

CARMEL COLLEGE (AUTONOMOUS) MALA

Re-Accredited by NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, 0480-2890247



Seminar on "Moving Forward Together: Solutions for Women's Equity and Inclusion" Organized by Women Development Cell, Carmel College (Autonomous), Mala in Collaboration with **District Women and Child Development Department, Thrissur and Department of Police, Govt. of Kerala** In Honour of **Our Retiring Principal** Dr. Sr. Kochuthressia K. P. on 7th March 2024 Venue: Auditorium day **International Women's Day 2024 Invest in women: Accelerate Progress**

International Women's Day 2024 Invest in women: Accelerate Progress

Moving Forward Together: Solutions for Women's Equity and Inclusion

Achieving true women's equity and inclusion is no longer a mere aspiration but a necessary step towards a more just and prosperous future. To ensure progress, we must come together as a society to implement tangible solutions that empower women and create a more inclusive world. We must invest in the education and training of women, creating opportunities for them to acquire knowledge and skills that will enhance their employability and career advancement.

Women Development Cell, Carmel College (Autonomous), Mala is organising a oneday seminar in honour of Dr. Sr. Kochuthressia K. P., the retiring Principal of the College on ' Moving Forward Together: Solutions for Women's Equity and Inclusion' on 7th March 2024. The aim of the Seminar is to raise awareness and challenge societal norms and stereotypes in promoting women's equity and inclusion. By implementing these solutions, we can pave the way for a more equitable and inclusive society where every woman has the opportunity to reach her full potential. Only by moving forward together, can we create lasting change for women and make our world a better place for all.

ALL ARE WELCOME

Ms. Reena T.K. Co-ordinator, Women Development Cell Carmel College(Autonomous), Mala

Ms. Ancilyn Ant K Ms. Saranya M. P. Joint Co-ordinators Ca Women Development Cell Carmel College(Autonomous), Mala

Dr. Sr. Kochuthressia K P Principal Carmel College(Autonomous), Mala

	rogramme schedule
07/03/2024(Thursday)	
Registration	: 9.00am - 9.30 am
Inaugural Session	
Prayer	
Welcome	: Ms. Reena T K Co-ordinator, Women Development Cell Carmel College(Autonomous), Mala
Presidential Address	: Dr. Sr. Kochuthressia K. P. Principal, Carmel College(Autonomous), Mala
Inauguration	
Felicitation	: Ms. Nithya P Asst.Professor, Department of Physics Carmel College(Autonomous), Mala
Fechnical Session I	: 10 am to 11 am
	'Women's Security : Issues and Challenges
	Ms. Seema A R (Civil Police Officer, Department of Police, Mala)
Techncial session II	: 11.30 am to 12.30 am
	"Gender Equality: Issues and Challenges" Ms. Deepa Jose (Gender specialist, District Hub for Empowerment of women, Women and child development department, Thrissur)
Lunch Break	
1.30 pm to 2.30 pm	: Cultural Programme
2.30pm to 3.30 pm	: Training Programme on Self Defence
	Department of Police, Govt. of Kerala.
Vote of Thanks	: Ms. Ancilyn Antu K (Asst. Professor, Department of Chemistry, Carmel College (Autonomous), Mala)
1	nternational Women's Day 2024
Inv	est in women: Accelerate Progress

International Women's Day 2024 Invest in women: Accelerate Progress

Carmel College (Autonomous), Mala, a first grade college for women under the University of Calicut, stands nestled in an idyllic locale in a small town called Mala near the southern tip of Thrissur district, the cultural capital of Kerala. This college, which began in the year 1981, is run by the Sisters of the Congregation of Mother of Carmel who, guided by their founders Saint Kuriakose Elias Chavara and Rev. Fr. Leopold Boccaro, have taken up the apostolate of education.

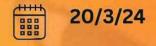
The Management adopts a proactive approach providing infrastructural facilities and learning resources that are periodically enhanced and up-graded in order to ensure the smooth execution of the academic and administrative process. Consistent support and ample platforms are extended to students who aspire to excel in academics, sports and arts. CARMEL COLLEGE (AUTONOMOUS), MALA Re-Accredited By NAAC with 'A' Grade (4 th Cycle) Thrissur Dt.Kerala-680732 www.carmelcollegemala.ac.in.0480-2890247

DEPARTMENT OF HINDI

As part of MOU in collaboration with ST. MARY'S COLLEGE THRISSUR, KERALA WEBINAR 'ममता कालिया की रचनाओं मे नारी विमर्श'



Dr.May Flower K A Assistant Professor &HoD Department of Hindi St. Mary's College, Thrissur





Seminar Hall

Ms. Swetha C K Staff-Co- Ordinator Ms. Veenamol K.V Dr.Sr. Kochuthressia K.P HoD Principal



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DEPARTMENT OF HINDI

REPORT OF SEMINAR ON GENDER

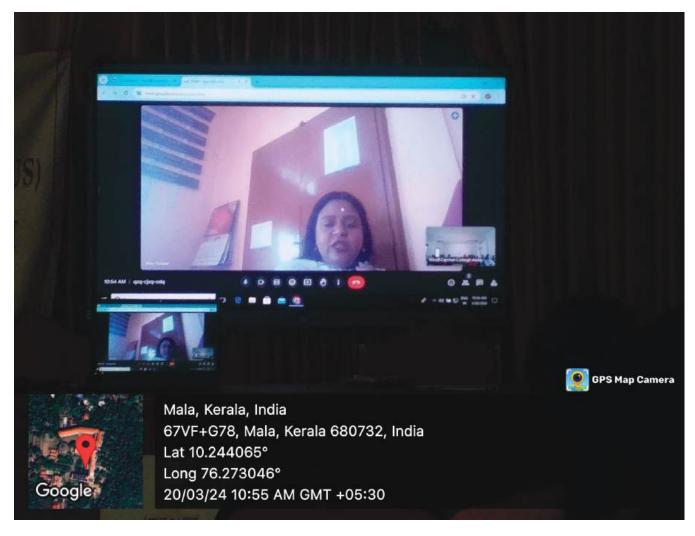
Mamta Kalia, an Indian feminist writer, is best known for her contributions to Hindi literature. She has portrayed the lives of women with depth and sensitivity, shedding light on their struggles, aspirations, and the societal constructs that shape their existence. While Kalia's works encompass various themes, including social issues, relationships, and human emotions, feminism is a recurring motif in many of her writings. The Department of Hindi organized a seminar on "Feminism in Mamata Kaliya's Writings". Dr May Flower K A, Assistant Professor, Department of Hindi, St. Mary's College, Thrissur was the resource person.

