 2019: Career Motivation" was led by Mr. Solomon John, HOD, School of Professional Development, De Paul Institute of Science and Technology, Angamaly and Mr. Jaison George. Arackal, Motivational Speaker and the Director, Success Mine Training Academy, Muvattupuzha.

In association with DIST, Angamaly, a workshop on "Facing Interviews: Do-s and Don't-s" was organized and the training sessions were handled by Mr. Joseph Paul, Associate Professor, School of Computer Science and Placement Co-ordinator, DIST, Angamaly and Ms. Jaya Justy, Assistant Professor, School of Management Studies DIST, Angamaly on 29<sup>th</sup> November 2019. In collaboration with the Departments of English and Vocational Studies, Career Guidance and Placement Cell conducted a class on "Tips for Resume Preparation" by Dr. Pretty John P. and Ms. Blessy Paul P. for the final year students on 4<sup>th</sup> December 2019. An orientation class on "Upcoming Opportunities and Vacancies in Public Sector Banks and PSU-s" was led by Mr. Sajeevkumar M. K., Mr. Deepak Ravindran and Mr. K. R. Girish, Motivational Speakers and Trainers, Presidency Career Point, Thrissur on 6<sup>th</sup> December 2019.

Career Guidance and Placement Cell in collaboration with Geethu's Academy organized an Educational Expo for Higher Secondary and College students on 23<sup>rd</sup> January 2020. Ms. Vannie Devi, Educational Counsellor, Parul University, Vadodara was the resource person. Mr. Jinson Nunez, Associate Manager, HR, HDFC Life Insurance took a session on "Insurance Career Jobs Training Courses" on 30<sup>th</sup> January 2020. In collaboration with ALUMNAE Association, Career Guidance and Placement Cell has been organizing lecture series for the students with Alumni as resource persons from various departments.

Career Guidance and Placement Cell organized a three-day training programme for the Final Year UG and PG students from 27<sup>th</sup> to 29<sup>th</sup> January 2020. Principal Dr. Sr. Lizy C.I.





gave the Presidential address. Mr Renesh Ravi, Junior Chamber International Zone 20 Director for Business inaugurated this training programme. Dr. Pretty John P., Career Guidance and Placement Co-ordinator, Carmel College, Mala, Mr. Jimlet George, MD, CognizInfotech, Jayanthi Krishnachandran, JCI Zone 20 JJ Wing Director and Aswini Kumar felicitated the gathering. Dr. Vidya Francis, Joint Co-ordinator proposed a Vote of thanks. The Programme included grooming sessions, group discussions, interview skills and JAM sessions and the like arranged separately for students from different disciplines by 6 trainers followed by their Individual Mock Interviews by 10 trainers. Career Guidance and Placement Cell also organized a Campus Placement Drive in collaboration with CognizInfotech and JCI Vyttila for the final year UG and PG students on 30<sup>th</sup> January 2020. Nearly 20 companies participated in it.

### **COMMUNITY COLLEGE**

The activities of the Community College were inaugurated by the former principal of Carmel College Dr. Sr. Susan CMC. 100 students are studying for the one-year Diploma course provided in DTP and Printing Technology and Banking and Tally in the Community College Division. Workshops on developing interview skills and personal skills by eminent mind power trainer and editor of Purushavani magazine, Mr. P. M. M. Shereef and on memory skills by Mr. Liston J., eminent Mindpower trainer from Baroda were conducted. A two-week bank coaching programme was conducted by a team of experts from the Sensorium School of Management, Thrissur. The DTP stream students went to All Saints Offset Press and Indot Photo for their Field Visits. The Kerala State Formation Day was celebrated with much fervour and enthusiasm and all the students participated in the cultural programme "THANIMA 2019". One of the faculty, Mr Santosh Jose attended the inaugural launch of the portal 'SHREYAS' by the honourable Minister of Human Resource Development Shri Prakash Javadekar which was held at the Stein Auditorium, India Habitat Centre, New Delhi. The Division organized a one-month industrial training programme for the students at various affiliated printing presses, banking and auditing firms.

### **Clubs and Forums**

#### **B2B Club**

- Club activities were formally inaugurated by Dr. Vineeth K. M Assistant professor of government college. Thripunithura.



- As a part of the Onam celebration, Mega Sadhya "Khatolkhaja" was organized with 271 dishes.
- All second years and third-year students were made to register in SWAYAM, a learning app of MHRD
- As a part of International Teachers Day, a student-teacher competition was organized.
- In connection with Small Industries Day, a business quiz competition was organized.
- A food fest was organized in connection with Carmel sports day.

