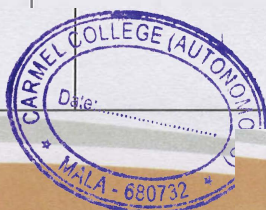




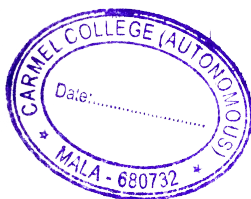
CARMEL COLLEGE (AUTONOMOUS), MALA
 Nationally Re-accredited with 'A' grade (Fourth Cycle)

Gender Sensitization Action Plan 2022-2023

SI. No.	Focal Area	Action Plan
1	Gender Sensitization Gender Rights and Equality	<ul style="list-style-type: none"> Organize seminars and webinars with the aim of heightening awareness about gender-related issues. Mark national and international days dedicated to celebrating gender diversity through commemorative events and activities. Encourage faculty and students to engage in research, present papers, and publish works on gender-related topics.
2	Women Empowerment	<ul style="list-style-type: none"> Conduct expert talks or webinars on women's empowerment, both within the campus and as part of extension initiatives, to enrich understanding and foster actionable strategies. Establish partnerships to provide financial assistance and resourceful sessions aimed at supporting young women students in their academic journey. Provide training in tailoring, embroidery, handicrafts, ornament making, bookmaking, and bookbinding through the Carmel Extension Centre for Women, empowering participants with valuable skills for self-sufficiency and creative expression. Create opportunities for students to actively engage and participate in various resourceful events, competitions, and collaborative projects, fostering the development of their inherent talents, organizational skills, and teamwork abilities on equal footing. Foster the development of aspiring sportswomen by providing comprehensive training, coaching, and support to nurture their athletic abilities and cultivate a competitive edge.
3	Women Health and Hygiene	<ul style="list-style-type: none"> Facilitate awareness sessions on promoting healthy lifestyles, balanced nutrition and mental well-being, empowering women to make informed choices and prioritize their overall wellness. Provide access to professional counseling and mentoring services, offering personalized guidance and support to help individuals



		<p>navigate challenges, set goals, and achieve personal and academic success.</p> <ul style="list-style-type: none"> • Expand the offerings of the fitness center to provide a wider range of services, catering to the diverse needs and interests of the college community. • Organize anti-drug campaigns and awareness sessions to educate the college community about the dangers of substance abuse, promote healthy lifestyle choices, and provide support for those affected by addiction.
4	Safety and Security	<ul style="list-style-type: none"> • Host awareness sessions on women's safety issues, equipping attendees with the knowledge and strategies to effectively combat harassment and create a safer environment for all members of the college community. • Ensure the proactive engagement of ICC to address any reported cases of sexual misconduct.
5	Career/ Entrepreneurship/ Skill Acquisition	<ul style="list-style-type: none"> • Facilitate entrepreneurship skill-building programs and interactive sessions with successful entrepreneurs. • Offer aptitude training programs and orientation sessions on emerging job opportunities in today's evolving landscape. • Facilitate skill development certificate courses and workshops aimed at honing both soft skills and industry-specific competencies. • Provide expert coaching services for competitive exams such as UGC NET/JRF, bank, Civil Service, and PSC. • Coordinate campus recruitment drives, connecting students with leading employers and providing valuable opportunities for them to secure internships, jobs, and career advancement within their chosen fields.




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