

CARMEL COLLEGE, MALA

Nationally Re-accredited with 'A'grade (Third Cycle) Thrissur Dt., Kerala- 680732, Ph:04802890247, Fax: 04802890247 E-mail: carmelcollege@rediffmail.com, Website: www.carmelcollegemala.ac.in



Criteria VII

Institutional Values and Best Practices

7.1.1 Measures initiated by the Institution for the promotion of gender equity

during the last five years.

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

Gender Sensitization

Sl. No.	Contents	Page
1.	Safety and Security	3
2.	Counselling Centre	5
3.	Common Rooms	6
4.	Institutional Gender Sensitization Policy	7
5.	Gender Sensitization Activities – Day Observance	8
6.	Awareness Classes	12
7.	Seminars/Lectures	16
8.	Faculty as Resource Person	33
9.	Self-employment Training Programme	34
10.	Skill Development Programmes	38
11.	Yoga and Self-Defense Training	52
12.	Women-centric Short Films	54
13.	Campus Radio	56
14.	Himayala- Bullet Ride	57
15.	Carmel Extension Centre for Women	57

GENDER SENSITIZATION

SAFETY AND SECURITY











Security Room



CC TV Monitoring



COUNSELLING CENTRE





COMMON ROOMS



Common Staff Room



Staff Rest Room





INSTITUTIONAL GENDER SENSITIZATION POLICY

CARMEL COLLEGE, MALA

CONTENTS

1. ACADEMIC POLICY	3
2. ADMINISTRATION POLICY	6
3. STUDENT SUPPORT AND ACTIVITIES POLICY	9
4. DIFFERENTLY ABLED- FRIENDLY POLICY	13
5. ANTI-RAGGING POLICY	14
6. ICC POLICY	16
7. GRIEVANCE REDRESSAL POLICY	18
8. MENTORING POLICY	20
9. ENVIRONMENT AND SUSTAINABILITY POLICY	22
10. GENDER SENSITIZATION POLICY	24
11. RESEARCH POLICY	26
12. ALUMNAE POLICY	28

10. GENDER SENSITIZATION POLICY

RMELCOLLEGE, M

Higher educational institutions have a significant role in orienting young minds towards the ideals of gender equality, inclusivity, and diversity. Sensitizing the student community on issues about gender and empowering women, particularly the rural women, through quality education and community engagement is one of the pivotal resolves of Carmel College. The very vision and mission of the institution reflect this and, in all earnestness, strives to actualize this objective. Under this policy, the institution shall,

- 1. Implement measures to ensure a safe and dignified learning environment and workplace for staff and students
- Organize insightful seminars, conferences, workshops, interactive/motivational talks that can promote cognizance of various dimensions of gender
- Collaborate with local police/NGOs/experts to educate on ways to combat gender bias/ violence or any form of sexual harassment and the laws and rights constituted for the same
- Institute internal systems of relief and grievance redressal that are readily accessible to all
- Ensure concrete means to address and redress grievances related to harassment or discrimination based on gender
- 6. Disseminate awareness on gender issues among students through effective delivery of course modules in the curriculum within the classroom
- Open avenues to organize debates, discussions, surveys, paper presentations, competitions on topics related to gender, basic rights to dignity and respect, gender justice and the like
- Encourage staff and students to take up major/minor projects, doctoral thesis, dissertation/projects that address diverse aspects of gender

MEL COLLEGE, MALA

- Provide training to the students to equip them as active disseminators of knowledge on gender rights and equality among other younger learners in the community and neighbourhood
- Provide counselling and self-defence training to ascertain their mental and physical fitness
- 11. Observe commemorative days such as International Women's Day, Girl Child Day etc. to cultivate a sense of pride and purpose
- 12. Ensure effectual services of Carmel Extension Centre for Women, in providing training to the adult and young women of the neighbourhood in bookbinding, notebook making, tailoring, embroidery, handicrafts and ornaments making to empower them in securing financial independence
- 13.Strengthen its community engagement through forming women collectives in the neighbourhood, organizing gender awareness/empowerment campaigns/classes, extending financial assistance and also library services to widen their knowledge

24

GENDER SENSITIZATION ACTIVITIES



INTERNATIONAL WOMEN'S DAY



Talk on "Importance of Women's Day" by Ms. Jilu Mathew -Department of Socioogy and Women Cell (2016-17)