OUTCOME

Mamta Kalia's works advocate for gender justice and social change, advocating for women's rights, equality, and empowerment. She raises awareness about issues such as domestic violence, gender-based discrimination, and the need for gender-sensitive policies and interventions. The seminar was so enlightment for students.



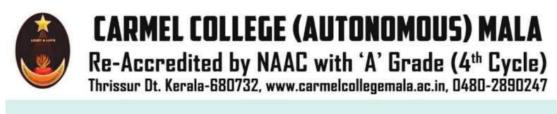
Head Department of Hindi Carmel College (Autonomous) Mala-680732



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Seminar

Sociology of Women

" Empowerment "



Ms. Beena C A Assistant Professor Department of Sociology St. Joseph's College (Autonomous) Irinjalakuda



20 September 2023





Sona S P Association Secretary Sr. Jisha Chakkunny M Head of the Department Dr. Sr. Kochuthressia K P Principal



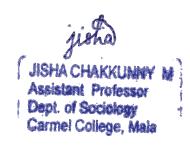
ASSOCIATION INAUGURATION AND SEMINAR ON 'SOCIOLOGY OF WOMEN EMPOWERMENT'

The Department of Sociology inaugurated the activities of Carmel Sociology Association (CSA) for the year 2023-2024 on 20th September 2023 at 2 pm in College auditorium. The programme was anchored by Fathima Saniya, student of IV MA Integrated Sociology. The event began with a prayer by Aneeta Shaju, student of III BA Sociology. Miss Aswathi A, the CSA Coordinator delivered a welcome address. Principal Dr. Sr. Seena was presided over the function and she delivered the presidential address. This was followed by the inauguration of the association. The inauguration was initiated with lighting the lamp by the dignitaries. The chief guest was Miss

Beena C A, Assistant Professor and HOD, Department of Sociology, St. Joseph's College, Irinjalakuda gave the inaugural address. Sr. Jyothi, HOD of Department of Sociology delivered felicitation. It was followed by the seminar on the topic 'Sociology of Women Empowerment'. Miss Beena C A highlighted women's ability to achieve greater control over their lives, resources and opportunities and women empowerment is a multifaceted process that involves economic, political and social dimensions. The lecture was an enlighten one. After the seminar, Sona S P, the Association Secretary proposed the vote of thanks. The programme was concluded by 3.30 pm.

Outcome

- 1. Extension activities and activities for experiential learning.
- 2. Active participation of students.
- 3. Planned to more seminars on socially relevant topics.













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BRAIN SOCIETY IN COLLABORATION WITH

DEPARTMENT OF SOCIOLOGY

ORGANISES A SEMINAR ON THE TOPIC

Orange the World Campaign - DV Act 2005



Date: 29/11/2023 Time: 2:30 pm Venue: Ruby Jubilee block

PROGRAMME LIST

Prayer	;	Aneeta Shaju
Welcome Speech	:	Sri. A. V. Thomas, Director Brain Society
Presidential Address	:	Dr. Sr. Kochuthressia K P, Principal
Seminar	:	Adv. K. R. Retnakumari Legal Councillor





SEMINAR REPORT

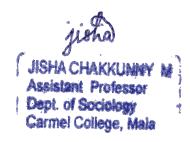
DEPARTMENT OF SOCIOLOGY

ORANGE THE WORLD CAMPAIGN SEMINAR (2023-2024)

November 29, 2023, at 2:30 PM Carmel College Autonomous, Department of Sociology conducted in collaboration with the Brain Society and the Department of Sociology, aimed to raise awareness and engage students in discussions related to the "Orange the World" campaign. Welcome and Opening Greeting by the faculty representative. Objectives of the seminar is Keynote Speech Distinguished speaker from the Brain Society discussing the significance of the "Orange the World" campaign. It provides insights into global efforts addressing gender-based violence. She also talk about the protection of women from domestic violence act 2005 is an act of the parliament of India enacted to protect women from domestic violence The seminar successfully provided a platform for meaningful discussions, enhanced understanding of the "Orange the World" campaign, and fostered collaboration between the Brain Society and the Department of Sociology in addressing societal issues.

Outcome

- 1. Awareness enhancement.
- 2. Networking opportunities
- 3. Students get knowledge about the gender based violence









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Department of BFSI

Organising

Debate Competition Gender Equality



Balanced participation in Decision Making

Venue: Seminar Hall II Date: 05/02/2024 Time: 2.45 P.M.

Program Co-ordinator Ms. Divya Chandran Principal Dr. Sr. Kochuthressia K.P.

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DEPARTMENT OF BVOC BANKING FINANCE SERVICES AND INSURANCE

Activity Report on Debate Competition

The debate competition on "Gender Equality: Balanced Participation in Decision Making " was organized on February 5, 2024, by the Department of BFSI. The event aimed to address the crucial issue of gender equality and the need for women's active involvement in decision-making processes across various sectors of society. The competition witnessed enthusiastic participation from students, emphasizing the significance of promoting gender equality and women's empowerment. Participants engaged in insightful debates, presenting diverse perspectives and proposing strategies to ensure equitable representation and participation of women in decision-making roles. Structured into multiple rounds, including preliminary debates and a final round, the competition provided a platform for participants to articulate their arguments, substantiate their claims with evidence, and engage in constructive dialogue with their peers. Participants demonstrated a deep understanding of the subject matter, backed by empirical research and real-world examples.

Outcome: the debate competition on "Gender Equality: Balanced Participation in Decision Making " served as a catalyst for raising awareness, fostering dialogue, and mobilizing collective action towards achieving gender equality. The event underscored the importance of collaborative efforts in addressing systemic barriers and creating opportunities for women to contribute meaningfully to decision-making processes in all sectors of society.