#### **BLIS Club**

- On 4<sup>th</sup> September, a motivational talk video by Joseph Annamkutty Joseph was organized.
- In connection with International Girl Child Day, an Inter-departmental essay writing competition on the topic of "Importance of Girl Child in Indian Society" was conducted.

#### **Club for Leadership, Innovation and Finance (CLIF)**

- The club was initiated by both Banking Financial Services and Insurance (BFSI) and Accounting and Taxation streams.
- Adv. Saiby Jose inaugurated the club and gave a talk on "Personality Development".

#### **Cognition Club**

- On the occasion of Independence Day, an inter-departmental quiz competition on the topic 'Quiz on India' was organized.
- In connection with Gandhi Jayanti, an inter-departmental speech competition on the topic 'Gandhi in Modern Times' was conducted.
- Organized a visit to the Jewish synagogue and symmetry in observance of the World Heritage Week.
- Celebrated the Differently-abled Day by conducting an interactive session with two such students from the college.



### **Creative Club**

- Organized an audition to find the best actor from the students of the whole college

### **Decoration Club**

- Conducted intra-departmental fruits & vegetables carving

### **Eco-Friendly Club**

- Organized a one-day awareness class on Ozone conservation. An intercollegiate PowerPoint presentation and poster making competition on "Ozone and Human Life" were organized.
- Conducted an intra-departmental competition on slogan making and essay writing
- Offered training in assembling LED bulbs to the Entrepreneurship Club members of the College
- Organized an expo of LED bulbs, Stars and Serial lamps
- In connection with the Christmas celebration, the club members assembled and sold LED stars

### **Energy and Environment Conservation Club**

- Observed Ozone Day by conducting an Inter-departmental Poster making competition "Ozone and Earth".
- Organized an inter-departmental essay competition on the topic "Plastics: A Boon or Doom".
- Celebrated "Oil and Gas Conservation Mass Awareness Campaign"-SAKSHAM-2019 from 16<sup>th</sup> January to 15<sup>th</sup> February 2019.
- Took Oil and Gas Conservation Pledge.
- Conducted an essay competition on "Energy misuse a cause for extreme climate conditions", a Painting competition on "Good Roads and Flyovers for Oil Conservation" and a quiz competition.



## **Entrepreneurship Development Club**

- The inauguration of EDC was followed by a seminar on the topic of *Women Entrepreneurship* by Mili P R, Industries Extension officer, Kodakara Block.
- In collaboration with the Women Cell of the College and Department of sociology conducted a seminar on 12<sup>th</sup> November on the topic of "*Gender Sensitisation and Sensible Tomorrow*" by BeenaBeuna, Queer Activist and member of Sangama National Organisation of Trans Gender, Kerala Boa and a seminar on the topic "Transgender protection Bill and Kerala Transgender Policy" by Ms. Hrimizhi K, Transwomen activist, Kerala.
- In collaboration with E D Club, organised a Seminar on the topic of *Kudumbasree Mission* by Smt. Shila Kudumbasree, District co-ordinator

## **Ethno Club**

- Conducted an awareness class on "Traditional Medicines of Our Kitchen"
- In association with Brain Society, the club organized a training program on assembling LED bulbs and tubes for their society members.
- Organized a training program on assembling LED bulbs and tubes for the Kudumbasree members of the adopted village Kavanad.

## **Health Club**

- Health club conducted a Training programme and talk on "**Physical Fitness**" by Mr.Said, Fortune Academy, Thrissur.
- In collaboration with SOHRUTHM and Sociology Department conducted an Ayurvedic Medical Camp at Kundoor and Payathuruthu locality.

## **Laughter Club**

- Department celebrated Laughter Day
- Comedy skit competition
- Smile race



- Satire show
- Practice deep breathing exercises with laughter

### **Media Club**

- A campus literary quiz contest MBIFL'20 was organised by Mathrubhumi in collaboration with the Media Club

### **Nature club and Biodiversity Club**

- Observed World Environment Day in collaboration with Unnath Bharath Abhiyan with a talk on environmental conservation.
- Dr. Femi K. Haneef delivered a talk on "Biodiversity Conservation Strategies" made awareness on conservation of nature and its resources.
- Natural club members have a vegetable garden on our campus. They cultivate vegetables like Brinjal, chilly, cauliflower, cabbage etc.