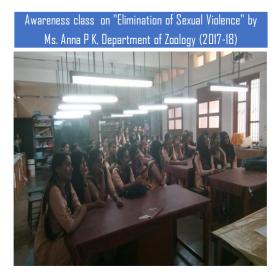
Write-up and discussion on Insipring Women -Department of English (2017-18)



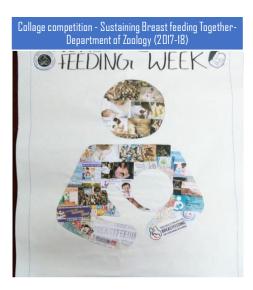




INTERNATIONAL DAY FOR ELIMINATION OF SEXUAL VIOLENCE IN CONFLICT

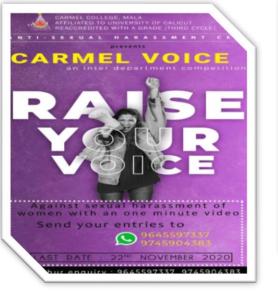


WORLD BREASTFEEDING WEEK



INTERNATIONAL DAY FOR THE ELIMINATION OF THE VIOLENCE AGAINST WOMEN





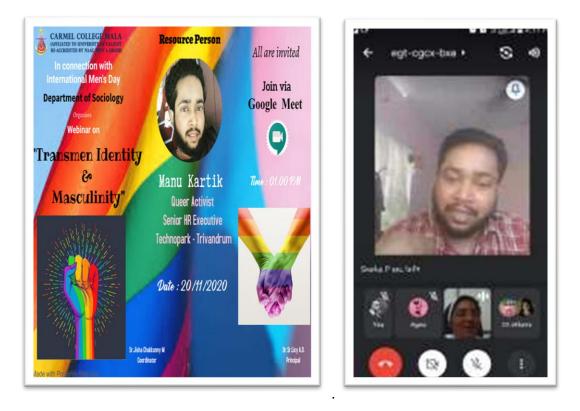


INTERNATIONAL GIRL CHILD DAY





INTERNATIONAL MEN'S DAY



AWARENESS CLASSES







Health awareness classes by Dr. K G Radhakrishnan, Govt. Medical College, Thrissur and Dr. K M Ambili, Vimala College, Thrissur (2015-16)



Lecture on "Sexual Abuse and Sexual Harassement against Women" by students of B.Sc Zoology (2016-17)





Mrs. Rasaranjika, Junior Public Health Nurse, Mala (2017-18)



Awareness talk on "Health and Sanitation" by Dr. S. Sanjeev, Medical Officer, Mullassery PHC – NSS (2017-18)









Awareness programme on Menstrual Hygiene Management organized by NSS in collaboration with Reeta Hygiene Pvt. Ltd, Aluva (2019-20)



Fitness" by Mr. Said, Fortune Academy, Thrissur (2019-20)



Seminar on "Women Health and Hygiene" by Dr.Vimala K. John, Assistant Professor, St. Thomas College, Thrissur (2019-20)



Talk on "Balanced Diet" by Sr. Benitta CMC (2019-20)



Seminar on "*Sthree Sahithyathilum Jeevithathilum*" by Prof. M N Karassery - Language Department (2015-16)





Two-day National Seminar on "Motherhood Depicted in Contemporary Hindi Literature" (2015-16)



Video Conference on "Entrepreneurship" by Software Associates, Calicut (2016-17)



Talk on "Insight into Women's Issues: Challenges and Empowerment" by Mr. Rahul R. Nair IPS, City Police Commissioner, Thrissur (2017-18)



Lecture on *Women Empowerment: Perspectives* and Policies by Dr. Seema Bhaskaran, National Mission Manager, NRLM (2017-18)



Lecture on "Challenges of an Emancipated Woman" by Rev. Fr. Starson Kallikadu (2017-18)



Udaya Province (2017-18)



Talk on "Reproductive Health" by Dr Sinsila Elizabeth, Consultant in Obstetrics and Gynaecology, Mariam Theresia Hospital, Kuzhikattussery (2017-18)



Seminar on "Role of Women in Perspective of Eco-system" by Dr. Mohammad Kunju, Assistant Director, Kerala Forest Research Institute (2017-18)