Head Head Serve & Insurance Head Serve & Insurance Department of Banking, Colonge (Morochous) Carma (Carma Malo 680732







14 CARMEL COLLEGE (AUTONOMOUS) MAGE

DEPARTMENT DE BESI

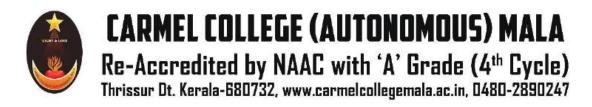
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CARMEL COLLEGE (AUTONOMOUS) MALA Re-Accredited by NAAC with 'A' Grade (4th Cycle) Trissur Dt. Kerala-680732, www.carmelcollegemala.ac.in, D480-2890247 Department of Accounting & Taxation M Suffrage Spar Debate competition in connection with Women's Day Debate : BFSI Lab

Ms.Anju P D Staff Co-ordinator Made with PosterMyWall.com

HoD

Dr.Sr.Kochuthressia K.P Principal



DEPARTMENT OF ACCOUNTING AND TAXATION (B.VOC) <u>Report on "Suffrage spar"</u>

In honor of International Women's Day, on March 11, 2024, the Department of Accounting and Taxation organized the "Suffrage Spar" debate competition at BFSI Lab. This event aimed to commemorate the achievements of women's rights movements and foster meaningful discussions on gender equality. A total of 17 students participated in the competition, showcasing their debating skills and advocating for gender equality. The Suffrage Spar debate competition, organized by the Department of Accounting and Taxation in connection with International Women's Day, was a resounding success. The event provided students with an opportunity to engage in meaningful dialogue, advocate for gender equality, and celebrate the achievements of women's rights movements.

Outcome:

- The Suffrage Spar debate competition served as a platform for raising awareness about women's rights issues and empowering students to become advocates for gender equality.
- A panel of judges comprised of faculty members and experts in gender studies evaluated the debates based on criteria such as clarity of arguments, persuasiveness, relevance of evidence, and overall presentation.
- Participants delivered compelling arguments and presentations, showcasing their research skills and understanding of the issues at hand.

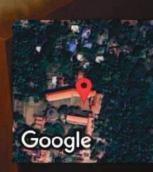
Conclusion

The Suffrage Spar debate competition, organized by the Department of Accounting and Taxation in connection with International Women's Day, was a resounding success. The event provided students with an opportunity to engage in meaningful dialogue, advocate for gender equality, and celebrate the achievements of women's rights movements. Through their participation, the students demonstrated their

commitment to advancing the cause of gender equality and fostering a more inclusive society. The Department looks forward to organizing similar initiatives in the future to continue promoting awareness and dialogue on women's rights issues.



Head Department of Accounting & Taxation Carmel College (Autonomous) Mala-680732



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DEPARTMENT OF SOFTWARE DEVELOPMENT SLOGAN WRITNG COMPETITION

International Day for the Elimination of Violence against Women

25 NOV 2023

<u>CLICK HERE:</u> <u>HTTPS://FORMS.GLE/HTVVMR</u> <u>H1XXNJBMFZ6</u>

MS. SANDRA JOSE MS. LAKSHMI ANAND DR. SR. KOCHUTHRESSIA K. P CO-ORDINATOR HOD PRINCIPAL

DEPARTMENT OF SOFTWARE DEVELOPMENT CARMEL COLLEGE(AUTONOMOUS), MALA

SLOGAN WRITING COMPETITION

The department organized a slogan writing competition in connection with International Day for Elimination of Violence against Women on 25 Nov 2023. Students from various departments participated in the competition.

Outcome

- Helped the students to get an awareness on rights of women
- The programme aimed to create awareness of the fact that violence againstwomen is a human rights violation



Department of Software Development Carmel College (Autono

PARTICIPANT LIST

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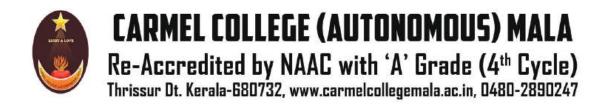


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Gender

Portfolio shoot

The Department of Multimedia conducted a portfolio shoot focused on showcasing the gender diversity of Fashion Technology students. The objective of this shoot was to create an inclusive and representative visual portfolio that highlights the creative and professional talents of students across all genders within the field of fashion technology. A gender-related photo or video shoot can focus on various themes to explore and challenge societal norms, highlight gender diversity, or celebrate gender identities.





Outcome

- To represent the diversity of gender identities within the Fashion Technology student body.
- To provide students with a professional-quality portfolio piece that they can use for career advancement.
- To promote the inclusive nature of the Fashion Technology program and the broader fashion industry.



Participation List

- 1. Adhithya M
- 2. Amrita K A
- 3. Amritha Viju
- 4. Amarthyanjana P S
- 5. Anamika K S
- 6. Anjaly K A
- 7. Anu K Bhasi
- 8. Aparna Rani
- 9. Fidha Faizal P M
- 10. Hridhya Mohan
- 11. Lakshmi K S
- 12. Misha M.S
- 13. Shifana Parvin
- 14. Sona Prakash
- 15. Sreelakshmi C S
- 16. Subeena P S
- 17. Vismaya N V
- 18. Agnus Mary Joshy
- 19. Nadhiya Usman T
- 20. Krishnapriya K P
- 21. Joshna John V
- 22. Sandra Shantoo

of Multim Mala-680732 College

Head Department of Multimedia Carmel College (Autonomous) Mala-680732



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Thrissur Dt. Kerala-680732, www.carmeicollegemala.ac.in, 0480-2890247

DEPARTMENT OF BUSINESS ADMINISTRATION Seminar on

"GENDER SENSITIVITY "



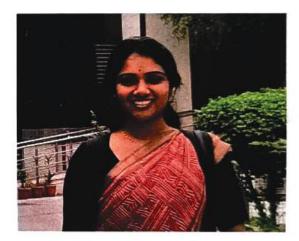
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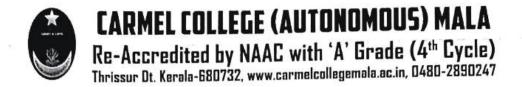


Athira Sugathan Research Scholar St. Teresa's College Ernakulam

Ms. Gilu Mathew Staff Co-ordinator

Dr. Rema P. HOD

Dr. Sr. Kochuthressia K. P. Principal



DEPARTMENT OF BUSINESS ADMINISTRATION

"Gender Sensitivity"

SEMINAR REPORT

Department of Business Administration, Carmel College (Autonomous) Mala, Thrissur organised a talk on "Gender Sensitivity"

The talk on Gender Sensitivity was held on 15th January 2024 @ 2.30 p.m. The session led by Ms. Athira Sugathan, Research Scholar, St.Teresa's College, Ernakulam. The seminar began at 2.30 p.m. in the presence of all the members from the department of Business Administration. Ms. Ardra Paul started the seminar with brief introduction of the chief guest Ms. Athira Sugathan and welcome the participants. The topic was explained by the resource person and it was very informative for the students on the different studies conducted on gender sensitivity. 16 Students attended the session and they participated in the interactive question/answer session at conclusion. Ms. Dilsha Parveen proposed Vote of Thanks.