### **Open-source Software Club**

- Conducted "Art out of Waste Material" exhibition and competition in connection with nature conservation
- A PowerPoint presentation competition on the topic "Relevance of Disaster Management"

### **Reader's Theatre**

- Students paid tribute to the legendary late Girish Karnad by enacting *Hayavadana*

### **Red Ribbon Club**

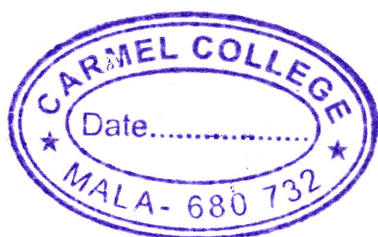
- In connection with Blood Donor's Day, an awareness talk on blood donation was organized by Ms. Goldy Davis, department of Zoology, Carmel College, Mala.
- International Yoga Day celebration was led by Dr. Sr. Ancy Jacob, Yoga Instructor, Sahrdaya College of Advanced Studies and Team members. They explained the importance of Yoga, Meditation and Asanas on Health and Happiness.



- Blood donation camp was organized in association with BODHI, Thrissur and Indian Medical Association, Thrissur on 9<sup>th</sup> July 2019. The camp was inaugurated by Principal Dr. Sr. Lijo. 54 students donated blood.
- Awareness session on “Naturopathy” by Smt. Mary C.L., Navadhara Life and Yogatherapy Centre, Kolazhy, Thrissur was organized on 2<sup>nd</sup> August 2019.
- An awareness programme on “Food Habits” was organized on 25<sup>th</sup> October 2019. Dr. Princy K.G, Associate Professor, Department of Chemistry delivered a talk and the NSS Volunteers of B.Sc. Zoology presented the matter through PowerPoint.
- A medical camp was organised on 8<sup>th</sup> November in collaboration with Neem care Hospital, Mala. 186 patients consulted the doctors. The function was inaugurated by Principal, Dr. Sr. Lijo. The treatments were available in General Medicine- EMO Dr. Manu Asharaf, Orthopaedics- Dr. Antony J. Kannampilly, Dental- Dr. Merlin Varghese and Physiotherapy.
- AIDS Day awareness programmes- Rally and screening of the short film- *A Small Mistake* -was organized on 2<sup>nd</sup> December. Dr. Vinitha N.Vijayan gave an introduction to the programme.
- An awareness programme on “Menstrual Hygiene Management” was organized by Reeta Hygiene Pvt. Ltd, Aluva on 13<sup>th</sup> December. CHRD Director Sudheer P.S; Vice President, Jojin; and Reeta Hygiene Pvt. Ltd Director, Jithi Joseph delivered talks.
- National Youth Day was celebrated with a patriotic song competition, rally and skit and flash mob.

#### **Social Research Forum**

- Young Social Researcher Award – Competition organized by SRF
- Health Survey conducted in 3 adopted villages
- Forum promotes students to participate and present papers in seminars, conferences etc
- Forum conducts Project Proposal Presentation of PG &UG in every year



### **Speaker's Forum**

- Interdepartmental quiz competition "Rowling Trivia"

### **Techie Club**

- A talk on "Image Processing Techniques" by Dr. Jomy John, Assistant Professor - Department of Computer Science Panampilly Memorial Govt. College
- A seminar on "Ethical Hacking & Cyber Security" on 2<sup>nd</sup> August 2019 by Kiran K A, Penetration Engineer at Network System, Thrissur.
- An inter-collegiate Techfest BellaTrix 2K19 was organized. Students from various colleges participated in various technical and non-technical events.
- Every month a talk on "New Techniques in IT" was conducted by students.

### **Tourism Club**

- Department organized an educational visit to Christ University, Bengaluru from 1<sup>st</sup> to 4<sup>th</sup> December 2019.
- Department operated an anthropological visit intervention programme survey on 4<sup>th</sup> Monday 2019 at Pukayilapara Kadar Tribal Colony, Chapara Division.
- Tourism club members of the Department and four teaching faculties visited the tourist spot on 4<sup>th</sup> November 2019, at Peringal, near Chalakkudy and Vilangan at Thrissur.
- In connection with Gandhi Jayanthi, the students and teachers of the Sociology Department visited the Gandhi Museum at KILA, Thrissur.
- Departmental video clipping competition was organized on the theme "Tourist spot identification in your locality".

### **Voyage Club**

- Department of History formed the Voyage Club to promote the tourist potentialities in Kerala among the students. It was inaugurated by Mr. Mahadevan Parasuram, Secretary, Tourism Promotion Council Secretary, Thrissur by delivering a talk on "Tourism and Jobs: A Better Opportunity for All".
- A poster making competition was organized.



## Writer's Forum

- Collage making competition on "Footprints of Mahatma"

## CONCLUSION

Driven by the mission of disseminating quality education to empower and emancipate young women, the institution had embarked on several insightful activities under the aegis of various institutional cells, clubs, forums and departmental associations during the academic year. From augmenting the institutional infrastructural and IT facilities to extending platforms for informative seminars, workshops, fests, competitions, day observances and energizing community engagement, the institution continues to inspire a congenial, growth-impelling and research-oriented teaching-learning environment.