Seminar on "Exploring Feminist Literary Theory" by Dr. N Prasantha Kumar, Retired Professor and former HoD, Department of English, Sree Sankaracharya University of Sanskrit, Kalady (2018-19)



Seminar on "Feminism" by Dr. Sara Neena, Head and Associate Professor, Department of Sociology, Vimala College, Thrissur (2018-19)







National Seminar on "Gaps on Structural Issues Faced by Indian Women" by Dr. Maya Mohan, Assist. Prof., Department of Sociology, Christ University, Bengaluru (2019-20)



Seminar on "Reproductive Health and Gender Equality" by Mr. Justine M P, Deputy Director, Dept of Economics and Statistics, Mukundapuram Thaluk (2019-20)



Seminar on "Women Entrepreneurship" by Ms. Mili P R, Industries Extension Officer, Kodakara Block (2019-20)



Talk on "Women Empowerment" by Adv. Saiby Jose (2019-20)



Talk on "Achievements of Business" by Mrs. Jolly Alukka, Co-ordinator of Alukka's Foundation (2019-20) **Registration Fee** Faculty : Rs.150/-Scholars and Students : Rs 50/-

Address for correspondence : Dr.Sr. Licy A.D Head, Dept.of Sociology, Carmel College Mala

Contact:

www.carmelcollegemala.ac.in E.Mail : carmelsociology@gmail.com 9497630247 (Mob) 04802890247 (Office)

Organising Committee

Dr.Sr.Licy A.D Sr.Jisha Chakkunny M Ms.Bincy K.F Ms.Neethu C M Ms.Rani Jose Ms. Fathimath Shamneera

National Seminar On

LIGHT & LOVE

"UNDERSTANDING GENDER RELATIONS IN **EVERYDAY LIFE"**

Organized by **Department of Sociology** Carmel College, Mala (Nationaly Re-Accredited with A Grade)

3rd JANUARY 2020

Dear Sir/Madam.

The Department of Sociology is organizing one day National Seminar on "Understanding Gender Relations in Everyday Life" on 3rd January 2020. We solicit the active participation of teachers, research scholars and students of your college and department in the seminar.

Dr.Sr.Licy A.D

Organising Secretary

With warm regards

Dr.Sr.Lizy C.I Principal

About the Department The department of Sociology came in to existence in 1984 and upgraded to a post graduate department with the introduction of M.A programme in 2006.

About the Seminar

About the seminar This seminar sets out to examine the interface between gender, subject and every day life in contemporary India. Gendered subject is not biological or even psychological but primarily a social being who experiences her femininity in inter subjective relationships with several others in a complex interplay of class, caste, regional and socio economic factors the complexity of gendered subject in her on construction is acknowledged, as are also her frequent attempts at resistance, and this is infact central to the processes of social construction. The seminar also examines the gendered embodiment of the female subject in everyday life.So how gender is inscribe on subject in everyday life both socially as well as through her on perceptions of culture.

Programme 03-01-2020 Venue: Carmel College Auditoriam Inaugural Session Prayer Welles

: Dr.Sr.Licy A.D

: Dr.Sr.Lizy C.I Principal, Carmel College, Mala

: Dr. Charles Varghese

Assist. Prof. Dept. of Sociology and Social Anthropology, Indira Gandhi National Tribal University, Madhya Pradesh

: Dr.Sheethal S.Kumar

Inauguration & Inaugural Address

Presidencial Address

Welcome

Keynote Address

: Sr. Jisha Chakkunny M Assist Prof. Dept. of . Carmel College, Mala

Tea Break Session I : 11.00am to 1.00pm : Dr.Sheethal S.Kumar : Dr. Deet, Dept. of Sociology, Resource person mizoram Central University, Mizoran Topic : Status iof Women in Contemporary India: Family,

Lunch Break Session II : 2.00pm-3.00pm : Dr.Charles Varghese or Pool. Dept. of Sociology and the Pool. Dept. of Sociology and

Assist. Prof. Dept. of Sociology and Social Anthropology, Indira Gandhi National Tribal University, Madhya Pradesh

Topic : Major Welfare Policies and empowerment programmes for Women in India- A Critical Evaluation Session III : 3.00pm-4.00pm

Paper Presentation Session IV : 4.00pm-4.30pm Valedictory Session and Distribution of Certificates