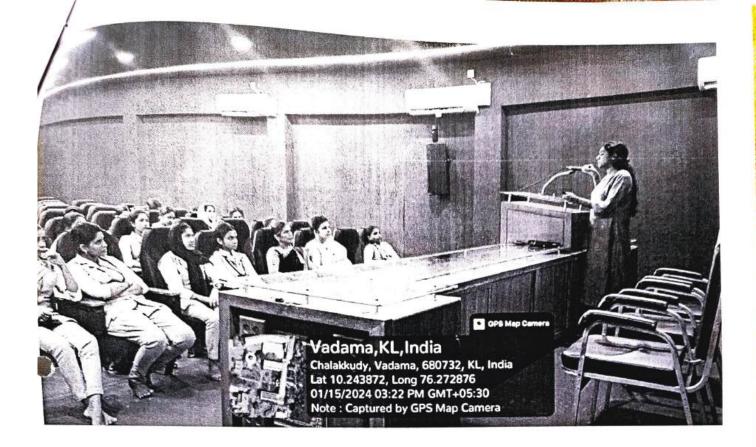
Outcome: The programme helped to provide awareness among students about Gender Sensitivity.



New Pamare.

Head Department of Business Administration Carmel College (Autonomcus) Mala-680732

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Head Head Department of Business Administration Carmel College (Autonomous) Carmel College (Autonomous) Mala-680732



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PG DEPARTMENT OF COMMERCE INVITED LECTURE ON

"The journey to a women entrepreneur"

DATE 22/11/2023

VENUE Audio Visual Room

TIME 2.00 PM



Ms.NIMMY ANTLO Entrepreneur Alankaar Boutique Thrissur, Mala

Ms. SARANYA M.S. Staff Co-ordinator Dr.STEGY V.J. HoD Dr.Sr.KOCHUTHRESSIA K.P. Principal



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PG DEPARTMENT OF COMMERCE

ON THE TOPIC THE LIFE OF A WOMEN ENTREPRENEUR

PG Department of Commerce conducted a seminar on the topic "The life of a Entrepreneur" on 22nd November 2023 @ 2.00 PM in Audio visual room. Here we the department of commerce decided to conduct a programme to inspire ou students through a successful story of an entrepreneur. Our programme starte with prayer song delivered by Akshaya and varsha. Anchoring session wa beautifully handled by our b.com first year student Athira Ajith. The welcoming address handled by our head of the department Dr.Stegy V.J. Afte that the session handled by our Chief Guest Ms. Nimmy Antlo (Alankaan Boutique,mala Thrissur). She had provided a fruitful motivational session about passion more than profession. There is no more force powerful than a women determined to rise. she proved it through her life story. Then after her lecture our beloved principal Dr.Sr:Kochuthressia K.P. CMC hand over our token of love on behalf of our department of commerce to our Chief Guest Ms. Nimmy Antlo. After that staff co-ordinator of the programme Ms. Saranya M.S delivered Vote of thanks.

Outcome: This programme inspired the students to think about their passion. Because our passion is entirely different from our profession. There is a failure story behind every successful story. Just like our chief guest story also notivated and inspired our students to think forward.

Head Dr.STEGY V.J

Department of Commerce Carmel College (Autonomous) Mala - 680 732





45 Seminar On the Topic: "The Journey of an Entrepreneur". 22 11 2023 11 Date: Time: 2:00 pm -Venu: Audro Visual Room Resource Person - Ms. Nimme Antlo Saranya M.S Staff Co-ordinator -TEL SI Signature. Class_ Name No. I Boon cooprection ADJODO EM Lage I Brom Finance Sara Pau Antesta If Bcom Cooperation Avanthika Nath 3 72 BLOM LOOPENLLION Pacincuya Pranaya Sajeevan 4 I B. com finance Afeela M.B. 5 B.com finance 6 Anagha P.S Keuthan IT B. com cooperation Keer Mana. M.D T tietan TI B. com cooperation Hida Salam 8 Ind B.com Finance Anusho P.J 9 Bhey ansh Bhavang P-S 10 Nage n Navya KS 11 Heinin Blom Co-Poration Hari Priyap.U 12 Ind Bcom Finance Aswathy V-B Devika TL Peak 13 Burn cooperation Ind Dart 14 Sivagango VR Atthe 15 1) no Brom Finonce Adilhya NS 16 II'd B. Com Co-operations Hisoma Thehim Vm 17 Ind Brom Finance Marriya michael 18 Riswanach 19 Ind 130m wop Al-Shifa (3 20 14 n · Alswanyer TV 11

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CARMEL COLLEGE (AUTONOMOUS)

Mala ,Thrissur District, Kerala -680 732 Affiliated to the University of Calicut Re-accredited by NAAC with 'A'Grade in the Fourth Cycle

Department of Political Science

ASSOCIATION INAUGURATION & SEMINAR

On The Topic

Gender Sensitization

Dr.Satheesh Kumar P.K

(Assistant Professor) Department of Political Science P.M. Cort. College Chalakudy

On 25 .07.2023 •@Audio-visual Room • @10 :30 AM

<u>Co-ordinator</u> Ms.Ushus Mol E.U <u>HoD</u> Ms.Mary Philip <u>Principal</u> Dr.Sr.Kochuthressia K.P





Department of Political Science 2023-24

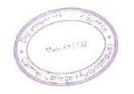
Report: Association inauguration and seminar on gender sensitization

On July 25, 2023, the Department of Political Science at Carmel College (Autonomous), Mala, held an association inauguration and seminar on gender sensitization in the Audio-Visual Room. The seminar was led by Dr. Satheesh Kumar P.K., Assistant Professor in the Department of Political Science at PMG College, Chalakudy, and was presided over by Dr. Sr. Kochuthresia K.P. The event was coordinated by Ms. Mary Philip, Head of the Department of Political Science, with collaborative efforts from Ushus Mol EU, Sujith K.S., and Amilsha A.A.

