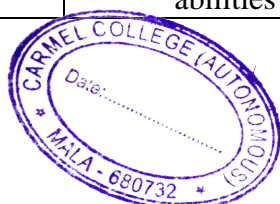
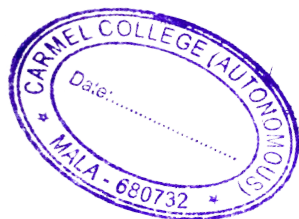


Gender Sensitization Action Plan 2023-2024

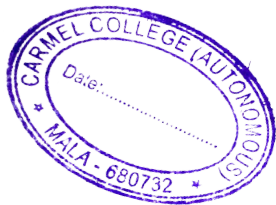
Sl. No.	Focal Area	Action Plan
1	Gender Sensitization Gender Rights and Equality	<ul style="list-style-type: none"> • Organize regular seminars, webinars, and panel discussions focusing on gender equality and rights., addressing stereotypes and biases and Laws protecting against gender discrimination and harassment. • Celebrate national and international days that honour gender diversity by organizing special events and activities. • Inspire faculty and students to engage in research, present scholarly papers, and publish work on gender-related topics to contribute to academic discourse and advocacy.
2	Women Empowerment	<ul style="list-style-type: none"> • To promote women empowerment in colleges, institutions can implement a multifaceted action plan aimed at fostering inclusivity, equality, and opportunities for students and staff. • Integrate awareness programs on gender equality, women's rights, and safety measures into the academic calendar. Provide mentorship programs connecting female students with accomplished women professionals for guidance and encouragement. • Establish support systems, such as counselling services and women-focused committees, to address challenges related to mental health, harassment, or discrimination. • Celebrate national and international days dedicated to women through events like debates, panel discussions, and cultural activities to highlight their achievements and issues. • Forge partnerships to offer financial assistance and organize resourceful sessions that support young women in achieving their academic goals. • Provide hands-on training in tailoring, embroidery, handicrafts, ornament making, bookbinding, and similar skills through the Carmel Extension Centre for Women, enabling participants to achieve self-sufficiency and express their creativity. • Encourage students to actively participate in resourceful events, competitions, and collaborative projects that help develop their talents, organizational skills, and teamwork abilities in an inclusive environment.



		<ul style="list-style-type: none"> • Support aspiring sportswomen by offering comprehensive training, coaching, and guidance to enhance their athletic potential and foster a competitive spirit.
3	Women Health and Hygiene	<ul style="list-style-type: none"> • Conduct awareness sessions on healthy lifestyles, balanced nutrition, and mental well-being to empower women with the knowledge to make informed choices and prioritize their overall wellness. • Offer professional counselling and mentoring services, providing personalized support to help individuals overcome challenges, set meaningful goals, and achieve both personal and academic success. • Enhance the fitness centre by introducing a broader range of services and programs that cater to the diverse needs and preferences of the college community. • Organize anti-drug campaigns and awareness programs to educate students and staff about the risks of substance abuse, encourage healthy lifestyle choices, and provide resources and support for those affected by addiction.
4	Safety and Security	<ul style="list-style-type: none"> • Organize regular workshops and awareness campaigns about anti-harassment, gender-based violence, and personal boundaries. • Provide confidential counselling services for students to discuss issues related to anxiety, stress, or safety concerns. • Organize mental health awareness campaigns to reduce the stigma around seeking help. • Encourage peer support groups for students to discuss safety and personal well-being in a trusted environment. • Ensure the active involvement of the Internal Complaints Committee (ICC) in promptly addressing and handling any reported cases of sexual misconduct.



		<ul style="list-style-type: none"> • Develop partnerships with industries and organizations to provide internship and job opportunities for students. • Organize career fairs, recruitment drives, and networking events, where students can meet potential employers, learn about job opportunities, and gain insights into industry trends. • Provide skill development certificate courses and workshops aimed at enhancing both soft skills (communication, leadership, teamwork) and industry-specific competencies (technical, management, etc.). • Offer expert coaching services for competitive exams such as UGC NET/JRF, banking, Civil Services, and PSC to help students achieve success in their chosen career paths. • Co-ordinate campus recruitment drives, connecting students with leading employers, and offering valuable opportunities for internships, jobs, and career advancement in their respective fields.
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