Valedictory Session and Distribution of Certificates Call for papers The research paper in areas related to the theme of the seminar is invited for presentation. Teachers, Scholars and P6 students who are intervested forward the paper in word format to carmelsociology@gmail.com on before 1st January 2020

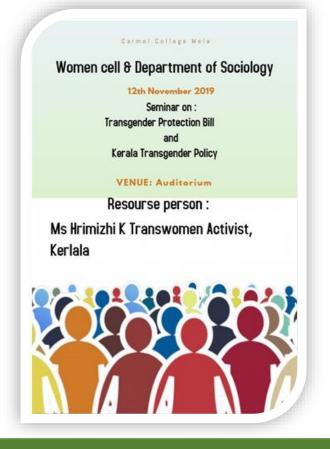
Vote of Thanks

education and economic



National Seminar on "Understanding Gender Relations in Everyday Life" by Dr. Sheethal S Kumar, Assistant Professor, Dept. of Sociology, Mizoram Central University and Dr. Charles Varghese, Assistant Professor, Dept. of Sociology and Social Anthropology, Indira Gandhi National Tribal University, Madhya Pradesh (2019-20)





Talk on "Gender Sensitisation and Sensible Tomorrow" by Beena Beuna, Queer Activist and Board member of Sangama National Organisation of Trans Gender, Kerala & seminar on" Transgender Protection Bill and Kerala Transgender Policy" by Ms. Hrimizhi K, Transwomen activist, Kerala (2019-20)



ABOUT THE COLLEGE

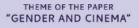
Carmel College, Mala in the Thrissur district of Kerala state, is a college for women, Re-accredited by NAAC with A Grade in Third cycle, affiliated to the University of Calicut and managed by the Sisters of the Congregation of Mother of Carmel. This institution was established in 1981 as an answer to the ever increasing demand for the higher education of young women from the middle & lower strata of society in the rural suburbs of Mala.

ABOUT THE DEPARTMENT

D. VOC Multimedia B.Voc Multimedia helps the students to learn about graphics, animation, film industry, VFX and sound system. This course was started in October 2014. Internal facilities supports the students to interact with the real world and help them to achieve more knowledge about most modern technologies.

ABOUT THE SEMINAR

This seminar sheds light on gender roles and representations in cinema and how the movies influence people's view themselves in terms of their gender, it is deemed appropriate to examine this issue because discussions on gender equality in the film industry have gained increasing momentum in the last year amidst the ongoing reflection sparked by the global anti-sexual harassment *#metoo* movement and Hollywood's *time's Up* campaign.



SUB THEMES

Female Iconography | Gender inequality in cinema | Women in Indian Cinema | Gender bias in awards | Female gaze behind the camera | Gender and new gen films | Portrayal of transgender in Indian cinema | Feminity vs. Masculinity | Transgender struggles behind the curtain | Audience acceptance of transgender | Male gaze in cinema | Reframing Visual pleasure

CARMEL COLLEGE, MALA Thrissur Dist, Kerala, Pin 680 732 (Re accredited by NAAC with 'A' Grade)