The seminar, which began at 10:30 AM, was attended by 73 students and provided an indepth exploration of gender issues, focusing on enhancing gender sensitivity. Dr. Satheesh Kumar's expert presentation and interactive discussions offered valuable insights into gender dynamics and the importance of fostering gender equality.

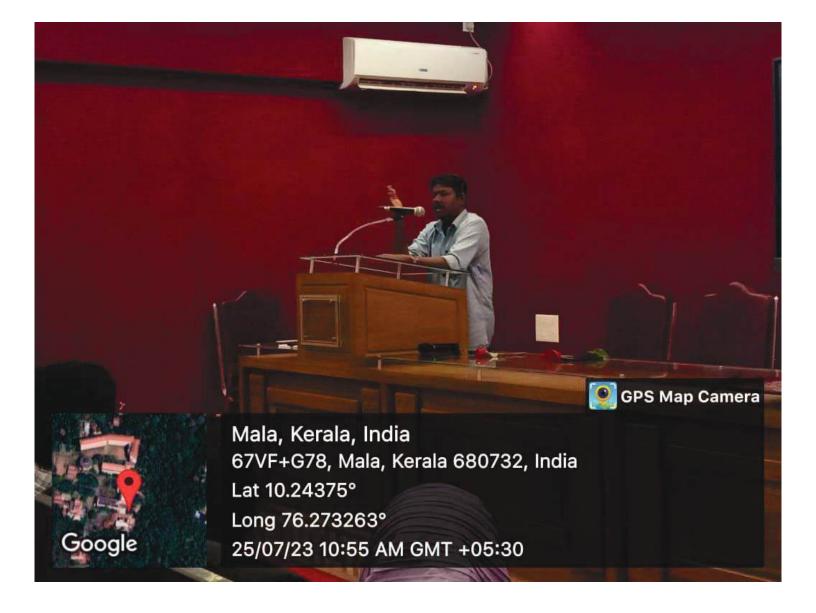
Outcome of the Program

The students gained a thorough understanding of gender issues and practical approaches to promoting gender equality. The engaging discussions and presentations facilitated a deeper awareness of the impact of gender sensitivity in various aspects of life. The successful organization of the event and the active participation of the students highlighted the department's dedication to addressing critical social issues and advancing educational initiatives on gender awareness.



Department of Political Scinnce

Carmel College (Autonomous) Mala - 680 732





Carmel College (Antone mous), Mala Department of Polinial Science. Association Anauguration and Seminar on the topic Gender Sonsilization Dr. sathresh kumus. P.K. 25/07/2023 @ Audio - Visual Room_ 10 30 . Am. signature. institution class NAME J.ND elene. 3rd B. A Political Surence FAthma Asnakv 1 ... SLL Shahma shering EV 2 R.A. Artan winger. Anjana Gopinath 3 11 Steeshinge A.K. n ١. \$1 he Shelvi theres - V.S 5. 151 Jesna Science BA Political Jesna Joy 6 Antip Ansign K.R Ŧ 2 Am 11 Sariya Xavier 8 asshare-Akshara-Sudheesh. ч 9 Spanit 11 Souparnika p.S. to Liya Leo)) 11 11 Krishne Sudheech 12 KLtha " Sikbitba c.c. 13 29 BA POLITICAL SCIENCE poter 14 ANTONIYA MARY 5 nousiya " Hats 11 16 Pavilbra.C Chati-11 M. Swathi V.S 12 Farma 18) Farra shirin V (9) concety 1) angen Ausha 11 Se 12 Senta 21) Sweha Sujan. In malan ad) Angada Anjana and BA Poli Hear Science 23 Sein sainaks Abhirani Abhirami Murali 24 11 Shalna p.B 25 Many9 26 .. Athika V.G Ato La 21 Alebela kustone & kuman 32

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Department of Political Science

IN CONNECTION WITH

NATIONAL LEGAL SERVICE DAY

"WOMEN AND GENDER DEMOGRACY

NAUGURATION OF FORUM FOR SOCIAL JUSTICE



Adv. K.G. Satheeshan 'Gramya' Kizhuthani ,Manapadi P.O Irinjalakuda ON 9.11.23 @ 2:00PM VENUE-AUDIO VISUAL ROOM



Principal Dr. Sr. Kochuthressia K.P.

CO-ORDINATERS Ms. Amilsha A.A. Ushus Mol E.U. Sujith K.S.

HoD Ms. Mary Philip



Department of Political Science 2023-24

Report: Women and Gender Democracy

On November 9, 2023, at 2:00 PM, the seminar on "Women and Gender Democracy" took place in the Audio Visual Room. The event commenced with a welcoming address from Ms. Mary Philip, Head of the Department of Political Science, who provided an overview of the theme and set the tone for the forthcoming discussions.

The keynote address was delivered by C.A. Francis, Programme Coordinator from the Legal Service Authority. His insightful speech provided a comprehensive overview of the intersections between women's rights and gender democracy, highlighting the challenges and progress in these areas. Francis emphasized the importance of legal frameworks and societal changes in promoting gender equality and democratic values.

Following the keynote address, K.G. Satheesan from the Irinjalakuda Sub Court conducted a detailed class on the topic "Women and Gender Democracy." Satheesan's presentation delved into legal perspectives on gender equality, exploring how laws and policies impact women's rights and contribute to democratic governance. The session included discussions on various legal instruments and their effectiveness in addressing gender disparities. The seminar was attended by 62 participants, who engaged actively with the content and discussions.

The seminar was meticulously coordinated by Ms. Mary Philip, with essential support from joint coordinators Ms. Ushus Mol E.U., Ms. Amilsha A.A., and Mr. Sujith K.S. Their efforts ensured the event was well-organized and engaging for all participants.

Outcome of the Program

The seminar achieved several significant outcomes. Participants developed a deeper understanding of how gender democracy intersects with women's rights and the effectiveness of legal frameworks in advancing these issues. The event also heightened awareness about the ongoing challenges and progress in the realm of gender equality. Attendees left feeling more empowered to engage in discussions and actions related to gender democracy. Additionally, the seminar provided valuable networking opportunities, connecting professionals, students, and activists committed to promoting gender equality and democratic principles. Overall, the seminar made a meaningful contribution to the discourse on women's rights and gender democracy, fostering a collaborative and informed community.



Department of Political Seconce Carmel College (Autonomous) Mala - 680 732





Department of Prince Science. 13 of forum for social justice. In angusation K.G. Sarbeeshan . Cieleyalakuda by Advocate sub coult) 2.00 pm at Audio Visual coum 9/11/23 Signature Designation/Institution Name 1. 10 akshniperiya R.t. Sondra. p Sociology Lake APT 2' B.A de 2 V at Zahle 3 11 tinga Liya Leo B.A Political Science MISIA Anjana M.s. A11 /01 " Buth Sikhitha con 23 6 anny 11.M Fahma 7.A 7.1 11 U tinafathing Jasla Jaleel 21 . M. Olas Nil 8. 1) Krishna Sudheish 9. \$1 •• Th 10 shahma T. A 10 Con too • • aul 17 A.D Alishara Sudheesh. 11-Antes n. 3 1) day v-vine 11 Ansiya K.R 12 22 loudosto Jesna Jesna Joy 13 functional English TING BA Sona vijo 14 . H.H. Land 15: shahanas of this 1111 D NO 16. Fathen k.m houtiva tette Vale Magringe. A 12.1 1.19 17. Blitte a at he 21.24 Rouger Baba 18. Sciences Am ela BA politica 19 Anlisha-K.S Partip. 11 Fathima parvin 20 . 4 41 Antoniya mary Neunghand 21. Nousiga Jannats 11 da phillion PAVITHRALL 11 23. Amero Ist . Ameenakis BA Sociology 24 Ameens Ameend.JA 27 1 11 25 Nadite Nadiya. 37 26 Hiba. っ 27 4-13.47.1

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DEPARTMENT OF POLITICAL SCIENCE

IN ASSOCIATION WITH

BRAIN SOCIETY

AWARENESS SEMINAR ON

DOMESTIC VIOLENCE ACT 2005

Resource Person



Smt. Maya. S. Panickar Women Protection Officer Thrissur



07/02/2024

) 10.30 AM



10.50 AM

AUDIO VISUAL ROOM

Sree. A.V . Thomas Director, Brain Society

Ms. Mary Philip HOD Principal Dr.Sr. Kochuthressia K. P.



Department of Political Science 2023-24

Report: Domestic Violence Act 2005

On February 7, 2024, a seminar on the Domestic Violence Act 2005 was held at 10:30 AM in the Audio Visual Room. The event was inaugurated by Ms. Maya S. Paniker, Women Protection Officer from Thrissur, who set the stage with her insightful remarks on the importance of addressing domestic violence through legal frameworks and community efforts. Following her, Mr. A.V. Thomas, Director of Brain Society, delivered the welcome address, emphasizing the significance of legal literacy in combating domestic violence.

Dr. Sr. Kochuthresia K.P. provided the presidential address, underscoring the need for robust legal measures and heightened societal awareness. Her speech reinforced the seminar's role in educating individuals about their rights and available legal resources.

The seminar, attended by 94 students, featured a comprehensive session led by Advocate K.R. Retnakumari, a respected legal counsellor. Advocate Retnakumari's presentation covered the scope and definitions under the Domestic Violence Act 2005, key legal provisions such as protection orders and residence orders, and practical insights into the Act's implementation. She also shared case studies to illustrate real-life applications of the law.

The event was coordinated by Ms. Mary Philip, Head of the Department of Political Science, with crucial support from joint coordinators Ms. Ushus Mol E.U., Ms. Amilsha A.A., and Mr. Sujith K.S. Their combined efforts ensured the seminar ran smoothly and effectively.

Outcome of the programme

The seminar achieved notable outcomes, including a deeper understanding of the Domestic Violence Act 2005 among participants, increased awareness about domestic violence and legal remedies, and greater empowerment for individuals to advocate for themselves and others. The event also provided valuable networking opportunities for professionals, students, and activists involved in domestic violence prevention and support. Overall, the seminar successfully contributed to the broader goal of combating domestic violence and promoting legal knowledge in the community.



Department of Political Set ince Carmel College (Autonomous) Mala - 680 732





Deputment of Political Science AWARENESS SEMINAR ON DOMESTIC VIOLENCE ACT 2005 07/02/2024 10:30 AM at AUDIO VISUAL ROOM INO NAME DEPARTMENT SIGTIVATURE Alourin TM 1. 1st BA Sociology xlowing -Anaswara PS 2. IST BA Sochology Anarivara Asna Thosneem TI BA SOCIOLOSY 3. Asng_ Akshara TSt B.A Sociology AKS have 1. Nimisha ME THBA Sociology Nimishon 5. 3rd BA Sociology Sandra P.S Sanbarg. and BA sociology Aneeta Shaju 7. Deeta 3 OA. Enciology Anju. A.p 8. Devi charalbana.p Dert St BA. Sociorogy 9. Athile Krishna . S. Kumar 3rd BA Political Science attaile 10 10 Akshara · Sudpeesh Ist BA Political Science. arshara 11. phills SEKALHA CG 15t BA Political Science. 12 ist BA Socidogy 13 Sandar P. Maelher Bachace Carra Rose Puthur Liang 14 2 June -Akshaya kv 11 15 310 16 Aswinik.c BA SOU'DE gy 17 Meesaja · RJ Rhifelles-Rahang Fathing MR 18 11 Vishnupaija . K 19 11 Attai 20 Aswani · KT 11 HAR Harshamo L.V 21 4 22 Sayana C.S 11 Treesa Davis 23 11 1 rey 7 s Archann V Gropal log out to 24 25 PHNDa. TR 12 L. & Sando estra 26 11 W.A. REVISION Jeeshroa Jayan Sandac at all the part 27 0 1) Sandra Kis



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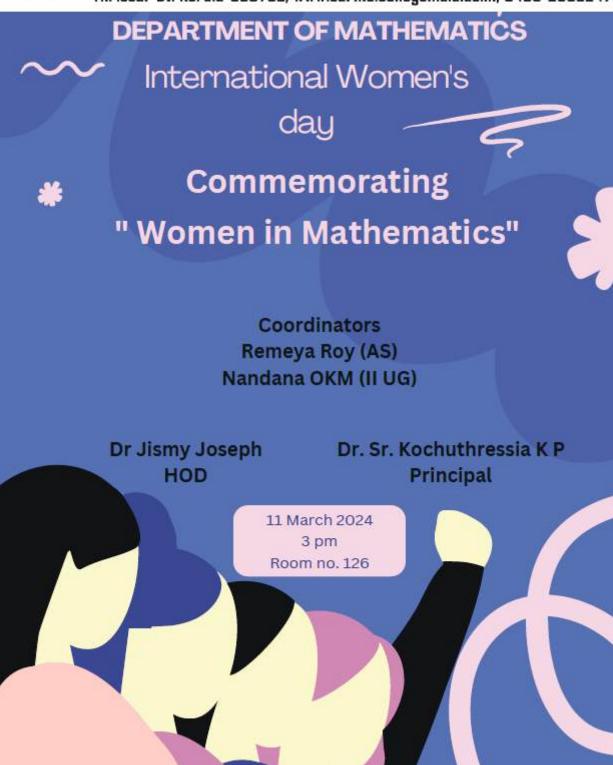
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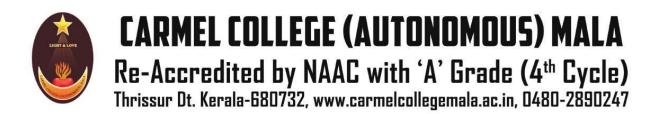
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DEPARTMENT OF MATHEMATICS