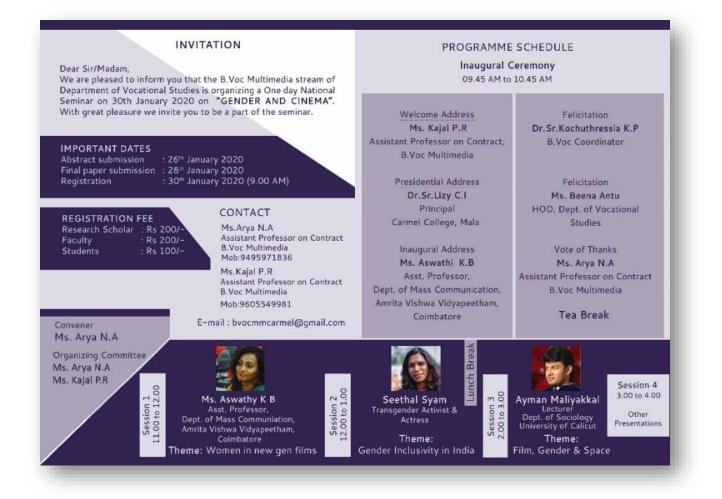


3

One Day National Seminar on GENDER AND CINEMA

30th JANUARY 2020

Organised By, **B.Voc Multimedia** Dept, of Vocational Studies

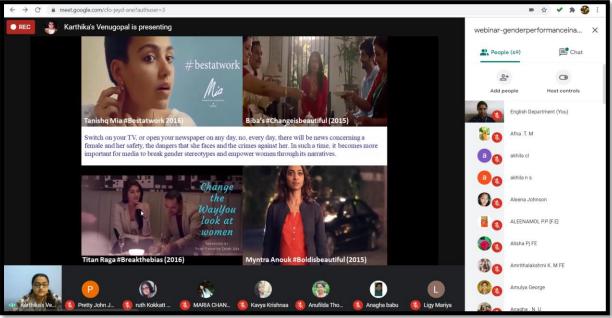


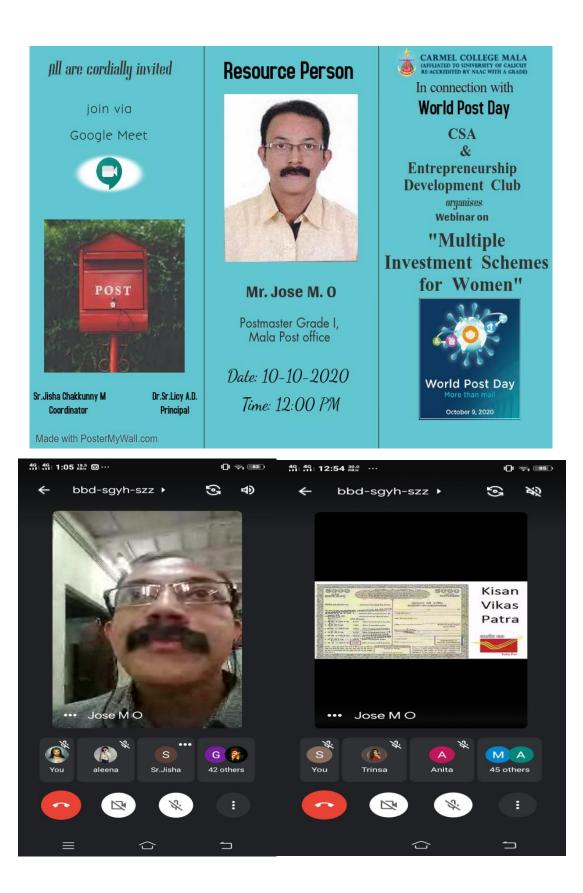


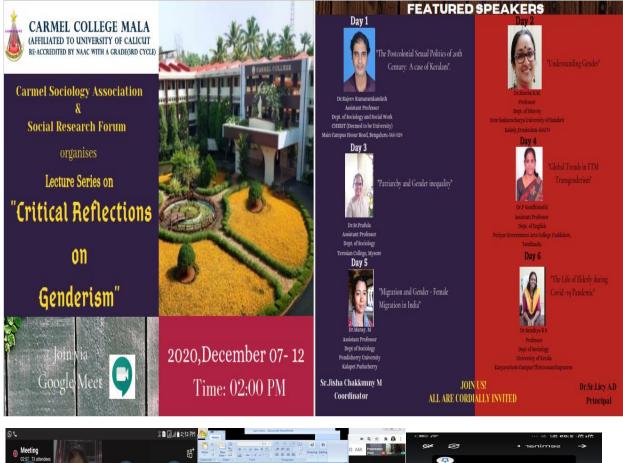


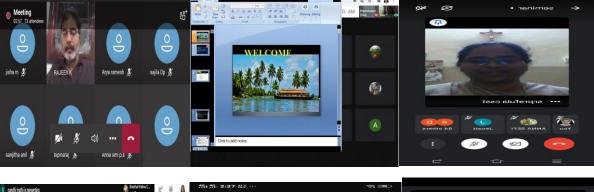
Awareness Class on "Women Empowerment" to the Kudumbasree members by Mrs.Deepa, Thrissur District Kudumbasree Mission (NSS Special Camp 2019-20)