In connection with International Women' day, the department of Mathematics organized a PPT presentation and discussion on "Commemorating Women in Mathematics" on March 11, 2024 in Room no. 126 at 3.00 pm. It was led by Ms. Nandana O K M of II BSc Mathematics. Other students of the department actively participated in the same.



Outcome: Students got motivated and inspired by knowing about Women Mathematicians. Advanced learners got a chance to collect data and present a PPT on the topic.



Head Department of Mathematics Carmel College (Autonomous) Mata-680732



CARMEL (OLLEGIE (AUTONOMOUS) MALA

DEPARTMENT OF MATHEMATICS 27

Name of the Programme : Commensorating Women in Mathematics

Date 11 03-2024

Venue: III'd 1850 Mathematics class room (Room No. 126) Time 300 pm

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Alumnae Association

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ALUMNI INTERACTION SESSION-5





Rose U T Senior System Associate INFOSYS

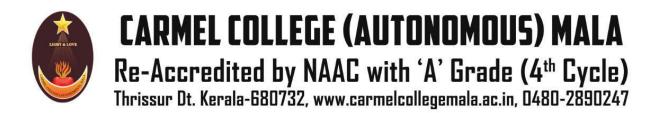
> 11 December 2023 | 1.30 pm Seminar Hall

Ms. Riya Jose Ms. Meenu Jose Ms. Siji Michael Joint Coordinators

Ms. Meena Piaus President, Carmel Alumnae Association

Dr. Jismy Joseph Dr. Sr. H HOD & Coordinator

Dr. Sr. Kochuthressia K.P. Principal



DEPARTMENT OF MATHEMATICS

Report On ECLAT -5 held on 11-12-2023

The Department of Mathematics organized the fifth Alumni interaction session of ECLAT on December 11, 2023 at 1.30 pm in Seminar Hall. Our alumni for this session was Ms. Rose U T , System Senior Associate, INFOSYS. She is our 2021 passout UG batch member. The session was so interesting and inspirational for students. UG students of the Mathematics Department participated in this session.



Outcome: The session motivated students to achieve their life goals and inspired them to be financially independent.

Head Department of Mathematics Carmel College (Autonomous) Mata-680732





		DEPARTMENT OF			
1	Name of Programme: Eclat-Alumni Interaction Session - 5				
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1	Contraction of the	11-12-2023			
1	Time: 1:30 pm. Venue: Seminar Hall				
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CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR, KERALA 680732

Re-Accredited by NAAC with 'A' grade (IV cycle)

DEPARTMENT OF ZOOLOGY

Organizing



GENDER AND EDUCATION

On

DATE : 07/02/2024

7:00 - 8:00 PM

AKHIL. A. R

Ph.D Research Scholar, Centre for Historical Studies, Jawaharlal Nehru University, Delhi.



Joint Co-ordinators : Ayrin Jose Haritha P Nair

HOD & Co-ordinator Dr.Sr. Rini Raphael

Principal Dr. Sr. Kochuthressia K P



DEPARTMENT OF ZOOLOGY

REPORT - WEBINAR ON GENDER AND EDUCATION

Date & Time : 07/02/2024, 7-8 PM

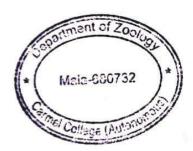
Venue : Google Meet

Topic : Gender and Education

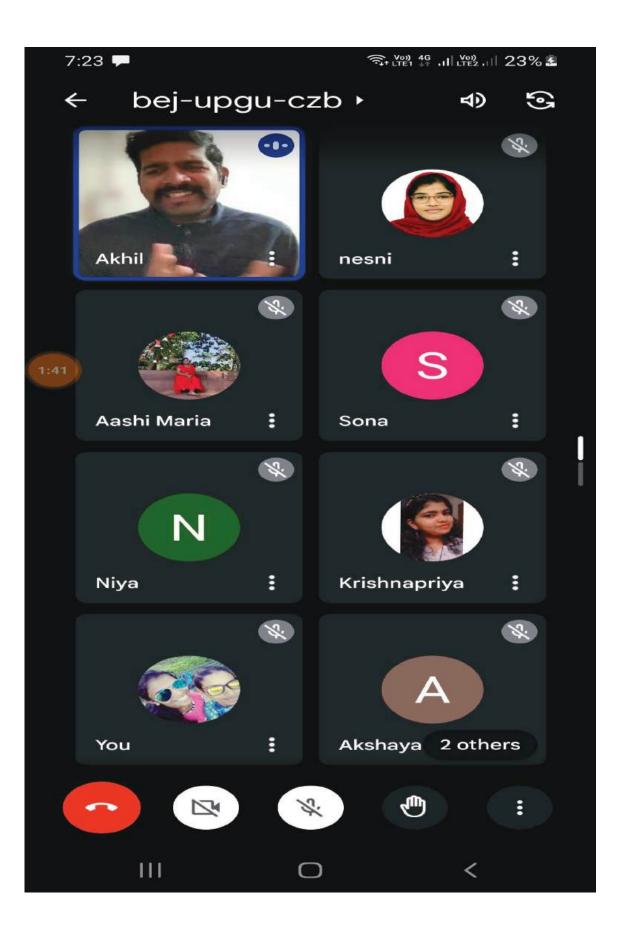
Department of Zoology Carmel College (Autonomous), Mala conducted a webinar on Gender and Education on Online Platform. The major objective of the programme was to explore and discuss the intersection of gender and education, addressing pertinent issues and disparities. The programme conducted on 7th February 2024 on Google Meet with the blessing of Dr.Sr.Kochuthressia, Principal and Dr. Sr. Rini Raphael vice principal, HOD, of zoology department. Then Ms.Haritha P Nair , faculty of our department were introduce the resource person Mr. Akhil A R (Ph.D Research Scholar, Centre for Historical Studies, Jawaharlal Nehru University, Delhi. Akhil A R provided an overview of the importance of understanding the link between gender and education. He presented a historical perspective on gender and education, outlining key milestones and challenges faced over the years. The session included examples of successful initiatives and interventions that have positively impacted gender inclusivity in education. The class was very informative. It starts at 7.00 PM and end in 8.00 PM. 21 students participated in the programme. The Department of Zoology expressed gratitude to Akhil Sir for his valuable contribution to the understanding of gender and education. Students were very well cooperated with the resource person.

OUTCOMES

- The programme helps to aware about gender.
- Get an idea about historical perspective on gender and education,
- Outlining key milestones and challenges faced over the years
- Discuss about the current affairs related to Gender



Head Department of Zoology Carmel College (Autonomous) Maia-680732



CARMEL COLLEGIE (AUTONOMOUS) MALA DEPARTMENT OF ZOOLOGY 31 Webinad On GENDER AND EDUCATION · with Resource Person :- Mr. Akhil A.R ph. D. Research Scholar Centre for Historica Studies, Jawaharla ! Nehne Unwerstry, Delhi - 07/02/2024 Date 7-8. PM Time Groogle Meet Venue PARTICIPATION LIST Department Signature Name of the SLNO Student New III vdBSc Zoology Nesni PJ 1. TI BSc Toology Aashi Maria Baby Andothe 2. Wird B.S. Zoology II BSc Zoology ANCHITHA.P.V Deres. 3 Dona Rose MR 4. Mrobse Zoology Forthing shering p 5. K they ij od Bic 200 logy Knownapring A 6 ifud BSC ZOOLOgy Pring PRINSI PRAKASAN 7. 2 AND TITVE B& Zoology Sona Sunny 8. I ad acc Zoology Alandhana cs O Drawth 9. Turd Bre Toology Drikya.M Danila KI Think 10. 1st Bac Botany 11. 1Hm 1st BSC Bolany Akshaya p.v. 12. kimi Pt BSC BOtany Rimi K.J 13 Adbeebs ,1 Adheeba K K 14 the Gray athin VD V 15. h-r ri. 16. 11 Grage Sveya Anna Eby 7

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CARMEL COLLEGE (AUTONOMOUS)

MALA, THRISSUR-680732 RE-ACCREDITED BY NAAC WITH 'A' GRADE (FOURTH CYCLE)

Department of Botany

Organizing A talk on the topic:

INCLUSIVE INSIGHTS: EXPLORING GENDER DYNAMICS

Resource person: Ms. Sneha E.S. (2nd MSc. Botany Student)

Date: 23/02/2024 Time: 2.30 pm Venue: 1st MSc Classroom

Dr. Sinjumol Thomas (Coordinator) Dr. Bindhu KB (HOD) Dr. Sr. Kochuthressia KP (Principal)



CARMEL COLLEGE (AUTONOMOUS) MALA Re-Accredited By NAAC with 'A' Grade (4th Cycle)

Thrissur Dt. Kerala-680732, www.carmelcollegemala.ac.in. 0480-2890247

Research & PG Department of Botany

Organizing

Talk on Gender Sensitization

23.02.2024

The Department of Botany organized a Gender Sensitization Session on February 23, 2024, at the I MSc Classroom. The primary objective of the session was to create awareness and foster understanding about gender-related issues. The event aimed to contribute to a more inclusive and respectful environment within the academic community. The session took place at 2:30 PM and was conducted in the I MSc Classroom. The topic of discussion was "Gender Sensitization," and the resource person for the session was Sneha E S, a distinguished II MSc student. Dr. Sinjumol Thomas served as the coordinator for the program. Anagha V S, Student from MSc Botany welcomed the gathering. Sneha E S, with her insightful knowledge and understanding, led the session on Gender Sensitization. The content covered a broad spectrum, including the importance of understanding gender, challenging stereotypes, and promoting inclusivity. The resource person facilitated discussions on the significance of creating a gendersensitive environment and the role each individual plays in contributing to a more equitable society. The session saw active participation from 29 enthusiastic participants, including students and faculty members. The interactive nature of the discussion allowed for open conversations and the sharing of perspectives on gender-related issues. The engagement of both students and faculty members highlighted the relevance and importance of such discussions in an academic setting. The department remains committed to organizing more events that contribute to creating an inclusive and respectful atmosphere within the campus.

Outcome: The Gender Sensitization Session achieved its intended outcome by creating awareness and fostering a deeper understanding of gender-related issues among the participants. The discussions helped challenge stereotypes and promoted a more inclusive mindset within the

academic community. Participants gained insights into the importance of sensitivity towards gender-related concerns and the role they can play in creating a supportive and respectful environment.

Talk on Gender Sensitization - 23.02.2024





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Head Department of Botany Carmel College (Autonomous) Mala-680732

DEPARTMENT OF BOTANY organizing a talk on GENDER SENSITIZATION Resource person : Ms. Sneha E.S Student, IT Msc. Botany Carmel College (Autonomous), Mala Date: 23/02/2024 Venue : I PG Classroom Time : 2.30 pm Name 31 Sign. Class/Designation Devika T No1. Ist MSc Botany Doules Jestipe Mariya I'd MSc Botany Jelino. 2. Graveniprica MR 1st Msc Botany 3. Deepthy Salilan 4. 17 Anagha John 5. Arcento 11 Anagha V.S 6. mgl .. 11 Aleena Ann Thomas 7. 11 Suremya. P. 3 8. 11 Arathi . P.N 9. 11 Arathi 10. Gopika K.G 11 ABHIFA FATHIMA 3 11. 19 Rithulg 'U 12. 11 Ritula'y Jyothika Sidharthan 13. Yothi 4 and Msc Botomy Adjana T's 14 Tayalakshmi Gotuldas 15. Aima 16. 1) Sneha E.S. 17. 11 Aparna. N 18. 11 ADAD artment of B - Imy mot Thomas Co-ordinator Department of Botany Mala-680732 Carmel College (Autonomous) Mala-680732 College (Auton mentid