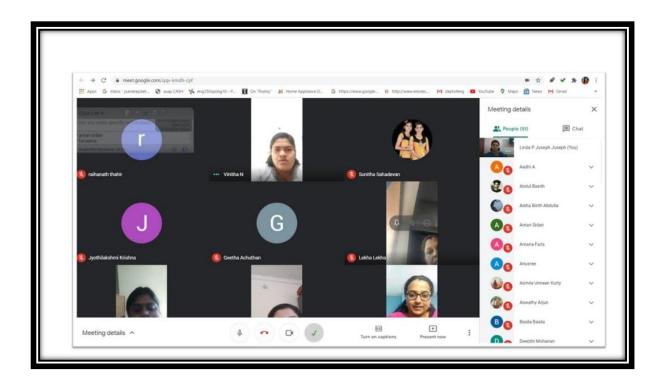






FACULTY AS RESOURSE PERSON





SELF-EMPLOYMENT TRAINING PROGRAMMES



Workshop on *Karkkida Kanji* Preparation (Kandamkulathy Vaidhyashala) (2016-17)





A workshop on mushroom cultivation, as a part of the KSCSTE sponsored project "Successful Livelihood Through Mushroom Cultivation" led by Dr. Mini Abraham, Associate Professor, ARS, Chalakudy (2017-18)



A class cum workshop on the topic "Fruit Processing and Value-added Products" for rural women in collaboration with KSCSTE led by Dr. Suman K.T, Asst. Professor, Krishi Vighyan Kendra, Thrissur (2017-18)





Workshop on Mushroom cultivation by Sri Unnikrishnan K., Maheswara Mushrooms, Mala - NSS (2018-19)



Workshop on Mushroom cultivation for Kudumbasree members of Neithukudy and NSS volunteers by Smt. Mini Shylan, Department of Plant Pathology, Kerala Agricultural University – NSS Special Camp (2018-19)



Workshop on Mushroom cultivation and medicinal plants at Vazhoor School (2018-19)



Workshop on Nutritious Value of Mushroom & Value-added Mushroom Products by Ms.Megha Thampi, Ms.Mary Aleena & Ms. Linda Joseph from Morning Star Home Science College, Angamaly (2018-19)





A one-day awareness class on 'Oushadhasasyangalum Upayogavum' by Jiji George and workshop on Karkkidakakanji nirmaanam by Dr. Peter Francis (Kandamkulathy Vaidhyashala) (2018-19)



Workshop on Mushroom cultivation by Sri Unnikrishnan K., Maheswara Mushrooms, Mala - NSS Special Camp (2019-20)

SKILL DEVELOPMENT PROGRAMMES

Paper Pen Making



Paper File Making





Paper Bag Making



Flower Making



Soap Making





Dish Wash Making



Soap powder (Detergent) Making



Door mat (Chavitty) Making





Umbrella Making







Cloth Bag Making







Bag Making









LED Bulb and Star making



Liquid Embroidery



Sanitiser Making



Food Fests

















BACHELOR OF BUSINESS ADMINISTRATION

Invites You To

FOODIES FEAST ENJOY YOUR FOOD ENJOY YOUR LIFE

> On <u>DATE</u>: 20-01-2020 (CARMEL SPORTS DAY) <u>VENUE</u>: Students Corner <u>TIME</u>: 10am

MEENU MOHAN ASSOCIATION SECRETARY RESHMA.K.R EAD OF THE DEPARTMENT













Craft from Waste













Book Binding Training



YOGA AND SELF-DEFENCE TRAINING



















WOMEN-CENTRIC SHORT FILMS





YouTube link: https://youtu.be/V0JjDLcFbxc

Short Film *Nerkazhcha* by Media Club of English Department and Creative Club of Vocational Studies Department (2016-17)-1st prize in CARMEL MELODY SHORT FILM CONTEST by CMC Udaya Province





YouTube link: <u>https://youtu.be/LjKfWQR6H1Q</u>

Short Film by B.Voc Multimedia Students (2018-19)-2nd prize in CARMEL MELODY SHORT FILM CONTEST by CMC Udaya Province





You Tube link: https://youtu.be/88ecCPH9AtI

Short Film by B.Voc Multimedia Students (2019-20) (Best Motivational Short Film- Special Jury Award – CARMEL MELODY SHORT FILM CONTEST)

CAMPUS RADIO



Voice of Carmel - A joint venture of the Media Club, Department of English and Department of Vocational Studies

HIMALAYA- BULLET RIDE



Ms. Anagha T. M of Community College and her friend Ms. Anphy (2018-19)

CARMEL EXTENSION CENTRE FOR WOMEN









